

COMMUNITY
NCN FCO
Yvonne Hart Retires

Residential School Ceremony at Red Deer NNCEA AGA Scheduled

18

JUNE/JULY 2022

## 

## Ancestors Remains Return Home

Citizens gathered for an emotional event from July 18-22 as the remains of NCN ancestors were repatriated.

The ceremony and celebration was called "Bringing Home the Ancestors and Their Belongings."

On July 18, a delegation left the Historic Resources Branch in Winnipeg with the remains after a transfer of custody, lighting of the sacred fire, pipe ceremony and song.

"The ceremony and pipe ceremony was very touching and emotional for all of us. We are so thankful that we are able to bring our ancestors back home to be put to rest," said Cheryl Moore.



Chief Moody, Deputy Chief Moore, elders Clifford Hart (elder Hart conducted the pipe ceremony), Mona Hart, Eva Linklater (archaeologist), Matthew Wood, Henry Wood, Andrew Wood (Andrew was also one of the traditional singers), drivers Myrna Spence, Elvis Francois, traditional singer Tyler Linklater, former Chief Jim Moore, former council member Elvis Thomas were part of the delegation who left from the historical resource branch.



The next day, the remains were welcomed home by NCN Citizens, who met at the Junction to form a vehicle procession. There was a presentation by Chief and Council, commemorations, sweat ceremony, sharing of stories and drum, and a sunset pipe ceremony.

The following two days the community enjoyed a Chicken Dance and teachings.

"Nisichawayasihk has dancing circles at Leftrook Lake and Wuskatim, to name a few. Based on the knowledge of Ketiyatisak, who shared that the chicken dance was

Continued on page 12

#### **Chief and Council**



Top from left to right: Jeremiah Spence, Jackie Walker, Willie Moore, Ron Spence Bottom: Cheyenne Spence, Chief Marcel Moody, Vice-Chief Cheryl Moore



#### Covid-19 Bulletin #90 Precautionary Measures as Covid Cases Rising Again

Tansi!
After a number of weeks
of no new COVID cases,
our numbers are starting to
slowly creep back up. Last
week many people attended
the repatriation ceremonies
for our ancestors. Several
people who attended these
events tested positive

yesterday and today. Other people who recently attended sporting events and concerts have also tested positive. Therefore, we urge everyone to take the following steps:

- If you attended any of these events last week please test yourself daily for the next week;
- If you have ANY symptoms at all, and need a test they can be picked up at the OT gas station, the VLT's, Public Health, Nursing station or Checkstop The On-Call number is 204-679-0297 if you have questions; and
- If you test positive, please call Public Health to report your positive test result. You may be able to take medications like Paxlovid so your symptoms do not get worse public health will let you know how long you must isolate and where.

We must continue to take steps to protect each other

and our community as the pandemic is still not over. Indigenous Services Canada recently advised the next wave is looming so be careful, wear your mask, wash your hands frequently and cut down on the number of people you are in contact with.

Like other vaccines, the COVID-19 vaccines wear off over time so boosters are needed to provide ongoing protection. We encourage everyone to get vaccinated or boosted now and get your children ages 6 months and up vaccinated. DON'T WAIT FOR THE NEXT SURGE TO GET WORSE. Ekosani!

Chief Marcel Moody Nisichawayasihk Cree Nation

## NCN CFO Hart Retires

After more than 40 years of serving Nisichawayasihk Cree Nation, Yvonne Hart has retired.

Hart started working for the Nation in 1981 as a clerk in the Social Services department. She became the administrator for that department before eventually transferring to the finance department to serve as Chief Financial Officer.

Hart was hired by Chief Rodney Spence. During her impressive career, she also worked under Chiefs Norman Linklater, Jerry Primrose, Jim Moore, and current Chief Marcel Moody.

"She is very committed,

dedicated and hard working. She spent many hours, long days and weekends working. I don't think she ever took a full two weeks of holidays," says Cheryl Moore. "We miss her at the office, and it sure feels different without her."

Hart cares deeply about NCN and the success of its Citizens. She takes mentorship seriously, and in fact, many people call her "Mom." She has encouraged people to consider accounting as a career choice, and her daughter Barb and nieces have followed in her footsteps!

Hart's children and nieces held a retirement social for



Her son Elvis Wood, daughter Carly McDonald, Yvonne, daughter Barb McDonald, son Ron Wood.

her on Saturday, July 2nd. It was a great turnout, with many staff members, family and friends in attendance, including Chief Moody, former Chiefs Jim Moore and Jerry Primrose, and councillors Cheryl Moore, Ron D. Spence and Cheyenne Spence.

Everyone shared kind words about Yvonne, and enjoyed a feast and dancing. Terry Linklater (T-bone) was the DJ.

In her retirement, Yvonne is looking forward to spending time with family, and helping to raise her grandson Ronan.
Congratulations, Yvonne! Thank you for your service.





## Wildfire Updates

As of July 20th, there are no forest fires that concern NCN and its surrounding areas.

There are 108 forest fires currently burning in Manitoba, with 34 of those actively burning in the Northern region.

In particular, a 23,000-hectare fire is burning less than one kilometre from Mathias Colomb Cree Nation. By July 18, all 2,200 residents had been evacuated by train and by Canadian Armed Forces planes and helicopters. The evacuees have gone to The Pas, Brandon and Winnipeg.

There is smoke in the NCN community, caused by the closest fires in Pukatawagan, Snow Lake, Pisew Falls, Notigi, and Leaf Rapids.

Smoke can create problems for people with health issues and allergies. Stay indoors as much as possible, keep cool, and remember that smoke is usually worst in the mornings. If you or someone you know is having breathing difficulties due to fire smoke, call the Nursing Station at 204-484-2031.

Stay tuned to NCN Radio 98.1 for fire updates, and watch the Facebook pages called "Nisichawayasihk Cree Nation" and "NCN Emergency."

#### In case of NCN evacuation:

- OK School air alarm will sound 3 times.
- If in your own vehicle, go to the multiplex to register your family, and then leave.
- If you need a ride, go to Gilbert McDonald Memorial Arena.
- Emergency Preparedness Kit
- Emergency Go Bag



204-484-2359/ MELISSA.MCDONALD@NCNLANDS.COM

#### What Can I Recycle?

#### **RECYCLABLE**

#### Aluminum Plastic Stee Paper Cardboard

Examples: clean milk jugs, juice containers, clean canned food containers, water bottles, office paper newspapers, cardboard,

#### Keep recyclables clean.

Remove leftover food from any plastic or paper before putting them in the bin.

#### **NOT RECYCLABLE**

#### Food Waste Yard Clippings Styrofoam E-Waste Diapers Hazardous Waste Biohazardous Waste

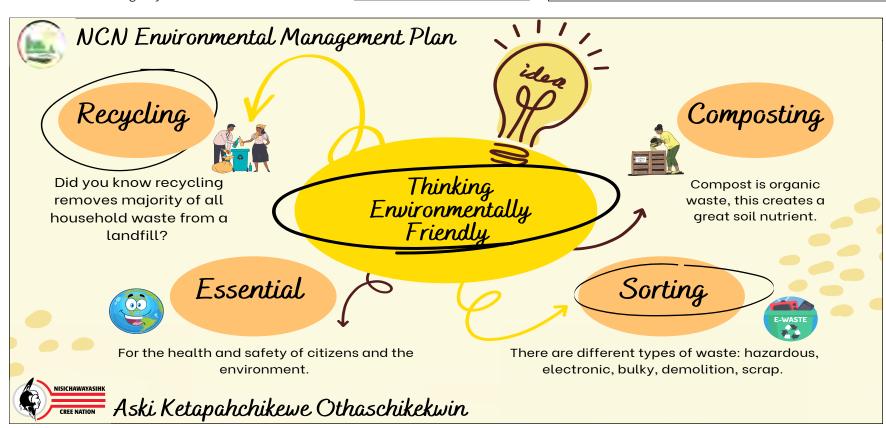
Separate dry waste into recyclable, toxic, or hazardous and e-waste, such as batteries,

#### Keep a compost bin.

Turn food and garden waste into compost that can later be used as fertilizer.

IMPORTANT: MAKE SURE TO WASH OUT YOUR RECYCLABLES PROPERLY, OTHERWISE IT WILL GO TO THE LANDFILL







**Angus Campbell** 

Angus H. Campbell is living an exciting balance of family, art and sports, and loves to set big goals for himself.

"When I run, I have self-doubt, that voice in my head. It's not the physical that's difficult, the real challenge is the mental aspect. You just have to show up every day. No matter what your goal is, never give up."

Campbell has worked full-

time at the FCWC Fitness Centre for about three years. Regular workouts were already part of his routine, but he decided to take up running when COVID hit in 2020.

"I started with a virtual challenge, which was to run 60 kms in one month. But I started to lose weight, I quit smoking and drinking, and I ran 180 kms in one month instead. It all came together."

Since then, running has

become a passion. He did a virtual Manitoba Marathon next, and ran from the gas station to the junction and

back, with a lap of RC, to make up the miles. He ran another full marathon last year, but this year he did a half-marathon, to save his legs for his next challenge.

Campbell will compete in the Canadian Death Relay Race, in Grande Cache, Alberta, at the end of July. The ultramarathon splits 118 kms between three runners, and includes three mountain summits and one river crossing.

Campbell's enthusiasm for running is contagious, and in fact, his partner Bonnie Linklater has been training to join him in a race in Hawaii next month.

After accomplishing these goals, Campbell will head out for the next adventure. He's moving to Oakville, Ontario, to attend Sheridan College's prestigious illustration program.





"I was supposed to go 25 years ago, but I was too scared to leave," Campbell says. "My daughter took an art fundamentals course a few years ago, and I decided to do it online. A lot of my work was recognized: I was nominated for life drawing and technical drawing. I got an honourable mention in painting and third place in 3D."

It was the incentive he needed to create a portfolio and

apply again to Sheridan. Every year, about 600 people apply, and Campbell got one of the 100 spots. The course is four years, and he aims to work in the film industry, where there are plenty of options from storyboard artist to art director.

Most people in NCN have already seen Campbell's work. He has been a tattoo artist in Thompson and Nelson House for years, and has created several murals, including one behind OK School and another behind NNOC.

Campbell's father is Angus Campbell and his mother was Nancy Campbell (nee Francois). He says his children are artistic, and both sides of his family include artists.

