



JUNE 2018

Nisichawayasi Achimowina

General Assemblies Highlight Accomplishments, Projects, Future Plans, Laws and Governance

The final round of General Assemblies for the current Chief and Council were held during the first week of June.

They gathered with the public at the Holiday Inn in Winnipeg on June 3, at the NCN Duncan Wood Memorial Hall on June 5, and in Leaf Rapids and Thompson the next day.

The mood was one of interest as Chief Marcel Moody outlined the last four years of progress achieved by the current Council (Joe Moose, Willie Moore, Patrick Linklater, Ron D. Spence, Shirley Linklater and Bonnie M. Linklater).

He declared, "We are on the road to prosperity. Never before in our history have our own source revenues been so high and dependency on external governments so low."

He went on to outline major successes and various initiatives over the last four years. You may learn more at www.ncncree.com

Chief Moody was proud to report on NCN's successful financial management.

"We have had no financial interventions by INAC in over a decade, which is impressive, because almost 70% of First Nations in Manitoba have had INAC step in during that time," he said. "We have recently been identified as a leader in this field, and the federal government is willing to enter a new ten-year funding agreement with us."

This agreement, combined with the new Constitution and Finance Law, will allow for future inroads into our Nation's self-sufficiency.

Chief and Council have made Citizen safety and healthy living a priority. They have implemented new policies that include random drug tests for Chief and Council throughout their terms (those who test positive will lose their seat); Alternate Payments Policy; designs for a women's shelter; additional First Nation Safety Officers; check stop and community patrol.

A continuing source of frustration for Chief and Council



NCN Citizens and school students are updated by Chief and Council about the NCN accomplishment over the last four years and the master plan for the future.

remains off-reserve funding issues. INAC formulas are based only on Citizens who live at Nelson House, and until recently, have been frozen at 1992 levels.

"We continue to advocate for the needs of all Citizens, including those who do not live on NCN lands," said Moody. "We have told Canada that this is one of the first issues we must address now that our Constitution is in place."

Until then, NCN provides emergency assistance for off-reserve Citizens as able.

Past Four Years Highlighted in Detail

Governance highlights:

"We know the old INAC model of providing funds to create jobs and income on a short-term basis does not work. Instead, we're working to build our Nation in practical ways that create long-term stable economic development."

- NCN has adopted its own Othasowewin (constitution) and Aski-Pumenikewin (land code), with approval from

NCN Citizens

- Developed Strategic Plan for our community and Nation
- Revised election law, human resources policies, finance law
- Recruited a new CEO and several new directors
- Established an Executive Management Team that report to Chief, Council and CEO
- Started self-government process with representatives of Canada

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KITITAHWINAOW ACHIMOWIN

Community News

Principal Remembers Three Angels

Submitted by: OK School Principal Matilda Gibb

Heartfelt Support as Community Comes Together to Grieve

As I reflect on our community and Otetiskiwin Kiskinwamahtowekamik, as we all bravely struggle to cope with the sudden loss of Terrence, Mattheo and Keethan, I think of how resilient we are as a community.

That early Sunday morning, as word spread of the tragedy, our NCN leadership immediately assembled at Alice Moore Education Centre to put into place a plan to assist the families and the community to cope with such a devastating loss. It was reassuring to see Chief and Council members, representatives from the Wellness Centre and Medicine Lodge, and the Director and Assistant Director of Education, school board and NNOC principal.

We closed Otetiskiwin School on Monday morning while Medicine Lodge counsellors led staff through a Sharing Circle and offered the opportunity to smudge. I was grateful for the healing power of these activities as we as a staff shared our stories and our tears. It truly inspired me that staff were able to put aside their grief and sorrow to be prepared for our students' arrival in the afternoon.

MKO, KTC and MFNERC counsellors were brought into schools to assist in the grieving process. We chose to keep school open for students in the hopes of surrounding them

with love, belonging and attention as they tried to cope with this tragedy.

On the recommendation of Elder Anna May Linklater, the grade eight classes, led by their teachers, took on the responsibility of building a teepee to protect a Sacred Fire that would burn for four days and nights. These same students diligently chopped wood, provided by the community, and acted as Fire Keepers. Students and staff visited the Sacred Fire to heal hearts and spirits.

