



Summer **Festival** Results

KITITAHWINAOW ACHIMOWIN COMMUNITY **Top Students Enjoy** Trip to Winnipeg

**PUSIKONISOWINI ACHIMOWIN BUSINESS NCN Launches** Mobile-Ready Website

**AUGUST 2018** 

## AChinashana

2018 NCN Chief and Council

**Election Results** 

#### Marcel Moody re-elected as NCN Chief

The people of NCN have re-elected Marcel Moody as Chief to lead the Nisichawayasihk Cree Nation for the next four years.

Moody declared, as he had throughout the campaign, "We are just getting started. Much accomplished, more to do."

Citizens turned out to elect a Chief and six Councillor positions on August 22nd and 23rd. Voting stations were set up in Nelson House, Winnipeg, Leaf Rapids and Thompson.

NCN electoral officer Joyce Yetman announced that out of 3,431 eligible NCN voters living on- and off-reserve, 1,684 Citizens cast their ballots, which is a voter turnout of 49 per cent. That participation number is higher than the

Marcel Moody won in 2014 with 913 votes, and received even more confidence this year with 960 votes.

2014 election, in which 47% of Citizens voted.

Incumbent Marcel Moody won in 2014 with 913 votes, and received even more confidence this year with 960 votes. He beat out Jerry Primrose (who served as NCN Chief for 16 years until 2014) and William Elvis Thomas.

"We are just getting started. Much accomplished, more to do." - Marcel Moody

Moody has lived his entire life in Nelson House and raised his family here. In his canvassing, he discussed the goals he had laid out in 2014 and what he had accomplished with Council in the four years since. Some of the

highlights included:

- adopting the Nation's own Othasowewin constitution and Aski-Pumenikewin land code
- building 138 new housing units and repairing many more
- creation of multi-plex, lagoon, ATEC expansion, arbour, Medicine Lodge staff housing
- economic development such as Three Family Foods stores,
  - National Access Cannabis, gas station and convenience store in Thompson
- feasibility studies and designs for two new schools, new sub-division, water treatment plant and community health centre
- long-term community plan
- significant increase in revenues and prudent fiscal management. Jerry Primrose





2018 NCN Chief and Council: (L to R) Councillors Ron D. Spence, Willie (Buckoose) Moore, Jeremiah Spence, Chief Marcel Moody, Councillors Cheyenne Spence, Jackie Walker and Cheryl Moore.

stepped back into politics in the hopes of addressing major concerns such as inadequate housing and outdoor recreational facilities. He told the Thompson Citizen he was not overly concerned with winning or losing, and said, "If it's not competitive people tend to get complacent." William Elvis Thomas was the third candidate for Chief, and has run in two previous elections. In 2014, he finished second behind Moody, and in 2010 also came in third.

Citizens voted for six Councillors and had 26 people to choose from. Incumbents Willie Moore and Ron D. Spence retained their spots on Council. The four new Councillors are Cheryl Moore, Jackie Walker, Jeremiah Spence and Cheyenne Spence.

Cheryl Moore received the most votes for Councillor at 704. According to Nisichawayasihk election law, she will serve as

Deputy Chief. Moore currently works at the NCN Trust Office as a finance comptroller. She was born and raised in NCN and is fluent in Nehetho. Her campaign platform was based on financial responsibility and accountability, good communication and community input, and creating a responsible community.

"I'm grateful to all Citizens who ran for a position in this election, and I'm proud of the Citizens who learned about the candidates, and came out to vote for our leadership," said Moody. "I'm excited to work with our new Council and to continue to make progress and strengthen our Nation."

## 2018 NCN Chief and Council Election **VOTE RESULTS – By the Numbers**



Poll 1 Leaf Rapids, South Indian Poll 2 Thompson Poll 3 Winnipeg Poll 4 Bayroad Poll 5 New Area, Moores Bay, Poll 6 Westwood, School Area, Wasasihk, Dog Point, Michelle Point, Medicine Lodge Poll 7 Metis, RC Point, Little RC

