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NISICHAWAYASIHK
CREE NATION

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AUGUST/SEPTEMBER 2022

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A Historic Win Brings NCN Its First Female Chief

Chief Angela Levasseur (Centre) during her inauguration ceremony in Nisichawayasihk Cree Nation (Photo courtesy of MKO).

Nisichawayasihk Cree Nation Citizens have voted in Angela Levasseur as their new Chief.

After elections on- and off-reserve on August 24 and 25, Levasseur was named the first Nisichawayasi Asiniskow Nehethowuk Ithiniwuk Okemawin (female Chief).

Levasseur brings an impressive background to her new role.

Just this past spring, she became NCN's first Citizen to obtain a law degree, when she finished her studies at the Mitchell Hamline School of Law in Minnesota. Levasseur worked as a teacher for more than 20 years, including many years at NNOC, and most recently, she had been working with MKO in support of Murdered and Missing Indigenous Women and Girls.

NCN's new chief has already made clear that one of her priorities is housing.

"There is no reason why we cannot build apartment buildings and homes for singles and Elders ... where there is a will, there is a way! A huge part of the solution is prioritizing our spending on what matters most such as housing," she said in a Facebook post on August 22.

She has also called education and training, reconciliation, and self-sufficiency for all Citizens as main concerns for her term in office.

Former Chief Marcel Moody did not seek re-election, but becomes Deputy Chief as he received the highest number of votes for Councillor. Three councillors were re-elected (Jeremiah Spence, Cheryl Moore and Ron D. Spence), and they are joined by Shirley Linklater, a former councillor, and Kim Linklater, who has worked for many years in the NCN government office.

Chief and Council

Chief Angela Levasseur, Vice-Chief Marcel Moody, and Councillors Jeremiah Spence, Cheryl Moore, Kim Linklater, Ron D. Spence, and Shirley Linklater.

2022 Election Results

Chief

Angela Levasseur	496 votes
Felix Walker	431
Jerry Primrose	358
William Elvis Thomas	325

Councillors

Marcel Moody	824 votes
Jeremiah Spence	736
Cheryl Moore	727
Kim Linklater	626
Ron D. Spence	603
Shirley Linklater	573

Total Votes Cast 1,627

In NCN	1,149
Thompson	252
Leaf Rapids	36
Winnipeg	190
Mail-in ballots	6

Continued on page 2

OKIMAHKAN OTY'AMIWIN

From the Chief

Tansi Nitoteemak!

As we move into the fall/moose hunting season, I want to wish all of you the very best and good luck to all the hunters. Our children and youth have returned to school, and we must collectively encourage them to have a successful school year. It is imperative that we, as parents and grandparents send our children to school every day and do our best to ensure that they have the best education possible to ensure bright futures for them!

Our children deserve the best teachers possible, and NCN has been very blessed in this regard. As a community and as leaders, we must strive to make our teachers feel safe, welcome, and appreciated. I wish to personally welcome all new, homegrown, and returning teachers to NCN. Thank you to all teachers, educational assistants, school staff, and administration for their hard work and tireless devotion to our children!

Our children must be at the very core of our thoughts, words, and actions. We must work well together and focus our energy and attention on ensuring that our children's physical, mental, emotional, and spiritual needs are met. At this time of year, we honour all residential school survivors and those who did not make it home. It is essential to recognize that this time of year can be very triggering for our Elders, and we must look out for them, look after them and hold them close to our hearts.

As parents, guardians, and grandparents, we must take responsibility for our children and be aware of their locations and activities if we are to counteract the violence that has plagued our community in recent months. Our children need love, support, and guidance to fulfill their dreams and aspirations. And just as our parents, grandparents, and Elders taught us morals, values, and discipline, we must do the same for our children if we want to end the senseless violence, vandalism, and arson.

The steady influx of alcohol and drugs is greatly contributing to the escalating violence in our schools, our homes and our community. This cannot continue, nor can the violence. We must work together as a community to address the substance abuse and the related violence because all of our Citizens have the right to live and the right to feel safe. Our solutions must be community led and community driven, we can only end the violence with the support of each and every NCN Citizen.

All NCN Citizens, especially our Elders, must be treated with love, dignity, and respect at all times. Our children mirror what they see in our community, and it is time to replace negativity and toxicity with positivity and love. This is why we held the parade with a theme of Love, Sharing, and Caring, a community feast, a youth fishing derby, and a Gospel Jamboree. It is time to replace lateral violence with lateral kindness! And let's replace the senseless acts of violence with random acts of kindness.

And remember that change begins within, and change begins at home. Only as a community can we work together and make a change for the better. So when you bring problems to the leadership, please bring solutions too. We are here to help, and we are here to listen. Seven individuals alone do not have the power to make NCN the greatest nation on Turtle Island, but 4,600 Citizens working together certainly can! Ekosi, take care and stay safe on behalf of my colleagues and me!

Ekosani,

Chief Angela Levasseur
Nisichawayasihk Cree Nation

Continued from page 1

Female Chiefs On The Rise?

Misipawistik Cree Nation Chief Heidi Cook told the CBC that change in leadership and a return to traditional governance, with women leading communities and families, is happening across the country.

"It feels like a time of change in our nations," she said. "People are starting to wake up, people are starting to heal."

Chief Cook is the fourth female chief to be elected in Misipawistik Cree Nation, which is just outside of Grand Rapids, Manitoba.

MKO Grand Chief Garrison Settee also spoke out about the vote, saying, "It was so good to be in Nisichawayasihk Cree Nation to witness history unfolding. The Nation has chosen a woman to be the leader for the next four years, which is a reflection of the vision of the people. I was very honoured to be asked to take part. The ceremony was very meaningful and also emotional at times."

Levasseur has said she was inspired to run for Chief after female Elders encouraged her to do so. While she is the first female Chief in modern times, she acknowledges the matriarchal and matrilineal history of Nisichawayasihk Cree Nation.

The most recent statistic, from 2019, shows that only 18.5% of Chiefs across Canada are women.

Chief Levasseur posted this message to the Nisichawayasihk Cree Nation page on Facebook shortly after her victory was declared on August 26.

Tansi, my relatives!

I am truly humbled to be "the people's leader" for the next four years. No one will be left behind, in UNITY we will work together to rebuild nationhood.

Your rights as Citizens of Nisichawayasihk Cree Nation will be rooted in EQUALITY.

When we face challenges in our Nation, we will all be part of the solution and take ACTION together as Citizens of Nisichawayasihk Cree Nation.

Chief and Council will work together in lateral kindness. The Citizens of Nisichawayasihk Cree Nation have shared their voices asking for respect, integrity, honesty, transparency, accountability and inclusion.

I look forward to working with Council in an open and transparent way with accountability to the Citizens of Nisichawayasihk Cree Nation. As Chief and Council we will lead as a Team.

The work of the Nation must be done through a decolonized lens, rooted in Indigenous culture and our ways of knowing and being. In addition to using human rights-based instruments to protect our Citizens, lands and resources.

We will lobby regionally, nationally and internationally for commitments from all levels of governments to support our Nation and address the rights of each one of you and to ensure we meet the needs of all NCN Citizens. Poverty is not a choice; it is forced upon us by inactions of governments and the violation of our rights as Indigenous people. We will hold governments with legal obligations to account.

We will build together as a Nation, for our children and for generations to come.

Ekosani my relatives. I express my sincere gratitude to each Citizen of Nisichawayasihk Cree Nation. I am truly humbled to be elected as Chief.

In respect, Angela

KITITAHWINAOW ACHIMOWIN

Community News

Complete Election Results

A vote count from the August 24 and 25 NCN election produced the following results, which are posted in public places in Nelson House as specified in the NCN Election Code. Total valid ballots cast were 1,627.

Below are complete election results for all candidates listed in descending order by numbers of votes received. Vote counts for election day, the advance poll and totals follow each name.

Candidates for Chief

Candidate	August 24	August 25	Total
Levasseur, Angela *	217	279	496
Walker, Felix	237	194	431
Primrose, Jerry	131	227	358
Thomas, William Elvis	118	207	325

** Elected*

Candidates for Council

	Candidate	August 24	August 25	Total
1	Moody, Marcel *	371	462	833
2	Spence, Jeremiah *	337	404	741
3	Moore, Cheryl *	315	420	735
4	Linklater, Kim *	277	355	632
5	Spence, Ron D. *	265	346	611
6	Linklater, Shirley Louise *	239	340	579
7	Spence, Cheyenne	264	278	542
8	Spence, Conrad	219	303	522
9	Walker, Jacqueline	233	212	445
10	McDonald, Hayley	174	208	382
11	Dumas, Gordon	156	192	348
12	Moodie, Lou	140	194	334
13	Smears, Arlene	142	176	318
14	Primrose, Eddy	117	170	287
15	McDonald, Curtis Vincent	126	153	279
16	Kobliski, Susan	103	163	266
17	Kobliski, Carol	101	162	263
18	Hart, Claudette	98	162	260
19	Spence, Vanessa	88	130	218
20	Moose, Joe	71	92	163

** Elected*

To view the complete election results visit: https://www.ncncree.com/government-and-laws/chief-and-council/past-election-results/

Chief Levasseur Sworn in at Inauguration

On September 6th, NCN Council, dignitaries, Elders and NCN Citizens gathered at Gilbert McDonald Arena for the Gratitude and Inauguration Ceremony.