"I got my dad's dad's sketchbooks when he passed away. I was 10 years old. I was already an artist, but that really helped me. That's when I started painting, and it put me on this path."

Campbell is proud to live in Nelson House, and appreciates the sense of community.

"Thank you to all the people who slow down when they pass me while I'm running on the side of the road in NCN," he says. "Having no sidewalks is a big safety concern, so I really appreciate those considerate drivers."

Good luck, Angus! We're rooting for you.





### JUSTICE AND PUBLIC SAFETY



#### **EMERGENCY CONTACT NUMBERS**

RCMP: 204-484-2288

FIRE DEPARTMENT: 204-484-2047

**EMERGENCY MEDICAL SERVICES (EMS): 204-484-2911** 

FIRST NATION SAFETY OFFICERS (FNSO): 204-307-0912

COMMUNITY PATROL: 204-679-0171 OR 204-679-0226



## 2022 Nisichawayasihk Cree Nation Election Order

NCN Chief and Council passed a Council Resolution issuing an election order for the Chief and Council 2022 - 2026 term of office. The election date is set for Wednesday, August 24, 2022 and Thursday, August 25, 2022 to elect one (1) Chief and six (6) Councillors.

#### **IMPORTANT DATES AND DEADLINES**

- Nomination Papers Available: July 13, 2022
- Workshop for Potential Candidates: July 21, 2022 (6:00 pm -8:00 pm)
- Nomination Papers Deadline: July 28, 2022
- Nomination Meeting (Nelson House): August 2, 2022
- Mail-In-Ballots Available: August 5, 2022
- Voters List (posted in five (5) public places: August 10, 2022
- Mail-In-Ballots Deadline: August 23, 2022
- Election Days: August 24 25, 2022

#### **POLLING LOCATIONS**

Nelson House, Leaf Rapids, Thompson, Winnipeg and Mail-In-Ballots.

#### CANDIDATE ELIGIBILITY

A person is qualified and eligible to be nominated for, and elected to, the positions of chief or councillor if the person:

- Is a registered NCN Citizen 18 years or older on Election Day, with proof of Identity;
- Is able to communicate in the English or Nehetho languages;
- Attends the August 5, 2022 Nomination Meeting to confirm they wish to stand for office But the person shall not run for Chief and Councillor in the same election.

#### All persons seeking nomination must provide the following to the Electoral Officer no later than 1:00 pm on Thursday, July 28, 2022;

- A \$50.00 non-refundable fee;
- One 2" x 2" black and white head-and-shoulder photo (or digital photo);
- Written consent of the candidate, clearly indicating they are willing to run for the position they have been nominated for;
- Names, addresses and signatures of at least 25 NCN Voters in support of the nomination;
- Directions about how the candidates name is to appear on the ballot;
- A written Criminal Records Check (CRC) issued no more

- than three (3) months prior to the date of the nomination meeting;
- CRC must confirm the person has never been convicted of an indictable offence or sentenced to serve a jail term for an indictable or hybrid offence; it is at least eight (8) years from the date of the conviction, jail sentence or any appeal arising from the conviction or jail sentence whichever is later; and was never convicted of murder, manslaughter or sexual assault of any nature;
- Drug tests that the person has taken a test for illegal drugs within fourteen (14) days prior to the date of the nomination meeting and it was negative;
- A written acknowledgement that the person agrees to be subject to random drug tests throughout the electoral period and if elected during the four-year term of office and consents to the results being provided to the Electoral Officer during the election and to the Chief Executive Officer following the election.

#### To be eligible to vote, individuals must:

- Be an NCN Citizen 18 years or older on election day, with proof of identity;
- Provide the Electoral Officer or Deputy Electoral Officer with their current address to obtain election participation documents (please inform NCN Citizens friends and family not on the voters list to contact the NCN Membership Clerk Melissa Moore @ 204-484-2604 to add their names to the NCN Membership list).

#### Mail-In-Ballots

Mail in ballots will be available for any eligible voter who lives more than 50 kilometres from the in-person polling locations in Nelson House, Leaf Rapids, Thompson or Winnipeg;

- Any voter who qualifies for a mail in ballot and wishes to vote by mail must register with the Electoral Officer or Deputy Electoral Officer, registration can take place any time after August 5, 2022;
- To request for a mail in ballot contact the Electoral or Deputy Electoral Officer to register to vote and once you are registered they will then mail out the ballots to you.

#### For more information, please contact:

- Annette Swanson, NCN **Electoral Officer** 1-204-484-2604, 1-204-679-2960 or annetterswanson22@ gmail.com
- Kelly L. Spence, Deputy **Electoral Officer** 1-204-484-2604, 1-431-754-2181 or kellylspence22@ gmail.com





## Descendants of Students of Former Red Deer (Residential) Industrial School Visit for Ceremony at Red Deer, Alberta

By: Agnes M. Spence – June 6, 2022

Elders of Nisichawayasihk Cree Nation have had the opportunity to travel to Red Deer, Alberta to have a Sacred Memorial Ceremony, at the grave site for the students of Red

Deer (Residential) Industrial School. My Grandfather's Angus Bonner) siblings, a brother Issac Bonner and sister Sadie Bonner are buried at the grave site. We also had an opportunity to visit the museum and gained more information about the school and the area including being able to see the original grave markers that were used to mark their graves.

I took this exceptional opportunity to connect with family members that I have not been with in years. My husband and I travelled with other family members and picked up other family members on our way to Red Deer, Alberta. My daughters also accompanied me to meet with family (cousins, aunts and uncles) that they had only met on Facebook. We were wishing we could all come together to the ceremony.

I picked up my sister Margie, connected with my sister, Rosella Linklater, Rosella is one of the "Sixties Scoop" victims. Rosella was placed in a medical foster home in The Pas, Manitoba, being born with a heart condition, she needed to be kept near a hospital. She disappeared without family ever knowing where she was until she was reunited with family after she was 18 years old.

My Cousin Tony (adopted name) also came to connect with us to meet with family from Calgary. Tony is also a victim of the "60's Scoop." Being fostered by the Children's Aide (Manitoba) when his mother, my aunt (Matilda), went into the Ninette TB Hospital. When she came out of the hospital her children could not be located and she could not find them until she met Tony a few years before her passing. Her daughter (Susan Bonner) has never returned home.

Rosella and Tony could not come with me to join us at the ceremony, due to some circumstances that the dates of the ceremony were changed.

The visits with family were very emotional, with so much happiness. We then travelled to Red Deer, Alberta where we were once again overwhelmed with emotion. There were many tears shed: tears of happiness of being together; tears of heartache of having to part again, not to mention tears for the spirits of our ancestors.

The sacred honour of having the Nisichawayasihk Elders and NCN Pipe Carriers being at the ceremony was an extra Blessing

It was a truly blessed experience ... Thank you NCN!





To all NNCEA Graduates from

# Kindergarten Grade 6 Grade 12 & Post-Secondary

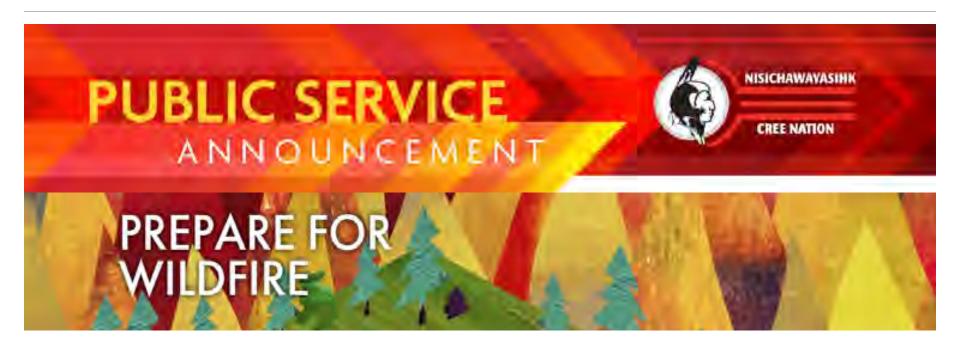












#### Forest Fire Season Preparedness Plan

This public service announcement is intended to provide opportunities to increase fire evacuation awareness. Please review the following measures you can do to make the process run smoothly:

Start with your homes: If you live in NCN, have an emergency "go" bag ready. Keep to the basics like: medications (in original packaging); important documents, like photo ID; cash; personal hygiene items; cell phone charger; change of clothing and footwear; toilet paper; sleeping bag or warm blanket; traditional medicines; portable ceremonial items.

Ensure that all members of your household are accounted for: where your children are sleeping out; that any visitors to the community have signed the visitors registration form at the check stop; that you and your family are up to date on any posted ALERTS, WARNINGS, or ANNOUNCEMENTS.

If you commute: ensure that you have an "emergency go" bag in the car in case you are not able to return to Thompson immediately due to work assignments to assist with the evacuation, or due to road closures.

All pets should be registered with the designated pet form provided at the Justice and Public Safety. If you choose to leave the community with your pet, have the proper transportation equipment i.e. kennel, collar, leash, food/water dish and vaccination documents in your vehicle.

When an evacuation order is issued, the school siren will sound three consecutive times. Citizens are required to register with the EMO team at the Gilbert McDonald Arena command before leaving the community.

Always ensure that your personal vehicles are fueled up.

#### Forest Fire Season Preparedness Update #3

As of July 20th, there are no forest fires of concern for the community of NCN. The number of forest fires have doubled since Friday, with 108 forest fires in Manitoba. 49 of these fires have been in the Northern Region of Manitoba, with 34 fires still burning. The closest reported fires are:

- 1. Notigi Region: there are a couple of smaller fires a 2 ha fire that is being "monitored" and a 1 ha fire that is "being held."
- 2. Leaf Rapids Region: has another 8 ha fire. This fire is listed as "out of control." This fire is separate from the larger fire that started on July 12th, which is now listed as "under control."
- 3. Pisew Falls Region: have a few fires ranging in size. One of the fires is listed as "out of control," while the others are listed as "under control."
- 4. Snow Lake Region: a 48 ha fire started on July 13th and quickly grew to 976 ha, and is listed as "out of control."

To date, the bulk of forest fires are in the north and western parts of Manitoba. If you are planning on a trip to Winnipeg or west of NCN, ensure that you bring an "Emergency Go Bag" with you, as your travel plans may be altered, should the forest fires continue moving from west to east.