Point
Poll 8 Traveling Poll NCN/
Thompson

s Bay, Thompson Point Poll 9 Mail in Ballots

	1973.55							marts Point	. 1011	9 Mail in Ballots
Total voter turnout										1,684
Votes for Chief	Poll 1	Poll 2	Poll 3	Poll 4	Poll 5	Poll 6	Poll 7	Poll 8	Poll 9	
· Marcel Moody	32	137	98	167	212	172	113	23	6	960 votes
Jerry Primrose	8	61	19	57	99	98	49	10	6	407 votes
William Elvis Thomas	7	45	33	71	53	55	30	6	4	304 votes
Total Votes	47	243	150	295	364	325	192	39	16	1671 votes
Votes for Council										
· Cheryl Moore	25	95	45	163	156	137	64	13	6	704 votes
· Ron D. Spence	21	101	71	87	122	133	57	17	7	616 votes
· Willie (Buckoose) Moore	11	73	66	124	132	117	71	9	4	607 votes
· Jeremiah Spence	8	64	43	121	141	121	74	6	4	582 votes
· Jackie Walker	11	80	48	89	136	125	63	11	4	567 votes
· Cheyenne Spence	5	70	58	122	118	107	59	7	5	551 votes
Shirley Linklater	18	81	60	76	115	94	59	15	5	523 votes
Kim Linklater	10	76	40	94	108	105	62	4	4	503 votes
Bonnie M. Linklater	21	78	64	86	88	95	47	11	4	494 votes
Joe Moose	21	85	42	73	75	67	38	10	4	415 votes
James Warren	3	37	28	67	104	92	68	13	3	415 votes
Conrad Spence	12	35	12	117	95	68	51	5	3	398 votes
Terry (T-Bone) Linklater	5	35	14	64	94	86	52	5	3	358 votes
Gordon Dumas	7	58	23	30	90	56	59	21	5	349 votes
Carol Kobliski	14	45	29	55	51	52	31	6	1	284 votes
Darcy N. Linklater, Sr.	10	44	29	34	62	51	20	8	4	262 votes
Darcy B. Linklater, Jr.	7	32	16	34	45	47	33	7	2	223 votes
Susan Kobliski	4	32	17	36	47	43	29	11	0	219 votes
Edward (Eddy) Primrose	6	37	15	33	45	47	19	10	5	217 votes
Inez Vystrcil-Spence	6	51	27	12	45	43	24	2	5	215 votes
Eddie Vystrcil	8	42	21	10	39	28	23	4	1	176 votes
Francis D. Linklater	5	34	10	10	30	36	20	11	4	160 votes
Nina Linklater	2	17	14	59	30	13	9	3	0	147 votes
Carl Francois	4	17	14	23	23	25	14	4	2	126 votes
Roxanne McDonald	3	18	2	13	12	11	8	1	0	68 votes
Russell Bonner	1	9	3	12	6	4	2	3	0	40 votes
Total Votes	44	240	150	290	360	321	187	38	16	1646 votes



## NNCEA Prepares for 2018-2019 School Year

Tanisi, nitotemak! Since the last write-up, it has been busy! Graduations for another year have gone by. Sincere congratulations to every single NNCEA graduate! We are proud of your accomplishment. The IYF Camp held their third summer camp on June 25-29, 2018 for children in the community. OK school was utilized as their base. Once again, the NNCEA Maintenance and the custodians have been hard at work preparing our schools and teacherages for the next school year, thank you so much! Now, the summer and summer holidays are winding down! The summer festival and 2018 NCN band election are now complete. Congratulations to Chief Marcel Moody on his re-election and the new Council for 2018-2022! An inauguration or swearing in ceremony will be held in the near future. Once the inauguration happens, newly elected NCN Councillors Jackie Walker and Cheyenne Spence will no longer be NNCEA Board members. The NNCEA School Board will be a bit short of trustees but they will manage. Soon, it will be back to school time with an upcoming school board election too! A hearty welcome to new/ returning NNCEA staff!

#### The Latest News

The last school board meeting of August 14th, 2018 had to be re-scheduled to August 28th, 2018, same time/place. A new meeting schedule for 2018-19 will be out next week. This will be posted. Starting in September, the NNCEA school board will have open meetings at OK gym. Community members are invited to come listen and learn so you will be informed.

Another successful annual general assembly (AGA) of the NNCEA was held on July 10th, 2018 with 84 delegates in attendance. An AGA report for 2016-2018 was distributed. Your interest/presence was appreciated! We get better each year.

There's been much planning/activity in the realm of First Nations (FNs) education funding. Many technicians are working on a new funding model and regional funding

agreements with enhancements which has to be sanctioned by the AMC/individual FNs of course. In order for the proposed funding model to move forward, all this has to be completed by the September 2018 deadline imposed by ISC. If this gets done, we will get increased funding.

At the AGA, Clarke Educational Services (CES) presented an executive summary of the 2012-17 school were received. The report contains info on the positives and needed improvements of and for our educational system as well as numerous recommendations for implementation. A plan to relay all the recommendations from the report has to be reviewed/created so the educational stakeholders will be informed. Phase 2 (implementation of the recommendations) begins this school year.

system evaluation. A few copies of the final report (200 pages)

The OK school will be like "two schools in one" this year. A Community Approach to Revitalizing Education (CARE) plan designed by Ms. Nadine Yetman and the OK School Administration will be initiated this year. The plan looks promising and it should improve school operations/climate and reduce incidents of bullying and suspensions.

As planned/shared, half day Nehetho Immersion classes for nursery students will begin this year. You can register your child for either the English class or the Nehetho class. The **Nehetho** Language and Culture team made this a reality and now it's time to get it done! A week long workshop was held for Nehetho speaking teachers on August 20-24 at AMEC so they can teach the language efficiently. The Language and Culture team will also work to integrate Aboriginal perspectives into the curriculum at all grade levels, provide Nehetho language and cultural supports to teachers/school/community, to plan/coordinate an annual language and cultural gathering and/or event(s) for all. The team will be busy! All this complements the PATH plan that the

NNCEA School Board developed in December

The **Elders in the School** Program will continue again. It's starting date will be announced. Mr. Wm. Spence and Ms. Arlene Smears will work on the details as they oversee our school Elders. A big thank you to the Elders from 2017-18 who helped us: Gordon Hart, Sam Dysart, Lena Dysart, Lydia Linklater, Darlene Mason, Henry Wood, Harry Spence, Stella Linklater, Joyce Wood, Andrew Wood, Lydia Linklater, and Irene Clee. We look forward to

their presence in 2018-19.

The Language

and Culture team

will also work to

integrate Aboriginal

perspectives into

the curriculum at all

grade levels.

