

AUGUST/SEPTEMBER 2021

Nisichawayasi ᓂᑭᓴᓴᓐᓴᓐ ᓂᑭᓴᓴᓐᓴᓐ  
Achimowina



A group of about ten Elders, and Councillors Ron Spence, Cheyenne Colombe, Jeremiah Spence, and Willie Moore, made presentations at last month's Summit of Treat 5 Sovereign Nations in Cumberland House, SK.

# The Summit of Treaty 5 Sovereign Nations

Last month, a group of NCN Citizens attended the Summit of Treaty 5 Sovereign Nations in Cumberland House, Saskatchewan.

Attendees included a group of about ten Elders, and Councillors Ron Spence, Cheyenne Colombe, Jeremiah Spence, and Willie Moore, who also presented at the Summit.

"There's a lot of work to be done for Treaty 5. From Ontario and right across to Alberta, the goals are the same, so sharing our knowledge and wisdom and successes is helpful," says Councillor Ron Spence. "The government isn't upholding its responsibilities, so the better we come together as a collective, the stronger we are."

Topics over the three-day event included self-government models, treaty annuities and sharing of wealth, Crown-First Nation coexistence and fiscal relations, Treaty 5 constitution, Onasiwaokamik (Law Lodge), and First Nation ownership of natural resources.

While Spence enjoyed learning about the history of the Cumberland House area, he was most inspired by learning

more about the history of the Treaties.

"I realized we need to develop a curriculum of our own about our own history, not the version from when the Europeans came over. I mean our background, our surroundings, our way of life before settlers came," Spence says. "Students today don't know what things looked like here in NCN before the flood. They don't know what our natural beach looked like. It must be difficult for them to feel connected to their surroundings."

The Summit of Treaty 5 Sovereign Nations is an annual event hosted by a different First Nation every year. Cumberland House Cree Nation is a Swampy Cree First Nation on the eastern border of Saskatchewan, four hours west of The Pas.

## Chief and Council



**Top from left to right: Jeremiah Spence, Jackie Walker, Willie Moore, Ron Spence  
Bottom: Cheyenne Spence, Chief Marcel Moody, Vice-Chief Cheryl Moore**



# Community News

the same as other speeding offences. Help us ensure that the areas around our school remain safe for everyone.

## A man with grey hair and glasses, wearing a red t-shirt and blue jeans, stands outdoors in front of green foliage. He is smiling and holding a large, light-colored wooden frame containing a certificate or diploma. The certificate has a yellow ribbon graphic at the top and some text, though it is not legible.

Anderson grew up in South Indian Lake, and later moved to Cranberry Portage, and graduated from Frontier Collegiate in 1984. He attended Brandon University through the PENT Program. Anderson has been recognized in the past for his hard work. In 2019, he was the recipient of the Frontier School Board's achievement award. Congratulations Vern, on this well deserved honour!

Orange Shirt Day, is a day to honour survivors, their families and communities and commemorates the history and legacy of residential schools. It also demonstrates a commitment to reconciliation and affirms Every Child Matters.



# Youth Wellness Gathering a Huge Success

Almost 200 young people attended the Nelson House Medicine Lodge (NHML) Youth Wellness Gathering August 23 to 26.

“This venture became bigger and began to take a life of its own, as other NCN organizations expressed interest in being a part of it,” says Marilyn Linklater, who organized the event with her team. “Together we created an agenda with a focus on addictions.”

**On August 23 to 26, almost 200 young people attended the Nelson House Medicine Lodge (NHML) Youth Wellness Gathering with a focus on addictions.**

The Gathering began with the lighting of a sacred fire and pipe ceremony. The fire remained lit throughout the week, and tobacco ties were always available to offer prayers. There was a call for all Pipe Carriers, with Traditional Healer Andrew Pelletier as Lead Pipe. The Pipe Carriers were offered tobacco to come each day to offer their prayers.

Keynote speakers and workshop sessions, which included topics such as art therapy, were well attended. A girl who participated in art therapy told her mother that she had “never felt so grounded, and it felt so good since she had lost many to suicide.”

One of the highlights was the Naming and Sweat Lodge Ceremonies. Sweats were held every evening for all program

participants, many who were attending the sweat for the first time. One attendee was a young girl who requested healing prayers for her mother who is bound to a wheelchair.

Pelletier was busy throughout the Gathering, giving many children, youth and Elders their Spirit Names. He asked NHML

staff to commit to helping those who received their Spirit



**DEALING  
WITH ADDICTIONS?  
call (204) 484-2256**

## Nelson House Medicine Lodge Intake Dates

The current residential intake program is for women and the next program starting is for men. Referrals and registration are being accepted now for alcohol and drug treatment, prevention and aftercare services. Intake dates and administration weeks are as follows:

### 2021 INTAKE SCHEDULE

**Women:** August 30 – October 22, 2021

**Men:** October 25 – December 17, 2021

# KEEP NCN CLEAN



**Note:** Only uncrushed beer cans can be returned to the NCN vendor for a 10 cent refund (no cooler cans, pop cans or water bottles).

## Return em' Bin em' But Don't LITTER

**Please return empty cans to the vendor and help keep our community beautiful.**

Nisichawayasihk Cree Nation Chief and Council are reminding Citizens to keep our community clean and safe. Empty beer cans and litter have recently been reported in our community, schools playgrounds and public outdoor spaces, posing a health and safety risk to children and others.