Gordon Dumas served as MC, and the celebration began with pipe ceremony by Elders Jimmy Clifford and Ella Hart. Elder Andrew Wood offered the opening prayer and song. Grand Entry with the Red Cree Singers included the Flag Song, Victory Song and introduction of the flag carriers.

NCN electoral officer Annette Swanson swore in the councillors, and then Chief Angela Levasseur.

Former Chief Marcel Moody conducted the head dress ceremony, as is customary, which was followed by several congratulatory messages.

After Chief Levasseur made her first address to the Nation, past council members were recognized with an Honour Song.

The joyful crowd enjoyed a feast and giveaway, round dance, and a great evening of dancing and fellowship with the Richard Farrow Band.

Congratulations Chief Levasseur, and all Citizens of Nisichawayasihk Cree Nation! Let's work together toward a prosperous future.

Celebrations Continue

In the days following her inauguration ceremony, Chief Levasseur was out and about in the NCN community. She enjoyed some time with Elders at the NNCEA culture cabins, where she saw beading projects created by students who were taught by Elders.

The Sharing, Love and Healing celebration on September 15 brought out families of all ages. A parade of brightly decorated vehicles started the day and reminded people to find the joy. A feast was followed by gospel singing at the ball diamonds, with special guests including The Pas Singers and Pelican Narrows Singers.

Slo-Pitch Fun

The 2022 Slo-Pitch Provincials at Little Mountain Sportsplex in Winnipeg was a great experience for all our youth, a great weekend of baseball hosted by SPN! (Barry Black) We would like to say thanks to our driver Sherri Penner and Big Thanks to all of our sponsors that helped get us here!

- NCN Parks and Recreation
- Family and Community Wellness Centre

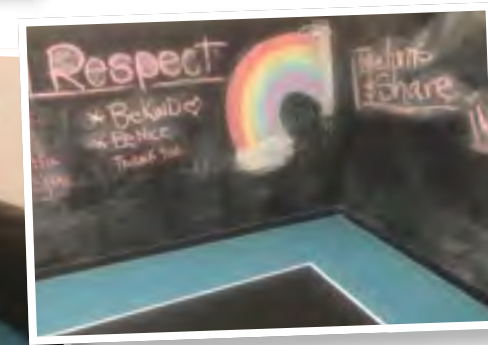
- Nisichawayasihk Chief and Council/Band
- Atoskiwin Training and Employment Centre Inc.
- Nisichawayasihk Construction Limited Inc.
- Nisichawayasihk Trust Office
- Carl Young (Transportation)
- and Thanks to our Warriors, they played Great!

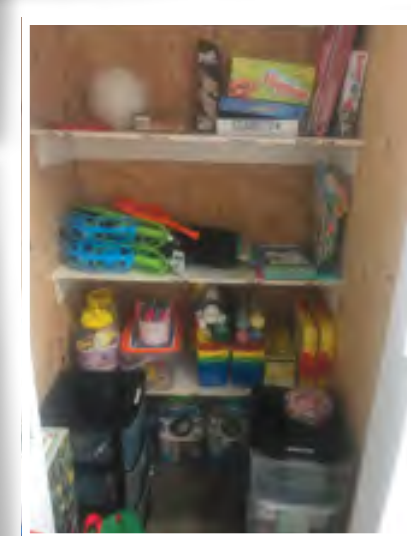
NCN Meet and Greet with RCMP

The newly elected Chief and Council took time to meet with RCMP on September 14, 2022 at the station. Beautiful gifts were given for the Chief and Deputy Chief. The new Council looks forward to a solid working relationship! Kinanaskomitinawaw!

NCN Youth Centre a Blast for Kids

The newly outfitted NCN Youth Centre is a great place for youth to hang out and meet new friends. The Centre is here to provide a safe and inclusive space for kids to be themselves and enjoy interaction with others while playing games, arcades, crafts, pool, foosball, ping pong or just reading a book. For more information and hours of operation contact the NCN Family and Community Wellness Centre at (204) 484-2341.





NNCEA AND AURORA DANCE PRESENTS
A CHRISTMAS SPECIAL!

OPEN TO AGES 5 AND UP

ALL CHILDREN MUST BE ACCOMPANIED BY A PARENT/GUARDIAN

OCTOBER 15	1:30PM-2:30PM
OCTOBER 22	1:30PM-2:30PM
OCTOBER 29	1:30PM-2:30PM
NOVEMBER 5	1:30PM-2:30PM
NOVEMBER 12	1:30PM-2:30PM
NOVEMBER 19	1:30PM-2:30PM
NOVEMBER 26	1:30PM-2:30PM
DECEMBER 3	1:30PM-2:30PM
DECEMBER 10	(RECITAL IN NCN)

BUS LEAVES ARENA AT 12:00PM

Maximum of 25 participants. Sign up by calling 204-484-2095 or come to the Alice Moore Education Centre

Aurora Dance Academy & Fitness Center

NCN Powwow 2022 A Success

The NCN Powwow event held from August 26-28, 2022 was attended by many and enjoyed by participants and spectators alike.

The dance categories included Fancy Shawl, Jingle, Traditional and Golden Age for the women and Fancy Bustle, Grass, Chicken and Traditional and Golden Age for the men. Tiny tots, juniors, and teens also entertained the audiences.

The Powwow was hosted by emcees David Blacksmith, Pimicikamak Cree Nation, MB and Togah-Heya-Mani Scribe from Carry The Kettle, SK

Indigenous Song and Dance Performance included Powwow Times International Dance Troupe as well as many community drums.

Thank you to our event sponsors:

- NCN Chief and Council
- NCN Community and Family Wellness Centre
- Mystery Lake Motor Hotel in Thompson
- Jordan's Principle
- Nelson House Medicine Lodge

Mystery Lake Motor Hotel

Stay with us when you're in Thompson.
It benefits the entire community!
Phone: (-204-778-8331
Address: 58 Cree Rd, Thompson

MYSTERY LAKE MOTOR HOTEL

NCN
Thompson Bus

Connecting the North

1-204-939-3991
thompsonbus.com

NORMAN LINKLATER MULTIPLEX

Find out what's on the program!

Call us at
204.484.2171

Queen Elizabeth II, the UK's longest-serving monarch, has died at age 96, after reigning for 70 years.

We mourn profoundly the passing of a cherished sovereign and a much-loved mother.

She died peacefully on Thursday afternoon at her Scottish estate, where she had spent much of the summer.

Her death is a "moment of great sadness" for Canada and her loss will be "deeply felt" around the world.

Nelson House
MEDICINE
LODGE
Mithwayawin Mitho Tehewinihk Ochi

Nelson House Medicine Lodge Intake Dates

Referrals and registration are being accepted now for alcohol and drug treatment, prevention and aftercare services. Intake dates and administration weeks are as follows:

DEALING WITH ADDICTIONS? Call 204-484-2256

Treatment Schedule for 2022

Monday, August 29, 2022 – Thursday, October 20, 2022

Monday, October 24, 2022 – Thursday, December 15, 2022

Christmas Closure: December 19, 2022 – January 1, 2022

Treatment Schedule for 2023

Monday, January 2, 2023 – Thursday, February 23, 2023

Monday, February 27, 2023 – Thursday, April 20, 2023

Admin Week: Monday, April 24, 2023 – Friday, April 28, 2023

Monday, May 1, 2023 – Thursday, June 22, 2023

Monday, June 26, 2023 – Thursday, August 17, 2023

Admin Week: Monday, August 21, 2023 – Friday, August 25, 2023

Monday, August 28, 2023 – Thursday, October 19, 2023

Monday, October 23, 2023 – Thursday, December 14, 2023

Christmas Closure: December 18, 2023 – Tuesday, January 2, 2023

Treatment Schedule for 2024

Tuesday, January 2, 2024 – Thursday, February 23, 2024

Monday, February 27, 2024 – Thursday, April 20, 2024

Admin Week: Monday, April 24, 2024 – Friday, April 28, 2024

Monday, May 1, 2024 – Thursday, June 22, 2024

Monday, June 26, 2024 – Thursday, August 17, 2024

Admin Week: Monday, August 21, 2024 – Friday, August 25, 2024

Monday, August 28, 2024 – Thursday, October 19, 2024

Monday, October 23, 2024 – Thursday, December 14, 2024

Christmas Closure: December 18, 2024 – Tuesday, January 2, 2024

WORDSEARCH: ᐊᑊᓂᐦᐁᑭ ᐊᐸᒋᐦᒋᑲᓇ wanihīki apacihcikana Trapping and Hunting Equipment

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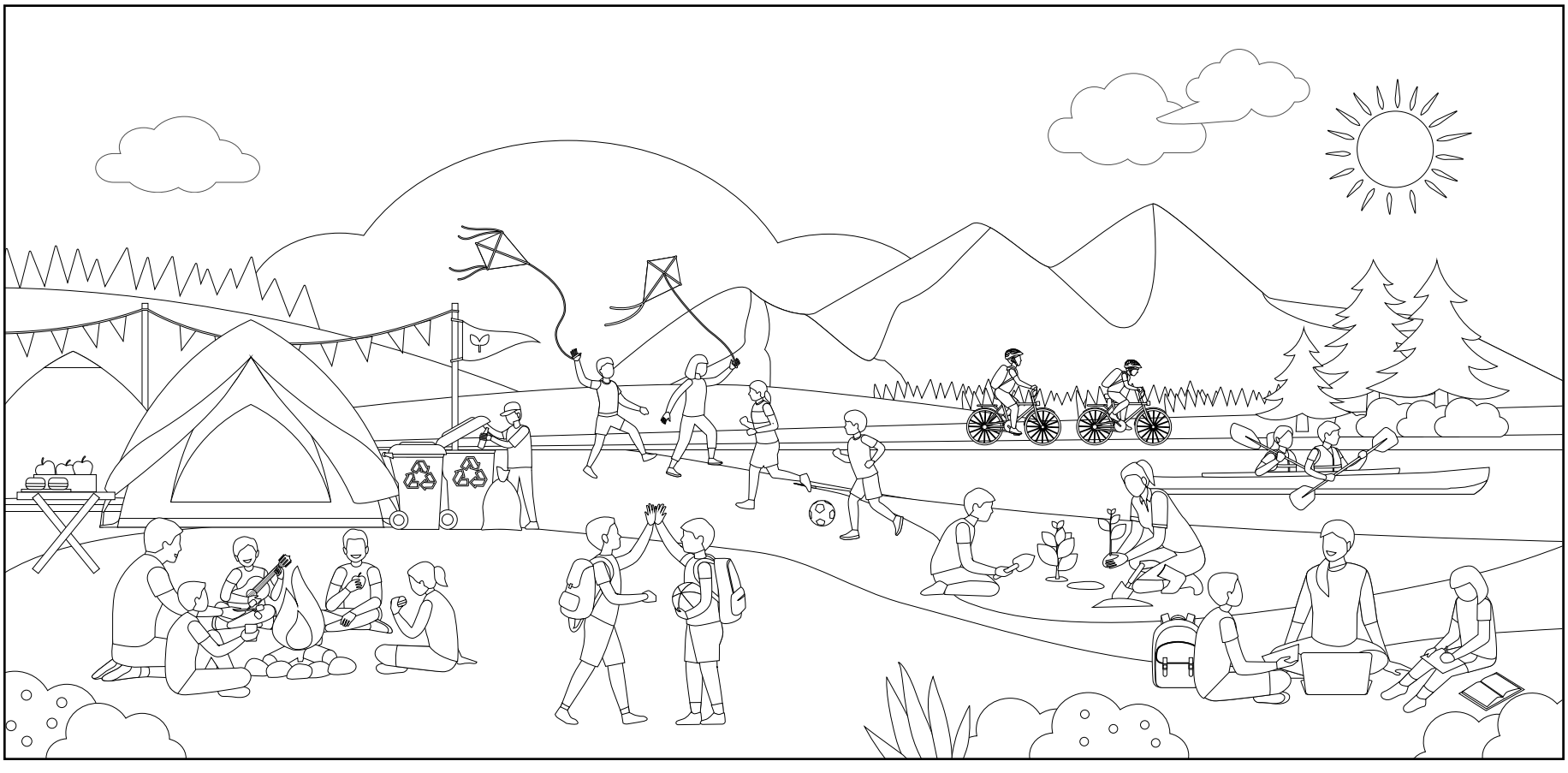
AKŌHPA (Blankets)
APOYAK (Paddles)
ASAMAK (Snow shoes)
ASIPOYAK (Oars)
ASISWIY ĀHTIK (Chisel handle)
ASISWOY (Chisel)
ASPĀKAMINIKAN (Oil)
ASPITAPAN (Tarps)
ATHAPIY (Net)
CIKAHĪKAN (Axe)
CIKAHĪKANĀHTIK (Axe handle)
CĪMAN (Big canoe)
CIMANIS (Small canoe)
KISKIMAN (Axe file)
KISKIPŌCIKAN (Saw)
MĀKISKWAHĪKAN (Ice scoop)
MICIM (Food)
MIKIWĀHP (Tent)
MĪWAT (Backpack)
ŌSI (Boat)
PAKAMAKANIS (Hammer)
PASKISIKAN (Gun)
PIMI (Gasoline)
PIMPATHICIKAN (Outboard motor)
PISAKANAPIY (Rope/twine)
SIPĀSIKWAHĪKAN (Ice jigger)
TŌMAPOWAN (Gear oil)
WANIHKANA (Traps)
WĀSKAHĪKANIS (Trapper's cabin)

Adapted from the NNCEA nisicawayasihk asiniskaw īthiniwak ītwiwīna (NNCEA Rocky Cree Wordlist)

COLOURING PAGE

What kind of activities have you done this summer or during your holidays? What are some of the things you'd like to try out?



WELCOME BACK to School

Our New School Year!

Welcome back to school! This new school year brings lots of changes, like starting off the school year with student assessments and some new school staff. I am Mr. Miller, the school counsellor! I'm excited to be once again working with the OK School students, families, and staff. As a school counsellor, my job is to support students' social/emotional, academic, and career development. I look forward to meeting you and working with our students to have a successful school year.

FYI – Attendance and Learning

Although school and the community are still affected by COVID, attendance and participation are still the keys to learning. Attending school regularly helps children feel better about school – and themselves. Our teachers are going to be doing their best to keep students engaged while adjusting to new learning formats and learning new skills. Education is a team effort, and we are hoping that together we can keep our students engaged and learning every single school day.

Ways to help your child be engaged:

- Provide a workspace for your child (Good lighting, a quiet area, limit distractions);
- Create a schedule for your child; remember routines are helpful to stay on task;
- Establish ongoing communication with your child's teacher to build a strong, trusting relationship.

Parents, please be patient and kind with yourself, your child, and their teacher. We are all in this together, and we are here for you if you need support!

Mr. Miller
OK School Counsellor
(204) 484-2242 ext. 219

Solution below to puzzles on previous page

WORDSEARCH: ᐊᑉᓂᐤᐁᑭ ᐊᐸᒋᐤᒃᑲᓇ
wanihiki apacihciikana Trapping and Hunting Equipment

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Chief Angela Levasseur

OK School students and staff congratulate Angela Levasseur the first woman Chief of the Nisichawayasihk Cree Nation.

Assessments, Assessments, Assessments

Teachers have been busy assessing all students at O.K. School during the week of September 6 to 9.

Report Moose Harvest to NCN LER

NCN LER is asking hunters to report their moose harvests to edprimrose@gmail.com and get entered in the Annual Moose Harvest random draws for prizes.

To begin monitoring of our moose populations and harvest please report your harvest this year and your name(s) will be entered to win one of six (6) prizes!

The program promotes good local moose management, sustaining a healthy animal population, and the collection and monitoring of important data for NCN's annual Moose Harvest numbers. All NCN Citizens that report their harvest will be entered in the random draw on December 14, 2022.

Entries must include a picture of 1 harvester only (per group) with the moose harvested (BULL ONLY*).

Report your harvest in person at the LER Office or email to edprimrose@gmail.com and your name will automatically be entered into the draw. All entries must provide zone or location, date, time, and names of each person in the group (zone map attached) – GPS coordinates encouraged but not necessary – specific location reports will not be shared outside of the LER Office.*

For more information contact Ed Primrose at (204) 679-4248.

