



OKIMAHKAN OTYAMIWIN
FROM THE CHIEF
Highlights From the
Last Two Months

COMMUNITY
NCN Citizen
Haley Braun

Hockey Sensation

7 Re

PUSIKONISOWINI ACHIMOWIN

BUSINESS
Gottfriedson Indian
Residential Schools Band
Softlement

>>>>>>

FEBRUARY/MARCH 2023

Showing Respect to MMIWG

On March 3, a ribbon removal ceremony, sponsored by MKO, was held on the Miles Hart Bridge.

Chief Angela Levasseur, Councillor Jeremiah Spence, Thompson Mayor Colleen Smook, MKO staff and MMIWG staff walked along the bridge to respectfully take down the ribbons before construction began.

The ribbons had been placed to symbolize missing and murdered Indigenous women and girls.

NCN
would like
to thank the
RCMP and the
construction
crew for
acknowledging
this ceremony
by temporarily
stopping
traffic.





A ribbon removal ceremony, sponsored by MKO, was held on the Miles Hart Bridge on March 3rd showing respect to MMIWG.



Chief and Council



Back (L to R): Kim Linklater, Vice-Chief Marcel Moody, Jeremiah Spence, Ron D. Spence. Front: Shirley Linklater, Chief Angela Levasseur, Cheryl Moore.



OKIMAHKAN OTY'AMIWIN

From the Chief

Tansi Nitoteemak!

We hope this message finds everyone well as we head closer to the end of March. Some exciting events just around the corner are our Annual Richard Linklater Memorial Winter Festival (March 20th to March 26th), Spring Break, and flex week for our NNCEA schools (March 27-April 7th).

The Winnipeg Blue Bombers will visit our local high school (Nisichawayasihk Neyo Ohtinwak Collegiate or NNOC) for a flag football game on Monday, March 20th, 2023. Chief and Council will join the Blue Bombers to take on the students, and it promises to be an excellent time for all!

Some of the highlights that we would like to share with you over the last two months are as follows:

- Finance Portfolio holders conducted interviews for two Certified Professional Accountants
- Council and staff have been working on getting a new government office and our CEO has put in a proposal for a new church.
- Council has been meeting to secure funding to get a new health centre and a new elementary school.
- Council met with Premier Heather Stefanson to discuss core funding and accreditation for ATEC.

- Portfolio holders went to Toronto recently for the Prospectors and Developers Association of Canada (PDAC) conference with our land departments.
- Education portfolio holders have been working on NNCEA Inc. to bring a Teacher Training program to NCN
- Chief Levasseur attended an AMC Special Chiefs
 Assembly for Health Legislation and UNDRIP in
 Winnipeg, MB (this was a critical meeting because the
 Federal Government is planning to pass a health law that
 will affect our people's healthcare services!)
- NCN Leadership met with VALE here in NCN at the Government Office to discuss Resource Revenue sharing, a proposed Memorandum of Understanding (or MOU), First Nations Resource Charge, TLE lands, and future opportunities for training and employment for NCN citizens.
- CAP/CIP Committee members on Council spent two weeks reviewing proposals, listening to and viewing presentations, and then deliberating on how best to allocate the Trust funds to various programs in NCN. Council commends the CAP/CIP committee for their hard work and due diligence in reviewing the 38 proposals submitted to the CAP/CIP for consideration. Priority was given to proposals designed to address NCN's social, economic, and physical needs and job creation.
- On Wednesday, February 22, 2023, the Nelson House Medicine Lodge staff held a beautiful Honouring Ceremony for clients who completed an 8-week program. Council extends heartfelt congratulations to these individuals for their tremendous accomplishments in working on their healing and striving for a life of sobriety! Thank you to the staff for all their hard work in helping others change their lives! Kinanaskomitnawaw!
- On Sunday, March 5th, Council members attended the annual RCMP fishing derby for youth at the United Church channel.
- On Tuesday, March 7th, Nisichawayasihk Cree Nation was one of two communities chosen for an Indigenous Community Courts pilot project by the Assembly of Manitoba Chiefs Committee on Restorative Justice. Thank you, staff, technicians, and Justice Portfolio holders (past and present), for your hard work in this area!
- On Friday, March 10th, Violet Turner was honoured for 40 years of service to the nation with a celebratory

- luncheon at the Norman Linklater Memorial Multiplex Violet has loyally served the nation through six different Chiefs as the Chief's secretary. Kinanaskomitin Violet!
- Economic Development portfolio holders met with Treaty One to discuss exciting business opportunities and explore partnerships that will lead to even greater prosperity for NCN!
- Housing portfolio holders are working with our Housing Director and staff to secure funding for a CMHC program called the Rapid Housing Initiative, round three.
- Health portfolio holders have been busy working on negotiations for the Personal Care Home and also plans for our new Health Centre.
- Lands and Public Works portfolio holders have been working on a wide range of projects, including a new graveyard, a new landfill site, and the new development that will allow us to build more houses.
- Our committee of volunteers has been meeting to work on implementing the solutions proposed by NCN community members from our Community Solutions meeting to address violence in the fall.
- The Nation has posted five finance positions and two Chartered Professional Accountants or CPA positions
- In terms of board positions, a posting was recently made for one board position for the NCN Economic Development Corporation and for five NNCEA Board of Trustee positions
- A posting was made for the position of Check Stop Coordinator
- The old NNOC/high school building is going to be repurposed to house our Nisi Court and also the decision for some of the finance to be located at the old high school.
- Finally, our community had the opportunity to host visitors from Teach for Canada and Live Different.
 Ekosi, take care and stay safe. My colleagues and I hope you will participate in the Richard Linklater Memorial Winter Festival and wish everyone a wonderful Easter holiday!

Chief Angela Levasseur Nisichawayasihk Cree Nation





KITITAHWINAOW ACHIMOWIN

ommunity

NNCEA Spotlight on Post-Secondary Students

Have you checked out the NNCEA page on Facebook?

They highlight young NCN Citizens who are excelling in their post-secondary studies.

It is inspiring to read about our young people working hard to improve themselves. Even better, they often mention they'd like to return to NCN to do their part in making this an even better community!

Here are a few recently featured students.

Keesha Baker



Keesha lives in Thompson and is enrolled in Introduction to Construction Trades at UCN. She hopes to complete her studies, continue her apprenticeship to get her red seal, and to build homes for families. Keesha is focused on her studies while she raises her five handsome boys.

Amer-Lee Fountain



Amber-Lee is studying Kinesiology with the goal of becoming an occupational therapist. She most appreciates gaining exposure to new people and experiences. She had difficulty throughout school because of cognitive challenges, but after a psychoeducation

assessment, she has the right supports in place to help her achieve her dream!

Aalayna Primrose



Aalayna majored in Child and Youth Care Counselling at Mount Royal University in Calgary. She is now working for Metis Calgary Family Services. Aalayna is an advocate for First Nation Peoples and those who are Queer and Two Spirit. She co-founded

Oskatisak Kamamoweecihk (The Gathering of Youth), which is a non-profit focused on Indigenous youth living on-reserve.

Nicole Gossfeld



Nicole is studying advanced business management at the University of Winnipeg. By the time she graduates, she'll have earned several management certificates, and looks forward to leading others to do their best work and accomplishing shared goals.

Congratulations to Cassandra Chaboyer, who recently graduated from Red River College with a Bachelor of Nursing with Honours. Your community is proud of you!

United Church Sunday school for children

United Church Sunday school for children begins at 11:00 am each Sunday at the United Church

Contact:

Diana 1-204-307-3203 and Valdine Linklater 1-431-354-0427

United Church Sunday worship services begin at 1:00 pm each Sunday with Reverend Agnes M. Spence officiating.



Do You Qualify for Elder Financial Support?

Did you know there is an NCN Elder Subsidy?

Application forms can be found online at noncree.com or at the NCN Trust Office.

To receive this subsidy, there are a few requirements.

- must be an NCN Elder living in a personal care home;
- must be an NCN band member;
- must be at least 65 years old;
- must have lived on
 Nelson House Reserve
 prior to the Northern
 Flood Agreement;
- must have lived on Nelson House Reserve prior to residential school

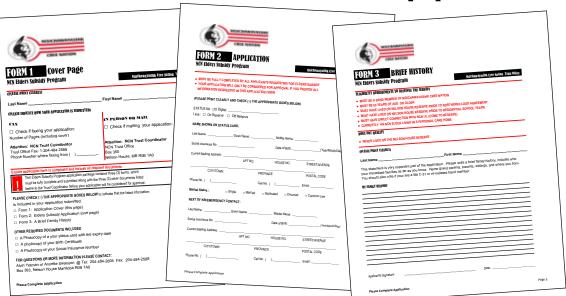
years

To apply, you'll complete the application cover and the Elders subsidy application form. A brief family history is also required, naming your grandparents, parents, siblings and where you were born. You should also note if you are a Bill C-31 or reinstated band member.

You'll need copies of your status card with expiry date, birth certificate, and social insurance number.

If you do not have these pieces of identification, please get in touch and you will be put in contact with the correct resources.

For further questions, please contact Kelly Spence at 431-354-1178 or Joyce Yetman at 204-679-0506 or 204-484-2604.



Application forms can be found on line NCN's website or NCN Trust Office or picked up at the NCN Trust Office.

MISSING PERSON \$10,000 REWARD



A reward of \$10,000 (matched donation funds) is being offered for useful information that leads to finding Rico Cody Linklater. He was last seen on October 21, 2021.