#### These programs/activities will continue in 2018-19:

Parental Advisory Committee (PAC) meetings to be held once a month; Welcome to Kindergarten; Elders in the School; annual Remembrance Day Service/Christmas Concert/Science Fairs, Flex Day Fun; fundraising for various school functions (your support

is appreciated); Printshop Services; CCASEL; various sports programs, breakfast/ hot lunch program (CAP/CIP dollars), annual awards day, special guest appearances/ shows, etc.

Registration for Nursery, Kindergarten, high school and other relevant info for sharing will begin soon. Once the Principals return from holidays, info will be circulated and announced.

No updates on the **school** feasibility study for a new school(s) or Fiberoptics for the north though. Hopefully, we will know soon.

An ad for a **new bus** contractor was posted on August 10th, 2018. Deadline is August 24th, 2018 at 12 noon. If you are interested in running the student school bus transportation contract, submit your proposal by the deadline. Bidding information is available at the front desk at AMEC. The new contractor will be informed by August 28th, 2018.

#### A Few Reminders/ Comments

Please send your child to school every day on time. This makes a huge difference in their education!

**Drivers** please obey the rules of the road/speed signs in the school zone! We don't want anyone getting hurt!

Parents: if you could meet your child after being dropped

Continued on page 4

off the buses at the end of the day, this would be great. We don't want any child to go missing after they've been dismissed from school. Your cooperation will help.

Kudos to the RCMP who have an exciting event planned for the first week of school! Free bicycle helmets will be distributed as well as some fun activities! Thank you! Kinanaskomitin!

CAP/CIP applications were submitted.

One of our own, Ms.

Ramona Neckoway, had her oral defense for her Ph.D. at the U of M on Monday, August 13th, 2018 at 2:00 p.m. Her thesis is entitled, "Where Otters Play," "Horseshoe Bay," "Footprint," and Beyond: Spatial and Temporal Considerations of Hydroelectric Energy Production in Manitoba." After 10 years of hard work, Ramona proudly presented/passed her dissertation. At the fall convocation at the U of M, Ramona will receive her distinction and will earn a new title, Dr. Ramona Neckoway. I believe Ramona is the third NCN woman to attain a Ph.D! Congratulations Ramona! You did it! We know that you have worked diligently to attain your Ph.D.! We need to be proud that we have another graduate who has reached "the top."

New NNCEA teachers will have an orientation on August 24-29th, 2018 at AMEC/OK.

NNCEA Staff Orientation is scheduled for August 30 and 31. This year, a cultural day at camp is planned for staff at Mile 35 on

August 30th with workshops, a feast and giveaways.

Hearty welcome back to returning NNCEA staff and students for September 4th, 2018!

A big thank you to all the summer students who were placed with the NNCEA! You were super! Wish you well with your upcoming studies!

This year, OK students will be out for lunch at 12-1 p.m. and NNOC students will be out at 12:02-1:02 p.m.! NNCEA has done its best to synchronize the lunch hour. Our apologies for all the inconvenience the irregular lunch times that have happened in the past!

Did you go to the Sundance at Mile 33 on July 26-29th, 2018? It was awesome. Organizers did well!

Well wishes to Paul Bonner and Edith Linklater who are currently on leave or if you were recently married.

We're raring to go to start another wondrous school year at OK, NNOC and AMEC! Ekosani!

## NCN's Strong Woman More Driven to Succeed

Muriel Hart attended Manitoba's first annual Classic Strongman Competition at Brickhouse Gym in Winnipeg last month.

"I came in last place against the best women I have ever competed against," says Hart. "But I'm not disappointed one bit because I showed up and tried my best."

Hart started lifting weights at the NCN Health and Wellness Centre, and has been in strongwoman training for four years. At this competition, which took place on August 5th, she attempted some of the events, including the Keg Lift and the Tire Deadlift, for the first time.

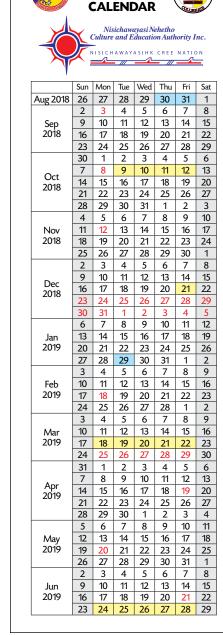
"I don't have access to some of the equipment they have at these competitions, so all I can do is improvise in my own training."

Hart wore a bright red t-shirt with the NCN logo on the front and NCN Strong Woman 313 on the back. She was proud of her achievement in the truck pull, but found the Farmer's Walk difficult, carrying 170 pounds per hand, and was only able to lift a few inches off the ground.

There were 20 competitors, about half of them women, performing in front of an enthusiastic crowd. A highlight of the event was host Mark Henry, a two-time Olympic weightlifter and former WWE world heavyweight champion.

Hart has been invited to the World Strength Games in St. George, Utah next April. She hopes to find sponsorship so that she can represent NCN and Canada and do them proud.

"Some day I will be a champion," Hart says. "I just need to work harder to succeed."