**DON'T LITTER OR TOSS TRASH.**

This is not the way of our Nehetho teachings. Please respect the land and waterways and the health of our Citizens.



**NISICHAWASISHK**

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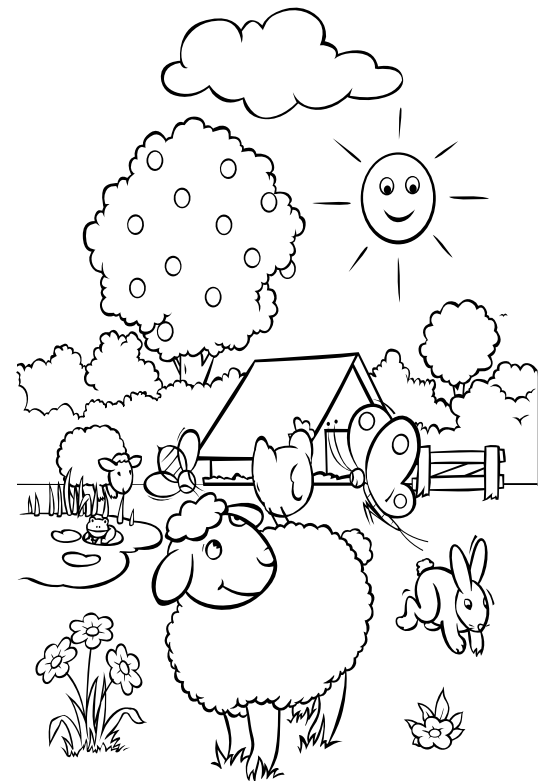
**CREE NATION**



## SUMMER SCENE COLOUR ME!

MĪNISA	MISTIMINA
Berries	Cloudberries
ĪTHINIMINA	MISKISIKOMINA
Blueberries	Logan berries
WĪSAKIMINA	SAPOMINA
Mossberries	Gooseberries
ATHOSKANAK	PASISĀWIMINA
Raspberries	Pin cherries
OTIHĪMINA	MŌSOMINA
Strawberries	High bush
NISKIMINA	cranberries
Huckleberries	OKINIYĀK
MISĀSKATŌMINA	Rosehips Berries
Saskatoon	KĀHKAKIMINA
berries	Juniper berries
KĀHKITIMINA	MASKOMINA
Black currants	Common bear
MITHICIMINA	berries
Red currants	PITHIKOMINA
	Dry berries

Adapted from the NNCEA niscawayasihk asiniskaw īthiniwak īt'wiwīna (NNCEA Rocky Cree Wordlist)



# NNCEA School Board Meeting Dates for 2021-22

At a duly convened meeting in August 2021, a motion was passed to hold Regular meetings of the Board on the last Tuesday of the month at 5:00 p.m. at the AMEC Boardroom unless modified and notice shall be provided. Special Board meetings will be held as needed. Public is most welcome to attend. Please refer to the Meeting protocol that is in place.


- Tuesday, September 28, 2021
- Tuesday, October 26, 2021

- Tuesday, November 30, 2021
- Tuesday, December 14th, 2021(due to Christmas holidays)
- Tuesday, January 25, 2022
- Tuesday, February 22, 2022
- Tuesday, March 15, 2022 (due to Spring Break)
- Tuesday, April 26, 2022
- Tuesday, May 31, 2022
- Tuesday, June 28, 2022
- Tuesday, July 26, 2022 (tentative date for NNCEA's Annual General Meeting)
- Tuesday, August 30, 2022


**COMMUNITY MEMBERS ARE MOST WELCOME TO COME LISTEN AND LEARN ABOUT WHAT'S HAPPENING IN EDUCATION IN YOUR COMMUNITY!!**

FYI: School Board meeting dates are decided on in the month of August each year.


If anything changes, it will be posted on the NCN website and social media.



Nisichawayasihk Cree Nation  
Nisichawayasihk Cree Nation Inc.



**2021-2022  
SCHOOL YEAR  
CALENDAR**




Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Aug 2021	29	30	31	1	2	3	4
Sep 2021	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	1	2
Oct 2021	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
Nov 2021	31	1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
Dec 2021	28	29	30	1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
Jan 2022	26	27	28	29	30	31	1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
Feb 2022	23	24	25	26	27	28	29
	30	31	1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
Mar 2022	20	21	22	23	24	25	26
	27	28	1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
Apr 2022	20	21	22	23	24	25	26
	27	28	29	30	31	1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
May 2022	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
Jun 2022	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31	1	2	3	4
	5	6	7	8	9	10	11
Jul 2022	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	1	2