Anyone with information can submit an anonymous tip by calling the local RCMP at 204-484-2837, ask for Ryan Linklater.



RICO CODY LINKLATER

Mystery Lake Motor Hotel

Stay with us when you're in Thompson. It benefits the entire community!

Phone: 204-778-8331

Address: 58 Cree Rd, Thompson



NCN Thompson Bus

Connecting the North

1-204-939-3991 thompsonbus.com

NORMAN LINKLATER MULTIPLEX

Find out what's on the program!

Call us at 204.484.2171



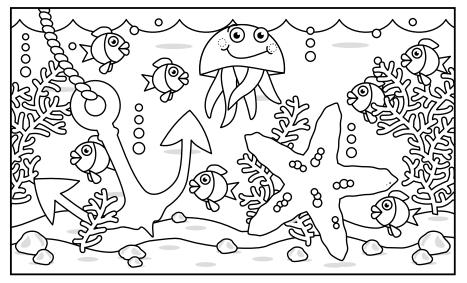


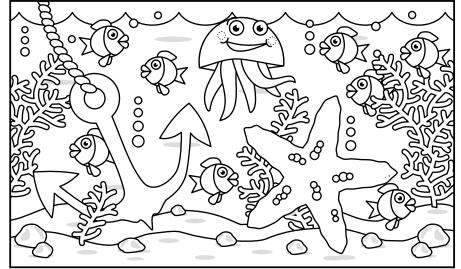
WORDSEARCH: ΓΓΔ·α miciwina Food

Q	Α	W	M	Z	В	T	K	Ε	W	Ā	P	I	Н	I	K	0	M	I	N	PAHKWĪSIKAN (Bannock)	NIPIY (Water)	ASKIPWAWA (Potato)
S	Ν	Z	K	Α	U	M	0	Α	K	Q	Ε	Q	Α	Ν	Ā	M	M	Р	Υ	KANAPAKISIT	KAMASKAWAK	oskātask
G	Ī	1	Κ	Ā	Ν	М	Α	Н	М	0	Χ	Q	1	ı	Т	ı	1	Α	M	(Pizza)	(Cheese)	(Carrot)
0	0	W	P	Α	S	Т	I	S	Т	Α	Н	Т	I	Р	Н	н	Т	Н	I	WĀPIHIKOMIN (Rice)	KĀSPIMIN (Apple)	OTISĪHKAN (Turnip)
M	M	S	ı	ı	Ν	Р	ı	S	K	0	S	K	M	I	0	K	Н	K	Н	KOHKŌS	OSAWĪMIN	MIHKŌMIN
0	I	Ī	Κ	C	W	Α	I	M	Т	I	S	K	ō	Υ	Μ	ō	Α	W	K	(Bacon)	(Orange)	(Tomato)
0	S	S	N	Ā	Ī	Ī	P	M	ı	ı	Р	Ā	Α	S	I	M	W	Ī	0	OSAWIPIMIY (Butter/margarine)	WĀKIMIN (Banana)	MIHKOTISIKAN (Beet)
Р	S	Α	Т	I	Т	S	M	Α	ı	Ν	S	0	Р	W	Ν	I	I	S	Т	SĪWICĪS	MITHAWIMIN	MANTIMIN
W	ı	Α	W	ı	S	Α	Т	ı	K	Ν	0	0	W	W	Α	Ν	M	I	I	(Candy)	(Peach)	(Corn)
W	Ā	K	W	I	M	Ā	S	W	N	ı	Y	R	M	I	I	K	I	K	S	WAWI (Egg)	NIPIWĪMIN (Watermelon)	ASKIPOWIPAK (Lettuce)
Α	٧	K	Ī	Ī	Р	I	Р	K	Z	В	S	В	Ε	I	Р	Υ	Ν	Α	I	MĪNISĀPŌSA (Fruit	CIPOMIN	ĀTHOMIN
W	Κ	M	I	S	М	I	Ν	ō	L	C	Q	I	Ν	M	Ν	Α	Υ	Ν	Κ	drinks/juice)	(Pear)	(Oatmeal)
I	D	U	F	M	L	ı	M	Н	S	Z	I	Ν	Т	E	0	Α	K	Α	Α	PIKĪS (Gum)	MISTISOMINAK (Grapes)	MĪCIMIN (Peas)
C	ı	Р	0	M	I	Ν	Ν	I	I	Α	0	Т	I	S	Ī	Н	K	Α	Ν	TOHTOSĀPWIY	MISTIMIN	
M	Ī	C	1	M	I	Ν	Υ	G	Υ	Q	Α	S	K	1	Р	W	Α	W	Α	(Milk)	(Pumpkin)	

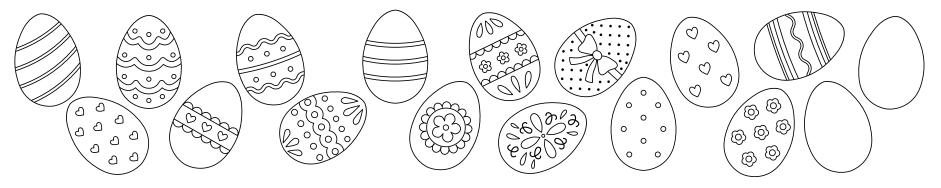
Adapted from the NNCEA nisicawayasihk asiniskaw īthiniwak ītwiwīna (NNCEA Rocky Cree Wordlist)

Can you find 10 differences between the two pictures?





COLOURING EGGS FOR EASTER - For the last 2 eggs, make a few designs of your own



AMC FNHSSM Cautiously Optimistic of Apology for Racism in Medical Practice

Treaty One Territory, Manitoba – On the first day of the Special Chiefs Assembly on Health Legislation hosted by the Assembly of Manitoba Chiefs (AMC) in partnership with the First Nations Health and Social Secretariat of Manitoba (FNHSSM), the College of Physicians and Surgeons of Manitoba (CPSM) issued an apology regarding Indigenous-Specific Racism in Medical Practice as part of its priority to address the Truth and Reconciliation Commission's Calls to Action.

"The apology statement is an acknowledgement of racism and discrimination in the health care system; we recognize the CPSM for being here today in person and in front of leadership, with a commitment to address this long-standing issue. We think of the many First Nations patients who have experienced racism and discrimination in medical practice, some of who lost their lives in the health care system and know that we have to collectively address



this on many levels. It is incumbent on all of us to improve the treatment and care for First Nations people. We are First Nations people of this country, and we need to make it better for our people. We need to act now so that they are no longer treated the way that they have been treated. I walk away with cautious optimism until I hear and feel from our people the changes you promise here today," said AMC Grand Chief Cathy Merrick.

The CPSM, which is a medical regulatory body, noted that they are doing work at the College through the creation of

an Advisory Circle that will advise the CPSM on an approach to Truth and Reconciliation. They initiated this work in 2021 because they recognized the work needed to address the harm being done to First Nations people. This formal apology is only a beginning to address those barriers of systemic racism in health care that affect patient safety.

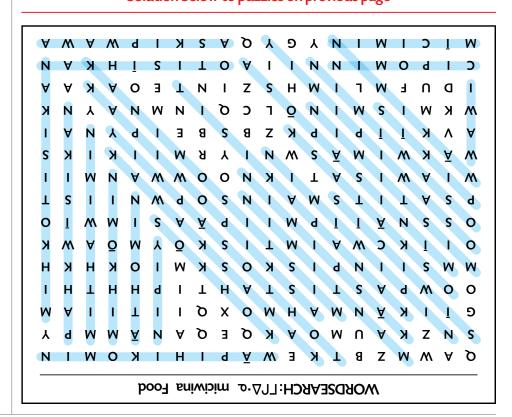
"This public statement is an acknowledgement and apology of historical and current racism and discrimination on First Nations people in medical practice and health systems. The First Nations Health and Social Secretariat of Manitoba (FNHSSM) board of directors met with the CPSM, and we believe this is a good first step in addressing the racism our Citizens face when accessing the most basic of medical services. As we all know, our people have experienced racism and discrimination in all health systems that has impacted their health and access to health. We are committed to working

in partnership with the CPSM to improve the treatment of and health outcomes for our people and communities," said Black River Chief Sheldon Kent, Chair of the FNHSSM.

Moving forward, the AMC and FNHSSM commit to further communication and will work on actionable items with the CPSM to address racism in medical practice.

Read the Statement and Apology by The College of Physicians and Surgeons of Manitoba at https://cpsm.mb.ca/news/statement-and-apology-on-truth-and-reconciliation-and-indigenous-specific-racism-in-medical-practice

Solution below to puzzles on previous page





NCN Citizen Taking the ICE by Storm

#17 Haley Braun

Haley Braun is a 16-year-old attending Fort Richmond Collegiate in Winnipeg.

She's also a hockey sensation, playing her second year with

the Winnipeg ICE.

On March 15, the Manitoba Female Hockey League named her Top Scorer and Top Forward in the league. The day before, she was selected for its 1st All-Star team

Braun has led her U18 AAA team in points this season, and currently has 75, with 38 goals and 37 assists.

Braun has been working hard in hockey for years, and is seeing her determination pay off. She will represent Team Manitoba at the 2023 National Aboriginal Hockey Championship.

She has already talked with Bemidji State University and University of Saskatchewan about her plans after high school.

"My hockey career is going pretty great right now," Braun says. "I have had a lot of opportunities to showcase my talent and skills. I'd love to keep playing hockey in university and get a

good education."