2018-2019 SCHOOL YEAR

DATE	SCHOOL CLOSURE
August 30-31, 2018	Staff PD Days
September 3, 2018	Labor Day Holiday
September 4, 2018	First Day of School
October 8, 2018	Thanksgiving Holiday
October 9-12, 2018	Flex Day Break (4)
November 12, 2018	Remembrance Day Holiday
December 21, 2018	Flex Day (1)
December 24, 2018	Christmas Break Begins
January 4, 2019	Christmas Break Ends
January 7, 2019	School Resumes
January 29, 2019	Staff PD Day PM only
February 18, 2019	Louis Riel Day
March 18-22, 2019	Flex Day Break (5)
March 25-29, 2019	Spring Break
April 19, 2019	Good Friday Holiday
May 20, 2019	Victoria Day Holiday
June 20, 2019	Last Day of School
June 21, 2019	Aboriginal Day
June 24-28, 2019	Flex Day Break (5)
OK School Term Dates	
Term 1	August 30 – December 3, 2018
Term 2	December 4 – March 12, 2019
Term 3	March 13 – June 20, 2019
OK School Report Card Night	
Term 1	December 11, 2018
Term 2	March 11, 2019
Term 3	June 19, 2019
OKCI ID (C. DV)	
OK School Report Card Writing Day  1	November 23, 2018
2	February 22, 2019
3	May 31, 2019
3	May 31, 2019
NNOC Report Card Writing Day	
1	November 9, 2018
2	April 18, 2019
NNOC Term Dates	
Term 1 (90 Days)	August 30, 2018 – January 28, 2019
Term 2 (90 Days)	January 29, 2019 – June 20, 2019
NNOC Report Card Night	
Term 1 – Part 1	November 14, 2018
Term 1 – Part 2	February 6, 2019
Term 2 – Part 1	April 24, 2019
Term 2 – Part 2	June 19, 2019
Kindergarten Graduation	June 13, 2019
Grade 8 Graduation	June 14, 2019
Grade 12 Graduation	June 18, 2019
	1 2018 March 18-22 2019 June 24-28 2019)
Total Flex Davs = 15 davs (Oct. 9-12, 2018. Dec. 2	
Total Flex Days = 15 days (Oct. 9-12, 2018, Dec. 2 Total School Days = 195 (Classroom: 180, Flex Da	iys: 15)



# Eradiajes 2018

Congratulations to the 2017-2018 graduating class of Nisichawayasihk Neyo Ohtinwak Collegiate (NNOC)! We also extend congratulations to all mature student and post-secondary student graduates of 2017. Your accomplishments are a testament of your hard work and dedication and we wish you a successful and prosperous future.







**Ronald Francois** 



**Zachary Hall Blake Hart** 



**Mature Student High School Diploma Program** 



Abigail Hart-Tait Agnes Linklater Felicia McDonald







Clairette Hart



Rosena Lewis



Charlize Linklater



Scott Linklater





Candishia Spence Courtney Spence



**Chantel Spence** 



**Chelsea Spence** 



Sonya Young



**Eve Spence** 

It was truly an

incredible week, full

of activities, morning,

noon and night.



Kiya Spence



**Travis Spence** 



Aliece Swanson



Rikki Tait



Elizabeth Wood

## Another NCN Summer Festival to Remember

This year's NCN Summer Festival began on Monday, August 13th with opening remarks from Chief Marcel Moody and the

annual arrow shoot. Later that day, everyone enjoyed a community barbeque and an outdoor gospel jamboree.

The next day included homemade go-cart races and design competition. The parade was incredible, full of cheers and enthusiasm. Many people said it was the best parade they'd seen in a long time.

Throughout the week were many games and contests, such as the chilli cook-off, animal calling contest, poker tournament, obstacle races, cribbage, scrabble, checkers and pathachapway. This year's Coin Toss Champion is Ronnie Moore.

Everyone enjoyed the talent show. Check out a recording of winner Caitlin Francois's song on her Facebook page!

On Thursday night, the Three Rivers Band provided the exuberant soundtrack for dance and jigging competitions and the traditional wear contest (congratulations to Ken Brightnose and family).

The youth Slo-pitch tournament was a big success with the Weekend Warriors, sponsored by Chief Marcel Moody, coming out on top. Second place was Team Trust, sponsored by the

trust office and Team Booom came in third place, sponsored by councilor Will Moore. A big thank you to umpire Wayne Spence

and all the sponsors.

One of the most popular events at Summer Festival, the family canoe sprints, took place on Friday. This year, Bonnie Linklater and Chelsea Lynn came in first place in the Fanny Hartie Memorial Long Distance canoe race, while Trevor Wood and Darryl Muskego won the Laban Spence Memorial.

Traditional canoe race winners included:

- Father and daughter: Ryan Tait and Paige Hartie
- Father and son: Greg Ross Sr. and Arnold Culley
- Mother and daughter: Alice and Tanya Moody
- Husband and wife: Tanya Moody and Darryl Muskego
- Brother and brother: Greg Ross Jr and Henry Culley
- Sister and sister: Brenda and Priscilla (Last name?) We have so many strong, athletic and determined people in the NCN community!
- Youth Strong Person winner: David Lobster
- Men's Strong Person: Patrick Madonick
- Women's Strong Person: Gerilee Hanson

- Youth Iron Person: Kirk Halcrow
- Men's Iron Person: Trevor Wood
- Women's Iron Person: Coral Linklater

"It's so great to see a good turnout at this festival," says Lou Moodie of Parks and Rec. "The whole idea is to come together as a community and to feel like a part of the group. I think everyone had a great time and we look forward to next year."