DATE	SCHOOL CLOSURE
September 1-3, 2021	New Teacher Orientation
September 6, 2021	Labour Day Holiday
September 7-10, 2021	PD Days for all staff (4)
September 13, 2021	First Day of School
October 11, 2021	Thanksgiving Holiday
October 12-15, 2021	Flex Days (4)
November 11, 2021	Remembrance Day
November 12, 2021	Flex Day (1)
December 20, 2021	First Day of Christmas Break
December 31, 2021	Last Day of Christmas Break
January 3-4, 2022	Flex Days (2)
February 21, 2022	Louis Riel Holiday
March 21-25, 2022	Flex Days (5)
March 28-1, 2022	Spring Break
April 15, 2022	Good Friday Holiday
April 18, 2022	Flex Day (1)
May 20, 2022	Flex Day (1)
May 23, 2022	Victoria Day Holiday
June 29, 2022	Last Day of School
<b>OK School Term Dates</b>	
Term 1	September 7, 2021 – December 10, 2021
Term 2	December 13, 2021 – March 18, 2022
Term 3	April 4, 2022 – June 29, 2022
<b>OK School Report Card Night</b>	
Term 1	December 8, 2021
Term 2	March 16, 2022
Term 3	June 8, 2022
<b>OK School Report Card Writing Day</b>	
1	November 19, 2021
2	March 4, 2022
3	June 3, 2022
<b>NNOC Report Card Writing Day</b>	
1	November 19, 2021
2	April 14, 2022
<b>NNOC Term Dates</b>	
Term 1	September 7, 2021 – February 4, 2022
Term 2	February 7, 2022 – June 29, 2022
<b>NNOC Report Card Night</b>	
Term 1 – Part 1	November 25, 2021
Term 1 – Part 2	February 15, 2022
Term 2 – Part 1	April 21, 2022
Term 2 – Part 2	June 29, 2022
Kindergarten Graduation	June 24, 2022
Grade 6 Farewell	June 27, 2022
Grade 12 Graduation	June 28, 2022

193 days x 5.5 hours = 63,690 minutes  
178 days x 6 hours = 64,080 minutes  
NNCEA School Board Motion #2021-04-20-11  
Note: Students will not be marked absent for spring hunting and cultural activities.

*"Celebrating 40 Years of First Nations Control of Education"*



## TROPICAL ANIMALS AND BIRDS – CROSSWORD PUZZLE ANSWERS

1. Sloth 2. Flamingo 3. Toucan 4. Monkey 5. Tiger 6. Crocodile 7. Chameleon  
8. Lemur 9. Elephant 10. Parrot 11. Zebra 12. Giraffe 13. Lion 14. Hippo

Solutions below to puzzles on previous page

WORDSEARCH:

To minisa Berries

V	A	I	K	V	X	V	N	I	W	O	K	S	V	W
N	V	V	V	V	N	I	W	I	C	I	H	I	I	W
I	N	N	A	V	N	I	W	I	K	V	K	H	V	K
W	I	I	I	V	N	I	W	I	K	S	I	N	V	N
I	W	W	N	W	Z	P	W	O	N	X	I	A	S	W
H	O	O	I	V	Q	W	W	I	K	Z	I	Z	I	V
I	S	K	K	N	N	L	L	H	N	I	H	N	N	N
L	O	I	O	I	O	I	V	C	A	I	H	C	I	I
O	W	S	F	W	U	I	W	K	L	D	H	L	W	W
V	N	I	W	I	W	V	S	I	S	V	P	L	I	O
P	R	K	G	L	V	D	U	P	K	V	G	G	I	P
K	J	S	V	S	F	X	F	I	F	V	S	X	A	V
V	N	I	W	I	L	I	K	H	V	K	S	I	O	S
X	L	W	Z	W	Q	I	W	Q	W	L	A	I	W	W
P	K	V	A	K	A	N	A	K	P					

# Strengthening our Skills – After School Programming

NNCEA will be implementing after school curriculum related programming for all students who wish to attend. NNCEA is taking these steps to strengthen the skills of our students in the related fields of English, Mathematics, and First Nations Culture. After school programming will allow our students to have additional exposure to curriculum related topics as well First Nation's perspectives.

**After School Programming:** Occurs every Tuesday and Thursday after school for 1 hour and fifteen minutes. For OK students learning will occur from 3:45 pm – 5:00 pm and for NNOC students 4:00 pm – 5:15 pm.

**Transportation:** Buses will be available to students for after school programming. Buses will transport all cohorts at once at 5:15 pm.

**Cohorts:** After school programming will be available to grades 1-12 and MSDP. Cohorts will be created for grades 1-3, 4-6, 7-9, and 10-MSDP. Each cohort will allow a maximum of 10 students to participate on a first come first serve basis. Cohorts may be modified to accommodate registration.

**Nutrition:** NNCEA will provide snacks and beverages for all students for after school programming.

If you are interested in enrolling your student for after school programming, please phone your respective school to register.

OK School – 204-484-2242

NNOC – 204-484-2602

## DATES FOR AFTER SCHOOL PROGRAMMING

TUESDAY	THURSDAY
NO PROGRAM	SEPT 23, 2021
SEPT 28, 2021	SEPT 30, 2021
OCT 5, 2021	OCT 7, 2021
OCT 19, 2021	OCT 21, 2021
OCT 26, 2021	OCT 28, 2021
NOV 2, 2021	NOV 4, 2021
NOV 9, 2021	NOV 10, 2021 (WEDNESDAY)
NOV 16, 2021	NOV 18, 2021
NOV 23, 2021	NOV 25, 2021
NOV 30, 2021	DEC 2, 2021
DEC 7, 2021	DEC 9, 2021
DEC 14, 2021	DEC 16, 2021
NO CLASSES FOR BREAK	NO CLASSES FOR BREAK
NO CLASS FOR BREAK	JAN 6, 2022
JAN 11, 2022	JAN 13, 2022
JAN 18, 2022	JAN 20, 2022
JAN 25, 2022	JAN 27, 2022
FEB 1, 2022	FEB 3, 2022

## Employment Opportunities

### ONE GRADE FIVE TEACHER FOR OK ELEMENTARY ONE RESOURCE TEACHER FOR NNOC HIGH SCHOOL FOR 2021-22

**EMPLOYER:** Nisichawayasi Nehetho Culture and Education Authority Inc. (NNCEA), Nelson House, Manitoba

**POSTED:** August 31st, 2021

**CLOSING DATE:** Open until filled

**INTERVIEWS:** As suitable applications are received

**START DATE:** ASAP

**GENERAL RESPONSIBILITY:** A grade 5 teacher is required for the elementary school on a full time basis AND a qualified Resource teacher for the high school for the 2021-22 school year.