At the time of writing, the Winnipeg ICE

are battling the Westman Wildcats in the MFHL U18 Championship Final.

"I think going into the games, my plan for the finals is to stay calm, keep playing the

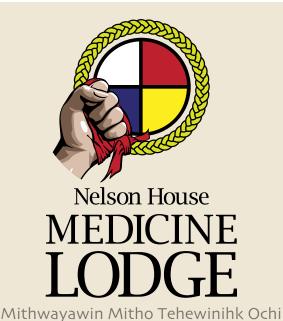


way I know how to play, and making the little plays to help my team have success," says

Go Haley!







Nelson House Medicine Lodge Intake Dates

Referrals and registration are being accepted now for alcohol and drug treatment, prevention and aftercare services. Intake dates and administration weeks are as follows:

DEALING WITH ADDICTIONS? Call 204-484-2256

Treatment Schedule for 2023

Monday, January 2, 2023 -Thursday, February 23, 2023

Monday, February 27, 2023 -Thursday, April 20, 2023

ADMIN WEEK:

Monday, April 24, 2023 -Friday, April 28, 2023

Monday, May 1, 2023 -Thursday, June 22, 2023

Monday, June 26, 2023 -Thursday, August 17, 2023

ADMIN WEEK:

Monday, August 21, 2023 -Friday, August 25, 2023

Monday, August 28, 2023 -Thursday, October 19, 2023

Monday, October 23, 2023 -Thursday, December 14, 2023

CHRISTMAS CLOSURE:

Monday, December 18, 2023 -Tuesday, January 2, 2024

Treatment Schedule for 2024

Tuesday, January 2, 2024 -Thursday, February 22, 2024

Monday, February 26, 2024 -Thursday, April 18, 2024

ADMIN WEEK:

Monday, April 22, 2024 -Friday, April 26, 2024

Monday, April 29, 2024 -Thursday, June 20, 2024

Monday, June 24, 2024 -Thursday, August 15, 2024

ADMIN WEEK:

Monday, August 19, 2024 -Friday, August 23, 2024

Monday, August 26, 2024 -Thursday, October 17, 2024

Monday, October 21, 2024 -Thursday, December 12, 2024

CHRISTMAS CLOSURE:

Monday, December 16, 2024 -Thursday, January 2, 2025

NNCEA Policy 803B: School Closure Due to Cold Weather

Background: The Board intends that its schools operate in accordance with the laws and the annual school calendar. Students cannot afford to miss school. Year after year, there have been multiple cold weather school closures. In an effort to reduce lost school days and lost instructional time, it has become necessary to repeal all previous versions of NNCEA Policy 803B. At a duly convened meeting of the NNCEA School Board, as noted above, it was decided that both NNCEA schools will remain open. Central office and NNCEA schools will remain open. Buses will continue to transport students. All staff are to be at the workplace. Assigned staff will be on duty and classes will be held.

Parents must decide if sending their child(ren) to school is in their child(ren)'s best interests

Federal courts in

Canada ruled that

324 First Nation

communities

will receive a

settlement from

the Gottfriedson

Indian Residential

School Day Scholars

Settlement.

when temperatures are -40°C or colder with the wind chill. This is called parental discretion. Parents are encouraged to dress children appropriately for weather conditions. Any child(ren) not dressed properly will be taken home.

Should the temperature and/or weather become an endangerment during the school day, the School Principals will:

- 1. Make a recommendation to the NNCEA Director of Education (Assistant Director if the Director of Education is unavailable) who will make the final decision.
- 2. The Director of Education or delegate will inform the NNCEA School Board Chair, the NNCEA Board of Trustees, educational leaders, bus supervisor promptly via text, email and/or phone call.
- 3. Prior to the school closure, notice will be posted on the local websites (NNCEA) AND social media (Facebook) by ICT personnel and/or School Administration so the community/staff/bus drivers are informed/aware.
- 4. All NNCEA students will be transported home safely.

Student Awards Not Affected by Cold Weather Closures

Student's attendance will not be affected by these decisions since year-end awards will be issued for excellent attendance. Students whose attendance range is between 90 – 100% for the school year will qualify for excellent-attendance awards. This process takes into consideration absences due to unforeseen circumstances.

Class Action Lawsuit – Gottfriedson Indian Residential Schools Band Reparations Settlement

NCN is part of a class action lawsuit, along with 324 other First Nations communities across Canada. The lawsuit was about the collective harm suffered by Indigenous

communities as a result of Indian Residential Schools. The lawsuit indicated that the Government of Canada is responsible for damages to Indigenous communities caused by

the Indian Residential School system and in particular, the collective harm suffered by Indigenous communities due to the loss of language and culture. This lawsuit is not about the harms suffered by individual survivors who attended residential schools or day schools.

A settlement agreement of \$2.8 Billion was negotiated with Canada. Class action settlements must be approved by a judge. Therefore, the Federal Court of Canada had to determine whether the proposed settlement is "fair and reasonable and

in the best interests of the class as a whole." On March 9, 2023, the Federal Court approved the Settlement Agreement. This means that the Settlement Agreement is now final and binding on all of the parties including NCN. This means that NCN will not be able to bring another future lawsuit against Canada for harms suffered as a result of Residential Schools but it is important to note that the Court explicitly states that the release provisions in the Settlement Agreement do not release any claims that may be brought against Canada relating to unmarked graves or children who died or disappeared while

attending Residential Schools.

Canada will pay the \$2.8 Billion to a Trust or Not-For-Profit corporation which will be responsible for prudently investing the funds. NCN will receive a portion that will benefit the entire community:

- Initial one-time payment of \$200,000 to develop a plan to carry out one or more of the objectives of the Four Pillars described below;
- Initial Kick-Start Funds following receipt and review of NCN's plan (currently estimated to be about \$2.1 Million but may be subject to change once the final population estimates and remoteness criteria are determined);
- Annual Entitlement based on a share of the annual investment income adjusted for population and remoteness;
- Final Payment in 20 years of NCN's proportionate share of the remaining funds.

Please note that no individual payments will be made as this was a suit made on behalf of the Nation, and not individuals. This funding will be used to support healing, wellness, education, heritage, language, and memorial activities. Nine Indigenous directors from various regions will manage the Trust/Not for Profit. It will be independent from the government of Canada, and disbursement of the funds will be guided by the following "Four Pillars principles" outlined in the Settlement Agreement:

- 1) Revival and Protection of Indigenous Languages
- 2) Revival and Protection of Indigenous Cultures
- 3) Wellness for Indigenous Communities and Their Members
- 4) Protection and Promotion of heritage



Keeping NCN Men Healthy

March is Colorectal Cancer Awareness Month, and it refers to cancers of the colon, rectum and anus.

Colon cancer is one of the most common types of cancer for men. Fortunately, good education and screening means most men can receive treatment and heal

If you are a man between the ages of 45 and 75, you should ask your doctor about a colonoscopy, which allows them to check your bowel using a camera attached to a tube. Another common check is a FIT test, which checks for blood in your stool.

Signs of colon cancer include:

- changes in your bowel routine;
- different shape or look of your stool;
- blood with or around the stool;
- abdominal pain;
- surprising weight loss.

It's important to maintain a healthy lifestyle! Exercise and cutting out alcohol and nicotine are very important. Good food choices include high-fibre veggies like broccoli and cabbage to "scrub out your system." You should avoid

processed meat like bologna because it contains harmful ingredients, including carcinogens.

Make healthy choices, and pay attention to your overall well-being and your medical needs. Your community needs you!

Monitoring Advisory Committee

Open House

The Wuskwatim Monitoring Advisory Committee announces that an Open House will be held to provide an opportunity to review environmental monitoring activities.

When: Wednesday, May 10, 2023

Time: 10:00 a.m. to 4:00 p.m.

Where: Norman Linklater Multiplex

Nelson House

For further information please contact: Mark Linklater (204) 939-0221 Bill Yetman (204) 939-4221

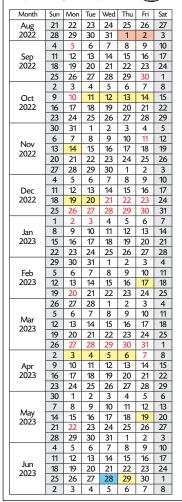


You are encouraged to attend! Transportation is attendee's responsibility.

Make healthy choices, and pay attention to your overall well-being and your medical needs. Your community needs you!







