סלעליצלי ש"על עיאראיראיר NISICHAWAYASIHK CREE NATION



OKIMAHKAN OTY'AMIWIN FROM THE CHIEF Remembering Chief Norman Linklater KITITAHWINAOW ACHIMOWIN COMMUNITY Othasowewin (constitution) –

Your Vote Counts

KAKI PI ISPATHIK AKWA ISI TWAWINAH HISTORY & CULTURE Learning the Timeless Craft of

Drum Making

18

NOVEMBER 2017

Achisichawayasi ortover ortettor

Multiplex Name Honours Late Chief Linklater

After a valiant fight against pancreatic cancer, former Chief Norman Linklater passed away on October 17th, 2017.

Wake services were held the weekend after Norman passed away. A celebration of life was held on Monday, October 23 at OK School, followed by a feast at NNOC.

At the service, Chief Marcel Moody and Council announced that the new community multiplex will be named in Linklater's honour. It is expected to be completed next year.

"He made so many contributions to our people and our community. He built up our pride and always worked toward our independence," says Moody. "Naming this space after him is a fitting tribute. It will be a place for our Citizens to celebrate as a community. It will remind us all to do great things in that space."

Norman Linklater was born in Nelson House in 1953. He married his lifelong partner Elizabeth, in 1977. They had three children and adopted nine more. He worked as a bus and taxi driver, a truck driver and a heavy equipment operator. Linklater was passionate about the NCN community and eventually headed into politics. He served as an NCN councillor for ten years, and also as the Nation's CEO. From 1990 to 1994, he was NCN Chief, following in the footsteps of his father Nelson, who also held the position. He was head of the Wuskwatim Implementation Office from 2006 to 2015.

Moody says a display case with Linklater's headdress and a plaque to honour his memory will be erected in the facility's foyer when the building is completed.



The late NCN Chief Norman Linklater will have the multiplex named in his honour and a memorial display (featuring his headdress) created to acknowledge his commitment and services to the community.

NCN Chief and Council

– Your Leadership – Working to Build a Brighter Future for Our Nation.



Top row (left to right): Councillors Joe Moose, Willie Moore, Patrick Linklater and Ron D. Spence. Bottom row (left to right): Councillor Shirley Linklater, Chief Marcel Moody and Councillor Bonnie M. Linklater.



Tansi. It is with great sadness, but deep respect, that I write this statement. On Tuesday, October 17th, 2017 at approximately 10:30 p.m., our friend and leader, Norman Linklater passed away. He was only 64 years old. While he was much too young to pass on, we must believe the Creator has other plans for him now.

It was two years ago today that Norman underwent major surgery for pancreatic and colon cancer. For months afterward he was so ill that those of us who visited him in the hospital wondered if he was going to make it home again. But with Norm's usual determination, resilience and positive attitude, he fought against all odds and came home in early 2016. He loved our community his entire life.

I have been thinking about what our world will be like without Norman's sense of humour, laughter, sharp wit and uncanny political judgement. He was a great man. Those of us who knew him will have many memories of the good times we had together. Over the past two years as Norm fought the fight of his life, we would spend time talking about those memories. Not long ago, I reminded Norm that he has been my mentor all of my life. I spent lots of time personally and professionally with Norman. As a result, I feel quite lost today, as he was such a major influence on all parts of my life.

He and Liz gave me my first job, driving taxi for them. We used to play baseball and basketball together. Norm encouraged me to run for Council in 1990–the year he became Chief–after having served on

Council for 10 years. During the four years Norman was Chief, we took those first tentative and risky steps to move our Nation onto a path toward self-government and economic sustainability. Norm hated taking

risks but knew they were necessary if we were going to regain our pride and independence. He has been a major contributor to every move we have made to build our Nation

since the 1990s. Being a leader is not easy. It requires making tough decisions, often without precedent to follow. It requires compassion, caring, common sense and high ethical standards.