**QUALIFICATIONS:**

- Minimum of Bachelor's degree in education with successful, applicable experiences
- A Manitoba Teacher's Certificate or eligibility for teacher certification in Manitoba

- Knowledge of Nihitho (Cree) language and culture/ FN school systems in Manitoba are definite assets

**SUCCESSFUL CANDIDATE SHOULD POSSESS THE FOLLOWING:**

- The ability to teach with minimal direction in a fast-paced, unique school environment.
- Professionally updated and aware/usage of current educational trends: planning and preparing, trauma informed schooling, record keeping, cume files, attendance registers, classroom management plans, PLC's, UDL, differentiation of instruction, assessment for/as/of learning, Dadavan, inclusive classrooms, remote learning, etc.
- Able to take direction, model a positive work ethic, promote parental involvement and maintain confidentiality
- Must have both Covid-19 vaccinations

If interested, please send a cover letter, an updated resume and three references asap to:

NNCEA @ AMEC, Nelson House, Manitoba  
Ph. 204-484-2095

Fax: 204-484-2257

Email: hrunit@nncea.ca

**ONLY THOSE SELECTED FOR AN INTERVIEW WILL BE CONTACTED**

Tentative start date for new staff is September 1st, 2021  
NB: Employment dependent on submission of a clear Child Abuse Registry Check AND a clear Criminal Record Check OR Vulnerable Sector Check



Message to All NNCEA Parents/Caregivers and NCN Community  
from NNCEA Director of Education, Thursday, Sept. 2nd, 2021

Tanisi! Classes for OK/NNOC will begin on Sept. 13th, 2021. Unfortunately, the new high school is not ready. The target date for its completion is early October. So, we have to wait until it is ready, a few minor hold-ups.

We are looking forward to another pleasant, positive, productive year! As of Sept. 1st, 2021, NNCEA is officially 40 years old! We are proud of all the progress that has transpired thus far. NNCEA will continue to prosper, get bigger and better in the years ahead. Cheers to 2021-22 and 2021-2061!!!!

Covid-19 has not disappeared and the delta variants are on the rise. We must carry on with the provision of educational service as best as we can! In the latter part of August 2021, the Province of Manitoba made it mandatory

for teachers and all school personnel to be fully vaccinated by October 31st, 2021 or undergo regular covid testing. The Manitoba Teachers' Society is in full support of the provincial order. NCN Chief and Council are in the midst of finalizing a Mandatory Covid-19 Vaccination policy. Once done, it will be in effect for NCN.

Please continue to abide by all the recommended safeguards and limitations that have been put in place to guard us against this unpredictable virus: mask wearing, regular handwashing and sanitization, temperature checks, social distancing, etc. NNCEA has enacted various guidelines and procedures in order to keep our students and staff safe. How Covid-19 will affect us this year is an unknown, but we are certain that we will manage.

In the summer, much work was done on our facilities! We have to keep our schools and properties in good condition. Hopefully, the OK school leakage has finally been contained. Bussing Team (Bus Supervisor: Lisa Tracanelli; Mechanic: Francis Linklater; Bus Drivers: Jason Bonner, David Kobliski, Terrance Kobliski, Tyson Spence) are all permanent employees now! Welcome to NNCEA! The bus garage is much more pleasant to be in. Two new gas-powered buses will be delivered next week. Many more improvements are planned.

NNCEA welcomes back all returning staff and the new ones! We didn't lose many teachers and quite a few new positions (NP) were developed for this year. The orientation for new NNCEA staff was held on Sept. 1-3, 2021. All NNCEA staff to have their orientation on Sept. 7-10, 2021.

Welcome to Eldon Okanee, new OK Principal; Sharon Linklater returning as the Attendance Improvement Officer (NP); Rena Scribe for gr. 1 Cree; Vicky Young, gr. 4; Claudia Neumann, gr. 4; Eulin Brown, gr. 5; Virginia Moose, Literacy Coach at OK/NNOC (NP); Georgina Moody, Numeracy Coach at OK/NNOC (NP); Susan Kobliski, Cultural Support Counsellor (NP); Tammy Long returning as .5 Resource Program Administrator and .5 Resource Teacher.

Welcome to Samantha Pike who is returning as the new NNOC Principal; Julia Bingham, gr. 7/8 split (NP), Sherene Whyte, NNOC Guidance Counsellor; newly certified Shannon Yetman; Cameron Jacobson, Industrial Arts (NP); Nicole Lundrigan, Cosmetology (NP); Priscilla Maud for MSDP (NP); Angela Levasseur returning as .5 Resource Program Administrator and .5 Resource Teacher.