For the closing ceremony, Elders Darlene Mason and Anna May Linklater visited every classroom to kindly explain to our children the importance of the Sacred Fire in the healing process. Elder Mason demonstrated how to take the tobacco offering, say a prayer and offer the tobacco into the Sacred Fire. Traditional songs were sung by Jackie Spence and Anna May.

Many classes started projects to commemorate their three classmates. Mrs. Bunn organized students to make memory blankets to be placed on the caskets at the funeral service. A banner and memory boards were created. Condolence cards were lovingly crafted by students to present to the families as they mourn the passing of their children.

I thank our staff for finding the strength and courage to provide love and care to our students. Pain and grief were so deeply etched into their faces, but all bravely carried on each day. We are family and will continue to support one another and the children of our community in the days ahead. May the Creator grant us the strength and love to sustain our spirits as we heal our hearts.

To the families of Keethan, Terrence and Mattheo, including Matilda Lobster, Sarah Dysart and Dwayne



Hundreds of people gathered at a vigil to honour the boys.

Spence, Anthony Spence, Josephine and Malcolm Spence and Todd Linklater, we cannot imagine the depth of your sorrow. There are no words that will take away the pain you are feeling now. Our hearts ache for you and your families.

Imagine a world without pain or heartache. Imagine Terrence, Mattheo and Keethan with the Creator, smiling for all eternity, watching over all of us with their message of hope and love. Each life is a miracle that changes the world and leaves it a better place than it was before. I truly believe they did indeed leave our community a better place. They left us with the message to always cherish and love our children and to treat each other with kindness and respect.



NCN Citizens came together in a moment of tragedy showing the strength of community and respect for the families.



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NNOC Recaps School Year of Accomplishments

As the school year comes to an end, NNOC would like to thank all of the staff, students, parents, and guardians who contributed to the success of this school year. There were many great success stories as well as many great challenges this year. On June 19, 2018 at 2:00 p.m. we celebrated our Grade 12 Graduation at the OK School Gym. On June 20, 2018 from 3:00 p.m. – 5:00 p.m., report card pick up night was held for parents and guardians. June 21, 2018 marked the official last day of school for the 2017-2018 school year. Some highlights from this year include:

- NCN Constitution presentation and critique
- NCN Lands presentation
- Live Different Group
- Festival of Arts (November and May)
- Magoo Crew
- Learning Bird Project
- Hunter Safety Course
- Cultural Camp in Cross Lake
- Zones Basketball in Flin Flon
- IYF Mind Education
- March Madness Basketball in Winnipeg
- Duncan Wood Memorial Hall Renovation

Targeting Improved Attendance for Next Year

A major ongoing challenge at NNOC, which needs to improve for next year, is attendance. With poor attendance, students fall behind and the class as a whole. Below are our attendance rates from the 2017-2018 school year:

Month	Attendance
September	65%
October	52%
November	51%
December	40%
January	59.6%
February	53%
March	49%
April	53%
May	57%

If a student misses 30% of the school year from Kindergarten to grade 8 they will have missed 30% x 9 years = 270% or 2.7 grades! These habits carry into High School and cause challenges for students as they fall behind.

A big thank you to NCN Parks and Recreation for sponsoring NNOC students to go see the movie Indian Horse in Thompson. Very much appreciated!



2018 graduates have a little fun celebrating their achievements at the grad ceremony.



Students sponsored by NCN Parks and Rec travel to Thompson to see Indian Horse movie.

Ryan Land of Vale meets with members of the NCN community and Lands Office as well NNOC Principal to discuss a new annual award for our graduation. Vale will be providing a \$1,000 reoccurring scholarship to NNOC in the name of the Late James Spence. Vale initiated this new award to show their gratitude and respect to the contributions of NCN and the people of NCN.



Literacy Fair Success to Continue Next Year

Literacy traditionally means the ability to read and write. Now in today's modern terms its meaning has expanded to include the ability to use language, numbers, images, computers, and other basic means to understand. To enhance and create more fun ways to read and write,

OK school held a Literacy Fair in March for students in grades 1 to 4. Several centers were created by teachers and were run by Educational Assistants and grade 8 students. The Education Assistants organized the centers and fair. The grades 5 to 8 classes provided literacy games in the classrooms. They hosted a literacy tournament and prizes were awarded to top winners.

