



*Find Options for
Caregiver and
Family Stays*



Understand Short & Long-Term Medical Stay Options

It is often difficult to deal with medical treatments and appointments that are only offered in Winnipeg. Having to arrange your accommodations, travel and meals during a stressful time can be complicated.

This brochure explains your options for short and long-term medical stays in Winnipeg, from daily trips or long-term stays.

How Can I Learn More?

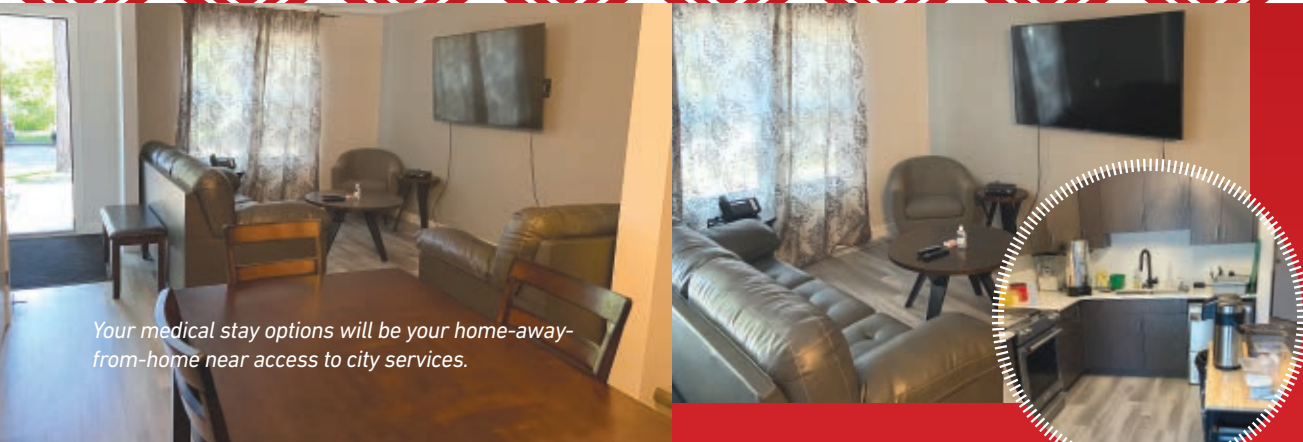
Call (204) 786-8661
to talk to someone at the NCN Medical Receiving Home so we can help you to make your decisions.

Call 1-877-983-0911
to speak to a government rep about making your own arrangements.

If you prefer to make your own plans, search online for "medical transportation benefits for First Nations and Inuit."

The Government of Canada website will provide more information. You can also call 1-877-983-0911 to ask questions.

MEDICAL STAY OPTIONS



Your medical stay options will be your home-away-from-home near access to city services.



*Guide to Short & Long-Term
Medical Stay Options*

Need a Short- or Long-term Medical Stay? You have Options.

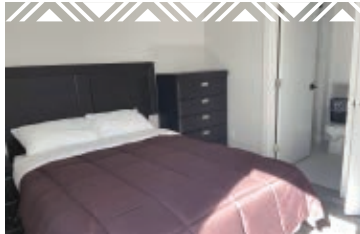
When faced with arranging medical stays it is important to reduce the stress on medical patients. We aim to make our community members feel valued and respected on their healing journey.

- ▶ Some people prefer to be independent and arrange their medical stays privately.
- ▶ Others want assistance, but also want some privacy. FNIHB planning may be best.
- ▶ If you want a sense of community, we suggest the NCN Medical Receiving Home (MRH).

Whatever you choose, we want you to feel safe, secure while you are on your health care journey.

**If you have more questions, call
(204) 786-8661**

Clients deserve comfortable rooms with ample space for themselves, caregivers and family.



On-reserve NCN Citizens:

Stay at NCN Medical Receiving Home

(for short or long stay – covered by FNIHB)*

- ▶ Accommodations in the MRH
- ▶ Transportation for appointments
- ▶ Home-cooked meals at the MRH .

Or you may prefer to set up your own private accommodations

- ▶ You receive a partial allowance for accommodation for you & your medical escort from FNIHB
- ▶ You receive an allowance for taxi & meals from FNIHB
- ▶ You are in charge of all arrangements for your housing, meals and transportation.

Off-reserve NCN Citizens:

Stay in FNIHB accommodations

(for short or long stay – covered by FNIHB)*

- ▶ You request your choice of hotels on the FNIHB list
- ▶ You contact FNIHB for taxi service
- ▶ You receive an allowance for meals
- ▶ You are in charge of all arrangements for your meals and transportation.

Or you may prefer to set up your own private accommodations.

- ▶ You & your escort receive an allowance for accommodations from FNIHB
- ▶ You contact FNIHB for taxi service
- ▶ There is no meal allowance under this plan
- ▶ You are in charge of all arrangements for your housing, meals and transportation.

Hotel Options for Accommodations

(Eligible for \$50/night reimbursement including meals)

- ▶ Airport Motor Inn
- ▶ Best Western Plus Winnipeg Airport
- ▶ Canad Inns Fort Garry
- ▶ Canad Inns Garden City
- ▶ Canad Inns HSC
- ▶ Canad Inns Polo Park
- ▶ Canad Inns Windsor Park
- ▶ Clarion Hotel
- ▶ Dakota Plains First Nation Rel Estate
- ▶ Four Crowns Inn
- ▶ Holiday Inn Downtown
- ▶ Holiday Inn South
- ▶ Hotel Royal Plaza
- ▶ Keewatin House Lodge
- ▶ Marlborough Hotel
- ▶ Nakiska Group
- ▶ New Balmoral Hotel
- ▶ New Cavalier Inn
- ▶ New Lodge
- ▶ Norwood Hotel
- ▶ Pimicikamak Place
- ▶ Quest Inn
- ▶ Radisson Downtown
- ▶ Ronald McDonald House
- ▶ South East Wellness Lodge
- ▶ Swampy Cree
- ▶ TCN Keekinow
- ▶ Travelodge Winnipeg Airport (Canadiana)
- ▶ Westwood Village Inn
- ▶ 508 Sherbrook Lodge

***Long-term stays can be extended for stays past three months, based on eligibility.**

What is the NCN Medical Receiving Home?

The MRH is a home owned by NCN that's close to the Health Sciences Centre. It has common areas, a full kitchen, and private rooms with bathrooms.

The costs of staying in the MRH, transportation for appointments, and meals at the MRH are completely covered by FNIHB.

MRH staff will:

- ▶ Pick up patients & escorts at the bus depot or airport
- ▶ Provide reliable transportation to & from appointments
- ▶ Create 3 healthy, home-cooked meals every day of your stay
- ▶ Provide safe, clean private accommodations
- ▶ Deliver patients to bus depot or airport for their departure

Find out more ...



How does MRH work?

All NCN Citizens who live on-reserve in Nisichawayasihk Cree Nation qualify to use the MRH, if there is space available, and if the MRH is capable of providing the care required. You will be required to provide your referral information from the NCN Nursing Station.

The MRH is set up to accommodate one-day appointments, overnights, and stays of longer term* in cases of surgery and ongoing treatment. (Extensions may be provided on a case-by-case basis, with proof that you have tried to find another residence.)