Classes for the 2021-22 school year will start on Monday, Sept. 13th, 2021! OK begins at 8:30 and NNOC begins at 9 a.m. Stay posted on our website and facebook for on-going information!

NNCEA School Board meetings are now held on the last Tuesday of the month except in Dec. 2021 and March 2022. The next regular NNCEA school board meeting is scheduled for Tuesday, Sept. 28th, 2021 at 5 p.m. at AMEC. All meetings of the Board are open to the public. There's lots of room for your seating comfort. In this time of COVID-19, unfortunately gatherings will have to be limited with accommodations made. Ekosani!

# NNCEA's Protocol for School Board Meetings

Once a month, a regular school board meeting is held on the last Tuesday of the month (except for December 2021 and March 2022, see the posting of meetings) at the AMEC Boardroom at 5 p.m. when NNCEA educational business is conducted. An agenda is provided.

The meeting is open to the community to observe and listen to the school board business. Your interest/ involvement on educational business/matters will be educational and informative.

This protocol has been

developed so the meeting (s) can be positive and productive.

Please sign in as the statistics will be needed. **Everyone in attendance must adhere to the guidelines.**

Medical people and security are not on hand for monthly meetings.

Please bring your own snacks or beverages as these will not be provided.

The School Board Chair will ensure the meeting progresses and all agenda items are completed.

Participants need to be respectful when someone is speaking, please listen.

Complaints which involve school system students/ personnel and topics dealing with salaries, negotiations, teacherages and legal matters will not be discussed publicly. Complaints, as such, can be directed to the School/Senior Administration who has the responsibility.

Attendees may offer objective comments on NNCEA operations and programs when delegations have been

booked with the Director of Education, three work days prior.

Cell phones are to be silenced.

After a break, please return promptly.

For fire safety reasons, smokers must be 20 ft. from the meeting facility.

Children are to be accompanied by an adult who will oversee them.

Due to time constraints, comments are to be reasonable and limited.

No one under the influence of drugs and/or alcohol will be allowed at the meetings.

Anyone whose conduct is unbecoming, will be asked to leave the meeting. If needed, RCMP will be called to assist.

Your anticipated cooperation is totally appreciated!

It is hoped that your presence will be enjoyable and keep you informed.

Thank you, please attend amap!

## CITIZEN PROFILE



Blaine Prince

Life has had its twists and turns for Blaine Prince, but feeding people has always been the guiding factor.

Blaine grew up in many different places, including Leaf Rapids and North Battleford, as his mother, Carol Prince, worked different nursing jobs. He attended high school in Ottawa, Ontario, and began working in restaurants for his part-time jobs.

After 19 months cooking in Frobisher Bay (now Iqaluit), he returned to Manitoba to attend university, with the plan of becoming an English teacher. But during his last year, his mother opened the brand-new Personal Care Home in Nelson House, and asked him to become its first chef.

Shortly after that, Sodexo Canada approached him and asked him to work as a cook on the Wuskwatim Project.

"Those remote jobs are challenging. I remember one stretch of work was 53 days in a row. It's nice for the bank account, but pretty taxing mentally and physically," he says.

He stayed for six beneficial years. Not only did he successfully challenge for his Red Seal as a journeyman cook, he also met his wife, Rhonda, at camp.

In 2013, he took the position of executive chef at Keeyask.

"That job was my baby. There were about 2,000 workers there, so I had a staff of about 120 in the kitchen. The hardest part was keeping staff. I was always training people and dealing with high turnover."

Rhonda and Prince married in 2016, and left camp life behind, moving to Thompson so he could take the role of executive chef at NCN's Mystery Lake Hotel. Later the following year, he returned to Sodexo Keeyask as an instructor for first-level cook apprentices and graduated two classes.

These days, Prince has a lot going on. You can catch him in action at the Wawatay Inn, where he serves as chef, or check out B Chef Safe, his consulting and safe food handling business.

Prince appreciates the regular schedule he has now, and takes advantage of it by entertaining friends at home. Of course, food always plays a big part. Just this week, he put butter chicken, Italian pasta, and pizza on the menu, but always enjoys the nights that Rhonda, an excellent cook as well, finds inspiration.

"It's a good life. I love keeping busy," Prince laughs.

# Helping Our Kids Succeed in School

Of course, children themselves carry the main responsibility for performing well at school. But parents and caregivers play a crucial role in their success! It's up to caregivers to make school a priority, have a healthy routine, and create an atmosphere that will help them be good students.

- Keep your language and attitude about school positive. Our history and culture can make education a difficult topic, but children pick up what we say and do. Focus on education as part of the path forward for your child's success in life.

- Help them stay organized and focused. Create routines such as emptying backpacks, completing homework, and making notes on the family calendar, and rules like screen limits, firm bedtimes and healthy breakfasts.

- Stay involved in your child's education. Play High/Low (talk

**Parents and caregivers play a crucial role in the success of their children. However, children themselves carry the main responsibility for performing well at school.**

about one great thing and one difficult thing from the day). Read with your child every day. Attend school events. Ensure they are keeping up with homework, and if they're struggling, ask teachers for help.