Lets respect our moose populations and remember harvest BULLS ONLY! NO COWS*

NISICHAWAYASIHK CREE NATION

COMMUNITY PATROL

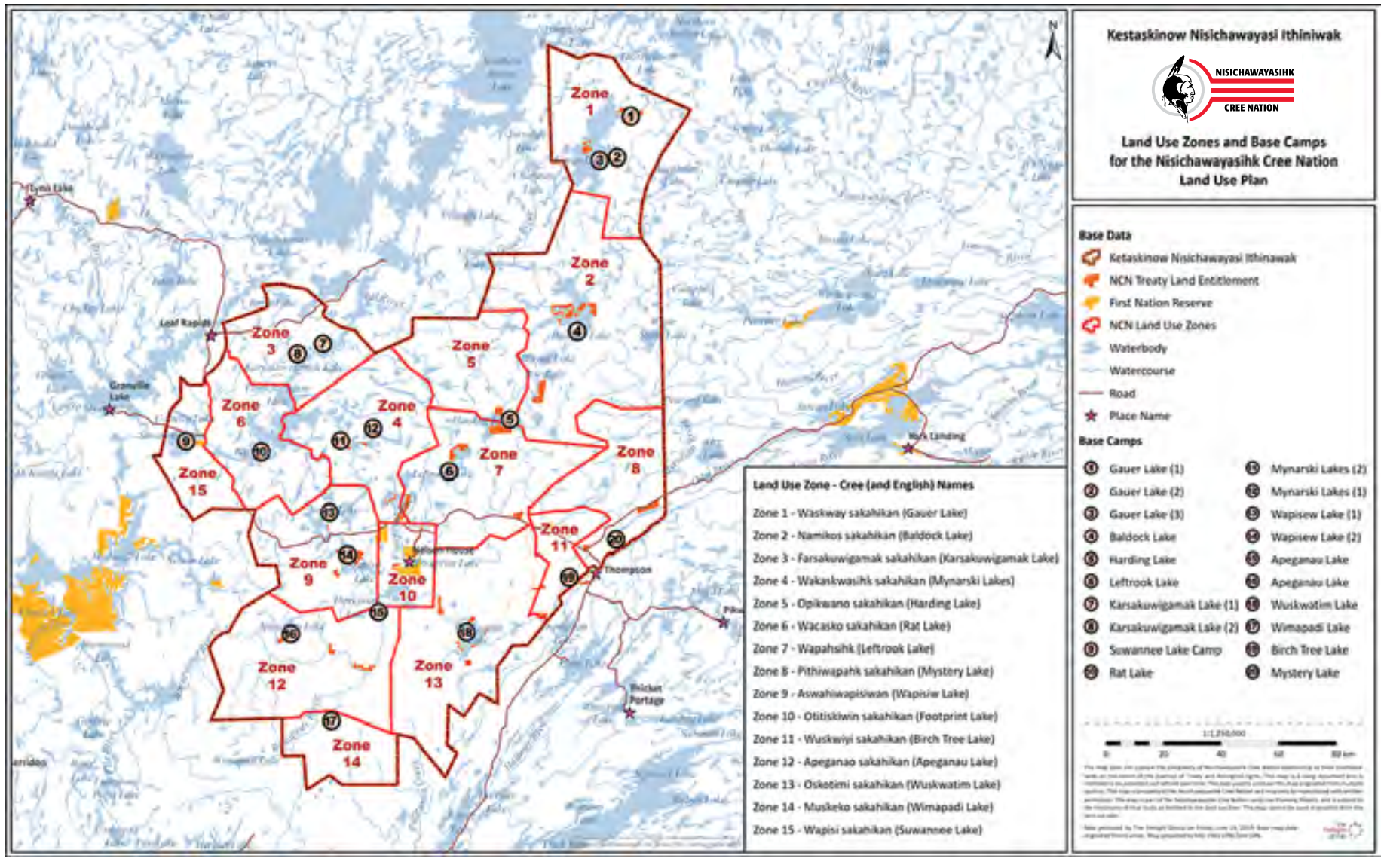
CONTACT INFORMATION

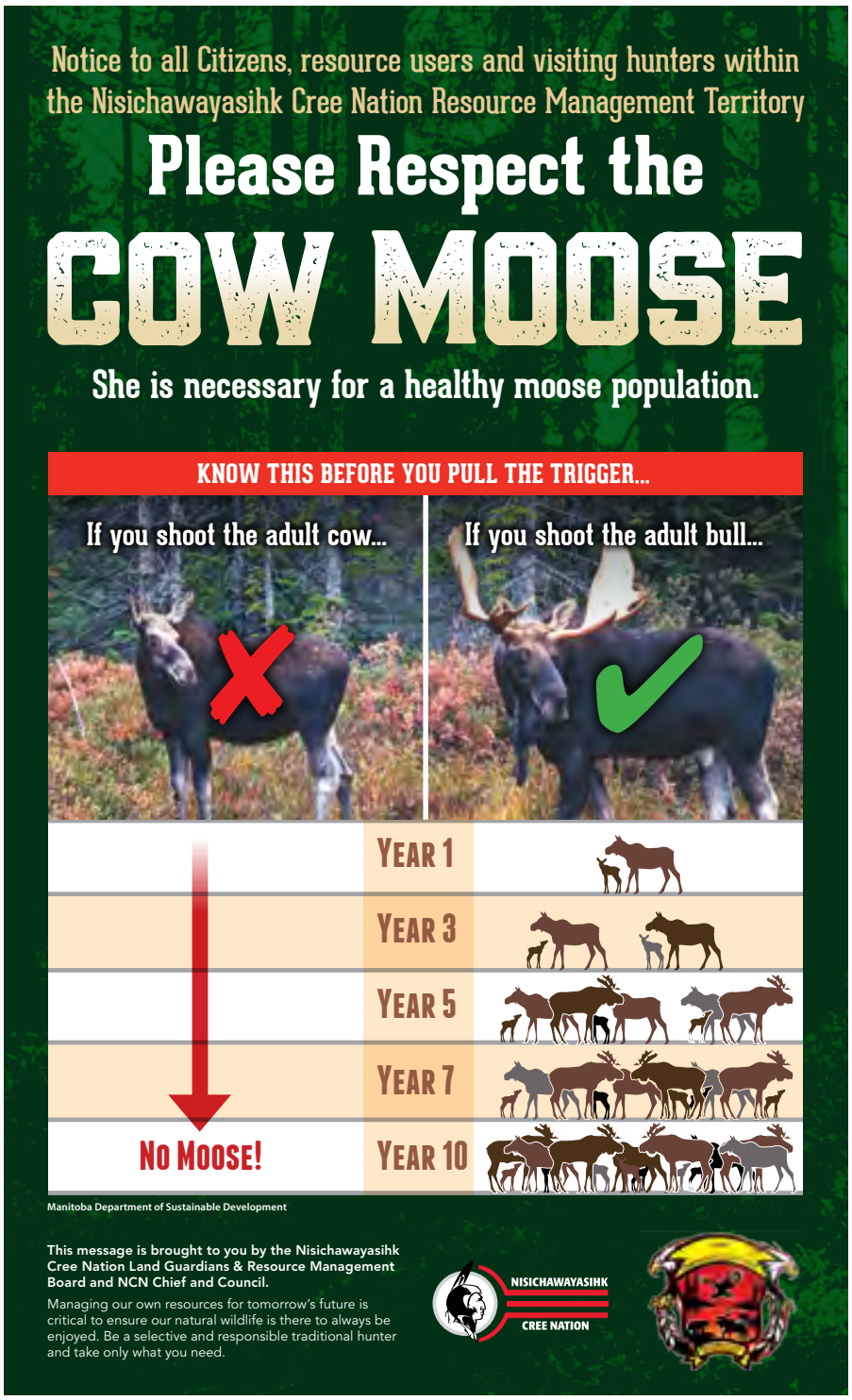
204-679-0171

204-679-0226

In case of emergency please contact RCMP at

204-484-2288


Kestaskinow Nisichawayasi Ithiniwak
NISICHAWAYASIHK CREE NATION
Land Use Zones and Base Camps for the Nisichawayasihk Cree Nation Land Use Plan
Base Data
Ketaskinow Nisichawayasi Ithinawak
NCN Treaty Land Entitlement
First Nation Reserve
NCN Land Use Zones
Waterbody
Watercourse
Road
Place Name
Base Camps
1 Gauer Lake (1)
2 Gauer Lake (2)
3 Gauer Lake (3)
4 Baldock Lake
5 Harding Lake
6 Leftrook Lake
7 Karsakuwigamak Lake (1)
8 Karsakuwigamak Lake (2)
9 Suwannee Lake Camp
10 Rat Lake
11 Mynarski Lakes (2)
12 Mynarski Lakes (1)
13 Wapisew Lake (1)
14 Wapisew Lake (2)
15 Apeganau Lake
16 Apeganau Lake
17 Wuskwatim Lake
18 Wimapadi Lake
19 Birch Tree Lake
20 Mystery Lake
Land Use Zone - Cree (and English) Names
Zone 1 - Waskway sakahikan (Gauer Lake)
Zone 2 - Namikos sakahikan (Baldock Lake)
Zone 3 - Farsakuwigamak sakahikan (Karsakuwigamak Lake)
Zone 4 - Wakankwasihk sakahikan (Mynarski Lakes)
Zone 5 - Opikwano sakahikan (Harding Lake)
Zone 6 - Wacasko sakahikan (Rat Lake)
Zone 7 - Wapahsihk (Leftrook Lake)
Zone 8 - Pithiwapahk sakahikan (Mystery Lake)
Zone 9 - Aswahiwapisiwan (Wapisiw Lake)
Zone 10 - Otitiskiwin sakahikan (Footprint Lake)
Zone 11 - Wuskwiyi sakahikan (Birch Tree Lake)
Zone 12 - Apeganao sakahikan (Apeganau Lake)
Zone 13 - Osketimi sakahikan (Wuskwatim Lake)
Zone 14 - Muskeko sakahikan (Wimapadi Lake)
Zone 15 - Wapisi sakahikan (Suwannee Lake)
Zone 1
Zone 2
Zone 3
Zone 4
Zone 5
Zone 6
Zone 7
Zone 8
Zone 9
Zone 10
Zone 11
Zone 12
Zone 13
Zone 14
Zone 15
Leaf Rapids
Granville Lake
Thompson
Wuskwatim Lake
Wuskwatim Landing
Wapisiw Lake
Wapisiw Landing
Wapisiw Landing
Wapisiw Landing



CITIZEN PROFILE

Kendra Brightnose

Not even six years out of NNOC, Kendra Brightnose is working on meaningful film projects.

Kendra currently lives in Peterborough, Ontario, and recently completed her post-graduate diploma in Film and Multiplatform Storytelling at Humber College.

Her most recent projects were a short film based on the Sixties Scoop that she wrote and directed, and a short documentary on 2 Spirit and Indigenous queer identities on which she also served as director.

"I pursued this program because I enjoy film and filmmaking. I want to tell stories that are important to me. I hope I can continue to write and direct films that shed light on important issues."

Before Humber College, Kendra attended Trent University and completed a bachelor honours degree in Indigenous Studies.

Kendra's parents are Ken Brightnose and Cynthia Hartie. Her grandparents are Mabel Hart (Hartie), Marie and Isaac Hartie, and Lydia Brightnose.

She has great advice for NCN young people.

"It is important to pursue a career or education that interests you," Kendra says. "Filmmaking is not a typical career path but it's something I enjoy and look forward to doing. Don't let others convince you that you need to go down a 'safe' path. Do what makes you happy."

It's That Time! Back to School

While students enjoyed their summer away from school, the custodians were busy preparing for a new year!

Improvements over the summer months include three new gardens for students' use to grow, learn and explore. New playgrounds and mural paintings will entertain students, and OK School received a bright, fresh coat of paint on its exterior.

Caregivers will be happy to hear about the new school bus stops around NCN. They are marked by a steel pole with reflective tape at the top. This new system will be safer for our students and should make bus rides a bit shorter. You should always be at your stop a few minutes early!