It was truly an incredible week, full of activities, morning, noon and night. Special thanks to the NCN summer festival committee for their great ideas and all of their hard work. See you next year!





#### Summer Festival Winners

1st Bonnie Linklater and Chelsea Lynn 2nd: Noreen Duncan and Kerry Wood 3rd: Alice Moody and Brenda Francois 4th: Priscilla François and Tanya Moody-Muskego

#### Laban Spence Memorial long distance canoe race

1st: Trevor Wood and Darryl Muskego 2nd: Greg Ross Jr and Greg Ross Sr 3rd: Arnold Culley and Henry Wayne Culley 4th: Jeremiah Lobster and Alfred Muswagor

#### Family canoe races

Father and Daughter 1st: Ryan Tait and Paige Hartie 2nd: Geronimo Hart and Latrisha 3rd: Darryl Muskego and Esther Father and Son

1st: Greg Ross Sr and Arnold Culley 2nd: Ryan Tait and Castor Tait 3rd: Darryl and Marcus Muskego

Mother and Daughter
1st: Alice and Tanya Moody
2nd: Brenda and Britania Francois 3rd: Felicia Hannah and Latrishia

Husband and Wife 1st: Tanya Moody and Darryl Muskego 2nd: Dawn Courtney and Ryan 3rd: Felicia McDonald and Geronimo

Brother and Brother
1st: Greg Ross Jr and Henry Culley
2nd: Jack and Adolph Peterson

3rd: Jeremiah and David Lobster Sister and Sister
1st: Brenda and Priscilla 2nd: Esther and Britania François

3rd: Dawn and Paige Hartie Youth Strong Person 1st: David Lobster

2nd: Alfred Muswagon 3rd: Caden Dumas Hart Men's Strong Persor 1st: Patrick Madonick

2nd: Justice Linklater 3rd: Shawn Sample Women's Strong Per

1st: Gerilee Hanson

2nd: Rae-Anne Linklater 3rd: Faith McDonald

Youth Iron Person 1st: Kirk Halcrow

Men's Iron Persor

1st: Trevor Wood 2nd: Darryl Muskego 3rd: Greg Ross

Women's Iron Pers

1st: Coral Linklater 2nd: Kerry Wood 3rd: Taryn Linklater

#### Obstacle Races

Women's 1st: Coral Linklater 2nd: Oshana Linklater

3rd: Xena Spence Men's 1st: Kyle Hartie

2nd: Jerome Linklater 3rd: Alvin Moore 14-17 years 1st: Silas Linklater 2nd: Jonathan Saunders 3rd: Bryson Parisien

#### Dance Competitio

5 and under

1st: Leslie Tait/Kenisha hart Spence 2nd: Ryder Linklater

6-8 years 1st: Brody Moose/Danika Mason 9-11 years girls

1st: Latrishia Spence 2nd: Zaylyn Hart 3rd: Shania Mason

3rd: Tyler Francois

9-11 years boys 1st: Rogan Dumas 2nd: Shane Mason

3rd: Koby

12-14 years 1st: Anderson Dumas 2nd: Ovide McLeod 3rd: Sandra McDonald

15-17 years
1st: Alfred Muswaggon
2nd: Dina Spence 3rd: Dez Spence

#### Talent Show:

1st: Caitlin Francois 2nd: Aalayna Spence 3rd/4th/5th (three-way split): Jamie Francois, Roy Spence, Keisha Beardy

#### Family Theme

1st: Ken Brightnose and family 2nd: Ashley Spence and family 3rd: Lorianne Hartie and family

#### Coin Toss Champion

1st: Arnold Culley 2nd: Glen Francois Jr 3rd: Preston Linklater

#### Go-cart Design

1st: Ronald Francois 2nd: Glenn Francois 3rd: Arnold Culley

#### Parade

1st: Barb Moore 2nd: Angela McDonald 3rd: Wanda Hart

#### Stroller

1st: Cvnthia Hartie 2nd: Bonnie Linklater 3rd: Keisha Beardy

#### Chili Cook-off

1st: Gerilee Hansen 2nd: Alice Moody 3rd: Nadez Cooper

#### Cribbage

1st: Louie Wood 2nd: Raymond Parisien 3rd: Stan Hart

#### Scrabble

1st: Sylvia Spence 2nd: Clara Hart 3rd: Nora Thoma

#### Elders Women's Singing

1st: Bella Flett 2nd: Irene Petersor 3rd: Lydia Linklater

#### Elders Men's Singing

1st: Robert Turner 2nd: William Spence 3rd: Adolph Peterson

#### Women's Jigging

1st: Roslyn McKay 2nd: Janessa Munroe 3rd: Tanya Moody

#### Men's Jigging

1st: Nolan McKay 2nd: Thunder Wood 3rd: David McDonald

#### Funniest Jigging

1st: Nathaniel Hart 2nd: Marina Dumas 3rd: Jackson Petersor

15-17 years girls 1st: Dihana 2nd: Felicia

12-14 years girls 1st: Cassandra 2nd: Allanis

3rd: Kari 9-11 years girls 1st: Latisha 2nd: Carrisa 3rd: Taya **7-8 years girls** 

1st: Hannah 2nd: Alani 5 and under girl

1st: Ally 2nd: Kaniesha 3rd: Mickinley

15-17 years boys 1st: Trevor 2nd: Keith 3rd David 12-14 years boys 1st: Marcus

2nd: Anderson 3rd: Archie 9-11 years boys

1st: Beo 2nd: Rogan 7-8 years boys 1st: Levi

2nd: Keenan 3rd: Michael 5 and under boys 1st: Wade 2nd:Lex

1st: Weekend Warrion 3rd: Team Booom

## Top Students Enjoy Trip to Winnipeg







At the end of July, the top students from OK School enjoyed three days of adventure in Winnipeg. Some highlights were Speed World go-karts, two movies, Laser Topia and Sky Zone trampoline centre.