The EMO Team meet on a regular basis to ensure that our community is ready to respond, should we need to evacuate. Under the direction of Wayne Spence, EMO Coordinator, the EMO Team is comprised of representatives from Chief and Council, RCMP, EMS, Fire, Business Managers, Band Management, NNCEA Management.

Ekosani,

#### Keep up to date by listening to FM98.1 OR www.ncncree.com AND the NCN Facebook page





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### Request for Local NCN Talent at NNCEA's AGA

Requests for local NCN talent (powwow dancers, musicians, comedians, etc.) to perform, during intermission at the Annual General Assembly (AGA) of the NNCEA for Wednesday, August 3rd, 2022 at OK gym starting at 4:00 p.m. is required. Approximately 100 people may attend.

Performers need to have their own equipment/set up before the assembly. NNCEA will provide a honorarium the

If you are interested, please provide the necessary info when you apply. Your application should contain:

- 1. Your name and contact info
- 2. The type of talent and what will be performed
- 3. Expected rate of honorarium

#### Info is to be sealed/labelled and submitted to front desk at AMEC by 12 noon, Monday, July 25th, 2022

Drop off or fax info to 204-484-2257 AND email your info to hrunit@nncea.ca

Successful persons will be informed by noon, July 26/20.



Apply ASAP!

## Celebrating Future Resources for Youth

Young NCN Citizens came together on July 15 for arts and crafts, drumming, and a barbeque.

They were celebrating the half-way point to completion of a new youth drop-in centre.

"We wanted to honour our youth, as they are our future generations,"

says Youth Coordinator Quantia Hartie. "We wanted to inform them about the safe space we're creating, and the programming, resources, cultural practices and events that will be specifically for them."

Fifteen young people, ages 7 to 15, took photos and made picture frames to gift to family members. They also painted rocks and figurines, and made dream catchers to capture bad dreams.

One of the participants brought their

traditional hand drum and sang while the group enjoyed their feast.

Moore says when the centre is officially ready to open, there will be a big celebration.

A special thank you goes out to the Jordan's Principle team for

> helping to set up, bringing kids to the event, and leading the







#### WORDSEARCH: b $\Delta \cdot \triangleleft \cap \nabla^{\parallel q^{\times}}$ ka wi ati īhkīhk Weather

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IPICIPATHIK  (Temperature)  KIMIWAN (Rain)	PISITŌSIW (Strong gust of wind)					
MISIKIMIWAN  (Pouring rain)	THŌTIN (Windy) TĀHKAYAW (Cold)					
SIKAWĀHTAW (Sudden pouring rain)	KISINĀW (Very cold) KĪSOWĀYĀW (Warm) KISITĪW (Hot) KISĀSTĪW (Warm and sunny)					
MISPON (Snowing) MISIMISPON (Snowing hard)						
PĪWAN (Blizzard) WĀSĪSKWAN (Sunny) ATHWASTIN (Calm day)	PĀSTĪW (Dry)  SASKAN (Thawing)  KASKĀPATIW  (Smoky)					
MITHOKISIKAW (Clear sky) PISITCOSISIS (Squall)	SĀPOPĪW (Wet) KIMIWĀSIN (Drizzling) PITHĪSĪWAN (Thunder)					

#### っせ bal <<li>CΔ·a nīyō kanaci apacitawina Four elements

Match the four English elements with the following Cree SRO and the Cree syllabics: pakitatamowin, aski, iskotiw, nipiy,  $\sigma \Lambda^+$ , <PCCJ $\Delta \cdot ^{\circ}$ ,  $\Delta^{\circ} d \cap ^{\circ}$ ,  $\Delta^{\circ} P$ Write your answers beside the

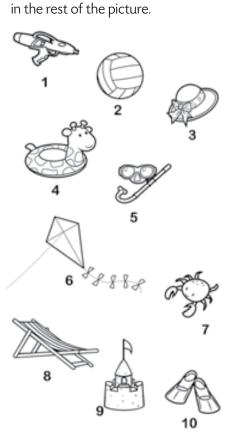
corresponding pictures.





Adapted from the NNCEA nisicawayasihk asiniskaw īthiniwak ītwiwīna (NNCEA Rocky Cree Wordlist)

#### **COLOURING PAGE**



Summer fun! See if you can find the following ten items in the picture. Colour these items first, then colour



## Requests for Proposals for Catering of AGA

Proposals are being requested for the catering of the Annual General Assembly (AGA) of the NNCEA for Wednesday, August 3rd, 2022 at the OK gym starting at 4 p.m.

Food for 125 people to be served at approximately 5:00 p.m.

**BBQ Menu:** Hot dogs, burgers and smokies with potato salad and veggies and dessert with beverages: juice, cold water, coffee and tea (regular/iced), condiments.

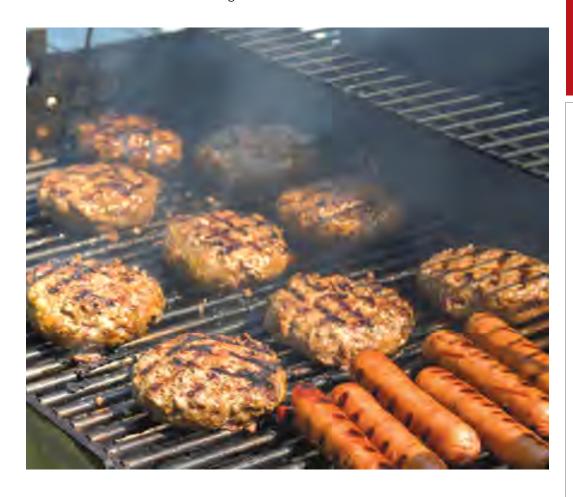
#### Your proposal should contain:

- 1. Total price to cater the function (to include groceries, delivery, food prep/service, helpers, set-up, clean-up,
- 2. Successful bidder will be provided with a purchase order for food at Family Foods. Once function is complete, a cheque for what is owed will be issued;
- 3. Food handling/service credentials a must;
- 4. Bidder contact information (name, phone number, address, etc.).

Bids for the AGA are to be sealed and labelled and submitted to the receptionist at AMEC by 12 p.m., Friday, July 29th, 2022.

Drop off or fax info to 204-484-2257 AND email your info to hrunit@nncea.ca

Successful bidder to be contacted by 12 noon on August 1st, 2022.



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**Mystery Lake Motor Hotel** 

Stay with us when you're in Thompson. It benefits the entire community! Phone: (-204-778-8331

Address: 58 Cree Rd, Thompson





Connecting the North

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#### **NORMAN LINKLATER MULTIPLEX**

Find out what's on the program!

Call us at 204.484.2171



#### Solution below to puzzles on previous page

SISODIISI

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Four elements

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FIRE: iskotiw, ∆°d∩°



Nisichawayasi Nehetho

#### NNCEA Annual General Assembly Culture and Education Authority Inc. (AGA) Agenda for 2021-22 NISICHAWAYASIHK CREE NATION

#### **NNCEA Annual General Assembly** (AGA) Agenda for 2021-22

"The Next 40 Years of First Nations Control (FNC) of Education at Nisichawayasihk from 2021-2061"

Pipe Ceremony (physical distancing please) at 3:00 p.m. Wednesday, August 3rd, 2022, @ 4:00 p.m. @ OK Gym Master of Ceremony (MC): Board Chair, Wanda Bunn

#### GRAND ENTRY @ 4:00 p.m. (with physical distancing in place)

Upon arrival, please sign in! Be there! Bring a buddy! Early Bird Attendance Giveaway (2) after Grand Entry!

- 1. Opening prayer/song/moment of silence/land protocol ......MC and NCN Elder
- 2. Message from NCN Chief and Council.....NCN Chief or Education Councillor
- 3. Message from the NNCEA School Board . . . . . W. Bunn, NNCEA Chair

#### Surprise Attendance Giveaway (2) – must be present to win!

- 4. AGA Booklet Review ...... Trustee S. Linklater
- 5. Financial Report to

March 31st, 2021..... NCN/NNCEA Finance, C. Hart

BBQ Break (hot dogs/burgers/smokies/salad/cake)

#### Entertainment/Surprise Attendance Giveaway (4)-must be present to win!

- 6. The Next 40 Years of FNC at Nisichawayasihk, 2021-2061.....NNCEA Director of Education
- 7. NNOC Student Led Research Report Findings . . . . . . NNOC Research students/advisor
- 8. Special Presentations ......NNCEA School Board Surprise Attendance Giveaway (2) - must be present to win!
- 9. Open Forum......MC
- 10. Closing remarks/prayer......MC and NCN Elder

#### FINAL SURPRISE ATTENDANCE GIVEAWAY! Must be present to win!

GRAND RETREAT/EXIT (with physical distancing in place) Security and Medical Personnel to be on site



#### **FACT: Your Behaviour Online Could** Put You at Risk of Losing Your Job.

#### WHY THE POLICY?

NCN Chief and Council created and passed its social media policy in 2014. It is now part of its personnel policy manual and protects both NCN and employees. NCN employees must conduct themselves properly on social media.

#### WHAT IS SOCIAL MEDIA?

Social media refers to web and mobile based applications that include Facebook, Twitter, YouTube, Snapchat, WhatsApp, Instagram, Google, forums, blogs, podcasts, email, text messaging and more.

#### WHAT DOES THE POLICY MEAN FOR ME?

NCN employees must transmit their information for the community through normal NCN communication channels, not social media. And without prior approval, on social media, NCN employees can't:

- Disclose confidential information
- Discuss issues related to work
- Violate copyright laws
- Post photos of NCN employees
- Respond to customer service requests or questions

#### HOW DO I ENSURE PROPER SOCIAL MEDIA USE?

If you see a negative conversation about an NCN workplace happening online, don't get involved. Tell management or NCN HR as soon as you can.

When using any social media, whether work-related or not, NCN employees have the right to freedom of expression, but this right is not unlimited. Everyone is entitled to their opinions, but they must be balanced by being esponsible to your employer. You should always use good judgment, and err on the side of cautior

#### WHAT ABOUT WHEN I'M NOT AT WORK?

Even in your off-hours, when you are away from work, remember that people see you as a representative of NCN. Saying things that might damage the reputation of NCN or its businesses could put you at risk of losing your job. This includes harassment, bullying, abusive remarks, and inappropriate language, posts or memes.