NNCEA is offering a new messaging system for families. It sends out one email or phone call every Sunday with important dates and details for the upcoming week, emergency messages for school closures (such as no water or bad weather), and a call or message when your student is not at school.

Your child should have brought home the sign-up sheet for this free service last week. If you didn't see it, pick up a form at the NCN Office, Three Rivers Store, or the Alice Moore Education Centre.

Nursery and kindergarten students were welcomed to the OK School bus garage at the end of August for a welcome barbeque. They learned about safety on the bus, met their drivers, and even had the chance to go for a ride.

The second annual OK School Nutrition Program golf tournament on August 28 was a great success. Almost $9,000 was raised to provide free meals to students. Kinanaskomitin to Arlene, Les and Kim for organizing, and to all sponsors and participants.

Wishing all students and teachers another great year of learning and fun!

OK School received a bright, fresh coat of paint on its exterior over the past summer months.

Send your kids to school on September 29!

The attendance on the last day of September is the number that governments use for their funding models. We want to receive all the resources available to us so we can give our kids a great education. PLEASE ensure your children attend classes on September 29.

**There is no school on September 30 because of Truth and Reconciliation Day.*

NNCEA AGA 2022

Call for 2023 CAP-CIP Funding Applications – Deadline Extended

NOTE: The application deadline for CAP-CIP Funding submissions has been extended to 4:00 pm on September 30, 2022. No applications will be accepted after this deadline.

NISICHAWAYASIHK TRUST – Community Approval Process (CAP)

TASKINIGAHP TRUST – Community Involvement Process (CIP)

- Applications for the use of Nisichawayasihk Trust and Taskinigahp Trust monies for the 2023 calendar year are being accepted.
- Application forms are available at the NCN Trust Office from Tanice Hart, or on the Trust Office web page or email annetteswanson@ncncree.com for an e-copy of the funding application.
- **Application submissions will be accepted until 4:00 pm on September 30, 2022.** ***(We will not accept applications after the deadline.)***
- Submit your applications to Kelly Spence at the NCN Trust Office.
- Funding application must be a sealed envelope.
- If you require assistance in filing a funding application, please schedule an appointment with the NCN Trust Office, Trust Coordinator or Records Information Management Coordinator and they will be pleased to assist you.
- To obtain more information contact Annette Swanson, Trust Coordinator @ 204-484-2604.

MISSING PERSON
$10,000 REWARD

A reward of $10,000 (matched donation funds) is being offered for useful information that leads to finding Rico Cody Linklater. He was last seen on October 21, 2021.

Anyone with information can submit an anonymous tip by calling the local RCMP at 204-484-2837, ask for Ryan Linklater.

NISICHAWAYASIHK CREE NATION

RICO CODY LINKLATER

NISICHAWAYASIHK CREE NATION

CONTACT MELISSA FOR MORE INFORMATION
204-484-2359/
MELISSA.MCDONALD@NCNLANDS.COM

What Can I Recycle?

RECYCLABLE

Aluminum
Plastic
Steel
Paper
Cardboard

Examples: clean milk jugs, juice containers, clean canned food containers, water bottles, office paper, newspapers, cardboard,

NOT RECYCLABLE

Food Waste
Yard Clippings
Styrofoam
E-Waste
Diapers
Hazardous Waste
Biohazardous Waste

Separate dry waste into recyclable, toxic, or hazardous and e-waste, such as batteries, discs.