These students excelled in the 2017-2018 school year. They had good attendance records and consistently did their best school

work. They showed a strong work ethic and determination. OK School staff, Chief and Council are proud of them and were happy to reward them with this fun trip!

If you are a student or a parent, talk to your teacher about this trip in September. They will tell you what you need to achieve and how to get there!

The top students who were celebrated with this trip were:

- Grade 4: David Linklater, Willis Bonner, Dereon Spence
- Grade 5: Keshaun Wood-Stoneman, Lenny Moore
- Grade 6: Syerra Harper, Jaylyn Moore
- Grade 7: Kari Spence, Shayla Linklater
- Grade 9: Serenity Linklater, Kayda Sapphire



#### NNOC High School TIME SCHEDULE for 2018-2019 School Year PERIOD 1 8:25 a.m. - 9:33 a.m. 68 Minutes **TRANSITION** 9:33 a.m. - 9:38 a.m. 5 Minutes PERIOD 2 9:38 a.m. - 10:46 a.m. 68 Minutes **BREAK** 10:46 a.m. – 10:54 a.m. 8 Minutes PERIOD 3 68 Minutes 10:54 a.m. – 12:02 p.m. LUNCH 60 Minutes 12:02 p.m. - 1:02 p.m. PERIOD 4 1:02 p.m. - 2:10 p.m. 68 Minutes **BREAK** 2:10 p.m. - 2:17 p.m. 7 Minutes PERIOD 5 2:17 p.m. - 3:25 p.m. 68 Minutes **TOTAL** 360 MINUTES



## NNOC Prepares for New School Year

By: Mr. N Campbell, NNOC Principal

Another school year is quickly approaching for new and returning students of NNOC. This school year NNOC will have 4 new teachers joining our team. NNOC will continue to offer 5 courses each term so students can take a variety of courses as well as having more opportunity for success. Student timetables will be available for students to pick up on August 30 and August 31, as well as on the first day of school which is September 4th. NNOC will have a different daily schedule this year in order to accommodate a 12:00 p.m. – 1:00 p.m. lunch hour. An official schedule for day to day operations will be released prior to school starting. Any students who have not been enrolled at NNOC from the previous year, please call the school at (204) 484-2602 or stop in at our office to enrol at NNOC.

This year we will have 2 resource teachers at NNOC and 9 classroom teachers. In order to ensure as a student you are successful in school, you must be on time and at school daily. Attendance is crucial for not only student success, but the success of our school as a whole. Some new courses we will be offering this year are Psychology, Exercise Sciences, Entrepreneurship, Drama, and more. In order to enhance the literacy and math skills of our students, we will be implementing year round English and Math class through the use of Reading is Thinking and Trans Math for all grade 9 students.

During this year we will continue our Flex Day schedule which will offer 4 days off in October and a 2 week Spring

Break. Additionally, we will be continuing our Post Secondary exploration trip for Potential Graduates during the Flex Day break in October. As well, good luck to all students entering Post Secondary school this fall at their respective schools.

We look forward to seeing new and familiar faces this September at NNOC.

## Health Scare Creates Questions About Health Services in the North

The family of one-month old Hallie Linklater are counting their blessings after the little girl received lifesaving surgery in Edmonton.

At the same time, they are frustrated and angry about the discrepancies between health care that is available to most Canadians and those who live in rural, remote areas like Nelson House.

"I am really concerned about the services we get in



Baby Hallie receives lifesaving surgery.

Northern Manitoba," says Jackie Walker, Hallie's great aunt. "People go to the local nursing station, where they're not necessarily capable of adequately assessing for heart conditions, or other serious conditions, because they don't have the equipment."

Hallie's mother, Charnelle Linklater, had taken the baby on several occasions to the nursing station and had been sent home with Tylenol. Fortunately, her most recent visit happened when Dr. Dersko happened to be available. He recognized the urgency of Hallie's condition and immediately sent her to Thompson by ambulance. She was then flown to Winnipeg's Children's Hospital.

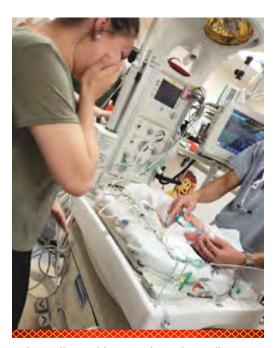
"She was diagnosed with a collapsed lung and inflamed heart and sent to the Stollery Hospital in Edmonton," says Walker. "She underwent heart surgery for a coarctation of the aorta and aortic valvular stenosis. This is something that could've been detected through an ultrasound during pregnancy or after delivery."

Grandmother Joyce Yetman was told by a heart specialist that little Hallie is lucky to have survived so long with such a condition.