#### When interacting online, ask yourself:

- · Would I say this in person?
- How will I feel about this tomorrow?
- · What would my boss want me to do? And remember, if you are unsure...step away from your device!

Ask your manager about the rules at your workplace so you can be safe.

Read the complete NCN Social Media Policy Online at www.ncncree.com

**Executive Director of Human Resources** Nisichawayasihk Cree Nation



popular in our community at one time, we were happy to have Ben Steinhauer facilitate teachings. Let's reclaim what was part of our culture and keep it alive," said Jackie Walker. "Ithinisiwin!"

The burial procession led to the ocoskwanisihk, ciskwanisihk and pithiwamotak burial grounds.

Everyone gathered again at the Gilbert McDonald Arena for a traditional feast.

"We would like to acknowledge Chief Moody, Eva Linklater and councillor Jackie Walker for their work in getting our ancestors home. Thank you to our Elders, Tyler Linklater for the beautiful singing, and former leaders Jim Moore and Elvis Thomas for being part of the pipe ceremony."

These ancestors had been disinterred

by the flooding and shoreline erosion caused by the Churchill River Diversion, and have been in custody of the Heritage Resources Branch for several years. Repatriation has been on hold for two years because of the pandemic.

Search
"Men's
Chicken
Dance" on
YouTube
to see it
performed
at powwows.



Chief and Council presented Eva Linklater with a star blank to honour for all the hard work of bringing our ancestors home. It was overwhelming week with mixed emotions: it took 16 years before our ancestors were buried and relief that it finally happen.









## 313 Proud – NCN Pierre Moose Day



## Stay Afloat with Boat Safety

Safe boating starts before you arrive at the water. Check the weather conditions and your boat and equipment. Tell someone where you're going, what your route will be, and when you'll return.

Make sure someone has a radio or cell phone. Ensure everyone is wearing a lifejacket. Sitting on a flotation device or storing it under your seat doesn't count. Do not let anyone bring alcohol or drugs. In a boat, everyone pays for one person's mistake. Speak up!

Pay attention to your surroundings. Watch out for changing water levels, undercurrents, debris and unstable shorelines. If the weather changes quickly, you should change your plans and return to shore.

Weather, water conditions and children are all unpredictable, which means you must watch them at all times. Teach children how to respect the water and remember, they learn by example.

If you are new to boating, learn from someone who takes safety seriously. If you are a parent, Elder or older friend, take responsibility and teach everyone the rules.

Taking boat safety seriously is a wonderful legacy to create for your family. You'll have a meaningful relationship with the

water for generations to come.

#### By law, you must carry safety equipment on your

- A lifejacket for everyone;
- Sound-signalling device;
- Class 5 BC fire extinguisher;
- Watertight flashlight or flares (type A, B or C);

15 metres of buoyant heaving line; Paddle or anchor with 15 metres of rope or cable.

#### The Canadian Red Cross also recommends:

- Knife:
- First aid kit;
- Dry clothing;
- Drinking water and snacks;
- Sunscreen, hat, sunglasses;
- Waterproof matches.

Every year in Canada, 225 men die because they stand up to pee in a boat. A small accident or error in judgment can quickly become a

tragedy in water.

**Always** make calm, reasonable decisions!

### It's CAP/CIP Time

Is your organization or department applying for CAP/CIP funding? It's time to start your paperwork!

The deadline is 5:00 pm, September 15th. No applications are accepted after this cut-off. Start your application now, so you have time to complete all the required paperwork, such as budget, financial statement, vision and policies.

In November, the CAP/CIP committee selects a shortlist of applicants to make presentations. In December, the committee presents the final proposals it has selected to Chief and Council. Once approved, those proposals and budget are presented to the community in January.

Successful organizations receive their funding shortly after. On average, about \$15 million of requests for funding come in every year, and the CAP/CIP committee has about \$6 million to distribute. Take the time to make your application great!

Successful submissions have a positive impact on NCN's social, cultural, educational, economical and physical needs. In the past, trust money has gone to projects such as pow wows, elder subsidies, decentralization governance, mould remediation, employment training, literacy projects, and steel garbage bins.

Learn about CAP/CIP details at trustoffice.ca

#### How Do We Apply for CAP/CIP Funding?

- Get your application form at trustoffice.ca or at the NCN Trust Office from Tanice Hart. You can also email annetteswanson@ncncree.com
- Application submissions are accepted until 5:00 PM on September 15, 2022. Late applications are not accepted.
- Submit your application in a sealed envelope to Kelly Spence at the Trust Office.
- If you need help to complete your application, the Trust Coordinator or Records Information Management Coordinator can help. Call the Trust Office to schedule an appointment.
- For more information, contact Trust Coordinator Annette Swanson at 204-484-2604.

#### **About NCN Trust Funds**

Income from NCN trusts support community programs and projects that improve daily life for our Citizens.

The Nisichawayasihk Trust was created in 1996 as an agreement between NCN, the federal and provincial governments, and Manitoba Hydro. The basis of this trust is the \$64.9 million NCN received in compensation for damages caused by the Churchill River Diversion.

The Taskinigahp Trust was established in 2006 with the

start of the Wuskwatim Generation Project. The initial compensation, and NCN's revenue shares from the sale of Wuskwatim electricity, is deposited into the trust.

Income from the Nisichawayasihk Trust is distributed through the Community Approval Process (CAP), and from the Taskinigahp Trust through the Community Involvement Process (CIP).

All NCN agencies, corporations, departments and citizens can apply for funding from either or both Trusts. Money from the Trusts cannot be the only source of funding, but acts as top-up money in addition to federal government support or other sources.





See what your community has to offer...

**BUSINESSES, SERVICES, ACTIVITIES AND MORE...** 

#### **Mystery Lake Motor Hotel**

Mystery Lake Motor Hotel is a prime example of NCN's investment in businesses that generate jobs and revenue for the First Nation. We are engaged in maintaining and developing tourism opportunities that relate to the region and northern Cree culture. It also demonstrates our commitment to the City of Thompson, which is within NCN's traditional territory. Mystery Lake is a competitive, first-class facility with a total of 99 guest rooms of various capacity. In addition, the hotel has installed a new telephone system and new security features with surveillance cameras and parking lot lighting.

#### Among the Mystery Lake's features are:

- » 99 rooms and suites on two floors
- » 19 two-room suites
- » 80 standard rooms
- » Gift Shop
- » 97-seat Adventurer's North Dining Room
- » Cocktail Lounge
- » Trappers Tavern
- » Beer Vendor
- » Exercise Room and Sauna
- » Common/Public Areas Accessible to Wheelchairs
- » Wireless Internet

#### **Room Amenities**

» Air Conditioning (In Room)

- » Telephone
- » Television (Cable/Satellite)
- » DVD/VCR
- » Refrigerator
- » Microwave Oven
- » Coffee Maker
- » Non-Smoking Rooms
- » Smoke Alarms and Sprinklers

#### Services

- » Daily Maid Service
- » Multilingual Staff
- » Room Service
- » Laundry/Dry Cleaning Service
- » Fax (For Guests)
- » Photocopy Service
- » A-V Equipment Rental

Stay with us at Mystery Lake when you're in Thompson. It supports the entire community!









Top – Front exterior, Middle – Carver's table, Above – Corporate Meeting Room, Right – Trapper's Tavern



Phone: (204) 778-8331

Address: 58 Cree Rd, Thompson, MB R8N 0N2



## Powerful Journeys at Sundance

NCN Citizens participated in and observed the Sundance held July 12-15 at the Wapi Keweetin Sundance Prayer Lodge at Mile 35.

The sundance is a difficult but fulfilling journey for participants, as they dance for four days without food or water under the beautiful hot sun. There are extensive preparations and teachings to ensure everyone is safe.

"Creator has given us people so many gifts to sustain our life on earth, and one such gift is ceremonies," said Jackie Walker, one of the event organizers. "Sacred Ceremonies are the power to heal our bodies, minds, and spirits. Okemawatik is for people who want healing and prayers."

Participants gathered the day before for Tree Day and Camp Day. There was a Healing Round, and an opportunity to offer tobacco and cloth to receive spirit names. Medicine people were available for spiritual healing, vision interpretation and health support.

On the last day, children were invited to participate.

"The children are so curious and interested! They want to be involved and the best way is to let them dance instead of turning them away. Prayers are powerful, especially children's prayers," said Jackie Walker.

"It was a beautiful ceremony

and dance to honour dreams and the children," LC Tagak said on Facebook. "I am so honoured to have been there in person. Kinanaskomitana for all you do for your community."

Thanks to all the sundancers for your sacrifice of keeping your focus and achieving your vision. Thank you to the singers and drummers for their prayers. Thanks to all our cooks for preparing our feasts! Thanks to all the Oskapesak, including leaders Dez Colomb and Sarah Gazan! Thanks to the Landbase Crew for all your work! Thanks to all the medicine people for healing our community with your gift of medicine and healing hands and heart!

-Co-organizer Jackie Walker



## NNCEA's Annual General Assembly Protocol

Once a year, the NNCEA has its Annual General Assembly (AGA) usually on the last Tuesday of July where educational info is shared with the community.

This protocol has been developed so the public meeting(s) can be pleasant, positive and productive. Everyone in attendance must sign in and adhere to these

guidelines. For safety reasons, medical people and security are available.

- 1. The Master of Ceremonies (MC) will ensure the meeting progresses and all agenda items are completed;
- 2. Participants must be respectful to all presenters/planners;
- 3. No one under the influence of drugs and/or alcohol will be allowed at the function;
- 4. Attendees may offer objective comments on NNCEA operations and programs;
- 5. Complaints which involve school system students/ personnel and topics dealing with salaries, negotiations, teacherages and legal matters will not be discussed publicly.

First Day of Classes Truth and Reconci Thanksgiving Day

- Complaints, as such, can be directed to School/Senior Administration;
- 6. Cell phones are to be shut off or silenced;
- 7. When someone is speaking, please listen;
- 8. After a break, please return promptly;
- 9. For fire safety reasons, smokers must be 20 ft. from the meeting facility;
- 10. Children are to be accompanied by an adult who will oversee them;
- 11. Due to time constraints, open forum comments must not exceed five minutes;
- 12. Anyone whose conduct is unbecoming, will be asked to leave the meeting. If needed, security will assist.