On behalf of our community, I want to thank Norm's family for sharing him with us. I also want to thank our Citizens for the honour and trust they placed in Norman. He was always honoured by the trust and responsibility given to him by our people. Because of your support, our community has much to be proud of, as Norman's life made a huge difference that will be felt by our Nation for generations to come.

I learned so much about life from Norman: the importance of family, dedication to our community and the need to maintain our language in order to preserve our identity.

I offer my heartfelt condolences to Elizabeth, the love of his life and an amazing life partner who has dedicated every waking minute over the past two years encouraging, comforting and helping Norman. I also offer my sincere condolences to Roslyn, Joan and Leona, the daughters who were so important to him, as well as to his grandchildren, great-grandchildren and all the others whom Norm and Liz adopted and cared for over the many years. I also offer my sympathy to Norm's mother Dorothy, his brother Pat, my Council colleague for many years, as well as all of his brothers and sisters.

Our community has lost so many bright lights over the past while, it seems we are constantly grieving. But I hope you will take a few moments to share your happy memories of Norman Linklater, a great leader and a great friend.

I would also like to thank Norman's family for generously donating Norman's Chief headdress to become part of NCN's historic artifacts. The headdress will be encased in a memorial display at the new multiplex facility – named in his honour – along with a plaque to recognize his valued contributions to our community.

Ekosani!

nemovo Chief Marcel Moody Nisichawayasihk Cree Nation

NCN's Albert Berard Named Captain of Norman Northstars

Norman's life

made a huge

difference

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Nation for

generations

to come.



Just last year, in October 2016, the NCN community was excited to see a few young men invited to join the Norman Northstars AAA Midget hockey team.

This year, one of NCN's own, Albert Berard, not only made the team but was also chosen to lead the team as captain.

Berard is a forward and wears the #10 jersey. So far this season, he's scored 11 points (5 goals

and 6 assists).

Another player from NCN is Jerome Linklater, who has registered 12 points already this year.

The Northstars are off to a slow start this season, but it is never too late to turn things around. Come out and cheer on these fantastic hockey players!

Catch the Northstars in action on Friday, December 1st and Saturday, December 2nd at 7:30 p.m. when they take on Central Plains in Thompson.



KITITAHWINAOW ACHIMOWIN Community News

Wellness Centre: Jordan's Principle Receives Funding

After a full decade of unresolved bureaucracy, anger, confusion and sadness, the Canadian Human Rights Tribunal has ruled that the federal government continues to underfund the medical care that First Nations children receive.

Jordan's Principle was unanimously adopted by Parliament in 2007. It decrees that no First Nations child will experience delay, denial or disruption of services that are normally available to other Canadian children.

In response to the CHRT's ruling, the federal government has begun its funding in earnest. Since May 2017, almost 20,000 services and supports have been approved for First Nations children across Canada under Jordan's Principle. This includes medical equipment, speech therapy, mental health and educational supports. Ottawa says it will spend about \$150 million by the end of the 2017 fiscal year on Jordan's Principle cases.

In NCN, this funding has allowed for two of the new Child and Family Services homes in Nelson House to be prepared with special equipment to meet the high medical needs of children. The NCN Family and Community Wellness Centre has secured funding and set up "a child first initiative" to help services for NCN children needing care.

Jordan's Principle is named after Jordan River Anderson, a boy from Norway House Cree Nation who died in a Winnipeg hospital in 2005. He was born with a rare muscular disorder that did not allow him to be at home with family while the federal and provincial government argued about the costs of his care. Jordan's Principle ensures this will not happen again.



In response to the CHRT's ruling, the federal government has begun its funding in earnest. Flu Clinic Dates



November 2017 Dates Flu Clinics are available from 9:00am - 4:00pm Monday to Friday Evening Clinics November 15 - 5:00pm - 8:00pm November 22&23 5:00pm - 7:00pm

 Protect yourself, Protect your family, protect your community - Get your flu shot.



When: ALL OF NOVEMBER

Where: FCWC Public Health

Other: For further information please call the Public Health Department and speak with one of our Nurses.