Walker wonders how many people in rural communities could tell the same story.

"Three years ago, I myself went to the nursing station for abdominal pain, and was sent home with pain killers. The next day my husband drove me directly to Thompson General Hospital and I had to undergo emergency surgery for a ruptured appendix," she says. "When you are in this situation, you are left with a lot of 'what if's."

"I just know we do not receive the same level of care as



Baby Hallie and her mother Charnelle in intensive care.

other Canadians," Walker says. "First Nations people are always being treated with unfairness and inequality. Our health care system in northern communities is a prime example."

# Launches New and Improved Community Website

NCN recently launched a revised community website with enhanced features for the community's Citizens and those living outside of Nelson House. The new site is set up to now work seamlessly on smartphones and mobile devices and puts information like community news, NCN government updates and

notices at your fingertips. Local news and events are now easily accessible and stunning photos of the community and history can now be found. The website still contains important forms and documents, reports and newsletter all aimed at keeping viewers, local members and off-reserve Citizens informed.

A section for community contacts and various NCN organizations help guide you to the information you need regarding the NCN community.

Quick Links to job opportunities, events calendars, the NCN Facebook page and even the live local NCN 98.1 FM Radio station bring the community's happenings right to your device or

computer in a click.

"We hope the new website will make it much easier for Citizens to stay up to date and get important details about our community plans and developments," said Chief Moody.

Chief and Council also have plans to develop a community APP for IOS and Android that will provide updates and notifications to user's smartphones or devices. Chief Moody added, "More people use their smartphones and it is important that we use technology as a tool to keep them informed and involved in our decisionmaking."

Stay tuned for the APP release in the near future.



#### PERSONNEL NEEDED AT OTETISKIWIN SCHOOL FOR 2018-19

#### **Positions:**

One Admin. Assistant
One Grade Two Teacher

One Grade Six Teacher

A Resource Teacher For Grades 6-8

One Social Worker For Ey's

**Employer:** Nisichawayasi Nehetho Culture and Education Authority Inc. (NNCEA), Nelson House, Manitoba

Deadline: Open Until Filled

Interviews: ASAP

Start Date: August 24th, 2018 at 9 a.m.

#### **General Information:**

The above personnel are required for the elementary school on a full time basis for the 2018-19 school year.

#### Qualifications:

Minimum of grade 12 and/or undergraduate and/or graduate degree in education/Social work/Counselling with successful, applicable experiences.

A Manitoba Teacher's Certificate or eligibility for teacher certification in Manitoba.

Knowledge of Nehetho/Cree language and our FN school system.

#### Successful Candidate Should Possess the Following:

- The ability to perform all the job requirements with minimal direction in a fast-paced, unique setting.
- Exceptional skills in: communication (oral and written); organizing; multi-tasking; computer literacy; assessment; etc.
- Able to take direction, model a positive work ethic and maintain confidentiality.

Please send a cover letter, updated resume to:

NNCEA Selection Committee @ AMEC, Nelson House, Manitoba

Phone: (204) 484-2095 Fax: (204) 484-2257 Email: gailm@nncea.ca

NB: Successful candidate must submit a clear Child Abuse Registry Check and a clear Criminal Record Check OR Vulnerable Sector Check within three weeks of hire.

Only those selected for an interview will be contacted.



Footprint Lake 60-Day Water Level Forecast

Revised Forecast August 1 – September 30, 2018

On August 1, 2018 the level of Footprint Lake is forecasted to be 799.2 feet. The level of the lake is expected to fall 5 inches to an elevation of 798.9 feet by the end of August.



During the month of September the level of the lake is expected to fall 2 inches to an elevation of 798.7 feet by the end of the month.



## Recent RCMP Grad to Join **Thompson Detachment**

Physically,

emotionally, mentally,

it's a tough course.

Margaret Baxter is the newest member of the Thompson RCMP. She was proud to attend her graduation ceremony in Regina, Saskatchewan just last week.

"There were 32 of us that began training together, and 25 made it to the end. It is a really intense six-month program," says

Baxter. "It's very challenging, they fit a lot in. Physically, emotionally, mentally, it's a tough course. And a lot of cadets are away from their families, which can be tough."

Baxter is the daughter of Jim and Sarah Baxter. Sarah lived in Nelson House when Jim came to the community with the Hudson Bay

Company. They married and, because of his work, lived in many northern communities including Norway House, Oxford House, Split Lake, and Fort Smith, NWT, where Margaret graduated from high school.

The family settled in Winnipeg, where Margaret completed her Bachelor of Arts before starting her RCMP studies six months ago.

"I really enjoyed applied police sciences, which is learning the file work and the investigative skills. I really excelled at that," she says. "But I came in with zero firearms experience, so learning how to shoot with a pistol, I had to do a lot of work to get proficient."

"I've wanted to be an RCMP officer for a long time. A lot of communities that I grew up in, the RCMP is very hands on," Baxter says, who remembers attending an RCMP community fish fry in Norway

> House when she was a child. "It's about community policing, as opposed to reactive policing that's kind of normal in a bigger city. For success in smaller

places, you have to work together with people."

"I'm really excited to get started in Thompson. They have a larger detachment with specialized units, so it'll be a great learning opportunity for a first post," she say. "And I like the idea of working with youth. That's a dream for sure."

Congratulations Margaret, and thank you for planning to make a difference in our NCN community!