00	SC	O23 YEA	CREE	NATIO			
Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Aug	21	22	23	24	25	26	27
2022	28	29	30	31	1	2	3
	4	5	6	7	8	9	10
Sen	11	12	13	14	15	16	17

E The same	30	~ ^ 1	ENI	DAR	,,,			October 11-14, 2022	Flex Days (4)
A THINK	•	LAL	EINI	JAK				Friday, November 11, 2022	Remembrance Day
Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Monday, November 14, 2022	Flex Day (1)
	21	22	23	24	25	26	27	Friday, December 16, 2022	Last Day Before Break
Aug 2022	28	29	30	31	1	2	3	December 19-20, 2022	Flex Days (2)
2022	4	5	6	7	8	9	10	December 21/22 – January 3/23	Christmas Break
C	11	12	13	14	15	16	17	Wednesday, January 4, 2023	Classes Resume
Sep 2022	18	19	20	21	22	23	24	Friday, February 17, 2023	Flex Day (1)
2022	25	26	27	_	29	30	1	Monday, February 20, 2023	Louis Riel Day
		_		28				March 27-31, 2023	Spring Break
_	2	3	4	5	6	7	8	April 3-6, 2023	Flex Days (4)
Oct	9	10	11	12	13	14	15	Friday, April 7, 2023	Good Friday
2022	16	17	18	19	20	21	22	Friday, May 19, 2023	Flex Days (1)
	23	24	25	26	27	28	29	Monday, May 22, 2023	Victoria Day
	30	31	1	2	3	4	5	Wednesday, June 28, 2023	Last Day of School Year
Nov	6	7	8	9	10	11	12	Thursday, June 29, 2023	Flex Days (1)
2022	13	14	15	16	17	18	19		
2022	20	21	22	23	24	25	26	OK School Term Dates	
	27	28	29	30	1	2	3	Term 1	September 6, 2021 – December 2, 2022
	4	5	6	7	8	9	10	Term 2	December 5, 2022 – March 17, 2023
Dec	11	12	13	14	15	16	17	Term 3	March 20, 2023 – June 29, 2023
2022	18	19	20	21	22	23	24		
	25	26	27	28	29	30	31	OK School Report Card Writing Day	
	1	2	3	4	5	6	7	_1	December 2, 2022
Jan	8	9	10	11	12	13	14	2	March 13, 2023
2023	15	16	17	18	19	20	21	3	June 19, 2023
	22	23	24	25	26	27	28		
	29	30	31	1	2	3	4	OK School Report Card Night	
Feb	5	6	7	8	9	10	11	Term 1	December 8, 2022
2023	12	13	14	15	16	17	18	Term 2	March 21, 2023
2023		_		_	-	_	-	Term 3	June 28, 2023
	19	20	21 28	22	23	3	25 4		
	-	_	_			_		NNOC Term Dates	
Mar	5	6	7	8	9	10	11	Term 1	September 6, 2022 – February 3, 2023
2023	12	13	14	15	16	17	18	Term 2	February 6, 2023 – June 29, 2023
	19	20	21	22	23	24	25		
	26	27	28	29	30	31	1	NNOC Report Card Writing Day	
	2	3	4	5	6	7	8	1	November 21, 2022
Apr	9	10	11	12	13	14	15	2	April 14, 2023
2023	16	17	18	19	20	21	22	101000 10 11 11 11 11 11 11 11 11 11 11	
	23	24	25	26	27	28	29	NNOC Report Card Night	
	30	1	2	3	4	5	6	Term 1 – Part 1	November 28, 2022
	7	8	9	10	11	12	13	Term 1 – Part 2	February 15, 2023
May	14	15	16	17	18	19	20	Term 2 – Part 1	April 19, 2023
2023	21	22	23	24	25	26	27	Term 2 – Part 2	June 28, 2023
	28	29	30	31	1	2	3	10.1	
	4	5	6	7	8	9	10	Kindergarten Graduation	June 23, 2023
	11	12	13	14	15	16	17	Grade 6 Farewell	June 26, 2023
Jun	18	19	20	21	22	23	24	Grade 12 Graduation	June 27, 2023
2023	25	26	27	28	29	30	1	194 School Days for 22-23	Motion #2022-04-28-15: NNCEA School
	2	3	4	5	6	7	8	194 x 330 minutes = 64, 020	Board of Trustees approve the 2022-2023
		<u>ا</u>	4	ر ا	О	_ /	0	180 x 360 minutes = 64,800	Academic Calendar

eptember 1 and 2, 2022

### NOTICE

If you attended a Federal Indian Day School, you may be eligible for compensation.

Please call Wilma McDonald or Violet Tuner at the NCN Government Office to register for free consultation with the Federal Day School Support Workers scheduled to be in NCN on March 31 – April 1, 2022 or walk in at the Norman Linklater Memorial Multiplex.

## NNCEA Technology Updates

By: Pierre Lirette – July 7th, 2022



Pierre Lirette

The IT Department at NNCEA has had an exciting school year and here are some of the things we have accomplished in 2021-2022!

As part of the new high school construction, we now have a new SMARTBoard in all classrooms, as well as some in the hallways. These help the teachers have more interactive lessons with their students, and ensures that they will always have a display

to show students work without writing it all on the board. The brand new NNOC also has a state of the art security system, 24/7 monitoring, and internet phones. It surely challenges for the most high tech building in all of Nelson House!

Since the construction completed on the new high school, and all computers and monitors in the new building are also brand new, we are now in the process of testing and packaging up all old technology from the old NNOC. These computers will be sold to community members who are interested in

them, at very low rates, before the end of the summer. This way, your children will have a computer at home to work on assignments. Best of all, the money raised in this fashion will go into the school lunch program, so everybody wins!

Looking ahead to the next school year, we are also looking at getting all new SMARTBoards for OK School and getting a new fleet of tablets for our schools. We have a busy summer ahead,

but stay tuned to our social media (Nisichawayasi Nehetho Culture and Education Authority on Facebook) for more updates! Enjoy your summer, and we look forward to seeing you all in the fall!



## News from NNCEA Director of Education for June, 2022

Tanisi nitotimak! School for the 2021-22 school year was officially over on June 29th. All students, teachers, EA's and school administration are on a well-deserved vacation! Many of us are still working though. All the year-end tasks have been completed. School administration will return on August 22nd, 2022. NNCEA orientation for new staff will be held August 29-31st, 2022. Orientation for all staff will be September 1st and 2nd, 2022. So, all regular returning NNCEA staff will be back on the job as of then. Classes for OK and NNOC for 2022-23 will begin after the long weekend on Tuesday, September 6th, 2022 to June 28th, 2023.

#### **School Board Operations**

- The 2022-23 school calendar is approved. Fridge magnets were ordered and the 2022-23 calendar is now available.
- Contract negotiations for 2018-2022 for NNCEA and

- NHTA continue. We hope to settle the agreement soon.
- Regular NNCEA School Board Meetings are held on the last Tuesday of the month (except in December and July) at 5 p.m. at AMEC. You are welcome to come hear what's happening in your school system. Last August, the AMEC Boardroom was renovated with lots of seating to accommodate an audience. People are most welcome to
- Revision of NNCEA policies has been a major priority for the Board. Policies haven't been updated since 2011. The next session will be determined and work continues.
- Work on a draft NCN Education Law has begun. So far, the following are on the team: Councillor R. D. Spence, J. Yetman, Elder Wm A. Spence, NNCEA Chairperson W. Bunn, C. Linklater (PSE), E. Thomas, Lawyer V. Matthews-Lemieux and your NNCEA Director of Education. Others
- will be invited to assist as needed. Our next session is scheduled for July 26-28th, 2022 at the Winnipeg sub-office.
- School evaluation recommendations are still a work in progress. An update will be provided at the August 3rd, 2022 Annual General Assembly (AGA). Recommendations take time to implement. Over time, they get done.

Continued on page 20

A copy of the 1980/81 original ICIC agreement from ISC for the NNCEA historical record is still outstanding.

#### Personnel Management

- Long-time PSE Counsellor, Bill Gamblin, retired after 24.5 years of service!
  He will be invited to the August 2022 AGA. Bill trained Craig Linklater who has resumed Bill's responsibilities.
  Congratulations Craig!
  Efforts to recruit another are underway. Craig will orientate/train the incoming PSE Counsellor.
- NCN Director/Managers meetings are now being held. The last one was held at Dakota Dunes

- Casino and Resort on the Whitecap Dakota First Nation, Saskatchewan on June 21-23, 2022.
- For 2022-23 school year, an array of staff will be required. These positions have been posted in ECN, our local websites and Facebook and well as the Thompson Citizen. Recruitment will be a major task for Sr. Administration in the next few weeks! We have to ensure a full staff for the fall.
- HR Director needs an assistant and interviews are taking place on July 8th, 2022!
- Extra security has been hired for both schools.

#### **Education Programs and Curriculum**

- Work at the Culture Camp continues. Road allowance cleared so hydro poles can be installed. Once the facility has hydro, safe, land-based activities will begin. In the meantime, construction on the cabins, a gazebo and kitchen are underway. A grand opening celebration will be held at a later date.
- Thanks to Assistant Director Nic Campbell for organizing spring break and summer events/camps like hockey; basketball; aurora dance, taekwondo; volleyball, etc. The camps were made possible with the generous funding from ISC for before/after school programming. Student participants will benefit from all these healthy activities!

The high school is not totally ready yet. The Industrial Arts and Cosmetology rooms are being blocked off and still need completion as well as work on the exterior. Once done, I'm sure the Nation with provide a grand opening.

#### Finance and Budget

- As mentioned last month, the NNCEA budget for 2022-23 balanced and was approved by NCN Treasury Board. NNCEA's budget is now \$22,129,042.00. Lots of money with lots of expenditures!
- NNCEA Finance meetings are held at noon on the Monday before the regular Board meeting on the last Tuesday of the month.
- Efforts to withdraw second level services from KTC and MIEA are underway. This should add about \$100k to our budget.

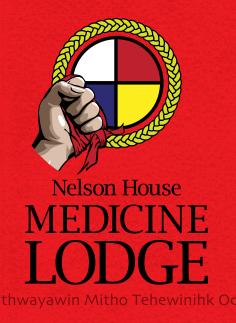
#### Public Relations and Community Involvement

Partnership with Teach for Canada (TFC) continues.

NNCEA continues to tap into the teacher database whenever we can to recruit more top notch teachers. Four teacher database rounds were opened this year: March 21st, April 25th, May 30th and in June until all are matched.