Last year the literacy fair was held on March 21 and each grade groups got a chance to check out 7 literacy centers ran by EA's and grade 8's. At the end of the 45-minute period children were treated to popcorn and juice for all their hard

work. The success of the program is measured by encouraging more students to enjoy reading and to find interesting ways to learn. Organizers hope to continue the program next school year.



Cree Birth Project: Starting Life in a Good Way Creating Sustainable Prevention

The initiative is a partnership between FNHSSM, Wijiiji'idiwag Ikwewag (Manitoba Indigenous Doula Initiative), National Aboriginal Council of Midwives, University of Manitoba, Pimicikamak Cree Nation, and Nischawaysihk Cree Nation. Together the partners are working to create a framework for a cohort research initiative to follow babies born with the support of a culturally trained birth worker.

Manitoba First Nations have been negatively impacted by; the continued separation of children from their families through child welfare, ongoing colonial policies which prevent children from accessing required supports within their communities and the inter-generational impacts of Indian Residential Schools (IRS). This initiative is working to support Indigenous Knowledge Keepers to define the indicators for Cree communities regarding cultural identity and protective factors for health. These indicators will be used to measure the impact of birthing with Indigenous knowledge on the cohort over a period of 5 years or longer. Grandmothers have stated that the way to address the health and social issues faced by First Nations (i.e. school readiness, mental health, high diabetes other non-communicable diseases) is to start at the beginning with practicing Indigenous ways of knowing that support the

spirit of the child during birth and early childhood.

On May 29th and 30th, NCN hosted this gathering of Indigenous grandmothers, grandfathers, birth workers, and families to inform and lead the creation of a research proposal, formation of the governance structure, the Cree indicators and community partnerships. While also including a discussion on how to return birth to the communities, specifically leading to the development of a Cree birth and training center. The outcome of the initiative includes a video, a research proposal idea and outline that was taken to the national meeting on June 12th, 2018.

Participants of this project-based event were provided an introduction of this project and participated in workshops that included the Moccasin Project through the First Nation Family Advocate Office and made moccasins for all the newborn babies to come.

There was also discussions with Knowledge Keepers who work in the area of birthing with a focus on Cree Culture. Topics of Discussions included: Birth, Strengthening Families and Creating Life-long Relationships. Also looking at how can we:

- Support Women to bring life into this world?
- Support their life moving forward?
- Ensure safety for women during pregnancy and birth?
- Creating space where babies feel safe, secure and loved as they grow?

The gathering concluded with a group discussion on Wellness Across the Lifespan of which a beautiful mural was created and shared with stakeholders from across Canada.



2018-2019 School Year Calendar



DATE	SCHOOL CLOSURE
August 30-31, 2018	Staff PD Days
September 3, 2018	Labor Day Holiday
September 4, 2018	First Day of School
October 8, 2018	Thanksgiving Holiday
October 9-12, 2018	Flex Day Break (4)
November 12, 2018	Remembrance Day Holiday
December 21, 2018	Flex Day (1)
December 24, 2018	Christmas Break Begins
January 4, 2019	Christmas Break Ends
January 7, 2019	School Resumes
January 29, 2019	Staff PD Day PM only
February 18, 2019	Louis Riel Day
March 18-22, 2019	Flex Day Break (5)
March 25-29, 2019	Spring Break
April 19, 2019	Good Friday Holiday
May 20, 2019	Victoria Day Holiday
June 20, 2019	Last Day of School
June 21, 2019	Aboriginal Day
June 24-28, 2019	Flex Day Break (5)
OK School Term Dates	
Term 1	August 30 – December 3, 2018
Term 2	December 4 – March 12, 2019
Term 3	March 13 – June 20, 2019
OK School Report Card Night	
Term 1	December 11, 2018
Term 2	March 11, 2019
Term 3	June 19, 2019