Margaret Baxter is the newest member of the Thompson RCMP. She was proud to attend her graduation ceremony in Regina, Saskatchewan just last week.

## NCN Parks and Rec Awards Big Prizes

The recent winner of the Nisichawayasihk Cree Nation's (NCN) Chase the Ace fundraiser at the Mystery Lake Hotel is Thompson resident Ward Nevistiuk. Ward's prize winnings totalled \$33,673.80.

A portion of the money raised by the fundraiser goes to NCN's parks and recreation department, says the NCN Parks and Recreation manager Lou Moodie.

In an interview with the Thompson Citizen, Moodie said, "If we reach capacity, or if you don't want to come into the bar, you can listen to it on the radio and you've got 10 minutes to come in and show your ticket," he said. "So there's actually a lot of excitement. People getting together here, mingling, no matter who you are. People are just having fun."

The NCN Parks and Recreation Department hosts Chase the Ace, each Thursdays from 5 p.m. to 9 p.m. and Saturdays from 2 p.m. to 5 p.m. Fundraisers also include Monster Bingo and Bingo Nights. Stay tuned to the NCN Parks and Rec Facebook page for announcements.

The department supports local youth hockey and various recreational activities for Citizens of Nelson House.



Ward Nevistiuk (centre) accepts his Chase the Ace prize money from Mystery Lake Hotel assistant general manager Donna Bennett (left) and Nisichawayasihk Cree Nation recreation superintendent Lou Moodie (right) at Trapper's Tavern on August 7.



## Know Your Public Health Options

## NCN Family and Community Wellness Centre Offers Illness Prevention, Health Promotion and Health Protection

#### What is Public Health?

NCN's Public Health mandate includes illness prevention, health promotion and health protection for all Citizens throughout their lives. NCN Family and Community Wellness Centre programs benefit the entire NCN population, as opposed to individual patients or diseases. The Centre's staff work with Citizens through home visits, workshops, clinics and an annual health fair, and are always creating more culturally-focused health initiatives to help our Citizens live healthy lives.

The public health focuses on:

- Immunizations and vaccinations;
- Sexually transmitted blood borne infections;
- Mental wellness;
- Environmental health and safety;
- Primary care.

### Immunization and Vaccination Program

Immunizations and vaccines are voluntary in Manitoba, but we urge NCN Citizens of all ages to keep their vaccinations current. You and your children will be healthy now and into the future.

When everyone in the community maintain their best health through shots, our "community immunity" is stronger, which helps to protect our weak and vulnerable, such as our Elders and babies.

Last year, only about half of our community's babies received all of their vaccinations. We must improve this number for the health of our community.

Our Public Health team contacts young parents to set up appointments for their babies in this clinic. Older children receive their shots at school from public health nurses. We also hold community vaccination clinics against the winter flu.

All recommended immunizations are free. They are safe, quick and easy. They feel like a bee sting, but they have health benefits that will last a lifetime!

#### Sexually Transmitted Blood Borne Infections

Public Health is committed to increasing awareness and education about sexually transmitted infections (STIs) and also diseases such as HIV and AIDS. We do this through workshops and classes at

NCN schools, community seminars and clinics, and our annual health fair. Additionally, 10,000 contraceptives were distributed throughout the community last year.

If you believe you have come in contact with an STI, it is your responsibility to the NCN community to contact Public Health to seek medical attention. Public Health supports all clients dealing with STIs with respect and confidentiality, as is possible. Our concern is the overall health of NCN's general population.

#### **Mental Wellness**

A healthy mental outlook is an integral part of a healthy life and healthy families. As such, mental wellness is a crucial

component of many Public Health programs. We promote positive mental health, appropriate social support networks and holistic health.

Public health issues are well-known to many First Nations people, for many reasons, including systemic racism, abuse and addiction, and poverty. These problems often compound over generations.

While NCN Citizens have limited access to specialized mental health services within our community, the Public Health team works hard to advocate for clients and to determine appropriate support resources.

#### **Environmental Health and Safety**

Public Health concerns itself with issues beyond the physical body, such as environmental factors, including the public utilities of the NCN community.

The Environmental Health department conducts safety and regulation tests, and monitors for environmental issues such as mould, insects, water, sewage concerns and restaurant inspections.

#### **Primary Care**

Public Health often serves as the first contact with clients, and sometimes serves as the principal point of continuing care for patients within our

healthcare system. Our team receives every client with respect and compassion, and works to connect each person with the correct services as efficiently as possible.

#### How do I learn more about Public Health?

Please visit us at the NCN Family Wellness Centre, or call us at (204) 484-2341.

We'll set up an appointment to determine how we can help you and your family.

Ask us about some of our other wellness programs such as STAR FASD, Prenatal Nutrition, Maternal Child Health, Home and Community Care, Diabetes program, Jordan's Principle and various counselling services.



Nisichawayasihk Cree Nation General Delivery Nelson House, Manitoba ROB 1A0 Phone: (204) 484-2332

Fax: (204) 484-2392 www.ncncree.com

Do you have a suggestion or an Achimowina story idea?

The Public Health

team works hard to

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We would like your comments, feedback or news stories. Please contact achimowina@gmail.com

#### NCN on Facebook!

Stay current with NCN's latest news, events and updates on your computer, smartphone or device from our official NCN Facebook page @nisichawayasihk.