DATE	SCHOOL CLOSURE
August 29-31, 2022	New Teacher Orientation
September 1 and 2, 2022	PD Days for Staff Orientation
Monday, September 5, 2022	Labour Day Holiday
Tuesday, September 6, 2022	First Day of Classes
Friday, September 30, 2022	Truth and Reconciliation Day
Monday, October 10, 2022	Thanksgiving Day
October 11-14, 2022	Flex Days (4)
Friday, November 11, 2022	Remembrance Day
Monday, November 14, 2022	Flex Day (1)
Friday, December 16, 2022	Last Day Before Break
December 19-20, 2022	Flex Days (2)
December 21/22 – January 3/23	Christmas Break
Wednesday, January 4, 2023	Classes Resume
Friday, February 17, 2023	Flex Day (1)
Monday, February 20, 2023	Louis Riel Day
March 27-31, 2023	Spring Break
April 3-6, 2023	Flex Days (4)
Friday, April 7, 2023	Good Friday
Friday, May 19, 2023	Flex Days (1)
Monday, May 22, 2023	Victoria Day
Wednesday, June 28, 2023	Last Day of School Year
Thursday, June 29, 2023	Flex Days (1)
OK School Term Dates	
Term 1	September 6, 2021 – December 2, 2022
Term 2	December 5, 2022 – March 17, 2023
Term 3	March 20, 2023 – June 29, 2023
idinis	17 and 120, 2020 Saine 25, 2020
OK School Report Card Writing Day	
1	December 2, 2022
2	March 13, 2023
3	June 19, 2023
OK School Report Card Night	
Term 1	December 8, 2022
Term 2	March 21, 2023
Term 3	June 28, 2023
NINOC Town Dates	
NNOC Term Dates Term 1	September 6, 2022 – February 3, 2023
Term 2	February 6, 2023 – June 29, 2023
lei III Z	1 ebi dai y 0, 2023 – Julie 29, 2023
NNOC Report Card Writing Day	
1	November 21, 2022
2	April 14, 2023
	1
NNOC Report Card Night	
Term 1 – Part 1	November 28, 2022
Term 1 – Part 2	February 15, 2023
Term 2 – Part 1	April 19, 2023
Term 2 – Part 2	June 28, 2023
Kindergarten Graduation	June 23, 2023
Grade 6 Farewell	June 26, 2023
Grade 12 Graduation	June 27, 2023
194 School Days for 22-23 194 × 330 minutes = 64, 020 180 × 360 minutes = 64,800	Motion #2022-04-28-15: NNCEA School Board of Trustees approve the 2022-2023 Academic Calendar

Dealing with Gambling Addiction

While most people can throw \$20 into the slots and walk away, it will ruin the lives of others.

Last year, Statistics
Canada released a study
that said more than 300,000
Canadians are at severe or
moderate risk of gamblingrelated problems.

The most common demographic who become addicted are men between the ages of 45 and 64.

People with gambling issues often cover up their actions. Their friends and family will notice something is wrong, but can't identify what it is.

Meanwhile, gambling can quickly spiral out of control and become a vicious circle.

As people continue to gamble and take on further debt, they will continue to gamble in the hopes of "winning big." Of course, casinos, online games, sport betting, lotteries and other gambling methods are set up so the vast majority of people will lose, so gamblers end up losing everything.

A gambling addiction affects all aspects of life, not just your finances. It can cause depression, job loss, divorce, losing custody of children, bankruptcy, homelessness, and even suicide.

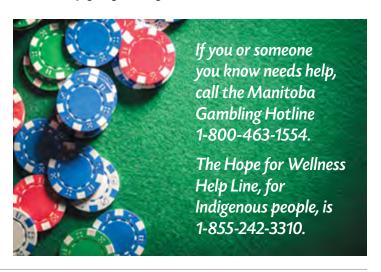
Once gambling has become a problem, it is very difficult to stop alone. After all, it is an addiction. Counselling is the first step to gaining clarity and getting back in control of your life.

If you're ready to get support, contact the Family and Community Wellness Centre at 204-484-2341.

If you suspect someone is gambling:

- Is your loved one often gone for long, unexplained reasons?
- Are they often late for work or school?
- Are they drinking or using drugs more often?
- Are they isolating from friends, family and hobbies?
- Have their sleeping, eating or sex patterns changed?
- Do they have mood bursts and quickly become angry?

- Do they complain about being bored or restless?
- Does it seem like there's less money available, but income hasn't changed?
- Does it seem like there's more money and they're treating people?
- Are they secretive or angry about money?
- Do they argue about money with others?
- Do they talk about gambling a lot?
- Is money going missing?



Celebrating International Women's Day

Believe it or not, March 8th was declared a global holiday way back in 1911, and has been acknowledged ever since

It's a chance to celebrate the social, economic, cultural and political achievements of women.

And there's plenty to cheer about! In Iran, women and girls have started protests to fight for their freedoms. Last year, it was announced that the US women's

soccer team will finally receive pay that's equal to the athletes on the men's team. More women than ever are leading their countries, from Honduras to Hungary.

Of course, it's also a good time to point out the inequalities that women and girls deal with. Around the world, including the United States, women continue to fight for their bodily autonomy, and to make the decisions that are best for their own lives and bodies. Girls have fewer opportunities

around the world to attend school and learn to read and write.

But if there's one thing we know about women, it's that

they do not give up! There are women around the world, and many in our own community, who are working hard to achieve equality.

And at the same time, they're raising our families, volunteering in our community, and teaching us all how to be better people.

Shoutout to the amazing mothers, grandmothers, sisters, daughters, aunties, nieces, cousins, friends and neighbours who make NCN a great place to be!

The special woman in your life never asks for a thing! Why don't you:

- paint her toenails
- take her to a movie
- make a playlist of her fave music
- cook supper
- tell her to take a nap
- show her your fave constellation
- write a poem for her
- draw her portrait
- do the laundry
- learn how to perform her fave song

INTERNATIONAL

NOMEN'S

DAY

- buy her fave chocolate bar
- make her coffee
- ask about her childhood
- knit a scarf for her



RCMP Children Fishing Derby

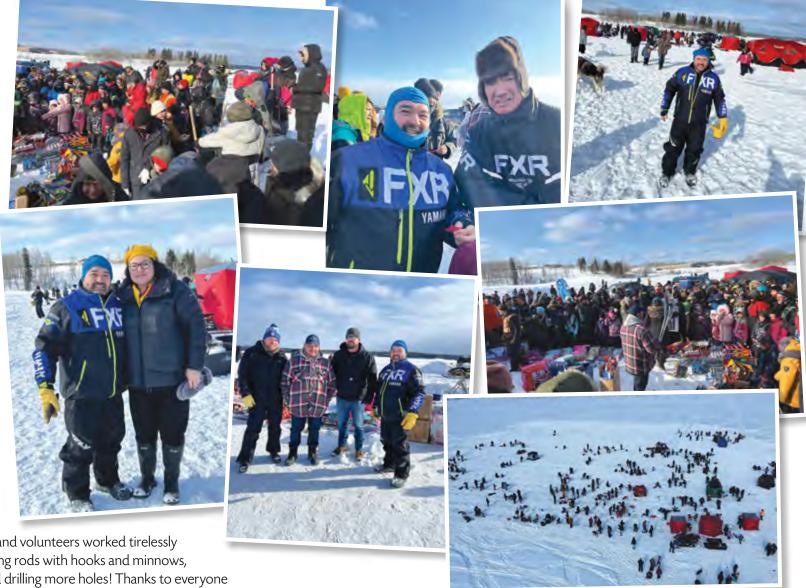
On March 5, 2023, Nelson House RCMP hosted the 14th annual youth fishing derby, with 400-500 youths participating, along with their families.

Every child left with a prize, including special prizes for the top 5 walleye, top 5 jackfish and the largest fish in the "most unusual" category. The largest fish caught was a 28.5" jackfish.

RCMP Members and spouses, along with community members, First Nation Safety

Officers, agencies and volunteers worked tirelessly in drilling holes, lining rods with hooks and minnows, measuring fish, and drilling more holes! Thanks to everyone for the amazing day! See you next year!







NCN Flames Junior Flames Hockey Team Winning the Cup in Thompson



NNCEA Policy 426: Donations to the Nisichawayasihk Cree Nation Community

There will be certain times when the community members/organizations will seek donations from the NNCEA organization. To promote a positive, caring image, the NNCEA chooses to support the families and community with donations via cheque, electronic funds transfer and/or purchase order. NCN Citizens, normally resident, will be entitled to this support. Each year, funds will be allocated to the budget. Qualified applicants are only eligible for two donations per budget year. If the budget gets expended, donations cannot be provided. Rates for various requests will be determined by NNCEA Senior Administration.

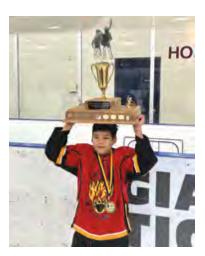
When a death occurs, the NNCEA will show its compassion by sending a wreath and/or flowers to the bereaved family. Upon occasion, support to NNCEA affiliates/partners will have to be extended.

Donation requests can be made for a wake and bereavement; travel off the reserve to attend a close family members' funeral/burial; for occasional/annual events for our children; for summer/winter festivals; for various traditional ceremonies in the community such as Sundances, powwows, etc. Due to the limited budget, private functions like memorial events, etc., are not eligible. Donation requests from people/organizations, off the reserve, are also ineligible.

- 1. Whenever a donation is needed, it has to be put in the form of a letter or email to the NNCEA.
- 2. The letter must be dated and provide the necessary details of the request: what it is needed for, when it is needed, what is needed (a cheque, purchase order or EFT) who the donation is to be made to,
- 3. The request will be reviewed as soon as possible by Senior Administration and a decision will be made and actioned. The family will be informed by the Human Resources Director.
- 4. Senior Administration will put the necessary details on the letter of request and NNCEA Finance will be notified so the request can be processed.
- 5. Letter will be filed accordingly.

87
Eligible Donations Rates
a. Donation for individual Wakes/Funerals/Burial\$300.00
b. Donation for travel to attend a family members' funeral/burial, per family, in Manitoba \$300.00
c. Donation for travel to attend a family members' funeral/burial, per family, out of province \$400.00
d. For occasional/annual events for our children\$500.00
e. Summer and/or winter festivals\$2,000.00
f. Traditional/cultural ceremonies for the community:
– Sundances
– Pow-wows
g. Support to NNCEA affiliates/partners (wreath/flowers, etc.)\$300.00





Don't miss the next NCN Flames game! Upcoming schedule and stats below!