DATE	SCHOOL CLOSURE
OK School Report Card Writing Day	
1	November 23, 2018
2	February 22, 2019
3	May 31, 2019
NNOC Report Card Writing Day	
1	November 9, 2018
2	April 18, 2019
NNOC Term Dates	
Term 1 (90 Days)	August 30, 2018 – January 28, 2019
Term 2 (90 Days)	January 29, 2019 – June 20, 2019
NNOC Report Card Night	
Term 1 – Part 1	November 14, 2018
Term 1 – Part 2	February 6, 2019
Term 2 – Part 1	April 24, 2019
Term 2 – Part 2	June 19, 2019
Kindergarten Graduation	June 13, 2019
Grade 8 Graduation	June 13, 2019
Grade 12 Graduation	June 18, 2019

Total Flex Days = 15 days
October 9-12, 2018
December 21, 2018
March 18-22, 2019
June 24-28, 2019

Total School Days: 195
Classroom: 180
Flex Days: 15
Total: 195

Approved by NNCEA School Board Motion #2018-05-08-09
The above calendar is based on a 6 hour instructional day.

Fundraising to Remember Our Three NCN Boys

The NCN community continues to receive support after the terrible deaths of Terrence Spence, Mattheo Moore and Keethan Lobster.

On May 26th, Thompson citizens gathered at MacLean

Park for some fun family activities to raise money and honour the three boys. People enjoyed a barbeque and warm weather, but the big draw was a pie-throwing booth. Participants paid for the chance to throw a whipped cream pie into the face of several local stars, including Thompson Citizen editor Ian Graham, CHTM radio hosts Max Healey and Josh Cain, and city councillors Penny Byer, Blake Ellis and deputy mayor Colleen Smook.

NCN council member Bonnie Linklater accepted a cheque for about \$600 at the end of the day, and told the crowd she was touched by their generosity.

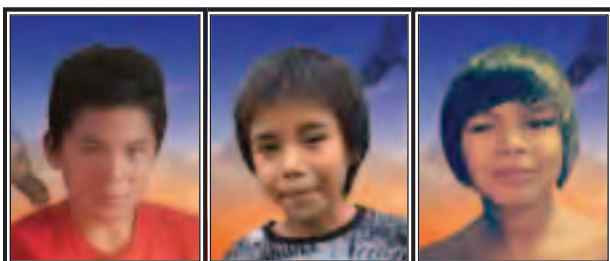
"Even though it's cloudy today, I woke up this morning thinking it's so

beautiful because we're coming together as a community and we're doing something awesome for our youth."

Other attendees included Flin Flon MLA Tom Lindsey, former Thompson MLA Steve Ashton, and current Churchill-Keewatinook Aski NDP MP, Niki Ashton.

A Go Fund Me account was created by Tori Yetman a few days after the accident. In one month, 1,043 people donated almost \$65,000. The money raised was to be used by the families to pay for headstones, funerals and wakes. She suggested additional money could be used to improve infrastructure along the highway, such as better lighting and trails, as it's a popular place for biking and walking throughout spring and summer.

Chief Marcel Moody has said Council will work with the boys' families to determine use of the funds.



NNCEA School Board (2015-2018) Accomplishments and Reflections



2015-2016

November 2015: Current Board Voted in to 2018
December 2015: Inauguration of new school board
January 2016: First Board Meeting
February 2016: Remediation Plan (RP) Began
March 2016: 2016-2017 Budget Set and Remediation Plan Completed
April 2016: 2016-2017 School Calendar Approved
May 2016: 2017 Staff Hiring
June 2016: Director of Education Vacancy
July 2016: NNCEA Policy review
August 2016: NNOC shut down and moved back to OK

2016-2017

September 2016: New Director of Education, Fire Alarm Replaced and Phase 1 of RP done
October/November 2016: NNCEA Policy Review Asst. DOE Recruited
December 2016: PATH Plan Created and CBA Signed for 2017-2018
January/February 2017: NNCEA releases ATEC from NNCEA umbrella and Trustee Dolly Spence Passed
March 2017: 2017-2018 Budget Set and NHL Project Done
April 2017: New Board Member and Flex Day Calendar
May 2017: AGA and First Culture Camp
June 2017: Graduations Held
July 2017: School Evaluation Start, 5 New Buses and 1 Wheelchair Van Purchased
August 2017: New School Year Signage/Speed Bumps

2017-2018

September 2017: NNOC moves back to trailers and New Principals for OK and NNOC
October/November 2017: DWM Hall Reno began
December 2017: Feasibility Study completed and DWM completed
January/February 2018: Monthly Board Meetings
March 2018: 2018-2019 Budget Set
April 2018: PSE Handbook Reviewed and CBA Negotiations Work
May 2018: School Evaluation for 2012-2017 completed
June 2018: Graduations and Mini Manual Approved
July 2018: CBA expires July 2018
August 2018: Weekly Board Meetings

NCN Hockey Player Joins the Canada Cowboys

Ryder Wastesicoot is 11 year old and attends Riverside School in Thompson.