- Be your child's safe space. School can be difficult, boring, scary and sad. They should feel relaxed and comfortable at home. Pay attention to your child's moods and give them what they need, such as a snack, a laugh, a hug, silence. Be their biggest fan.
- Maintain friendships with families who focus on school. It's easier to do your homework, eat healthy and get a good sleep when your friends are doing the same!
- Show your children that learning never stops. Model good learning behaviour by trying a new hobby, starting a new exercise regime, getting in touch with your culture. When children see their family triumph and fail, they learn it's OK to be disappointed and it's important to keep trying.

**Send your kids to school on September 29!**

The attendance on the last day of September is the number governments use for their funding models. We want to ensure we receive all the resources available to us so we can give our kids a great education. PLEASE ensure your children attend classes on September 29.

*\*There is no school on September 30 because of the new Truth and Reconciliation Day.*







# NCN Traditional Powwow 2021



# NNCEA Student Appreciation Day

Student Appreciation Day will be held on September 29, 2021, at 1:00 p.m. – 4:00 p.m.

Students must be at school Monday – Wednesday to earn tickets for events, contests, and prizes. Thank you to our sponsors and community organizations.

Some of the events are as follows:

- Water Dunk Tank
- Pie the Staff
- Hot Dog BBQ
- Monster Slide
- Inflatable Games
- Karaoke
- iPad Giveaways



National Day of  
Truth and Reconciliation

There will be no school for staff and students on **September 30, 2021** as this day is now a Statutory holiday

NNCEA Schools will acknowledge and honour  
 Truth and Reconciliation, Residential School  
 Survivors and Victims, and First Nations culture  
 on **October 1, 2021**

NNCEA will be providing "Every Child Matters" shirts to all staff and students on October 1, 2021.

OK School Honour Walk- October 1, 2021 at 1:00pm

NNOC Honour Walk- October 1, 2021 at 2:30pm



# Remember Me

# National Day of Remembrance

## NATIONAL DAY OF TRUTH AND RECONCILIATION

**September 30, 2021, 1:00 pm**  
**Norman Linklater Memorial Complex**

**Nisichawayasihk Cree Nation is honouring the National Day of Truth and Reconciliation**

By asking everyone to participate in orange t-shirt, orange ribbon skirt and shirt, moccasin and an eagle feather day. We will embrace the spirits of our ancestors and all unite together in the spirit of healing.

## AGENDA

- Sacred Fire will be light at sunrise by the Medicine Lodge Area
- Grand Entry - Lead FNSOs and Veterans
- Master of Ceremony - Councillor Jacqueline Walker - Portfolio Councillor
- Multiplex 1:00 pm - Pipe Ceremony - Lead Pipe and Calling on all pipe Carriers
- Opening Remarks - Councillors Cheyenne (Spence) Colomb and Jacqueline Walker
- Prayer Poem - Marilyn Linklater
- Residential School Survivors Presentation - Carol Prince and Fred Hart
- Heart Beats of Drums Begin- Lead Drum High Rock Cree and Calling on all NCN Drum Carriers
- Candlelight Ceremony for RS who have passed and the little spirits who did not make it home. Please bring photos of your loved ones to be remember or embraced
- Honouring Song "Remember Me" lead by Catlin Francois with mothers, grandmothers, daughters and survivors
- Pow wow Dance - Lead Dancers Candace Linklater and Rob Atcheynum calling on NCN traditional dancers to dance in the spirit of healing
- Honouring all Residential School Survivors and Day School Survivors - through acknowledgements
- Round Dance
- Feast - Traditional Foods

## Calling on all Pipe Carriers and Drum Carriers

**All Nations UNITE  
to remember all children  
and support survivors  
and each other.**

**For More Information Contact:**

**Jackie Walker**  
204-679-5277

**Cheyenne Spence**  
204-679-6827

**For a Ride Contact:**


**Guntia Hartie**  
204-679-3142



# Learn the Basics for ATV Safety

All-terrain vehicles (ATVs) can be crucial for life in the North, and a great source of fun. But it's important to make sure everyone in your family, especially children, has taken the time to learn proper safety techniques.

**It's important to make sure everyone in your family takes the time to learn proper safety techniques while riding on an ATV.**



It's important to assess the driving conditions, too. Ringrose reminds everyone of specific challenges of driving all-terrain in the fall.

"Of course, you need to consider it's hunting season," he says, "Then the sunlight is coming more directly into your face and that can affect your visibility. Another thing is it can get slippery. The weather changes, and the fallen leaves create a slippery surface for your tires."

ATVs are an everyday part of life in the North, but we

can't assume our children know how to stay safe.

- It is illegal, under the age of 14, to operate an ATV without direct caregiver supervision.
- An authorized adult must be able to see the youth driving, with a helmet, at all times.
- Failure to follow Manitoba Off-Road Vehicle Act safety rules can lead to fines of up to \$675!