204-484-2341

OK School Rewards Good Attendance With Tablets





Congratulations to the winners!



Winter Fun Includes Ice Safety

Many people enjoy outdoor adventures, such as skidooing, snowshoeing and ice fishing, during the winter months. With proper planning and safety in mind, everyone can return home with stories to tell rather than tragedy.

The first rule of winter fun: do not drink alcohol or use drugs.

Bring a friend. If you're pursuing a new hobby, ask an Elder to join you. You'll find the best spots and learn about safety as you go. If you have experience, invite a young person along, so you can teach safe techniques to the next generation.

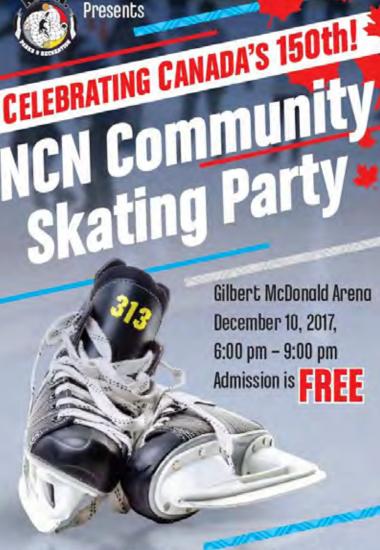
 Check in with local experts on the day of your adventure for information about ice conditions.
Check the weather report to ensure there are no storms rolling in.

Tell someone your plans. Let people know where you are headed, what route you plan to take, and when you expect to be back.

- Make sure your cell phone or radio is fully charged and will work where you're headed.
- Pack ice picks, a throw rope, a flotation device and a sled for your gear.
- Bring dry clothes and waterproof matches/lighter (and keep them safe), so if you go through the ice, you can change and warm up before hypothermia sets in.
- Do a visual check of the ice. Grey ice, moving water, cracks, breaks or holes, ice that looks thawed and refrozen are all danger signs that should cancel your plans.
- You need at least 5 inches of clear, blue ice if you're using a snowmobile. A car requires 8-12" of ice, and a truck 12-15".
- Once you've decided the ice is safe, spread out from your friend and move slowly. Do not listen to music while on the ice, and stop once in awhile to assess your situation.

If you go through the ice:

- Do not panic.
- Focus on your breathing.
- Face the spot where you fell in.
- Your buddy (on knees or laying flat) should throw a rope to you from as far away as possible.
- Stay horizontal in the water.
- Kick while your buddy pulls you out.
- Do not stop too soon!
- Roll away instead of standing up to walk.
- Seek shelter.
- Get out of your wet clothes immediately.



- Enjoy listening to Christmas carols
- Hot dogs and hot chocolate will be served
- Dancing competition
- Skating with Santa
- For more information, contact: Lou Moodie: 204-307-2243 Terry Linkloter: 204-307-2246 Cheyenne Spence: 204-679-6827



Citizens are reminded to use extreme caution around waterways and to stay on safe winter trails. Every year accidents and even deaths occur near lakes.

NOVEMBER 2017 AChine Ac

NCN Chief and Council Host the 3rd General Assembly for 2017 Working Towards Sovereignty and Self-Sufficiency

Over 150 NCN Citizens were in attendance throughout the afternoon and into the evening for the third General Assembly in 2017. The General Assembly was opened with a prayer at approximately 2:00 p.m.

Co-chairs, Councillor Pat Linklater and Councillor Bonnie Linklater did a tremendous job in keeping the meeting on schedule, to ensure that community members received a thorough update on community projects; an overview on the proposed NCN Othasowewin (Constitution); and an update on the steps taken since the June Assembly to address the ongoing violence in NCN. The General Assembly concluded with a 2-hour session that welcomed NCN Citizens to share information and provide feedback on the plans going forward.

Community Development Projects

Chief Marcel Moody provided a detailed report on the existing and future Community Development Projects. He outlined the Contractors, Project Leads, Budgets, and Timeframes for each project.