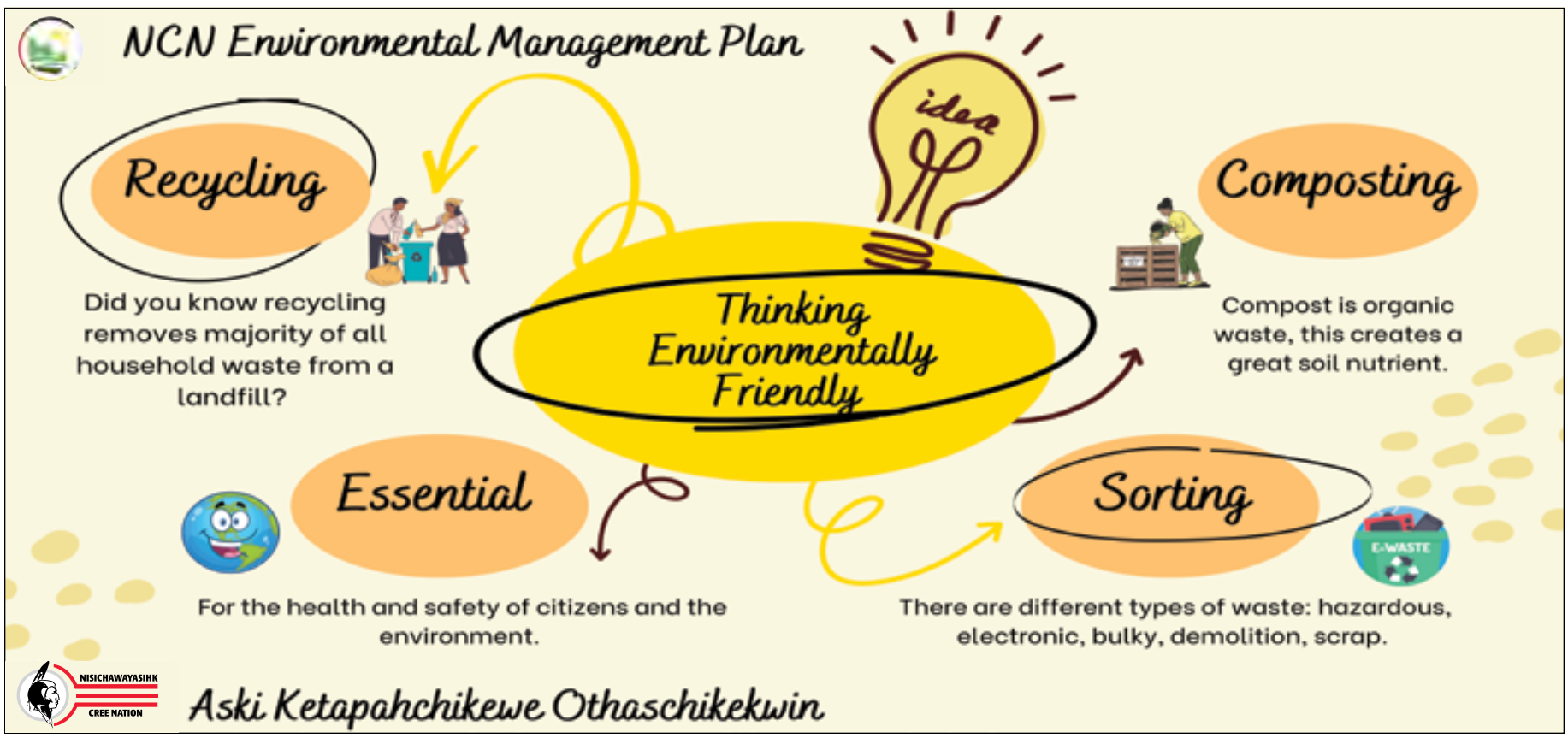
Keep recyclables clean.

Remove leftover food from any plastic or paper before putting them in the bin.

Keep a compost bin.

Turn food and garden waste into compost that can later be used as fertilizer.

IMPORTANT: MAKE SURE TO WASH OUT YOUR RECYCLABLES PROPERLY, OTHERWISE IT WILL GO TO THE LANDFILL



ATTENTION
NCN Citizens:

In the interests of open communication, accountability, and transparency we would like to provide you with the following update:

This morning Chief Angela Levasseur, along with our CEO Grace Kyoon-Achan, met with key stakeholders from Indigenous Services Canada (ISC) and First Nation Inuit Health Branch (FNIHB) and the Assembly of Manitoba Chiefs (AMC) on the issue of community violence in Nisichawayasihk Cree Nation.

It was a very positive and productive meeting and we are now working on an immediate action plan, as well as some long range plans to mitigate the issues related to community safety, policing, and violence in NCN.

We now have a commitment from ISC and FNIHB to work with us on our plans. In the short term, we are planning to hold a community meeting in NCN soon so that we can work together to come up with solutions that are community led and community driven.

We are also working on increasing the presence of FNSOs and RCMP in our community. We have 5 new FNSOs starting next week. Additional plans include bringing in NCN's own Bear Paw Security to help address immediate needs for safety and security, bringing in AMC's Community Ambassador Program to assist with community patrol and to restore our NCN Community Patrol program.

In terms of long range solutions, we are looking at having FNIHB increase mental health supports and also help with harm reduction initiatives to address our drug and alcohol related issues. We are also looking at creating opportunities for land based healing for those involved in gangs and gang violence.

To the parents of NCN: We need your help and support the most. As parents, you must be accountable for your children's actions and their whereabouts at all times.

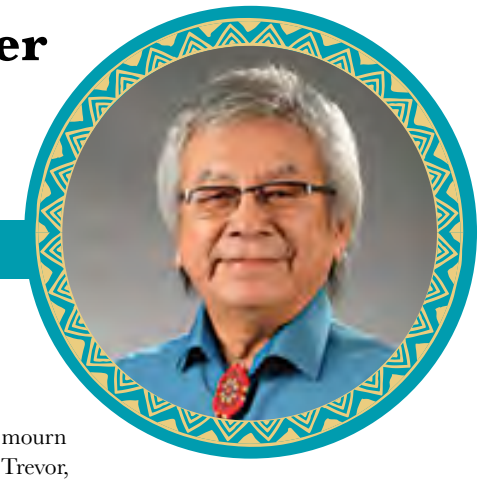
Finally, we are working closely with MKO and AMC to lobby for the criminalization of sales of weapons such as machetes/bear mace, etc. to youth as well as the criminalization of adults who sell or give these products to youth.

Please stay tuned for a public announcement regarding the time, date and location of our public meeting. If we all work together, we can come up with grassroots solutions together that will best serve our nation and ensure the safety of our people.

Ekosani,

Chief and Council for Nisichawayasihk Cree Nation

D'Arcy Noah Linklater
Kamunitowe Pemohtet (Spiritwalker)



May 30, 1950 to August 9, 2022

It is with great sadness that we announce the passing of D'Arcy Noah Linklater – a beloved Husband, Father, Grandfather, Great-Grandfather, Uncle, Brother-in-law, Friend, Kehtiyatis (Elder), Nehetho Knowledge Keeper, member of the Wapiski Mahekun Clan. D'Arcy leaves to mourn his passing – his beloved wife Lorraine and their children Trevor, Darcy Jr., Tyson, Candace and their families, his son Darrell Beardy and daughter Fonda Berard and their families, his siblings Terry (Diane) Linklater, Christine (Randy) Sawatsky, Sophia Linklater, Anthony Linklater (Ella), Jacob Linklater (Harriet), Georgina Hart (Duncan), Lena Moose (Emile) and their families, his sisters and brothers-in-law Emma Hunter-Nelson, Agnes Ranson, Belinda Wastesicoot, Florence Hunter, Johnny Hunter, Howard Hunter (Bonnie), Clifford Hunter (Carol), Cynthia Hunter, Colleen Hunter, Jennifer Hunter, Bradley Hunter and their families as well as numerous aunts, uncles, cousins and friends. D'Arcy was pre-deceased by his son Garth and his parents Joseph and Elsie Linklater, his grandparents Mathew and Nancy Linklater (who raised him), his sister Bella Hart and his brothers Ralph George Linklater, Cornelius Linklater, Ronald Linklater, Roger Linklater.

D'Arcy was born at the Nisichawayasihk Cree Nation and spent his early years here. He was sent to residential school in Portage la Prairie but returned home as soon as he could. He worked hard his entire life as a trapper, miner, construction worker, Fur Manager with Manitoba Conservation and Director of Operations and translator for Nisichawayasi Nehethowuk Okemawin (NCN Government). He was one of NCN's longest serving elected leaders. He was a great speaker, an influential and courageous leader. He fought tirelessly locally, provincially, nationally and internationally to preserve and restore our lands, our waters, Nehethowewin (our language), Nehetho culture, our spirituality and ceremonies. He was a man of integrity, strong beliefs and a great sense of humor. He was an athlete and loved canoe racing, dog mushing, snowshoeing, jogging, hockey, broomball and most sports.

D'Arcy was instrumental in all major negotiations and initiatives undertaken by NCN over the past two decades. His advocacy and negotiation skills helped in securing many important provisions in our agreements and documents – consultation protocols for future hydro development in the 1996 NFA Implementation Agreement, expanding our land base through the Treaty Land Entitlement Agreement, taking control of our education and election processes, inclusion of Ethinisewin and our other customary laws in the Wuskwatim Project Development Agreement, development of a unique Heritage Agreement, Aski-Pumenikiwin (land code) and Othasowewin (constitution). He was a lifelong, passionate advocate for self-determination and self-government for our people. He represented our Nation on many boards and committees. He understood change was needed for Kwayaskonikiwin (reconciliation) but that it was not just our people who needed to change. He fought tirelessly for our beliefs, our knowledge and our ceremonies to be treated with respect. He was a great teacher and shared his knowledge with many.

Although D'Arcy's health has been failing over the past few years, he continued to show courage in the face of adversity. He passed away at the Health Sciences Centre in Winnipeg but will be journeying home to N'tuskenan (our sacred lands) shortly. We will be forever grateful for the important legacy he has left us – pride in our Nation and who we are as Nisichawayasi Nehethowuk.

The procession to bring our beloved D'Arcy home will commence at 2:00 pm on Sunday, August 14, 2022 from the Boardman Funeral Home in Thompson to the Gilbert McDonald Arena. Family and friends are welcome to join us. The wake service will then be held from 7:00 pm to 12:00 am followed by the celebration of D'Arcy's life on Monday, August 15, 2022 starting at 1:00 pm. Both events will take place at the Gilbert McDonald Arena. If desired, donations may be made to an organization or charity of your choice.