NNCEA will continue to tap into this valuable teacher pool!

Continued on page 21



#### Nelson House Medicine Lodge Intake Dates

Referrals and registration are being accepted now for alcohol and drug treatment, prevention and aftercare services. Intake dates and administration weeks are as follows:

#### **DEALING WITH ADDICTIONS?** Call 204-484-2256

#### **Treatment Schedule for 2022**

Monday, May 2, 2022 – Thursday, June 23, 2022

Monday, June 27, 2022 – Thursday, August 18, 2022

Admin Week:

Monday, August 22, 2022 – Friday, August 26, 2022

Monday, August 29, 2022 – Thursday, October 20, 2022

Monday, October 24, 2022 –

Thursday, December 15, 2022

Christmas Closure: December 19, 2022 – January 1, 2022

#### **Treatment Schedule for 2023**

Monday, January 2, 2023 – Thursday, February 23, 2023

Monday, February 27, 2023 – Thursday, April 20, 2023

Admin Week:

Monday, April 24, 2023 – Friday, April 28, 2023 Monday, May 1, 2023 – Thursday, June 22, 2023

Monday, June 26, 2023 – Thursday, August 17, 2023

Admin Week:

Monday, August 21, 2023 – Friday, August 25, 2023 Monday, August 28, 2023 – Thursday, October 19, 2023

Monday, October 23, 2023 – Thursday, December 14, 2023

Christmas Closure:

December 18, 2023 – Tuesday, January 2, 2023

#### **Treatment Schedule for 2024**

Tuesday, January 2, 2024 – Thursday, February 23, 2024

Monday, February 27, 2024 – Thursday, April 20, 2024

Admin Week: Monday, April 24, 2024 – Friday, April 28, 2024 Monday, May 1, 2024 – Thursday, June 22, 2024

Monday, June 26, 2024 – Thursday, August 17, 2024

Admin Week: Monday, August 21, 2024 – Friday, August 25, 2024 Monday, August 28, 2024 – Thursday, October 19, 2024

Monday, October 23, 2024 – Thursday, December 14, 2024

Christmas Closure: December 18, 2024 – Tuesday, January 2, 2024



July Advisory Council to be held on July 14th at 10 a.m. via Zoom. On July 15th, NNCEA can Meet the Teachers we've hired via Zoom. As of this year, TFC hires and other new teacher hires will be allowed to participate in the Summer Enrichment Program that TFC provides. This year, TFC will be offering an Admin Preparation Program. It is a 10-hour orientation program open to new and returning administrators. If interested, one can register.

The research project to gather info on The Next 40 Years of FNC of Education at Nisichawayasihk, 2021-2061 began on February 23rd. Four NNOC students: Corbin Hart; Allaynah Linklater, Madison Baker; Margaret Hart have volunteered and were selected. Ms. Sherene White, Guidance Counsellor, and your Director of Education oversee the project. Interviews and surveys are done and all the info will be analyzed and formatted into a final research report which will be presented at NNCEA's AGA. TFC provided laptops for our students to utilize during this time.

#### **Student Services**

- A PSE Committee meeting is scheduled for July 14 and 15, 2022 at the Winnipeg sub-office.
- Two PSE Counsellors will serve our NNCEA students: Craig Linklater and one is to be hired.
- Congratulations to the following NCN members who were honoured at their Indigenous powwows: Angela Busch (April 29) from Mitchell Hamelin School of Law,

Minneapolis, Minn., Fawnda Neckoway (May 6, RRCC) and Derek Hart (May 7, U of M).

#### Information Communications and Technology (ICT)

- Thanks to the ICT for setting up the Cyber Security Training and all the other tasks that have been completed!
- The new high school has all its technological needs working;
- The Assistant Director of Education and Network Administrator are working on revising the NNCEA web page. So, in the near future our NNCEA web page will be updated and much improved.

#### **Facilities**

- The NNCEA records and storage room in the lower level of AMEC is being organized. In the near future, it will be in tip top shape! Another school evaluation recommendation that will be completed.
- A bigger bus garage is needed to house all NNCEA buses. This item is still on the radar.

#### **Transportation**

Happy holidays to our hard-working bus drivers!

#### **Professional Development**

- NNCEA staff (all teams) needs assessment of PD has to occur: UDL; Cultural Competency; Computers, Lateral Violence; First Aid/CPR, D2L, etc.
- NNCEA Administration, teachers and EA's need to tap into

free sessions of interest on-line when they can.

#### **General Comments**

- Our Guidance Counsellors are available when school is in session. If supports are needed, help is a phone call away. For NNOC gr. 7-12 students and families, they may call Sherene White at 431-354-0408 for OK students and families, N-gr. 6, Patrick Miller can be reached at 204-679-3803 and Susan Kobliski is available for all students at 431-354-1099.
- Please be sure to attend NNCEA's annual general assembly on August 3rd, 2022 at OK gym. Pipe ceremony at 3 p.m. with meeting to start at 4 p.m.
- Happy Holidays to all! Have a great summer!! Stay safe!!!

## Stay Fire Safe

Wildfires can be devastating, but they play an important part in nature, helping to create space for new growth and releasing important nutrients into the soil.

In Manitoba's northern region, there have already been 50 wildfires this year. The majority of these were natural fires, but four were caused by people. We must all be responsible Citizens to ensure everyone's safety.

Be very mindful when you are working or playing in forested areas. Always check

Always check the wind before starting a fire, assess your surroundings, and ensure it's properly extinguished before you go.

the wind before starting a fire, assess your surroundings, and ensure it's properly extinguished before you go. Never leave a fire unattended.

If you are using an ATV, trailer or other equipment, stay in authorized areas and stick to developed trails. Make sure your vehicle is running properly before you go. Stop often to check your engine and its surrounding area for debris. Always carry an axe, shovel and fire extinguisher.

Be very careful with your garbage. Take everything with you when you leave. Never throw away a cigarette!

Get more information about fire protection and updates at www. manitoba.ca/wildfire.

To report a wildfire, call

1-800-782-0076.

#### Keep your home wildfire safe

- Are combustibles and burnables (propane tanks, woodpiles, etc.) stored at least 10 metres from the house?
- Is your grass trimmed and weeds in control?
- Is your roof in good
- condition, and free of fallen leaves and needles?
- Do you have easy access to equipment such as shovels, rakes, buckets and hoses?
- Are your overheard power lines clear of trees
- and vegetation?
- Do you have buffer zones like gravel and fireretardant plants like sage?
- Remember, evergreen trees are more flammable than leafy trees. Plan accordingly!

#### Exposure to smoke can cause:

headaches; sore eyes;

tears; cough; runny nose.

But if you have weakness, chest pain or

shortness of breath, call the Nursing Station at 204 - 484 - 2031.



## Voice of Our Youth

### How do you view graffiti?

By: William Bighetty

(Disclaimer: This article was created mainly to entertain rather than to fully educate)

What is your viewpoint on graffiti? Humanity has come a long way in terms of the graffiti art style, from just simple handprints and pictographs on cave walls, to the walls of buildings and even Skyscrapers, I will give you an idea of what I think about graffiti. What is graffiti you ask? Well graffiti is a form of art that allows one to express themselves. On the subject of the graffiti art style, some may find it fascinating, while others choose to view it in a negative manner, this is an issue on the controversy surrounding graffiti. This piece is aimed towards allowing the reader to view graffiti in a different light (just an insight on those who made way), all the while, providing history on the subject for entertainment.

The negative or positive point of view that occurs when with graffiti is variable, it will continue to be a subject to divergence, due to the association of gang activity. Although, if we look far back into history, we will find that graffiti has been around for ages, In that case, should it be said that society needs to try to observe things in a neutral manner when dealing with any form of expressions, mainly because, we don't understand it or were never interested in the first place. We will head into a brief history of graffiti, and my understanding on where modern graffiti comes from and how the perception of graffiti should be considered.

Looking into the most recent findings and past history of graffiti. I have read a plethora of information regarding this subject, ranging from the most accurate finding of the first cave painting, to the tools they used and what they used for paint. In an article in the Journal Science Advances, Co-author Maxime Aubert provides us with information about a discovery of a cave painting which is said to be the earliest painting of its kind. In the year 2017, on the island of Sulawesi, located in Indonesia, doctoral student Basran Burhan discovered a cave painting that would reportedly date back 45,000+ years ago as part of surveys he was taking with Indonesian authorities. Does that not make you think of what types of resources they used and of how they, themselves thought of graffiti. One could ask oneself the reaction of each individual when viewing those pieces. It is

suggested by historians that cavemen used spit or animal fat to allow the pigments to stick to cave walls, as for the pigments themselves, theories state that "earthy minerals" were used, minerals such as: limonite and hematite, red ochre, yellow ochre and umber. Charcoal for Carbon black, burnt bones for bone black and grounded calcite for white. The way the cavemen would apply the pigments varies, it can be from animal bones and horse hair to twigs and feathers. The speculation around this would propose that, early man was able to have artistic and innovative design. "Homo-sapiens" have had the urge to express themselves and it shows, if we head into reading more about it, we would find that they found the tools, the colors and the inspiration to do so.

Let's head a little bit into the first supposed known "tagger." Daryl Alexander McCray, better known as "Cornbread." He is a young man from North Philadelphia and he was raised in Brewerytown, by the age of 12 Cornbread started his journey in becoming one of the best known street artists. This all started when Daryl was placed in a Youth Development Center corrections facility, it is here he got his nickname, simply by asking for cornbread which they did not have. Using a marker, he started off by writing "cornbread" on his t-shirts and then on the walls of the facility. Although most of the tags were gang callouts, Daryl was more concerned about self-promotion rather than "repping" a gang. McCray then made his first "tag" inside the Strawberry Mansion Junior High School, with the phrase "Cornbread loves Cynthia" on one of the hallway walls of the high school. Cynthia, was the first girl he ever fell in love with. Soon after, Cornbread moved on to spray painting and was given a "green pass" since the taggers were mainly gangs (they would allow his name tagged without consequences) this made him want to be know for his writing and not to be affiliated with gang graffiti. He then started tagging trains and "heaven spots" (places someone could die trying to get to) it was around this time he was breaking out in his popularity. Daryl did not use graffiti to create chaos, he rather used it for recognition and creativity,he made way for contemporary art and

to this day calls himself a "graffiti writer" rather than an artist. McCray is still creating "graffiti writing" today, but with youth. He wants people to see a positive side to graffiti style.