(as of March 14th, 2023)

LEAGUE STANDINGS

Team	GP	w	L	D	OTL	PTS
Storm	34	25	8	0	1	51
Juniors	34	24	9	0	1	49
Selects	34	19	11	0	4	42
Flames	34	18	15	0	1	37
NorthStars	34	11	20	0	3	25
Islanders	34	5	27	0	2	12

SCORING LEADERS

Player	Points
H Muchikekwana	101
Keisten Saunders	78
Chavez Constant	77
Dwayne McKenzie	70
Albert Sinclair Jr.	69
Wilfred Mcleod	68

GOALIE LEADERS

Player	SV%
Freddy Martin	.901
Odin Church	.899
Tyrese Bear	.898
Linden Gamblin	.871
Marcus Whitecloud	.870
Braxton Constant-Kuba	.868

SCHEDULE

Time/Result	Date	Away	Home	Location
7:30 PM	Mar. 17, 2023 @ 7:30 PM	OCN Storm	NCN Flames	Gilbert McDonald Arena
7:30 PM	Mar. 18, 2023 ② 7:30 PM	NCN Flames	OCN Storm	Gordon Lathlin Memorial Centre
7:00 PM	Mar. 19, 2023 @ 7:00 PM	OCN Storm	NCN Flames	C.A. Nesbitt Arena
7:30 PM	Mar. 23, 2023 (a) 7:30 PM	NCN Flames	OCN Storm	Gordon Lathlin Memorial Centre

For the full schedule and statistics, please visit http://www.keystonejr.ca/



Snowmobiling and Ice Safety



Winter activities brought tragedy to our community again this

At the end of January, a 27-year-old NCN Citizen died when he hit a tree while snowmobiling at Footprint Lake.

He had been wearing a helmet, but was travelling at such high speed that he was killed.

In February, three NCN men were stranded on the ice near Threepoint Lake. They had planned to walk to a nearby camp but realized it was too cold for their plans. It was between -30C and -35C that day, and two of the men were not dressed appropriately for the extreme cold. They were rescued by RCMP on snowmobile and brought to the Nursing Station. One of the men was then taken to Thompson hospital and later released.

These cases show us that we must always follow the very basic rules of winter safety. Review these rules as a family every winter. Always assume something could go wrong, so you are appropriately prepared.

- The first rule: do not drink alcohol or use drugs.
- Check with local experts about ice and weather conditions.
- Tell someone your plans: where you're going, what route you'll take and when you'll be back.
- Drive slowly than you think you should, especially at dark or unknown trails.
- Dress appropriately for winter: wool socks, boots, layered clothes, snow pants, parka with hood, neck cover, head cover, winter gloves.
- Make sure your phone or radio is fully charged.

- Bring extra snowmobile belt, gas and oil; extra clothes and boots; snowshoes; shovel; plugs; flares and food.
- Do a visual check of ice. Grey ice, moving water, cracks, breaks or holes, ice that looks thawed and refrozen are all danger signs.
- You need at least 5 inches of clear, blue ice if you're snowmobiling. A truck needs 12-15".

To ask before every adventure:

How is the weather supposed to be? What if the weather changes quickly? Do I have enough knowledge to do this? Is my buddy experienced? What happens if my vehicle breaks down? Do I have the necessary equipment to solve problems?

Where is the nearest shelter? Does someone know about our plan? Will they check to make sure we're safely

Who do I call for help?

If you go through ice:

- Do not panic.
- Focus on your breathing.
- Face the spot where you fell in.
- Your buddy (on knees) should throw rope to you from as far away as possible.
- Stay horizontal (floating) in the water.
- Kick while your buddy pulls you out.
- Do not stop too soon!
- Roll away instead of standing up to walk.
- Find shelter.
- Get out of your wet clothes immediately.







NCN Lands, Environment & Resources NISICHAWAYASIHK CREE NATION

1B ATEC Road • Nelson House, MB • ROB 1AO • 204-484-2359

Tansi' Citizens of Nisichawayasihk Cree Nation the Lands, Environment and Resources (LER) department would like to give an update on where we are with the Land Code planning and implementation. A Lands Advisory Committee was established in 2019 comprising of community members to help review and make recommendations on important land use development for Chief and Council decision making.

To date the LER department has developed a Land Use Plan and Environmental Management Plan. Some leasing documents are in the process as well such as Commercial/Residential/Industrial land leases to help gain revenue for the Nation. This is a very good start to exercise sovereignty that sustains a prosperous socio-economic future for the Nation.

There have been legal land lot surveys done on most commercial lots and some residential/Industrial lots, these lots have been appraised by a certified appraiser for fair market value.

LER department and McKercher LLP are also in the process of developing Land Laws and Environmental Protection Laws to better manage the Lands within

IR170. The Lands department will present these documents at a community engagement meeting as soon as they are in the final stage to do so.

LER is currently working with Public Works Department on remediation decommission plan for the existing landfill and accessing funding. The landfill site has been deemed a significant environmental concerns due to its proximity to the New Sub-Division with the new High School and residential areas. Chief and Council is in support of new waste disposal site off IR170 onto adjacent Crown Land north of the Metis Community.

As for the Treaty Land Entitlement (TLE) it has been very difficult to transfer TLE selections to reserve due to the consultation process with the Manitoba Metis Federation (MMF). The Treaty Land Entitlement Committee (TLEC) are in the process of filing a claim against Canada and taking Canada to court due to their breach in the Framework Agreement. For Citizens that would like to use land on reserve there is a process to come to the lands department to fill out a Land Use application form. The Lands, Environment and Resources department continue to work on planning implementing the Land Code.

NU Media Film Education Program Graduates

Congratulations to Ardelle McDonald and Darien Spence, who recently graduated from the NU Media Films Education program. They were joined at the awards ceremony by Councillors Ron Spence and Jeremiah Spence and NNCEA Student Counsellor Craig Linklater.





Heading into Spring with Parks and Rec

To start the month, Parks and Rec hosted a Girls Activity Day with arts and crafts and bouncers. The next day people

enjoyed a bingo and Lego night.





"Thank you to all participants, our mini rec

> crew and our little helpers," said Terry Linklater on Facebook. "Great job, kiddos."

> Some egg enthusiasts joined together at the Multiplex on

March 15 and 17 to make Easter wreaths.

The next day, a busload headed to Thompson to see Shazam 2 on the big screen. The first 70 to register received free admission, transportation, a drink, pizza slice and popcorn! Thanks to Jordan's Principle and NNCEA for working with Parks and



Rec to make this fun trip happen.

Follow us on Facebook to join our adventures. Everyone welcome!

Stop Community Violence, Gang Activity, Bootlegging and Drug Dealing

Attention NCN Citizens:

We have been getting a lot of concerns about the escalating violence, alcohol, and drug use in the community.

Our people are suffering as a result, especially our children and our Elders. Gang activity has made NCN unsafe. Escalating violence has created an environment where our citizens are living in constant fear.

All this violence our community is experiencing is causing extreme pressure and stress to our nurses, CFS, FNSOs, EMS, RCMP, teachers, administrators and students. All this chaos is putting extreme pressure on our entire nation and it's not sustainable.

And drugs and alcohol continue to fuel the violence as gang members attack our citizens and each other. Domestic violence and Elder abuse are rampant as a result of the steady influx of drugs and alcohol into our

Repeat offenders and/or those who have been banished continue to enter NCN lands in violation of banishment orders and in violation of our Community Protection Law.

Enough is enough!

Drug dealers and bootleggers, we know who you are, and we will be dealing with you.

As per our community protection law; those who continue to sell alcohol and drugs will be evicted from their homes and will be banished from NCN lands.

NCN Chief and Council has the authority to evict or banish:

17 (1). A person who

(a) poses a significant threat to the health, safety or wellbeing of NCN or any person residing on or visiting NCN

(b) has engaged in human trafficking, harbouring or other criminal activity, or (c) refuses to comply with NCN Laws,

(A person) may be evicted from any residence, building or other premises or banished from NCN Lands by order of Chief and Council or any person or entity to whom Chief and Council has delegated such authority by regulation

So just to be clear: if you harbour someone who is banished from NCN in your home, you can face eviction from your home and/or banishment from NCN lands.

In terms of the check stop and as per our community protection law:

"All motorized vehicles, non-motorized vehicles, persons, and any personal property in such vehicles or on such persons may be searched prior to being allowed entry onto NCN Lands and any person who refuses to be searched shall not be allowed entry onto NCN Lands."

We want our citizens to live in peace and harmony. We want all of our citizens, especially our children, and our Elders to feel safe. This means we must address the violence, (including lateral and domestic violence), and the drugs and alcohol that are destroying our peace.

Please reflect on the times when there were very low levels of alcohol and drugs in NCN.



Our community was quiet, peaceful, and safe. People were happy, and children and Elders were happy. Everyone was fixing up their homes, beautifying their homes and yards, and being productive and creative. That is the kind of community our children and grandchildren deserve to live in.

Our children deserve to have loving homes, sober parents, and food on their tables. With the current state of affairs, it is our children that are suffering and going without while drug dealers and bootleggers profit from our collective misery. The Child tax benefit is meant to benefit children, not fund addictions.

Maybe it is time that NCN became a community that is free of alcohol once again. And we have absolutely no use for the cocaine and other drugs that are killing our

Please come to our General Band Meeting on April 11th at 1:30 pm - we need your opinion on the banishment of alcohol.