The family acknowledges and gives thanks for the care the staff at the Health Sciences Centre, Thompson General Hospital and the NCN Personal Care Home provided to D'Arcy. It was greatly appreciated.

We ask Kiche-Manitou and Mawe-mostuwakunak (spirits who care for and protect us) to help D'Arcy on his journey to the spirit world and to continue to help guide his family, friends and our community during this difficult time.

Celebrating Summer with Parks and Rec

Nisichawayasihk Cree Nation enjoyed a great summer, even rocking out with classic band Trooper on August 20! NCN Youth Warriors played their hearts out at the 2022 Slo-Pitch Provincials at Little Mountain Sportsplex in Winnipeg. Thanks to our sponsors, including Parks and Rec, FCWC, NCN Chief and Council, NCN Trust Office, ATEC, Nisichawayasihk Construction Limited, and Carl Young for transportation. The Summer Festival had lots of NCN families and friends in attendance, and perfect sunny weather. Thanks to all of our Parks and Rec workers and many volunteers for keeping all events safe and fun!

Fanny Hartie Canoe Race at Church Point

1 Pamela Grieves and Naomi Grieves
2 Kerry Wood and Mildred North
3 Priscilla Francois and Barb Moore
4 Juanita Spence and Zayla Penney

Laban Spence Canoe Race

1 Sam Constant and Ray Charles
2 Darrell Muskego and Ryan Tait
3 Greg Ross Jr and Henry Culley

Traditional Family Canoe Sprints

1 Priscilla Francois and Barb Moore
2 Alice Moody and Moody Muskego Tanya
3 Junaita Spence and Zayla Penney

Youth Marathon

Girls 12-14
1 Taya Moore
2 Talah Moore
3 Hannah Muskego

Boys 15-17
1 Arron Kobliski
2 Chris McDonald
3 Myles Moore

Adult Marathon

Women
1 Moody Muskego
2 Kristen Thorne
3 Barb Moore

Men
1 Blake Hart
2 Darrell Muskego
3 Jody Spence

Go-Karts

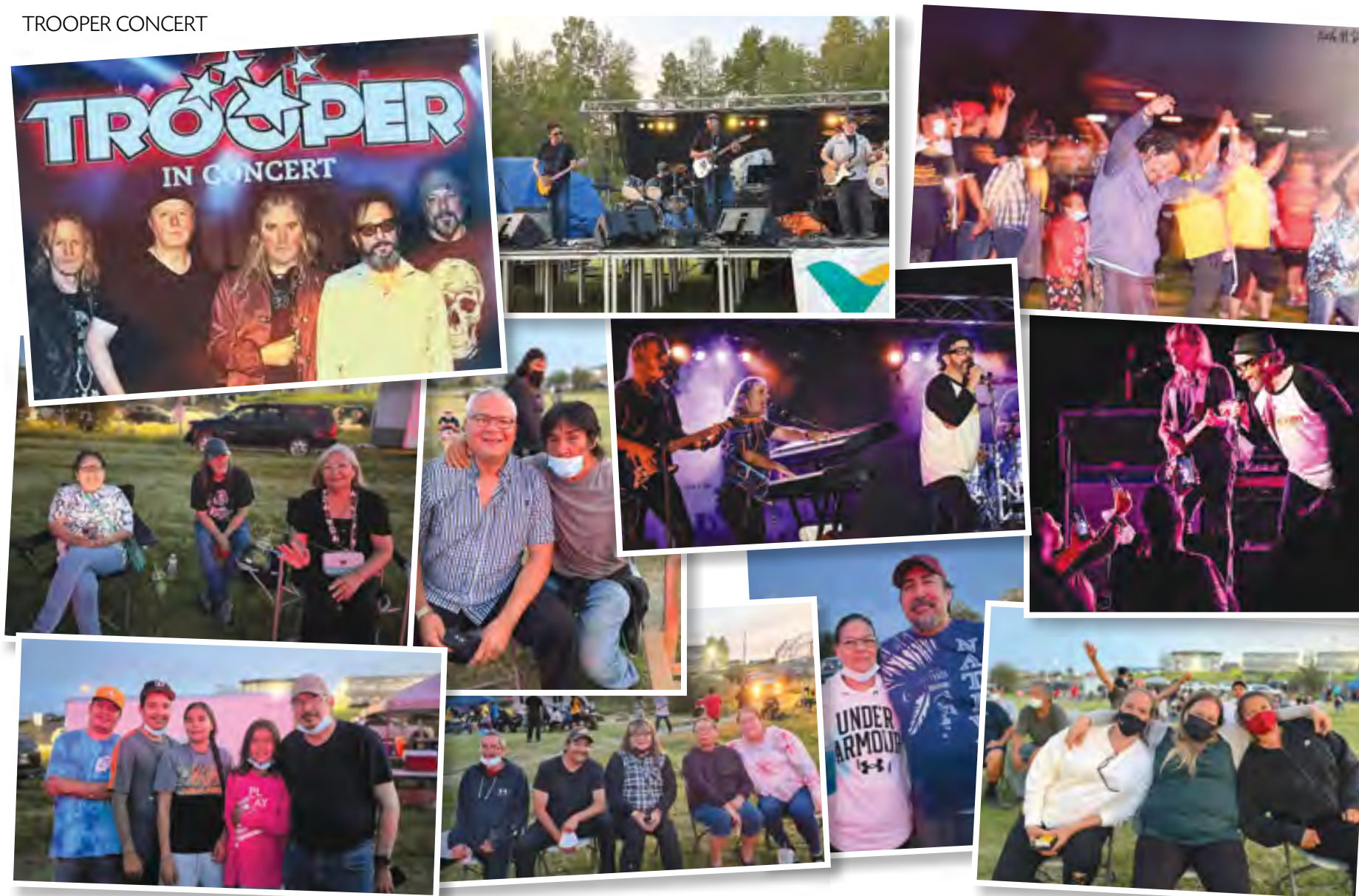
Race
1 Arnold Cullet
2 Ronald Francois
3 James Bonner

Design
1 James Bonner
2 Alex Spence
3 Ronald Francois

Elders Twist

1 Christina Spence
2 Deliah Kobliski
3 Norma Spence

TROOPER CONCERT



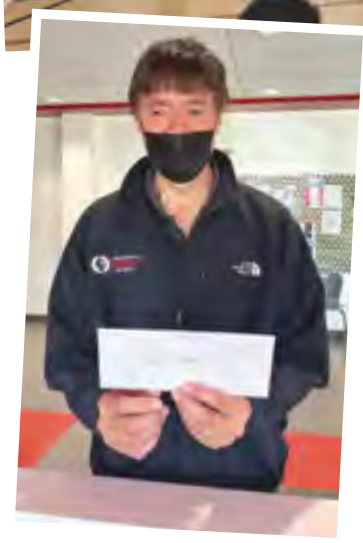
PARKS AND REC

Nisichawayasi Nehetho Culture and Education Authority Inc.
NISICHAWAYASIHK CREE NATION
Call us at 204-484-2095
nhea.info

NCN BAND OFFICE
204-484-2332

NCN SUMMER FESTIVAL

NCN ELDER JIGGING



NCN IRON PERSON COMPETITION

NCN MARATHON RACE

NCN PARADE

NCN YOUTH TALENT SHOW

NCN TRUCK OF WAR

Nisichawayasihk Cree Nation
FAMILY AND COMMUNITY
Wellness Centre

Monkeypox Vaccine

Monkeypox is a viral infection with symptoms similiar to smallpox.
Symptoms include: fever, headache, muscle & back ache, chills, exhaustion, and swollen lymph nodes.

Several days later, a rash or lesions (blister/pus) may appear.

PROTECT YOURSELF WITH THE MONKEYPOX VACCINE

Talk to your public health nurse for more info.
204-484-2341

Current eligibility criteria are:
- Cisgenders, transgender or two-spirit people who self-identify as belonging to the gay, bisexual and other men who have sex with men (gbMSM) community and who meet at least one of the following criteria:
  - Have received a diagnosis of a sexually transmitted infection in the past six months.
  - Have had two or more sexual partners in the last 90 days.
  - Have attended locations for sexual contact (e.g. bath houses or sex clubs) or are planning to.
  - Have has anonymous sex in the past 90 days (i.e. using apps, online sites, formal/informal gatherings) or are planning to.
  - Engaged in sex work or plan to, as a workers or client; or
- Any sexual contacts of the individual described aboved.