Now then, let's talk about some of the styles. Street art has changed over the years since the beginnings of tagging train cars and billboards. Spray paint, is used for todays graffiti and the most commonly used style in the present is "tagging" this is the most, simple form of graffiti there is out there, where the writer just uses a symbol or letters to represent themselves. Some of the other types include: Paste-up, Heaven spot, sticker, Throw-ups, Wildstyle, Blockbuster, stencil and Piece. We will head into some of the terms and styles of graffiti. The "Throw-up" style. The Throw Up style is like tagging but, it has a more sophisticated presence and is more significant in size. The Blockbuster style associates more with the throw up style, but has more surface area coverage. Wildstyle is text based as well, but, the font style is elaborate and complicated/interlocked letters, spikes, arrows, and other decorative elements are used in this style. It is one of the styles that are seen as more appealing than the others. Stencil style, this form of graffiti uses shapes made out of: Cardboard, paper, metal, plastic, or other materials. The artist would then spray onto the stencil to create an image or text. Some of the most notable graffiti artists are stencil artists, Such as Banksy or Blek le Rat. In closing, the variations I mentioned here are more discussed than the others, even then, there are more types to see out there and with the rise in graffiti, more and more people begin to accept this art form, or, dislike for a lack of a better term. Since the beginning of street art, from simple letters or words, to elaborate pieces of art, graffiti continues to evolve and allow artists to exhibit there creativity.

In closing this article. I would like for you to take the time to think about the idea of graffiti, and the outcome of some of the world's best known aspects about it. With the time that has past, wouldn't graffiti be at least a little more accepted and appreciate, or, is it a nuisance to society?



## NCN Signs Memorandum of Understanding with Government of Canada

Nisichawayasihk Cree Nation has taken another exciting step forward in self-determination.

On July 11, a delegation from NCN met with Minister of Crown-Indigenous Relations Marc Miller to sign a Memorandum of Understanding (MOU) between NCN and Canada.

"For the last 110 years, discussions between NCN and Canada have not always been successful, from the signing of Treaty 5, the NFA, the 1996 Implementation agreement and the TLE agreement," explains Deputy Chief Cheryl Moore. "This MOU will set guidelines for a meaningful new relationship between NCN and Canada based on reconciliation, respect and trust, with the hope of avoiding litigation by discussing issues in good faith."

Chief and Council have been working toward this MOU for four years. It was delayed by both federal and provincial

elections, and the pandemic.

"NCN has always set ambitious goals and we are proud of our track record in achieving them. We need committed partners who will work with us at the pace we have set to achieve our goals," says Chief Moody. "We wondered if we would have to litigate some issues because of those ongoing delays, but we are much happier to finally sign this MOU."

The MOU agreement sets guidelines for collaborative discussions, and covers governance, funding models, education, jurisdiction (Tipithemisowi Kuskeysiwisewi),

> authority (Okinawi Othuschikiwin), and also includes implementation plans.

The MOU will allow Chief and Council to follow through on NCN laws and initiatives such as animal control; citizenship; lands and resources; economic development; public safety and law enforcement; wills and estates; health, child and family matters, and

These priorities are based in part on community meetings and surveys, in which NCN Citizens said that justice and community safety were major concerns.

"This is a great achievement," says Joyce Yetman, Executive Director of Inter-Governmental Affairs and Law

Development. "It's a significant moment that will help NCN now and into the future."

A pipe ceremony was conducted by Terrance Thomas and Diane Linklater. All documents were smudged and prayers said before the signing. Minister Miller and his staff participated in these ceremonies, along with NCN

representatives.

The NCN delegation at the signing included Chief Marcel Moody; Deputy Chief Cheryl Moore; councillors Ron D Spence, Willie Moore and Jeremiah Spence; former Chiefs Jim Moore and Jerry Primrose; Elders Mona Hart and Diane Linklater; pipe carrier Terrance Thomas; youth representative Titus Kobliski; NCN Citizen Bernadette Spence; and NCN legal counsel Valerie Matthews-Lemieux.

Congratulations, NCN!







This Memorandum

of Understanding

(MOU) will set

guidelines for

a meaningful

new relationship

between NCN

and Canada based



#### DANCE CATEGORIES

WOMEN'S - FANCY SHAWL, JINGLE, TRADITIONAL & GOLDEN AGE COMBINED MEN'S - FANCY BUSTLE, GRASS, CHICKEN, TRADITIONAL & GOLDEN AGE COMBINED

#### DANCE PAYOUTS

TINY TOTS (6YRS & UNDER) PAID DAILY

JUNIOR BOY'S & GIRLS (17-12YRS) 1ST - \$300.00. 2ND - \$200.00. 3RD - \$100.00. 4TH - \$75.00 \*TEEN BOY'S & GIRLS (13-17YRS) 1ST - \$500.00. 2ND - \$400.00. 3RD - \$200.00. 4TH - \$100.00 JR MEN'S & WOMEN'S (18-35YRS) 1ST - \$1000.00. 2ND - \$800.00. 3RD - \$600.00. 4TH - \$300.00 SR MEN'S & WOMEN'S (36-55YRS) 1ST - \$1000.00. 2ND - \$800.00. 3RD - \$600.00. 4TH - \$300.00 GOLDEN AGE MEN & WOMEN (55+) 1ST - \$1000.00. 2ND - \$800.00. 3RD - \$600.00. 4TH - \$300.00



EMCEE'S

DAVID BLACKSMITH, PIMICIKAMAK CHEE NATION , ME TOGAH-HEYA-MANI SCRIBE, CARRY THE KETTLE, SK

ARENA DIRECTOR

STEWART FRANCOIS, NISICHAWAYASIHK CREE NATION, MB

CENTRAL SOUND

POWWOW THUNDER, SWEETGRASS, SK NCN POWWOW CONTACTS DESMOND COLOMB - (204) 670-2538 INVITED DRUMS

ROSEAU RIVER ANISHINABE, MB

ELLOW CREEK

YELLOW QUILL FIRST NATION, SK

CREE SPIRIT

KAWACATOOSE FIRST NATION, SK

RED CREE

NISICHAWAYASIHK CREE NATION, MB

HIGH ROCK

WHITE HORSE SINGERS

WINNIPEG, MB

#### INDIGENOUS SONG & DANCE PERFORMANCE

POWWOW TIMES INTERNATIONAL DANCE TROUPE
PERFORMANCES BY WORLD RENOWNED SINGERS & DANCERS



ALL INDIGENOUS CRAFT/FOOD VENDORS WELCOME - FREE OF CHARGE

HTTPS://WWW.NCNCREE.COM/

NISICHAWAYASIHK CREE NATION, 30 BAY ROAD, NELSON HOUSE, MANITOBA ROB 1AO

----- NCN POWWOW 2022 SPONSORS -----











DRUGS & ALCOHOL STRICKLY PROMIBITED.

NON-POWNOW COMMITTEE NOT RESPONSIBLE FOR ISSUES RELTATED TO TRAVEL, ACCOMMONATIONS OR LACK OF PERSONAL FINANCE.



## lour Path to Wellness

See how the FCWC can help you ... Programs, support, education, and more



#### **Dreamcatchers Headstart Program**

This enrichment program is for children up to six years of age living on-reserve. Learning opportunities acknowledge each child's learning style and developmental stage, and allow children to explore who they are and the world around them. Every day includes a strong focus on health, hygiene and nutrition. Traditional First Nations teachings occur in the classroom, on the land and at cultural cabins.

Caregivers are their child's first and best teacher, and are required to participate, through attendance, fundraising, etc., in this program.

This program will put your young child on the path to success in school. There are no registration fees, and transportation and nutritious snacks are provided daily free of charge.

#### Get help with:

- Your child's self-confidence
- Milk coupons
- Medical appointments
- Support letters
- FCWC programs

#### Goals include:

- Encourage life-long learning
- Support emotional, spiritual, intellectual growth
- Help parents to become
- Create positive self-esteem



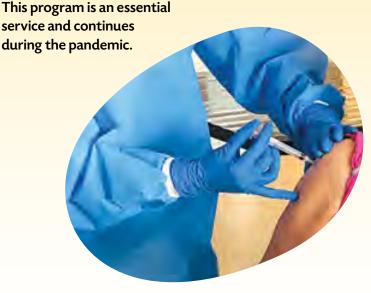
#### **Immunization and** Vaccination Program

Now more than ever, it is clear that NCN children must receive immunizations for their own safety, and to increase the "herd immunity" of Nisichawayasihk Cree Nation. Receiving vaccinations ensures your child and all Citizens, especially those with health conditions, can be protected from disease.

The Public Health team contacts young parents to set up appointments for their babies at the NCN Nursing Station. Older children receive their shots at school from public health nurses. If you hear that your child missed a vaccination, please contact us so we can make sure your child's immunity stays on schedule.

Citizens of all ages are encouraged to receive the flu vaccine every winter. Of course, this year, you should receive your COVID-19 vaccine as soon as you are eligible.

All recommended immunizations are free. They are safe, quick and easy. They feel like a bee sting, but they have health benefits that will last a lifetime!



Keeping NCN safe with modern medicine



Phone: 204-484-2341

Address: 14 Bay Road Drive, Nelson House, MB ROB 1A0

Follow us on Facebook

#### **Employment Opportunities**

#### **CHIEF FINANCIAL OFFICER**

**Employer:** Nisichawayasihk Cree Nation

Position: Chief Financial Officer

Deadline: Continue until position is filled

Start Date: ASAP

**Salary Range:** Commensurate with qualifications

and Experience

Ref #: NCN 2022-07-04-001

**Summary:** (Full job description available, email for

request)

The Chief Financial Officer (CFO) oversees and manages the NCN Finance department. S/he is responsible for accounting and finance functions of the NCN government that support good governance and transparency in accordance with NCN's approved strategic direction as set by the Chief and Council. These include but are not limited to budgeting, internal audits and financial advice, disbursement of approved expenditures and treasury (cash flow management, forecasting and securing resource). The CFO is responsible for designing, implementing and monitoring financial performance measurement systems that supports the NCN continuous improvement process.