## Questions?

**Contact Nelson House RCMP at 204-484-2837.**



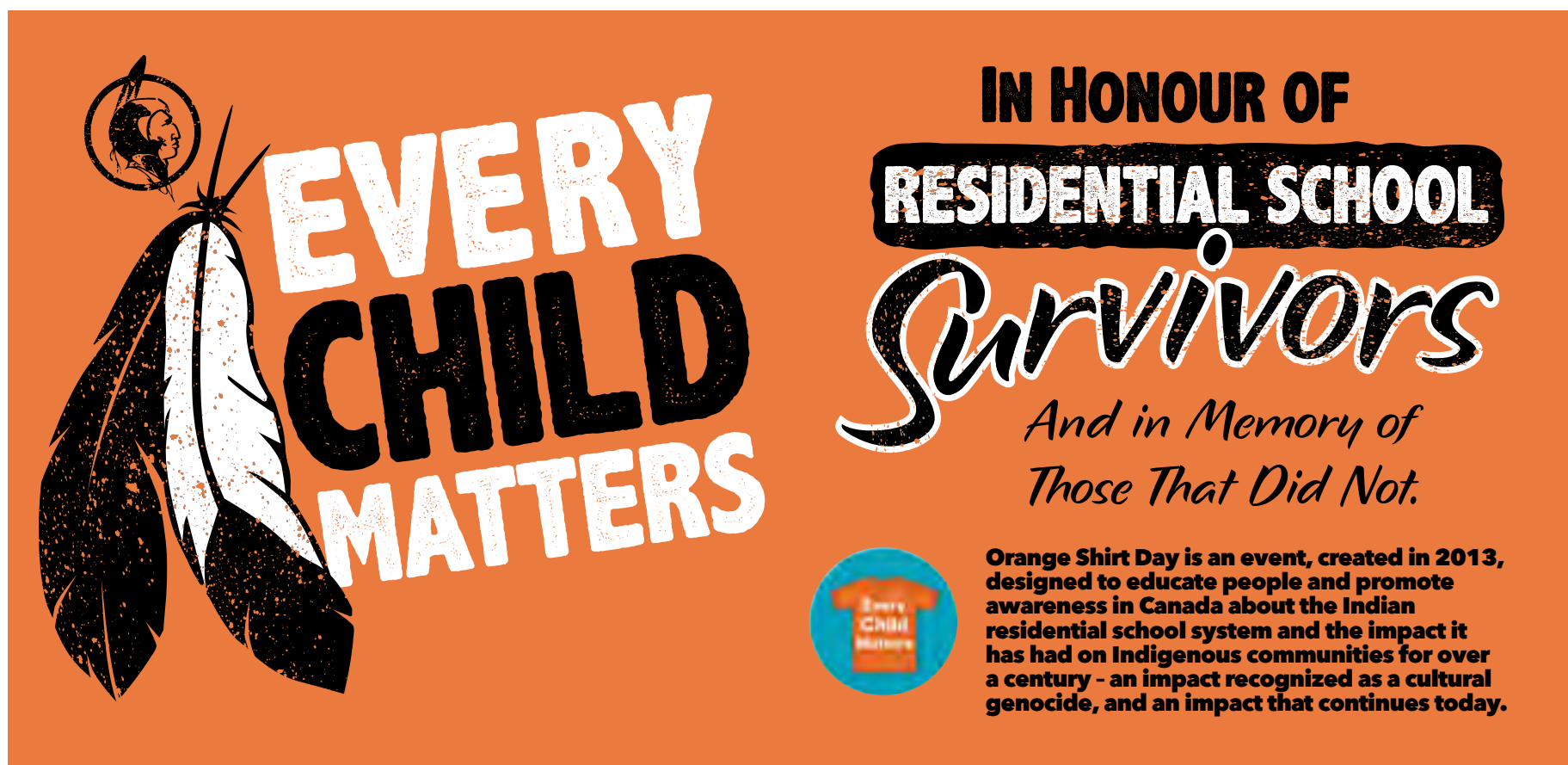
### Obstacle runs driven turning left.



**Obstacles runs going the opposite direction turning right.**







# Fire Safety Trainees Set to Protect NCN

The training consisted of field training and in-class Safety courses.





CITIZEN PROFILE



Hilda Anderson Pyrz

Hilda is a member of the Nisichawayasihk Cree Nation and since 2017, she has been the program manager for MKO’s Missing and Murdered Indigenous Women and Girls (MMIWG) Liaison Unit and chair of the . She is the chair of the National Family and Survivors Circle. For the past 20 years, she has been a fierce and tireless advocate for ending gender- and race-based violence against Indigenous women, girls, and 2SLGBTQQIA+ people. She is being recognized as one of 150 Manitoba citizens who stand out for their role in making Manitoba an amazing province. We commend Hilda as she continues to be a strong advocate for all the families and survivors who are impacted by the genocide of Indigenous women, girls, Two Spirit, and gender-diverse people. Hilda honours the memory of her sister and others who have been lost to violence

through the essential work of impacting changes on the issue of MMIWG. I thank Hilda for her ongoing commitment and determination to creating a safer world for Indigenous women, girls, Two Spirit, and gender-diverse people.”

Through her courageous advocacy for families and survivors, her strength in the face of significant grief, and her powerful voice, Hilda continues to create a safer world for Indigenous women, girls, and 2SLGBTQQIA+ people built on accountability, inclusion, and interconnectedness.