There are Supports out There! Nisichawayasihk – Local/Provincial/National Options

Mood Disorders Association of MB

Provincial Peer Support
Call: **1-800-263-1460** or email: peersupport@mooddisordersmanitoba.ca
(M-F 9 am-4 pm; Sat-Sun 10 am-4 pm)
Postpartum Warmline: Call or Text **204-391-5983** (Hours 9am-9pm M-Sun)

Anxiety Disorders Association of MB

Thompson Peer Support: Call/Text: **431-754-6720** (M to F – 1pm-4pm)
Provincial Outreach and Support:
Call: **204-925-0040** or **1-800-805-8885** if you would like to chat or feeling anxious

Help for mothers before, during and after pregnancy

For more info: **204-484-2341** ext. 128

Managing and Understanding Your Diabetes and Nutrition

Contact our ADI Worker at: **204-484-2341** ext. 132

Youthspace

Emotional support to persons 30 years and under

Text to: **(778) 783-0177**
Or Chat: **www.youthspace.ca**
(8pm-2am in MB)

Indigenous Specific Resources

HOPE For Wellness Line: Speak to a counselor about anything. You can request services from: Male or Female, Cree and English

Call: 1-855-242-3310 or connect to online chat: hopeforwellness.ca

Residential School Crisis Line: Support and Crisis Services – 1-866-925-4419 (24/7)

60s Scoop Peer Support Line: (8am-8pm) Listening and support – 1-866-456-6060

MKO Mobile Crisis Response Team: 1-844-927-5433 or check out their many services at: https://mkonation.com/

NCN Medical Receiving Home

A Safe, Full Service Stay for Our Citizens

Provided for ALL NCN Community Members who have referrals for medical appointments in Winnipeg

For more information, please call: **240.786.8661**

NCN Medicine Lodge

NCN Medicine Lodge Healthier Lifestyle with Control Over Addictions

Telephone: 204-484-2256

Paving the Red Road to Wellness

NCN Women's Shelter

Noosi Muskwa Women's Shelter
A safe place where healing begins

We'll keep you and your children safe while you make a plan for your future

Emergency On-Call: 204-679-1996 24/7
Landline: 204-484-2634 Executive Director (24/7): 204-679-2851

Sexual Assault,/Exploitation/ Partner Violence

Sexual Assault Crisis Line: 1-888-292-7565
Trafficking Hotline: 1-833-900-1010 (24/7)
Hurt in a relationship? 1-877-977-0007
Klinic Crisis Line: 1-888-322-3019
Thompson Crisis Centre: 204-778-7273

CPNP

The Canadian Prenatal Nutrition Program aims to improve the Well-Being of Pregnant Women

- Weekly prenatal classes
- Weekly food coupons
- Friendship and support with other new mothers

Contact FCWC CPNP Worker at: **204-484-2341** ext. 132

1-866-633-4220
Or Chat online: NEDIC.ca (hours vary)

Manitoba Parent Line

1-877-945-4777
(8am-8pm Monday-Friday)

Parents' Helpline PLEO

Family Peer Supporters help parents of children (up to 25yrs) facing mental health challenges **1-855-775-7005**

Support and Information

Thompson Based
Canadian Mental Health Association
204-677-6056

Provincial
Manitoba Schizophrenia Society
204-786-1616

Farm Rural & Northern Support Services

No matter what the issue, support for anyone of any age, from anywhere in Manitoba

Call: **1-866-367-3276** (available—24 hours, 7 days a week!)

Jordan's Principle

A Child First Initiative
NCN Family and Community Wellness Centre

Jordan's Principle makes sure all First Nations children have access to products, services and supports they need, when they need them.

You can make an appointment or get a referral by calling our office: 204-484-2585

Rainbow Resource Centre

Free phone counselling for members of the 2SLGBTQ+ community of all ages, families, friends and loved ones as well.
Email to setup appointment: info@rainbowresourcecentre.org

Trans Lifeline: 1-877-330-6366 Hotline for transgender people in crisis. Including people who may be struggling with gender identity or not sure if transgender (hours may vary as volunteers available)

LGBTTQ+ Resource: Pflag Canada Support, info and resources to gay, lesbian, bisexual, transgender or questioning people and their family and friends

Call 1-888-530-6777 ext 226 (24/7)
Or email gender@pflagcanada.ca

STAR

FASD Prevention Program

Success Through Advocacy and Role Modeling

Pregnancy can be difficult, and dealing with addiction or substance abuse can be even harder.

Speak to the FCWC STAR Program Manager Call: 204-679-4619

Health Links Info Santé

A 24/7 telephone service to provide answers to your health care questions and to guide you to the care you need.
204-788-8200
or toll-free**1-888-315-9257**

Nisichawayasihk Cree Nation Family and Community Wellness Centre Inc.

NCN Wellness Programs and Services
Call Us Today! **204-484-2341**

NCN Wellness – Support and Information Lines:

Mental Health On-call: **431-354-1270** – Public Health Nurse: **204-484-2341** ext. 131 – WelTel Check-in Text Support **Scan QR Code** or use the Self-Enrollment link below: https://mis-nelsonhouse01.weltelhealth.net/enroll?clinicId=1

Child Protection:

If you think a child is being harmed or neglected:
NCN CFS at: **204-484-2341**
On-Call 24/7: **204-679-6386** or **204-679-5544**

Heading into Cold and Flu Season

As the seasons change from summer to autumn, there's always an increase in colds and the flu. We're spending less time outside and more in crowded indoor spaces, so germs have a better chance of infecting us. And because kids return to school and play in close contact, they can easily circulate germs through a classroom and their families.

Colds and flus are part of everyday life, and they rarely turn into something worse than a sore throat and upset stomach.

But every year, a few specific flu viruses become more common than others, and medical professionals develop a vaccine to fight them. It's a good idea to get your flu shot, especially if you spend time with elderly people, infants, and those with chronic conditions.

Stay mindful of COVID-19, too. Watch for your chance to get a booster vaccine and continue to practice good hygiene.

Most bugs, like cold and flu, are airborne, so the virus continues through sneezing, coughing, shaking hands, kissing, and touching common surfaces like doorknobs, counters, devices and remotes.

Keep your body's immunity strong this season by focusing on the basics: nutritious food, plenty of liquids, sleep, physical activity and time with friends.

Remember, action alleviates anxiety. If you're feeling nervous about keeping your family healthy, take action instead of sitting and fretting. Do some cleaning or make a pot of soup!

The Immune System

This is the body's defense system against infections, from eating up invading germs to creating antibodies that will remember those enemies for next time.

Fast track your immunity!

- Walk for 20 minutes every day.
- Reduce sugar.
- Increase fruit and veggies, healthy fats, beans and legumes.
- Drink lots of water.
- Aim for 8 hours of sleep every night.
- Try to relieve your stress and anxiety.

To keep your family healthy:

- wash your hands often and well;
- cover your mouth and nose when you sneeze and cough;
- avoid sharing food, drink and utensils;
- regularly clean common things and places;
- change towels, washcloths, handkerchiefs often;
- don't pick your nose, bite your nails, or touch your face;
- stay home if you're sick.

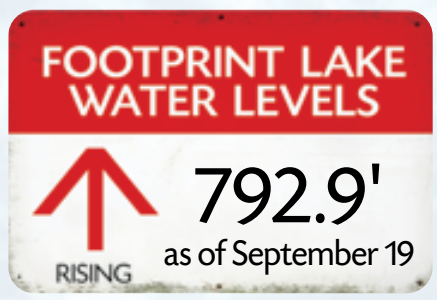
Wash your hands!

- every time you sneeze or cough into them;
- when you get to work or school;
- before, during and after you prepare food;
- before eating;
- after using the washroom;
- after meeting with people;
- when you return home.

Footprint Lake Water Levels

Footprint Lake 14-Day Water Level Forecast

Revised Forecast as of September 19, 2022



On September 19, 2022 the level of Footprint Lake was at an elevation of 792.9 feet. The level of the lake is expected to rise 30 inches to an elevation of 795.4 feet by the end of the month.

The 14-day forecasts are estimates, and subject to change. Northern forecasts are broadcast on local radio stations at the beginning of every month.

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NISICHAWAYASIHK CREE NATION

Nisichawayasihk Cree Nation
General Delivery
Nelson House, Manitoba R0B 1A0
Phone: (204) 484-2332
Fax: (204) 484-2392
www.ncncree.com

Do you have a suggestion or an Achimowina story idea?
We would like your comments, feedback or news stories. Please contact achimowina@gmail.com

NCN on Facebook!

Stay current with NCN's latest news, events and updates on your computer, smartphone or device from our official NCN Facebook page @nisichawayasihk.

like us on facebook