#### Scope of Responsibilities:

The Chief Financial Officer (CFO)'s general scope of responsibilities includes overseeing and managing the development and maintenance of timely and accurate financial records, statements and reports in accordance with Generally Accepted Accounting Principles (GAAP) as defined by the Canadian Institute of Chartered Accountants (CICA) and the reporting requirement of all funding arrangements approved by NCN Chief and Council. The CFO is a member of the Executive Management Team and Treasury Committee. This is a full time position domiciled in NCN.

#### **Duties and Responsibilities:**

Strategic Management of Nisichawayasihk Cree Nation Finance including:

- Directing the Finance Department (policies, procedures and internal controls);
- Financial Systems Administration and Oversight;
- Financial Accounting and Reporting;
- Payroll Preparation and Administration;
- Budget Preparation and Consolidation;
- Project Management Accounting;
- Finance Information Technology Management;
- Risk Identification and Management;
- Overseeing Insurance Requirements;
- Ethics and Code of Conduct;
- Hiring, training and retaining skilled accounting and finance staff.

#### **Job Qualifications:**

- University degree in Commerce, Business Management/Administration, Accounting. Masters degree preferred;
- Required professional designation or equivalent, in one or more of the following: Chartered Accountant, Certified General Accountant, or Certified Management Accountant;
- Moviledge of generally accepted accounting principles and the Canadian Institute of Chartered Accountants code of conduct; federal and provincial legislation and policies affecting First Nation governments, entities, corporations, boards and businesses; federal and provincial governments funding mechanisms, auditing and financial accountability requirements;

- Proficiency with computer software programs in accounting, spreadsheets, word processing, and databases such as AIS;
- Demonstrated competencies in making decisions, financial planning, organizing, problem solving, leading, communicating effectively, fostering teamwork, building relationships, and managing multiple levels of complex financial operations and systems;
- Demonstrated competency as a leader of a team of professionals within a complex organizational structure to achieve strategic goals and objectives and deal with time sensitive issues/matters leading to outcomes that support overall strategic directions;
- Must be fully immunized in keeping with the NCN COVID-19 policy.

**NOTE:** We thank all applicants for their interest however only candidates selected for interviews will be contacted.

If you are interested, please forward your cover letter, Criminal Records Check and resume to:

#### Kim Linklater

Executive Director of Human Resources Nisichawayasihk Cree Nation

Phone: 204-484-2604 Cell: 204-307-2107 Fax: 204-484-2588

Email: kimlinklater@ncncree.com

We thank all who submit an expression of interest, only successful candidates will be contacted for an interview.



#### Chief and Council Candidates for NCN Election 2022

#### For Chief:

Angela Levasseur Jerry Primrose William Elvis Thomas Felix Walker

#### For Councillor:

Gordon Dumas Claudette Hart Carol Kobliski Susan Kobliski Kim Linklater Shirley Louise Linklater Curtis Vincent McDonald Hayley McDonald Lou Moodie Marcel Moody Cheryl Moore Joe Moose Eddy Primrose Arlene Smears Cheyenne Spence Conrad Spence

Jeremiah Spence Ron D. Spence Vanessa Spence Jacqueline Walker



#### There are Supports out There! Nisichawayasihk – Local/Provincial/National Options



#### Mood Disorders Association of MB

Provincial Peer Support Call: 1-800-263-1460 or email: peersupport@mooddisordersmanitoba.ca (M-F 9 am-4 pm; Sat-Sun 10 am-4 pm) Postpartum Warmline: Call or Text 204-391-5983 (Hours 9am-9pm M-Sun)



#### **Anxiety Disorders** Association of MB

Thompson Peer Support: Call/Text: **431-754-6720** (M to F – 1pm-4pm) Provincial Outreach and Support:

Call: 204-925-0040 or 1-800-805-8885 if you would like to chat or feeling anxious



#### Help for mothers before, during and after pregnancy

For more info

204-484-2341 Maternal Child ext 128 Health Program

#### Managing and **Understanding** Your Diabetes and Nutrition

Contact our ADI Worker at: 204-484-2341 ext. 132



#### Youthspace

Emotional support to persons 30 years and under

Text to: (778) 783-0177 Or Chat: www.youthspace.ca (8pm-2am in MB)

#### **Indigenous Specific Resources**

HOPE For Wellness Line: Speak to a counselor about anything. You can request services from: Male or Female. Cree and English

Call: 1-855-242-3310 or connect to online chat: hopeforwellness.ca

Residential School Crisis Line: Support and Crisis

1-866-925-4419 (24/7)

60s Scoop Peer Support Line: (8am-8pm)

Listening and support – 1-866-456-6060

#### MKO Mobile Crisis Response Team:

1-844-927-5433 or check out their many services at: https://mkonation.com/



#### **NCN Medical Receiving Home**

MEDIOTALK!

I MANAGEMENT

A Safe, Full Service Stay for Our Citizens

Provided for ALL NCN Community Members who have referrals for medical appointments in Winnipea

For more information, please call: 240.786.8661



#### **NCN Medicine** Lodge

NCN Medicine Lodge Healthier Lifestyle with Control Over Addictions

Telephone: 204-484-2256 Paving the Red Road to Wellness



#### NCN Women's Shelter



We'll keep you and your children safe while you make a plan for your future

Emergency On-Call: 204-679-1996 24/7 Landline: 204-484-2634 Executive Director (24/7): 204-679-2851

#### Sexual Assault,/Exploitation/ **Partner Violence**

Sexual Assault Crisis Line: 1-888-292-7565 Trafficking Hotline: 1-833-900-1010 (24/7) **Hurt in a relationship?** 1-877-977-0007 Klinic Crisis Line: 1-888-322-3019 Thompson Crisis Centre: 204-778-7273



The Canadian Prenatal Nutrition Program aims to improve the Well-Being of Pregnant Women

- Weekly prenatal classes
- Weekly food coupons
- Friendship and support with other new mothers

Contact FCWC CPNP Worker at: **204-484-2341** ext. 132



1-866-633-4220

Or Chat online: NEDIC.ca (hours vary)

#### **Manitoba Parent Line**

1-877-945-4777 (8am-8pm Monday-Friday)

#### Parents' Helpline PLEO

Family Peer Supporters help parents of children (up to 25yrs) facing mental health challenges **1-855-775-7005** 



#### Support and Information

#### **Thompson Based**

Canadian Mental Health Association 204-677-6056

#### **Provincial**

Manitoba Schizophrenia Society 204-786-1616





No matter what the issue. support for anyone of any age, from anywhere in Manitoba

Call: 1-866-367-3276 (available—24 hours, 7 days a week!)



#### Jordan's Principle A Child First Initiative NCN Family and Community Wellness Centre

Jordan's Principle makes sure all First Nations children have access to products, services and supports they need, when they need them.

You can make an appointment or get a referral by calling our office: 204-484-2585



#### Rainbow Resource

Free phone counselling for members of the 2SLGBTQ+ community of all ages, families, friends and loved ones as well. Email to setup appointment: info@rainbowresourcecentre.org

Trans Lifeline: 1-877-330-6366 Hotline for transgender people in crisis. Including people who may be struggling with gender identity or not sure if transgender (hours may vary as volunteers available)

LGBTTQ+ Resource: Pflag Canada Support, info and resources to gay, lesbian, bisexual, transgender or questioning people and their family and friends

Call 1-888-530-6777 ext 226 (24/7) Or email gender@pflagcanada.ca



#### Success Through Advocacy and Role Modeling

Pregnancy can be difficult, and dealing with addiction or substance abuse can be even

Speak to the FCWC STAR Program . Manager Call: 204-679-4619



#### Health Links Info Santé

A 24/7 telephone service to provide answers to your health care questions and to quide vou to the care you need.

204-788-8200

or toll-free 1-888-315-9257



Nisichawayasihk Cree Nation FAMILY AND COMMUNITY Wellness Centre

**NCN Wellness Programs and Services** Call Us Todav! 204-484-2341

#### NCN Wellness -Support and Information Lines:



Mental Health On-call: 431-354-1270 - Public Health Nurse: **204-484-2341** ext. 131 – WelTel Check-in Text Support Scan QR Code or use the Self-Enrollment link below: https://mis-nelsonhouse01. weltelhealth net/enroll?clinicId=1



Child Protection:

If you think a child is being harmed or neglected: NCN CFS at: 204-484-2341 On-Call 24/7: 204-679-6386 or 204-679-5544



## Urgent: Nursing Station "Emergencies Only" Operation

As of July 8, 2022

Due to a nursing shortage, the Nursing Station has advised that they will only be attending to emergencies. This means that all patients, both scheduled appointments and walk-ins, will be triaged and prioritized for care. Non Urgent appointments will be deferred until regular staffing levels are resumed.

Patients can expect longer than usual wait times for services as the Nursing Station must also schedule rest periods for the nurses to ensure safe patient care.

ISC's First Nations and Inuit Health Branch (FNIHB) and NCN are working diligently and using all resources at its disposal to provide nurses to address the shortage situation, ensure safe care, and continue to, at a minimum, provide emergency services to clients.

Patients that must travel out of the community

(Thompson, Winnipeg or elsewhere) for medical care due to the "emergencies only" status at the Nursing station, may be eligible for reimbursement by Non-Insured Health Benefits (NIHB). Eligible patients must apply directly and provide backup documents as may be required.

Please call the nursing station at 204 484 2031 for all emergencies and with any questions or concerns. Please call the NCN Medical Receiving Home (204 786-8661) for assistance if traveling to Winnipeg for care.



#### Footprint Lake 14-Day Water Level Forecast

Revised Forecast as of July 19, 2022

On July 19, 2022 the level of Footprint Lake was at an elevation of 793.5 feet. The level of the lake is expected to drop 5 inches to an elevation of 793.1 feet by the end of the month.



The 14-day forecasts are estimates, and subject to change. Northern forecasts are broadcast on local radio stations at the beginning of every month.





204-679-0171 204-679-0226

In case of emergency please contact RCMP at

204-484-2288



Nisichawayasihk Cree Nation General Delivery Nelson House, Manitoba ROB 1A0 Phone: (204) 484-2332 Fax: (204) 484-2392

www.ncncree.com

## Do you have a suggestion or an Achimowina story idea?

We would like your comments, feedback or news stories. Please contact achimowina@gmail.com

#### NCN on Facebook!

Stay current with NCN's latest news, events and updates on your computer, smartphone or device from our official NCN Facebook page @nisichawayasihk.