CITIZEN PROFILE



Elder D’Arcy Linklater

Honouring Elder D’Arcy Linklater (and Mrs. Lorraine Linklater) for contributions to Assembly of Manitoba Chiefs and the Council of Elders, Treaty Relations Commission of Manitoba since 2006 – current. On September 14, 2021, IAMC Council of Elders, Treaty Relations Commission and NCN honoured former council member and elder Darcy Linklater who served 20 years for our nation. D’Arcy was a councillor for NCN, committed to empowering NCN to exercise its rights of self-government, while incorporating the principles and values of its elders and teachings of its ancestors. D’Arcy has been NCN’s representative for Treaty Land Entitlement negotiations, including selection, recognition and protection of NCN’s sacred and traditional lands for future generations. He has been NCN’s representative working with other First Nations to promote recognition of the Framework

Agreement Initiative, designed to restore power to First Nations so they can manage their own affairs. D’Arcy has been a leader in the promotion of the unique identity of the Nisichawayasihk Cree Nation and promotion of Cree culture.



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Nisichawayasi Nethowi Piskituskan

# NCN GAS

AND CONVENIENCE STORE

## TREATY FUEL



76 Cree Road

## LOTTO TOBACCO

# Join Us for Our pediatric clinic

Time:

**Sept. 27-29, 2021**

**9:30 am - 3:00 pm**

Location:

**NCN Nursing Station**



This clinic would provide primary care for children and adolescents, with a focus on common concerns such as:

- Assessment of growth and developmental concerns;
- Concerns regarding hearing, ear pain, or speech;
- Rashes or skin complaints, constipation or abdominal pain, cough or breathing problems;
- Muscle, bone and joint problems;
- Adolescent health.

For more information on the clinics please contact Benita Spence or Karen Spence at **204-484-2585**



Jordan's Principle Project

NCN Family and Community Wellness Centre

ATTENTION NCN Community members:

# Are You Pregnant or a New Mom?

*Be Prepared  
Be Educated  
Be Confident!*

The CPNP program can offer education and resources on baby's development, nutrition and exercise, labour and delivery, and breastfeeding and newborn care.

including:

- Common changes & discomforts.
- Warning signs.
- Pregnancy complications.
- Domestic and substance abuse.

**CALL TO BOOK AN APPOINTMENT**

Receive a Food bank Make coupon after your visit!

**REFERRAL SERVICES OFFERED**

For more information contact Leanna Anderson, LPN  
 Infection Program Coordinator  
 Aboriginal Diabetes Initiative  
 Canadian Prenatal Nutrition Program

Phone: **204-484-2341**  
 Ext. 132  
 Fax: 204-484-2384



Family and Community Wellness Centre



NISICHAWAYASIHK  
CREE NATION

# COMMUNITY PATROL

In case of emergency please contact RCMP at **204-484-2288**

**CONTACT INFORMATION**

**204-679-0171**

**204-679-0226**

**Find out more: 204-484-2585**



## Jordan's Principle

## A Child First Initiative

NCN Family and Community Wellness Centre



Nisichawayasihk Cree Nation

FAMILY AND COMMUNITY  
Wellness Centre Inc.



# NCN Christmas Cheer Board

**Ensuring  
that all families  
of NCN have  
something to look  
forward to at  
Christmas.**

**Sign Up  
Your Child Now!**



## NISCHAWAYASTER

**CITE NATION**

**The gift of giving! Know  
a special child Under 12  
years old? Tell the NCN  
Cheer Board Now!**

The NCN Christmas Cheer Board wants to make sure every NCN Child in Nelson House gets a gift this Holiday Season. The board also wants to continue the Festive spirit by getting every NCN household in need a food hamper. NCN residents/ Citizens only.

Be sure to give your Child's name, their gender and age (under 12) and your current address to the NCN Trust Office by calling 204-484-2604.

We are also asking for volunteers from the community to call us to volunteer your time and help out.

# All About Immunization Cards

After 14 days after your last dose of vaccine, you can apply for your Manitoba immunization card. With it, you will be able to enjoy privileges such as sports and entertainment, restaurants, bars and lounges, and travel, as the government lifts restrictions.

When you request an immunization card, you'll receive a digital card for your cell phone, which shows your first and last

names and a QR code. You may request a physical hard copy as well, which will arrive in the mail. (There is currently a backlog on physical cards, but you can still request now.)

To request your card, search “Manitoba immunization card” and follow the link. Or you may call 1-844-MAN-VACC. You’ll need your Manitoba health number to register.

# Footprint Lake Water Levels

# Footprint Lake 14-Day Water Level Forecast

Revised Forecast as of September 19, 2021

On September 19, 2021 the level of Footprint Lake was at an elevation of 798.3 feet. The level of the lake is expected to rise 1.2 inches to an elevation of 798.4 feet by the end of the month.



The 14-day forecasts are estimates, and subject to change. Northern forecasts are broadcast on local radio stations at the beginning of every month.

# We Masked Up

# We Washed Up

# Now it's time to roll up our sleeves!

**NCN Citizens must get the COVID-19 vaccine  
to help us return to normal quicker.**

**The vaccine is safe, quick and free and getting it will help protect our community.**

## A message from Chief and Council



Nisichawayasihk Cree Nation  
General Delivery  
Nelson House, Manitoba R0B 1A0  
Phone: (204) 484-2332  
Fax: (204) 484-2392  
[www.ncncree.com](http://www.ncncree.com)

**Do you have a suggestion or an Achimowina story idea?**

We would like your comments,  
feedback or news stories. Please  
contact [achimowina@gmail.com](mailto:achimowina@gmail.com)

## NCN on Facebook!

Stay current with NCN's latest news, events and updates on your computer, smartphone or device from our official NCN Facebook page @nisichawayasihk.