Sincerely, Chief Angela Levasseur Nisichawayasihk Cree Nation

Richard Linklater Memorial Winter Festival





Blue Bombers Arrive in NCN

On March 20, the Winnipeg Blue Bombers came to NCN to visit high school students at NNOC!

The students enjoyed a training session and huddle with CFL football players, Nic Demski and Willie Jefferson. Some NCN government and council members were also in attendance, getting their sweat on.

Jefferson, who is a defensive end with the Bombers, was flashing his Grey Cup ring on his pinkie finger. Just a few days after their visit, he received the Ed Kotowich "Good Guy" Award for football ability, leadership and effort in the community. He is a fourtime CFL all-star player.

The visit was part of the Try Football campaign, which is an initiative from the CFL to grow the game across the country.







3rd Flex Day Fun Week at Otayitiskiwin School (OK)

April 3 – 6, 2023, 10 a.m. to 3 p.m.

COME OUT FOR SOME

FLEX DAY FUN WITH THE NNCEA

LIMIT OF 60 STUDENTS DAILY **APRIL 3-6, 2023** 10:00 A.M. - 3:00 P.M.

OTAYTISKIWIN SCHOOL



Limit of 60 students for these sessions. Pre-registration is required. Registration forms at the elementary school

- BUS PICK-UP: 9:15-10 A.M.
- FREE LUNCH FOR PARTICIPANTS
- **BUS DROP-OFF: 3-3:45 P.M.**
- **LOCAL EXPERTISE**

Flex Week Fun Day Kick-Off in the Gym 10:15 a.m. –12:15 p.m.

Bannock Making in Room 10 Cross-Country Skiing (dress warm) Board Games with in Library Arts N Crafts in Rm 106 Open Computer in Rm 103

12:15 p.m. –12:45 p.m. FREE LUNCH FOR ALL IN ROOM 101 AT OK

12:45 p.m. –3:00 p.m.

Bannock Making in Rm. 101 Ice Fishing at Church Point (dress warm) Board Games in Library Arts N Crafts in Rm 106 Open Computer with in Rm. 103 (Wiener Roast, Hot Chocolate)

Bus: 3:00 p.m. – 3:45 p.m.



Gaining Skills to Support NCN

A few NCN employees recently completed the Archival Practise Indigenous Organizations Certificate Program through Blue Quills College.

Kelly Spence works as the NCN Trust Coordinator and

Tanice Hart is the Trust Office AdminAssistant. Jaylene Keller is the NCN Government Office Receptionist and Angelina Moore-Spence is a Social Assistance File Clerk.

The employees took the online course over three months through Blue Quills College, which is the first First Nations owned and operated university in Canada. It is located 200 kms northeast of Edmonton, Alberta.



From left to right: Kelly Spence – NCN Trust Coordinator, Tanice Hart – NCN Trust Office Admin Assistant, Jaylene Keller – NCN Government Office Receptionist, and Angelina Moore-Spence – NCN Social Assistance File Clerk.

OK School's Spelling Bee – March 14, 2023





Community Healing and Wellness Drive

From Friday, March 24 to April 10, Chief Levasseur and Council declared that NCN would be drug and alcohol-free.

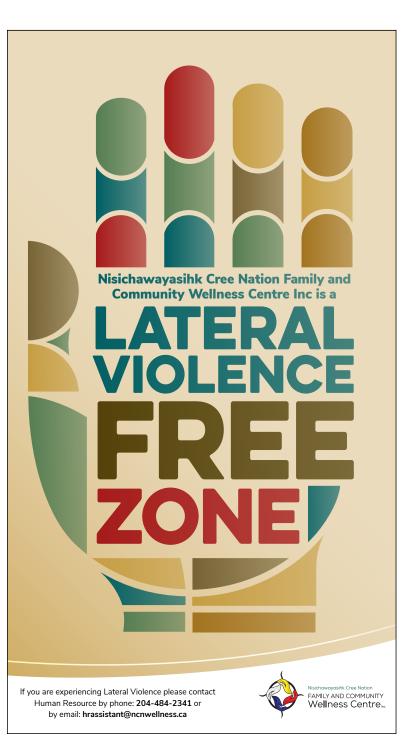
The timeline includes school spring break and the Easter weekend.

"We want our children, Elders and community members to feel safe and to live a life that reflects healing, wellness and good health. The good life: Mitho pimatisiwin," said Chief Levasseur in a social media post.

NCN program managers and directors were called on to provide activities for Citizens that would promote healing and wellness, such as sharing circles, land-based activities, gospel

jams, drug and alcohol awareness, and healing opportunities. She also recommended individuals do the same, and suggested spring cleaning, home renovations and visiting.

Let's go, NCN!





News from NNCEA Director of Education for March–April 2023

Tanisi nitotimak! Spring has sprung and we're back to Daylight Savings time now! The annual Richard Linklater Winter Festival is in full swing and do hope you enjoyed all the festivities! A big thank you to the planning people! Spring break is happening March 27-31st, 2023 with a Flex Day break happening April 3-6th, 2023. All teachers, EA's and school administration will have a well-deserved two week break!

After two years, Flex Day Fun has returned and activities are planned for 60 registered students on April 3-6, 2023 at OK. Thanks to Arlene Smears and her helpers who have organized all the fun events for Flex Day!! Don't forget Good Friday and Easter Sunday!! Happy Easter Blessings to all! Teachers will be having a workshop on Monday, April 10th, 2023. So, no classes for all students till the regular times on April 11th, 2023. This is when the last block of the 2022-23 school year will begin! Winter will soon be over!

School Board Operations

Regular NNCEA School
Board Meetings are held
on the last Tuesday of the
month (except in Dec. and
July) at 5 p.m. at AMEC.
We have lots of seating
and community member
are welcome to attend!

- The next regular NNCEA School Board meeting will be held on Monday, March 27th, 2023 at the AMEC at 5 p.m. The next one will be on April 25th, 2023 at the AMEC at 5 p.m. Feel free to join us.
- NNCEA should have a new school board soon
- Work on a draft of a new NCN Education Law continues. The following are on the team: Councillor R. D. Spence, J. Yetman, Elder Wm A. Spence, NNCEA Trustees W. Bunn and L. Moodie, C. Linklater (PSE Counsellor), E. Thomas, Lawyer V. Matthews-Lemieux, ATEC Director Jim Moore and your NNCEA Director. Once a draft is finalized by NCN Chief and Council, the community will be informed/consulted.
- Revision of NNCEA policies continues and is a humungous task
- School evaluation recommendations are still a work in progress
- An agreement, in principle, on the NNCEA and NHTA contract negotiations for 2018-2022 has been reached. Wordsmithing of the final agreement is happening. Once the agreement is ratified by the respective parties, a signing ceremony/celebration can occur. Thereafter, the new agreement will be implemented.
- No official nominal roll count for NNCEA for 2022-23 is available from ISC yet.
- The issue with the Manitoba Health and Tax Levy is now resolved.

Personnel Management

- On April 17th, 2023, NNCEA welcomes Margaret Monias back to our employ as VP at OK
- NNCEA's Nic Campbell is now a certified Non-Violent Crisis Intervention Trainer.
- As we recruit for 2023-24, we do so knowing that there is a teacher shortage nation-wide. By April 30th, NNCEA will know how many teachers will be needed
- Retirement blessings to Culture Camp Crew: Jeromia McDonald and George "Massey" Linklater who are retiring on Mar. 31!

Education Programs and Curriculum

Work at the Culture Camp continues. The main building is now done and has permanent power! Six cabins are progressing well. Once construction is finished and the site is safer, land-based activities can happen.



- Work on a Culture Camp Safety Protocol and Cultural Practices Protocol will be developed too.
- Lots of events/activities are always happening at our schools, feel free to call for info!
- Flex Day Fun is happening on April 3-6th at OK, contact Arlene Smears or Sharon Linklater for more info

Finance and Budget

- Once actuals are received from ISC, the NNCEA budget for 2023-24 will be finalized
- Good News! Chief and Council approved NNCEA's
 Reclaiming Finances Plan! NNCEA is working on the
 transition. NNCEA will be recruiting for a Finance
 Comptroller, an Accounts Payable Clerk and Payroll
 Assistant. The work space for Finance at NNCEA is being
 designed/organized while new team is orientated. Hoping
 our Finance Team will be operational by mid-April if not
- Thanks to ISC and the Assembly of Manitoba Chiefs (AMC), a proposal submitted by Sr. Administration for \$300k was approved for a community based teacher training program for next fall. Implementation plans have been on hold due to an unforeseen obstacle. NNCEA Sr. Administration to carry this forward.

Public Relations and Community Involvement

- NNCEA continues to tap into TFC's teacher database whenever we can to recruit more top notch teachers. There's four rounds when the teacher database opens: March, April, May and June until all are matched. NNCEA will continue to use this valuable teacher pool! The Knowledge Exchange happens in May. An Advisory Council session and a Meet the Teachers who've been hired is usually held in July via Zoom. New recruits usually participate in the Summer Enrichment Program that TFC hosts.
- Three teacher development workers will visit NCN/NNCEA on April 25-28, 2023 to visit/support the TFC teachers.



The final report of the research project on The Next 40 Years of FNC of Education at Nisichawayasihk, 2021-2061 from TFC has not yet been received.

