

NCN Flames Finish 2nd in Regular Season

The NCN Flames finished the regular season in second behind only the Juniors in regular season play and now look forward to success in the playoffs.

They Lead the Storm in the First round 2-0 heading into game #3 on Saturday. Go Flames! The Flames have been driven this season by the passing of former player Johnny Saunders and have dedicated this season to Johnny and his family.

LEAGUE STANDINGS						
Team	GP	W	L	D	OTL	PTS
Juniors	32	26	5	0	1	53
Flames	32	21	9	0	2	44
Storm	32	16	14	0	2	34
NorthStars	32	10	21	1	0	20
Islanders	32	7	22	0	3	17




CONTACT MELISSA FOR MORE INFORMATION
 204-484-2359/
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What Can I Recycle?

RECYCLABLE

Aluminum
 Plastic
 Steel
 Paper
 Cardboard

Examples: clean milk jugs, juice containers, clean canned food containers, water bottles, office paper, newspapers, cardboard,

Keep recyclables clean.

Remove leftover food from any plastic or paper before putting them in the bin.

IMPORTANT: MAKE SURE TO WASH OUT YOUR RECYCLABLES PROPERLY, OTHERWISE IT WILL GO TO THE LANDFILL



NOT RECYCLABLE

Food Waste
 Yard Clippings
 Styrofoam
 E-Waste
 Diapers
 Hazardous Waste
 Biohazardous Waste

Separate dry waste into recyclable, toxic, or hazardous and e-waste, such as batteries, discs.

Keep a compost bin.

Turn food and garden waste into compost that can later be used as fertilizer.

ELDERS ENGAGEMENT SESSIONS

March 23, 2022 at 10:00 am

Norman Linklater Memorial Multiplex

Under subsection 5 (4) of Nisichawayasi othasowacikiwinik Othasowena (Nisichawayasi Court Law) a nominating committee must be established to nominate Justices for our court. The nominating committee includes the "eight heads" of the most representative Ototimihitowin (kinship families). They also are to help choose people to become Otapitowinikewuk.

We are inviting all Kehtiyatisak (Elders) to join us to in the engagement sessions to achieve the following two objectives:

- ▶ Select eight Family Heads (individuals), one representative per family (Linklaters, Spences, Moore's, Moody's, McDonalds, etc.)
- ▶ Establish Criteria for selection of family heads.

For more information contact:
Bonnie M. Linklater, Director Of Justice & Public Safety at 204-679-0115, or
Joyce Yetman, Director of Intergovernmental Relations & Law Development at 204-679-0506.



NCN Represents at NAHC Hockey in Cape Breton

NCN Chief and Council and fans will be cheering on the MANITOBA NAHC TEAM on May 5-15! Congratulations go out to four RHA

Winnipeg Female U-18 Athletes who were named to Team Manitoba NAHC. The girls will be playing in Cape Breton, Nova Scotia.

Congratulations!

- Kurtia Yetman (NCN)
- Ravis Constant-Kuba
- Avery Lebleu
- Breigh Rank

"A big shout out also goes to NCN's Haley Braun for qualifying for North American Indigenous Games (NAIG)"



Moving Into the Next Phase of COVID

On March 20, Chief and Council lift the state of emergency under which Nisichawayasihk Cree Nation has existed for two years.

The State of Emergency allowed NCN government to implement procedures and policies quickly to keep the community and its Citizens safe. Although it will be lifted, regulations are still in place to minimize the spread of COVID.

Travel

- Fully vaccinated (and children not yet eligible) must give proof of a negative test to checkstop FNSOs within 48 hours of returning to NCN.
- Unvaccinated, or not fully vaccinated, must register at checkstop before leaving NCN and provide negative test within 48 hours of returning.
- People who travel and test positive must isolate as directed by public health.
- Positive Tests and Close Contacts
- If positive, fully vaccinated people must isolate for 5 days at least, and then wear a mask and avoid high-risk situations for 10 days. Must report to Public Health.
- If positive, unvaccinated people must isolate for 10 days. Must report to Public Health.
- If a household contact or close contact tests positive, unvaccinated Citizens must also isolate for 10 days, and take rapid tests on days 2, 7 and 10. Must report to Public Health.
- If you are instructed by Public Health to isolate, you must remain in isolation until you are released. All of your needs will be taken care of by NCN administration. You cannot have visitors outside of this pandemic care team.

Gatherings

- If only fully vaccinated people are in attendance, there is no maximum capacity.
- If unvaccinated people over the age of 12 are in attendance, all events are limited to 50% capacity (funerals, wakes, weddings, church services, ceremonies, etc).

Rapid Tests

- Three Rivers Store, OT Gas, pharmacies and provincial testing sites have rapid tests available.
- Public Health and Nursing Station have home tests for symptomatic Citizens or close contacts.
- KTC testing site at 80 Nelson Road in Thompson is available Monday to Friday, 9 am – 4 pm.
- Put used rapid tests in a baggie and into garbage. Take a picture for proof (with date and signature) and do not carry with you.

There are still active cases of COVID in the community. Please continue to follow pandemic fundamentals, including masks, hand sanitizer, staying home when sick, testing,

isolation, and of course, vaccination.

NOTICE: NCN MANAGERS AND EMPLOYEES

Be sure to
Know

Nisichawayasihk Cree Nation Employee
SOCIAL MEDIA
 POLICY

FACT: Your Behaviour Online Could Put You at Risk of Losing Your Job.

WHY THE POLICY?
 NCN Chief and Council created and passed its social media policy in 2014. It is now part of its personnel policy manual and protects both NCN and employees. NCN employees must conduct themselves properly on social media.

■ **WHAT IS SOCIAL MEDIA?**
 Social media refers to web and mobile based applications that include Facebook, Twitter, YouTube, Snapchat, WhatsApp, Instagram, Google, forums, blogs, podcasts, email, text messaging and more.

■ **WHAT DOES THE POLICY MEAN FOR ME?**
 NCN employees must transmit their information for the community through normal NCN communication channels, not social media. And without prior approval, on social media, NCN employees can't:

- Disclose confidential information
- Discuss issues related to work
- Violate copyright laws
- Post photos of NCN employees
- Respond to customer service requests or questions

■ **HOW DO I ENSURE PROPER SOCIAL MEDIA USE?**
 If you see a negative conversation about an NCN workplace happening online, don't get involved. Tell management or NCN HR as soon as you can.

When using any social media, whether work-related or not, NCN employees have the right to freedom of expression, but this right is not unlimited. Everyone is entitled to their opinions, but they must be balanced by being responsible to your employer. You should always use good judgment, and err on the side of caution.

■ **WHAT ABOUT WHEN I'M NOT AT WORK?**
 Even in your off-hours, when you are away from work, remember that people see you as a representative of NCN. Saying things that might damage the reputation of NCN or its businesses could put you at risk of losing your job. This includes harassment, bullying, abusive remarks, and inappropriate language, posts or memes.

When interacting online, ask yourself:

- Would I say this in person?
- How will I feel about this tomorrow?
- What would my boss want me to do?

And remember, if you are unsure...step away from your device!

Ask your manager about the rules at your workplace so you can be safe.

Read the complete NCN Social Media Policy Online at www.ncncree.com

Executive Director of Human Resources
 Nisichawayasihk Cree Nation
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**NISICHAWAYASIHK
 CREE NATION**