He is a passionate hockey player and last year played peewee with the King Miner AAs and AAA spring hockey with the Manitoba Lightening.

"I love hockey because I get to make new friends," Ryder says. The defence player calls Dustin Byfuglien his favourite in the NHL.

Ryder is the son of Kerri Linklater and Melanie Wastesicoot. When he's not on the ice, Ryder enjoys scootering, bike riding, lacrosse and walking the neighbours' dogs.

This summer, Ryder will play with the Canada Cowboys and travel overseas to a tournament in Europe. Readers will remember the Canada Cowboys as the team that local NCN girls, Kurtia Yetman and Haley Jo Braun, have played with in the past.

"I'm excited to travel so far and see different countries," Ryder says.

Have a great trip, Ryder, and good luck!



Ryder Wastesicoot will be playing for the Canada Cowboys this summer.

Environment and Forestry Program Offered at Schools

Forestry and Parklands has approached the schools to introduce and develop a Forestry Curriculum for the Middle and High School course. The pilot program will potentially be a course for high school student called Enviro Challenge. This is a credit course offered in other schools. The program is a culturally

relevant environmental training course for First Nations, in their home communities.



Parks and Rec Revs Up Fun for Dads and Kids!

During the last week of May, Parks and Rec hosted a youth fastball skills competition. Events included base running, ball throw, pitching, first base dash, and homerun derby. Great to see our kids working hard to improve their skills! Special thanks to Ryan Tait for donating a new baseball bat.

A lot of fun at Family Day on May 27 at Mile 33. Parks and Rec provided free transportation and meals so people could enjoy games and activities, and a bouncy castle for the kids. Contests included boys' funniest jig, girls' broom dance, women's Face the Cookie, and men's cracker whistling.

NCN enjoyed a slo-pitch tournament with 10 local organizations the week of June 11. Parks and Rec loves to see groups such as the band office, ATEC, teachers, and NCN constables coming together to exercise and entertain the community.

A great way to celebrate the wonderful dads in our community was the mini-festival on June 16. Fun events included self-portrait drawing, broom dance, water fountain relay and blind poker derby. There were door prizes and a BBQ too!

And of course, Parks and Rec kept everyone busy at Gilbert McDonald Arena, the ball field, and DWHM. Our NCN kids enjoy flag football, softball, floor hockey, Aurora Dance classes, Diamond dances and more!

Remember to follow the Parks and Rec Facebook page so you can get involved!



Upcoming events:

Parks and Rec will host Swim to Survive (for all ages) July 23 to 27. It is so important to ensure your kids have skills and confidence around water. Plan to enrol everyone in your family.

There are also 24 spaces for CPR training and 40 spaces for BOAT licensing. These are great skills to have. Your knowledge will make you valuable at community and family events, and even make you more employable.

Get in touch with Lou at 307-2243 or Terry at 307-2246 to register!



Reading Recovery Dramatically Improves Skills for Students

Reading Recovery is a thoroughly researched and proven early literacy intervention for the lowest-achieving first graders. Individual students work one-to-one with a specially trained teacher for only 12 to 20 weeks and receive daily 30-minute lessons. After a full

series of lessons, about 72% of students achieve grade-level standard.

Developed by Marie M. Clay, The Observation Survey of Early Literacy Achievement is a formative assessment tool that received the highest rating from the National Center on Response to Intervention and contains six literacy tasks: Letter Identification, Word Reading, Concepts About Print, Writing Vocabulary, Hearing and Recording Sounds in Words, and Text Reading. A Reading Recovery teacher analyzes and uses the valuable information from these tasks to plan initial lessons

and to assess student progress over time. Additionally, the Observation Survey can be used by classroom/specialist teachers or researchers as a universal screener for early literacy knowledge and contains national norms that help make comparisons.