Student Services

- Craig Linklater is now the Post-Secondary Administrator/ Counsellor in the South. Pipon Moose is the PSE Counsellor in the North.
- Besides the Winnipeg sub-office, NNCEA has another sub-office at North Centre Mall in Thompson as of Sept. 2022!
- PSE Guidebook and Application Forms have been recently revised and the Board should approve in near future.
- The next PSE Committee meeting will be held on May 18 and 19, 2023 at the Thompson sub-office to review PSE applications, so please fill in/submit your applications for PSE properly.

Information Communications and Technology (ICT)

The new NNCEA web page is nearly done and should be operational in near, near future.

Facilities

The NNCEA records and storage room in the lower level of AMEC is now organized with limited access to authorized personnel. An advertisement for a School Records Clerk will be posted soon, training will be provided.

- NNCEA has not forgotten that a bigger bus garage is needed to house all NNCEA buses, a 10 bay would be awesome
- More teacherages are needed for the fall!

Transportation

- FYI: During break times, NNCEA buses get serviced
- A 10 bay bus garage is needed

Professional Development

Teacher PD on April 10th, 2023 on Having Difficult Conversations and Building Staff Morale. MTS to present

General Comments

- Wellness wishes to all those who are having issues with their health, take care and hoping for your speedy recovery.
- Sincere condolences to all our families who've lost loved ones in the past while, we know it is difficult to carry on!
- Special thoughts/prayers for those who are alone/ troubled, unemployed, homeless and may have relatives or roots in Ukraine
- A big thank you to all our staff, parents/caregivers/ grandparents, leaders and community for making education a priority!

Birthday greetings to all!

Hoping our NCN Flames U-13 will enjoy their funfilled trip to Winnipeg for the Jets hockey game on March 31st, 2023. They will be flying to the city compliments of NCN and Calm Air! They will get a personal tour of the Canada Life Centre. Plus, they will be on the Jumbotron so be sure to watch the game the start of the game to see our Champions! For sure, their trip will be memorable! Thanks to the organizers/ chaperones: Nic Campbell (NNCEA), Eleanor Erikson (FCWC), Nic Szabunio (NNOC), Graeme and Francine Linklater (NNCEA) and Pierre Lirette (NNCEA)!

Winter Festival Better Than Ever!

The Richard Linklater
Memorial Winter Festival
was March 20 to the 25th.
Participants enjoyed trapper
events, gospel jamboree,
karaoke, jigging, Nooscha
competition, toboggan races,
snow sculptures, snow shoe
races, talent show, children's
entertainment, and more!
On the last day of the

Festival, people started early with a pancake breakfast, then gathered to watch the Dog Derby, and ended the day with a fireworks show.

It was an incredible week of healthy competition and heart-warming fellowship. There are so many people to acknowledge for their hard work and efforts. We're so happy to have our NCN community together and thriving again!

Festival Sponsors

NCN Chief and Council NCN Parks and Rec Family and Community Wellness Centre NNCEA NCN Medicine Lodge NCLP



Thank you!

So many people made the Richard Linklater Memorial Festival a success. Chairperson Lou Moodie Co-chair/Finance Cheryl Moore

Finance:

Wanda Hart, Gail McDonald, Irene Spence and Melanie Peterson

Helpers:

Wilson Moore, Barb Moore, Leroy Francois, Darrel Moore, Conrad Spence, Veronica Buck, Ron Mcdonald, Theresa Hart, Roman Dumas, Alice Moody, Tanya Moody, Ashley Buck, Arlene Smears and crew, Edna Moodie, Charles Ryan, Natalie Spence, Cheryl Linklater, Lorna Hart, Dustin, Kirk Harper, Ashley Spence, Brooke

Security:

Carol Kobliski, Clinton Hart, Emily Linklater, Monica Hart, Trent Hart-Linklater, Mildred Linklater, Darlene Yetman

Set-up, take-down and event prep crew:

Joshua Thomas, Tatum Moore, Allen Thomas, Clayton Hunter, Trenton Linklater, Anderson Dumas

Mini rec crew/cleaners/care takers:

Tessa Thomas, Nala Moore, Addison Primrose, Brynn Hart, Shiloh Thomas, Jerrilyn Spence

Continued on page 24

Dog Derby (with picture of winners)

1st Loretta Dykun 2nd Dave Hochman 3rd Courtney Hall 4th Celina Dorian 5th Raymond Hamilton 6th Adrianne Castel 7th Theron North

Elders King Trapper

1st Sam Dysart 2nd Adolph Peterson 3rd Wilson Hartie

Elders Queen Trapper

1st Barb Moore 2nd Lydia Linklater 3rd Lena Dysart

Adult Queen Trapper

1st Barb Moore 2nd Melanie Peterson 3rd Lynette Moore 4th Jessica Spence 5th Alice Moody

Youth Queen Trapper

1st Taya Moore 2nd Shiloh Thomas 3rd Kasandra Mcdonald and Hannah Muskego

Adult Iron Person

1st Greg Ross 2nd Darryl Muskkego 3rd Blake Hart

Youth Iron Person

1st Kerianna Nicholas 2nd Hannah Muskego 3rd Cadence Flett

Adult Snowshoe

1st Greg Ross Jr 2nd Blake Hart 3rd Felix Francois 4th Darryl Muskego

Youth Snowshoe

1st Hanna Muskego 2nd Shiloh Thomas 3rd Kasandra Mcdonald

Snow Sculpture

1st Hilary Spence 2nd Henry Bonner 3rd Medicine Lodge clients 4th Edna Moodie 5th Ronel Spence

Youth Karaoke

1st Brooke Abraham 2nd Karissa Bear 3rd Talia Moore

Women's Jigging

1st Freda Spence 2nd Tanya Muskego 3rd Rogina McDonald 4th Dinah Spence

Men's Jigging

1st Darbie Spence 2nd William 3rd Ryan Tait 4th Romeo Spence

Girls 15-17

1st Denika Spence 2nd Kasandra Mcdonald 3rd Latrisha Mcdonald

Boys 15-17

1st Rogan Dumas

Girls 12-141st Taya Moore

2nd Billyjack Peterson

3rd Anderson

1st Taya Moore 2nd Hannah Muskego 3rd Karissa Spence

Boys 12-14

1st Shane Mason 2nd Jerome Spence 3rd Matthew Spence

Girls 9-11

1st Loretta Wood 2nd Karissa Flett 3rd Cara Stevenson

Boys 9-11

1st Keenan Moore 2nd Carter Mcdonald 3rd Jerrios Moore

Girls 6-8

1st Ava Muskego 2nd Paige Stevenson 3rd Cherish Wood

Boys 6-8

1st Dean 2nd Riley 3rd Kurt

Elders Funniest Jigging

1st Irene Moose

2nd Wilson Hartie 3rd Madeleine Spence

Adult Funniest Jigging

1st Joey Spence 2nd Melanie Peterson 3rd Marina Dumas

Elders Lip Sync

1st Wilson Hartie 2nd Sam Dysart 3rd Catherine Bighetty

Adult Lip Sync

1st Tyson Mcdonald 2nd Clayton Hunter 3rd LoriAnn Hartie

Youth Lip Sync

1st Shayla Bighetty 2nd Danica Mason

Girls Lip Sync

1st Zoey Wood 2nd Shauntae Moose 3rd Harmony Francois

Boys Lip Sync

1st Dean Moody 2nd Jeremy Towers 3rd Maddox Moore

Cribbage

1st Jason Swanson 2nd Terry Linklater 3rd Alvin Moore

Scrabble

1st Terry Linklatr 2nd Bradley Hunter 3rd Arlene Smears

Hot Potato Winners

1st Sammy Francois 2nd Tyson Mcdonald 3rd Cheryl Moore 4th Adrian Towers

Family Look-Alike

1st Jocelyn and Keira Dumas 2nd Chad and Kari Hartie 3rd Joan Hart and Alyce Moore













NCN Chief Angela Levasseur catches up with former Chiefs Marcel Moody and Jim Moore at the pancake breakfast.



Basketball March Madness 2nd Place NCN Stars.



Celebrating 40 Years of NCN Service

Violet Turner recently celebrated a 40year career with Nisichawayasihk Cree Nation!

Over the decades, Turner worked with six Chiefs: Angela Levasseur, Marcel Moody, Jerry Primrose, Jim Moore, Norman Linklater, and Rodney Spence.

NCN is grateful for everything she has accomplished for our community, and all the wisdom she has passed down.

On March 10, friends and family gathered to celebrate Turner's retirement and birthday.

"Your years of service are a true accomplishment, and we are proud to celebrate this milestone and your birthday with you," said Chief Levasseur, as a star blanket was draped over Turner's shoulders. "Your contributions have helped shape our community, and we look forward to many more years of learning from you."





Nisichawayasi Nehetho Culture and Education Authority Inc.

School Board Meeting Dates for 2022-23

5:00 p.m. @ Alice Moore Education Centre, Nelson House, MB (Last Tuesday of the month)

Tuesday, September 27th, 2022

Tuesday, October 25th, 2022

Tuesday, November 29th, 2022

Tuesday, December 20th, 2022 (before break)

Tuesday, January 31st, 2023

Tuesday, February 28th, 2023

Tuesday, March 21st, 2023 (before break)

Tuesday, April 25th, 2023

Tuesday, May 30th, 2023

Tuesday, June 27th, 2023

Tuesday, July 25th, 2023 (tentative AGA date)

Tuesday, August 29th, 2023 (Board meeting dates decision)



Monkeypox is a viral infection with symptoms similiar to smallpox.