Chief Moody noted that now that NCN Citizens have passed the Aski Pumenikewin (Land Code), there is no requirement for a designation vote on the Mystery Lake Development. NCN will be building a gas station on that property in Thompson. The project has been designed and tendered with construction to begin in the next few weeks.

NCN has received funding to proceed with the conceptual design on the Water Treatment Plant. The goal is to start construction next summer. Chief Moody indicated that the



Water Treatment Plant is critical to supporting the ability to further develop homes as well other infrastructures such as the new school. In addition, the Lagoon project will be completed by the end of November.

NCN completed their paving initiatives for this year. This include road paving of the causeways from the Gas Station to the Industries.

GET INVOLVED. TAKE PART...

OTHASOWEWIN (CONSTITUTION) Upcoming Important Dates

and Voting Information

Ratification Vote

- 1. Electronic Voting from: November 1-29, 2017
- 2. In-person Voting in Winnipeg, Thompson, Leaf Rapids
 - and Nelson House on the following dates:
 - November 20, 2017 Leaf Rapids, Town Center
 - November 21, 2017 Thompson, Mystery Lake Hotel
 - November 23, 2017 Winnipeg, Fairfield Inn & Suites
 - November 28 & 29, 2017 NCN, Gilbert McDonald Arena

All polls will be from 12:00 to 8:00 p.m.

Dates, venues and times, subject to change.



Vote now at ncncree.com and use the e-vote option. It's fast, easy and secure!

Not registered to vote yet? Contact Jacqueline Hunter, Ratification Officer Ph/Txt: 204-679-5213 Email: enlightenfirst@gmail.com Manitoba Hydro absorbed the majority costs of the causeways.

The NCN Multi-Plex is the largest project currently underway. This will be a \$10 million project and the expected date of completion is August 31, 2018. Other development projects going forward include the Women's Shelter, Housing Development, and the Community Pow-Wow Arbor.

Projects that have been completed include the renovations to the temporary high school and the Feasibility Study about the community's school needs. The preferred option expressed by community members is to have two schools: one for elementary and middle years and one for high school. Chief Moody thanked the community for completing the surveys and attending the community workshops to inform this study.

Community projects that are in the planning and design phase include a new Nursing Station and Winnipeg Receiving Home.

Chief Moody mentioned that NCN recently held a Grand Opening of the third Family Foods Store in Opaskwayak Cree Nation (OCN). He was pleased to report that some of our NCN members living in OCN are proud to be working in our store.

Governance Initiatives

Chief Moody provided a report in the existing governance initiatives that the NCN Chief and Council has been working on.

Nation-to-Nation Collaboration

The NCN Chief and Council had their first Nation-Nation meeting with OCN Chief and Council on November 1st. The two Nations have agreed to develop a Memorandum of Understanding to outline how they will continue working together to support each other in their economic pursuits, including the development of the OCN property in Thompson.

Policy Development

Policy development is critical for stable, effective governance. In 2016, the Senior Management Team was mandated to complete a full review of the administrative policies including Personnel, Finance, and new policies such as Alternate Payment Methods, Bereavement, and Off-Reserve Support. This review will be completed in January 2018.

Aski-Pumenikewin

Chief Moody welcomed all NCN Citizens to take part in the celebration of the approval and certification of Aski-Pumenikewin on November 8, 2017. It is expected that the

The

Constitution

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government.

new law will take effect in December 2017. NCN will then begin the process of governing their reserve lands. The transition phase will be a 2-year period of which NCN will develop land laws to support local governance.

Community Planning

NCN has been working with Stantec to update the 1983 community plan. This will outline the long-term plans for development, making best use

of the suitable land for development projects. There will be opportunities for additional input from NCN Citizens.

Updates from June General Assembly

The new Chief Executive Officer, Kathleen BlueSky provided an update on the action taken and new initiatives arising from the General Assembly held in June 2017. Ms. BlueSky indicated that NCN will be developing a Community Protection Program. Surveys and key interviews will be conducted to obtain input from NCN Citizens on how to address violence in the community. There will also be community workshops for NCN Citizens to have input into the strategy for creating a safe community.