This year a total of 24 students were tested and a total of 9 students were seen on a regular basis for Reading Recovery. Most students who entered the program didn't know their alphabets to reading at level with their peers in their classes. Some of the reading recovery students were the top readers in their class.

Moody x 2 Music Video Supports NCN and Humboldt Hockey

Homegrown talent Moody x 2 has released a new music video called "Universe." It was produced by Starland Studios in Drumheller, Alberta.

The video is dedicated to NCN children, Keethan Lobster, Matteo Moore and Terrence Spence, who were killed in a drunk driving accident, and the Humboldt Broncos hockey team, which lost 16 members of their team and staff in a highway accident.

"It's a profound love song about loving someone so much you would not be able to go on without them in your life. It has a deep dark side to it that is not morbid but meaningful," says Starland Studios president Matthew Todd Paproski. "Those

tragedies evolved into a vision that we captured with many people helping, of both love and love lost."

The video was filmed in various locations around the Drumheller area, including the hoodoos and Starmine suspension bridge.

The video will premiere in Drumheller at screenings on Canada Day weekend. Natasha and Alexandria will also perform live with their band. Check out the video for "Universe" on YouTube and Facebook.

Recently, Moody x 2 has had some exciting opportunities. Their music is now available on iTunes, and they received a request from Sirius XM Canada to play their music across the country.

Congratulations Moody x 2! Your NCN community is proud of you.



Natasha and Alexandria Moody have released a new music video dedicated to NCN children, Keethan Lobster, Matteo Moore and Terrence Spence, who were killed in a drunk driving accident, and the Humboldt Broncos hockey team, which lost 16 members of their team and staff in a highway accident.

\$200,000 MONSTER BINGO

Saturday, July 21, 2018

CHTM Radio – 610 AM, 102.9 FM, and 98.1 FM local radio

4 JACKPOTS:

\$15,000
\$25,000
\$40,000
\$80,000

EXTRA GAMES:

2 games @ \$2,500
\$5.00 for a 3 T.V.
2 games @ \$5,000
\$5.00 for a 6 T.V.

REGULAR GAMES:

6 games @ \$2,000
6 games @ \$3,000
2 games @ \$5,000

THE FOLLOWING WILL BE AVAILABLE FOR VISITORS:

- Arena – Nelson House
- Trappers tavern & Mystery Lake boardroom – Thompson (seating limit 300)

Doors Open at 10:00 a.m.
Games Start at 1:00 p.m.
No Refunds

ADVANCE TICKETS \$250 for a 12 T.V.
(1,000 tickets sold)

TICKETS: After Midnight, July 20, Cards are \$300.00

CARDS CAN BE PURCHASED FROM:

- NCN Radio station
- Mystery Lake Hotel
- Gilbert McDonald Arena
- Debbie Muskego

FOR MORE INFORMATION CALL:
Terry: 204-307-2246 or Lou: 204-307-2243

What's Next for NCN Future Plans?

Chief Moody revealed Council's preliminary plan for the next 2-4 years

- Self-government negotiations
- Complete an Agreement-in-Principle within 12-18 months
- Housing and infrastructure
- Ensure funding is in place for new schools, water treatment plant, subdivision, community health complex and ATEC expansion
- Social assistance model
- Develop a guaranteed basic income concept to encourage treatment, training and employment



Three Rivers store at NCN.

Revenue highlights:

"The 1996 Agreement was the start of our journey to restore economic independence for our Nation. The numbers we deliver to you now show the progress we are making."

- Total NCN revenue has increased from about \$71 million in 2012 to approximately \$86 million in 2017
- Business and investment revenues have increased significantly from \$38 million to \$45 million in the past six years
- During this time, there was little change in INAC funding, until last year, when Chief and Council were able to obtain a significant increase, up to almost \$28 million

Housing achievements:

"One of the most pressing issues facing our Nation just a few years ago was a serious housing crisis. In 2015, when the PDA Supplement 2 was signed, about 40 per cent of Citizens in Nelson House were living in overcrowded conditions," says Moody. "We set an aggressive goal of building 100 homes in 5 years, and we did better than that."