Symptoms include: fever, headache, muscle & back ache, chills, exhaustion, and swollen lymph nodes.

Several days later, a rash or lesions (blister/pus) may appear PROTECT YOURSELF WITH THE MONKEYPOX VACCINE

Talk to your public health nurse for more info. 204-484-2341

Current eligibility criteria are:

- Cisgenders, transgender or two-spirit people who self-identify as belonging to the gay, bisexual and other men who have sex with men (gbMSM) community and who meet at least one of the following

· Have received a diagnosis of a sexually transmitted infection in the past six months.

Have had two or more sexual partners in the last 90 days.

- Have attended locations for sexual contact (e.g. bath houses or sex clubs) or are planning to.

- Have has anonymous sex in the past 90 days (i.e. using apps, online sites, formal/informal gatherings) or are planning to.

Engaged in sex work or plan to, as a workers or client; or Any sexual contacts of the individual described aboved

Your Path to Wellness

See how the FCWC can help you ...
Programs, support, education, and more ...



Dreamcatchers Headstart Program

This is an enrichment program for on-reserve children, from birth to six years of age, and their families. Your child is acknowledged as an individual, with unique learning styles, strengths and challenges. Dreamcatchers staff encourage all children to be proud of their First Nations culture and language.

This program is free of charge! All NCN families are encouraged to register their children and get a strong start to lifelong learning. The spiritual, emotional, intellectual and physical growth of your child is considered in all activities, and parents are encouraged to learn how to become active participants in their child's education.

Get help with:

- transportation
- nutritious snacks
- CFS support letters
- medical appointments
- referrals to other programs and services

Activities such as:

- health and hygiene lessons
- traditional arts and crafts
- on-the-land outings
- community events



Giving Our Children a Strong Start

Manitoba Telehealth

This program allows you to connect and communicate with medical specialists without having to travel. Most Telehealth clients consult with a doctor by video, which will reduce your time away from home and work, and save you time, money and stress.

MB Telehealth sites in NCN include the Family and Community Wellness Centre, the Nursing Station and the Medicine Lodge. People with diabetes and foot care concerns, Jordan's Principle clients and more have appreciated this efficient, easy way to get help.

If you are dealing with a health condition that requires appointments outside of Nelson House, call the Wellness Centre to see if Telehealth can work for you!

Get help with:

- consultations
- follow-up appointments
- case conferencing



Bringing Medical Help to You



Phone: 204-484-2341

Address: 14 Bay Road Drive, Nelson House, MB ROB 1A0

Follow us on Facebook



There are Supports out There! Nisichawayasihk – Local/Provincial/National Options



Mood Disorders Association of MB

Provincial Peer Support Call: 1-800-263-1460 or email: peersupport@mooddisordersmanitoba.ca (M-F 9 am-4 pm; Sat-Sun 10 am-4 pm) Postpartum Warmline: Call or Text

204-391-5983 (Hours 9am-9pm M-Sun)



Thompson Peer Support: Call/Text: **431-754-6720** (M to F – 1pm-4pm) Provincial Outreach and Support:

Call: 204-925-0040 or 1-800-805-8885 if you would like to chat or feeling anxious



Help for mothers before, during and after pregnancy

For more info 204-484-2341 ext 128



Managing and **Understanding** Your Diabetes and Nutrition

Contact our ADI Worker at: 204-484-2341 ext. 132



Youthspace

Emotional support to persons 30 years and under

Text to: (778) 783-0177 Or Chat: www.youthspace.ca (8pm-2am in MB)

Indigenous Specific Resources

HOPE For Wellness Line: Speak to a counselor about anything. You can request services from: Male or Female. Cree and English

Call: 1-855-242-3310 or connect to online chat: hopeforwellness.ca

Residential School Crisis Line: Support and Crisis

1-866-925-4419 (24/7)

60s Scoop Peer Support Line: (8am-8pm)

Listening and support – 1-866-456-6060

MKO Mobile Crisis Response Team:

1-844-927-5433 or check out their many services at: https://mkonation.com/



NCN Medical Receiving Home

NEED TO TALK?

1-555-942-5510

A Safe, Full Service Stay for Our Citizens

Provided for ALL NCN Community Members who have referrals for medical appointments in Winnipea

For more information, please call: 204.786.8661



NCN Medicine Lodge

NCN Medicine Lodge Healthier Lifestyle with Control Over Addictions

Telephone: 204-484-2256 Paving the Red Road to Wellness



NCN Women's Shelter



We'll keep you and your children safe while you make a plan for your future

Emergency On-Call: 204-679-1996 24/7 Landline: 204-484-2634 Executive Director (24/7): 204-679-2851

Sexual Assault,/Exploitation/ **Partner Violence**

Sexual Assault Crisis Line: 1-888-292-7565 Trafficking Hotline: 1-833-900-1010 (24/7) **Hurt in a relationship?** 1-877-977-0007 Klinic Crisis Line: 1-888-322-3019 Thompson Crisis Centre: 204-778-7273



The Canadian Prenatal Nutrition Program aims to improve the Well-Being of Pregnant Women

- Weekly prenatal classes
- Weekly food coupons
- Friendship and support with other new mothers

Contact FCWC CPNP Worker at: **204-484-2341** ext. 132



1-866-633-4220

Or Chat online: NEDIC.ca (hours vary)

Manitoba Parent Line

1-877-945-4777 (8am-8pm Monday-Friday)

Parents' Helpline PLEO

Family Peer Supporters help parents of children (up to 25yrs) facing mental health challenges **1-855-775-7005**



Support and Information

Thompson Based

Canadian Mental Health Association 204-677-6056

Provincial

Manitoba Schizophrenia Society 204-786-1616





No matter what the issue. support for anyone of any age, from anywhere in Manitoba

Call: 1-866-367-3276 (available—24 hours, 7 davs a week!)



Jordan's Principle A Child First Initiative NCN Family and Community Wellness Centre

Jordan's Principle makes sure all First Nations children have access to products, services and supports they need, when they need them.

You can make an appointment or get a referral by calling our office: 204-484-2585



Rainbow Resource

Free phone counselling for members of the 2SLGBTQ+ community of all ages, families, friends and loved ones as well. Email to setup appointment: info@rainbowresourcecentre.org

Trans Lifeline: 1-877-330-6366 Hotline for transgender people in crisis. Including people who may be struggling with gender identity or not sure if transgender (hours may vary as volunteers available)

LGBTTQ+ Resource: Pflag Canada Support, info and resources to gay, lesbian, bisexual, transgender or questioning people and their family and friends

Call 1-888-530-6777 ext 226 (24/7) Or email gender@pflagcanada.ca



Success Through Advocacy and Role Modeling

Pregnancy can be difficult, and dealing with addiction or substance abuse can be even

Speak to the FCWC STAR Program . Manager Call: 204-679-4619



Health Links Info Santé

A 24/7 telephone service to provide answers to your health care questions and to quide vou to the care you need.

204-788-8200

or toll-free 1-888-315-9257



Nisichawayasihk Cree Nation FAMILY AND COMMUNITY Wellness Centre

NCN Wellness Programs and Services Call Us Todav! 204-484-2341

NCN Wellness -Support and Information Lines:



Mental Health On-call: 431-354-1270 - Public Health Nurse: **204-484-2341** ext. 131 – WelTel Check-in Text Support Scan QR Code or use the Self-Enrollment link below: https://mis-nelsonhouse01. weltelhealth net/enroll?clinicId=1



Child Protection:

If you think a child is being harmed or neglected: NCN CFS at: 204-484-2341 On-Call 24/7: 204-679-6386 or 204-679-5544



Aggressive Behaviour in Community Dogs

Stray dogs and pets in the community are again becoming aggressive. Many NCN Citizens are carrying sticks or branches for protection. This is unacceptable for our community, as children are often playing by themselves and Elders enjoy their time outside, too.

If you are a pet owner, you are responsible for them, their well-being and their behaviour. Dogs must be tied up or penned at all times. If your dog is not on your property, it must be on a leash. You must keep it appropriately fed, watered and healthy. These rules are all part of the Nelson House Indian Band By-Law 2.

Please be a responsible pet owner and have it spayed or neutered to keep our dog population under control.

From March 24 to 26, in partnership with Thompson Humane Society and Pet Smart Charities, NCN hosted a free spay and neuter clinic at the old high school. An incredible 75 dogs and cats were fixed and vaccinated!

NCN's new animal control officer, Ted Salamandyk, who started his new position in March, will be there. His other priorities include helping community members to learn about aggressive behaviour in pets and how to reduce it, and getting the stray dog population under control.



The Dog Control Officer is able to take a dog from anyone who has violated, is violating or about to violate this by-law. The Dog Control Officer has full authority to destroy a dog that is running at large; or attacking a person, or animal that is tethered; or a dog that is injured or diseased.

(Nelson House Indian Band By-Law 2)

If you have been bitten by a dog, go to the nursing station, and call the Band Constables at 204-679-0057 or 204-307-0912. You should also file a complaint with RCMP at 204-484-2837.











Nisichawayasihk Cree Nation General Delivery Nelson House, Manitoba R0B 1A0 Phone: (204) 484-2332 Fax: (204) 484-2392

www.ncncree.com

Do you have a suggestion or an Achimowina story idea?

We would like your comments, feedback or news stories. Please contact achimowina@gmail.com

NCN on Facebook!

Stay current with NCN's latest news, events and updates on your computer, smartphone or device from our official NCN Facebook page @nisichawayasihk.