- 138 new units built in 3 years, including bungalows, bi-levels, rent-to-own housing, RCMP rental housing, and transitional housing
- Testing viability of solar energy with a four-plex build
- 10 housing units built with medical infrastructure and equipment based on Jordan's Principle
- Moved mobitel units from Wuskwatim partnership into community
- Significant investments in major and minor housing repair to ensure our Citizens' safety and security

Infrastructure Initiatives highlights:

"With the positive progress we've made in housing, we're now able to set goals with a wider lens on gathering places and services that will help our Citizens live prosperous lives."

- Entrance community sign and memorial cenotaph have been erected
- The Norman Linklater memorial Multi-Plex will be officially opened later this year
- The lagoon project is moving ahead through INAC
- Design and construction is expected this year on the water treatment plant
- A 20,000 square foot ATEC expansion
- Next steps to design two new schools are selecting a Project Manager and an architectural firm
- Designs in place for sheltered outdoor harbour
- Cemetery beautification
- Government office phone upgrade and plans for future underground fibre optics
- Upgrades of almost \$2 million to roadways in the NCN community
- Development of a 30-year Community Master Plan, taking into consideration accessibility, maximized investment and a growing population

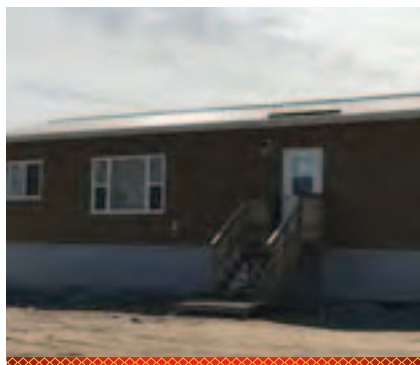
Business Investments achievements:

"To ensure our Nation's progress and long-term prosperity, we must continue to invest in fiscally sound ventures that will benefit our community."

- Changes to the Wuskwatim PDA 2 allow us to keep our 33% equity position and suggest the Dividend Loans will be paid off earlier than projected
- Our Nation now has three NCN Three Rivers and Family Foods stores
- Mystery Lake conversion complete; new gas bar and convenience store under construction
- New partnership with National Access Cannabis to establish medical marijuana dispensary
- Approval of land code allows for more efficient development in the future



ATEC 20,000 square ft. expansion.



2016/17 Nursing residence, Health Canada
Project, Managed by NCN.



2017/18 – Women's Shelter construction.



Artist's concepts of the proposed multi-plex.

As Nisichawayasi Nehethowuk, we have traditionally lived by reference to Kihche’othasowewin (the Great Law of the Creator). This law reflects our spiritual and philosophical beliefs, values and goals. Many of these principles were first written down and documented by our Elders as part of the Wuskwatim Project Agreement. Their work has been incorporated into our Othasowewin and our Strategic Plan.

Changes to Laws and Governance

Using our Othasowewin as a guide, Chief and Council continue to amend our laws and governance with the help and recommendations of NCN Citizens.

The Finance Law was adopted by Chief and Council on May 8, and replaces the old Indian Act Financial Administration Bylaw. It was the first law completed solely using Othasowewin procedures. This allows us to be open to feedback from Citizens, and even better, we found this was more efficient and less costly than using the Indian Act and old INAC policies.

With thanks to NCN Citizens for their input, the NCN Election Law has been amended, and it is in effect for the elections that will take place this August. These amendments included:

- All candidates must submit drug tests at point of nomination and undergo random testing during election period and, if elected, throughout term of office. A positive test results in disqualification as candidate, and if elected, removal from Chief role or Council.
- The title of Deputy Chief has been amended to Vice-Chief.
- NCN Citizens with criminal records are able to run for office if it has been at least 8 years since conviction or jail sentence or appeal, with the exception of convictions of murder, manslaughter or sexual assault.
- Fixed election dates have been established (Wednesday and Thursday in the third or fourth week of August) and advance polls have been removed from the election process.
- The Electoral Officer can decide to use mail-in ballots at least 90 days before the last day of the fixed election days, and will establish procedure and publicize at least 60 days before election.
- Any candidate who engages in cyber bullying directly or indirectly will have 24 hours to remove posts or will be disqualified.
- The Appeal Committee has clear authority to dismiss appeals or complaints without merit without requiring a hearing.
- The Electoral Officer will arrange for NCN Citizens to observe counting of the ballots as long as there is no interference.

A few recommendations from the community have not been amended or put into effect at this point, as further input will be required.

These include:

- Should the Chief, Vice-Chief and majority of Councillors be required to live at Nelson House?
- Should Chief and Council expand to 9 members, as it was prior to 1998?

- Should the Vice-Chief position be elected separately, like the Chief?

The next sections to be brought forward will be Marital Property and Allotment Laws, and after that, Business Licensing Laws. Please be sure to learn more and offer your opinions so we can continue to assert our sovereignty in ways that benefit our Nation.

If you would like to learn more about these amended Laws, please visit www.ncncree.com and read the NCN special update newsletter: Laws and Governance.

If you are interested in running for office, obtain a Name Criminal Record check from the NCN RCMP detachment as soon as possible. Plan to attend two evening sessions on June 27 and 28 at 6 p.m., in which the election process and council member responsibilities will be outlined.



School's Out For Summer...Now What?!

While kids are counting down the days until they're released from their desks, parents are doing the same thing but moms and dads may be a little worried about filling all that time!

Of course, it's easy to plop down in front of a screen, and it's the top choice for most kids, but we all know it's not the healthiest way to spend the summer.

Too much time in front

of video games, TV, movies, phones, laptops, tablets and social media can cause physical, emotional and mental damage in young people. They may lose sleep and appetite, become aggressive and angry, experience online bullying, and create an addiction.

But how can we fill in all those summertime hours?

Sit down with your kids and come up with a list of adventures (big and small) they'd like to enjoy. You might be surprised what small pleasures and goals they come up with. Plan on a few activities to look forward to over the course of the summer. Can you aim for a visit with grandparents in July? A family fishing trip in August? Put it on the calendar so kids can anticipate the fun you'll have.

Some people find it helpful to create a loose weekly

schedule for the summer. Many kids appreciate knowing what's coming up. Choose one day a week for the Wellness Centre gym. Maybe every Wednesday is a playdate with a friend. Cleaning and cookies Thursdays? Freedom Fridays (no chores at all)? Try family games and a movie every Saturday.

Many parents (especially those who can't be at home full-time) create a list of tasks and fun that must be completed every day before screen

time can begin. Include activities your children enjoy (such as playing outside) and those that are more challenging (like reading). Use shorter time requirements for smaller children and increase for older kids.

Try the “Have you, Then do, Now enjoy” method:

- Have you (brushed your teeth and hair, gotten dressed, cleaned your room, had breakfast, etc.)?
- Then do (one hour of reading, cleaning/organizing/baking/fixing, 30 mins. of arts/drawing/lego, something kind for a family member, two hours of outside play, preparation for supper, etc.).
- Now enjoy (screen time agreed upon by child and parent)!

The beginning of summer is a great time to review your family's safety rules. With whom are your children allowed to play? Who is too old and too young? Are they allowed in other people's homes and cars? What areas are they permitted to play and where is it unsafe? What activities have to wait until their parent is available? Do they know your cell number and schedule?

It's usually helpful for children to understand the reasoning behind your rules. For example, if they are not allowed to play at the river, explain that they are not good swimmers yet, it can be tricky to read the current, and there was once a terrible accident. Let them know when they will be able to visit the river ("we'll try to go together after work on Tuesday").

Here's to a fun, safe summer!

Limit the Screen Time

The Canadian Paediatric Society (CPS) recommends:

- Children under the age of 2: no screen time of any kind
- Kids between 2 and 5: no more than one hour a day
- Kids 5 to 11 years old: no more than 2 hours a day

Remember, every hour of screen time is an hour they're not getting the physical and social activity required to become successful adults!

Footprint Lake Water Levels

Footprint Lake 60-Day Water Level Forecast

Revised Forecast June 1 – July 31, 2018

On June 1, 2018 the level of Footprint Lake is forecasted to be 798.6 feet. The level of the lake is expected to remain fairly constant near an elevation of 798.6 feet during the month of June.

During the month of July, the level of the lake is expected to remain fairly constant near an elevation of 798.6 feet.



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