The Community Protection Program will include a review of the Curfew Bylaw, Banishment Orders, Education Truancy Measures, and Alcohol Restrictions. This strategy will require participation from all sectors of the community.

Ms. BlueSky announced the development of the Drug and Alcohol Policy for NCN employees. The purpose of this policy is to ensure the health and safety of employees and the general public. The policy has been developed to support wholistic wellness and offer supports to employees, not intended to penalize people for needing help.

Ms. BlueSky spoke to the new Alternate Payment Methods Policy. She indicated that this policy will only apply in certain situations where it is demonstrated that people are misusing or abusing Income Assistance. The policy provides an opportunity for interventions to help people with mental and emotional support, as well as financial management.

There will be additional meetings held with the staff and community members in regard to these policies prior to implementation in the new year.

OVERVIEW OF OTHASOWEWIN (CONSTITUTION)

Councillor Joe Moose presented an overview of the NCN Othasowewin (Constitution). He stated that the Constitution is a critical step to have a stable and effective government. He stated that NCN began re-asserting and restoring sovereignty by removing the Nation from the *Indian Act* in 1998 with the approval of the Election Code. Another major step was the approval of the Aski Pumenikewin. Adopting the NCN Othasowewin will further NCN from the *Indian Act* and set the stage to enter into self-government negotiations.

Councillor Moose provided an overview of each section and chapter of the NCN Othasowewin (Constitution). He requested community members to write down their questions and comments, and register on the Speakers List to present their questions after the presentations.

After the presentation, Chief and Council acknowledged the Nisichawayasihk Neyo Ohtinwak Collegiate (NNOC) for their exemplary effort to teach the High School students about the Constitution. Principal, Nic Campbell spoke on behalf of the NNOC. He explained how they designed a three-week curriculum for the students with a number of interactive and creative assignments. The students participated in community interviews, essay writing, and song writing. They also participated in a meeting with the NCN Chief and Council on October 25th to pose questions on the Constitution and governance matters.

To conclude the General Assembly, NCN Citizens had two hours for speaker presentations. The following members were given time to offer their comments and pose questions to the Chief and Council:

- Ralph Moore
- Curtis McDonald
- Carl Francois
- Cheryl Moore
- Barb Moore
- Jeremiah Spence
- Jim Moore

- Francis Linklater
- Cheyenne Colomb
- Roderick Spence
- Shannon Yetman
- Conrad Moore
- Myrna Spence

Constitution Song Writing and Essay Contest Winners

To support the awareness and efforts of Chief and Council and the development of the NCN Constitution, the NNOC School held a song and essay writing competition. The competition encouraged students to use their talents to write about the importance of our own constitution and what it means to them.

Angela Levasseur and the school judges poured over all of the great entries submitted by the November 1st deadline.

The winners of the PS4 gaming console or IPAD were formally announced at the NCN General Assembly. The top three winners are as follows:

Essay Contest

1st: Charelle Bunn 2nd: Eve Spence 3rd: Rochelle Spence **Song Writing Contest** 1st: Kiya Spence 2nd: Scott Linklater 3rd: Elizabeth Wood Thanks to all participants and we encourage students and parents to get to know the Constitution and hope eligible voters will take the opportunity to vote. Make an educated decision on this important vote for our Nation.



NNOC School held a song and essay writing competition. The winners were congratulated by NCN Chief and Council.

Our Choice

By: Kiya Spence

In order to know about the Constitution here's some facts Okay first of all to protect our people to protect our lands to guide our natural resource ways for future generations to show up and learn the traditional ways

I grew up knowing about trapping, fishing, and hunting For the benefit of our people we have to keep calm we have to keep it equal

With the majority of people say like 50% or more

In order for the constitution to become a success we all have to vote a no or a yes,

It's our choice to speak our choice to stand up a choice to see This is optional for you and me so we can take a vote then wait and see hope for the best for others to see

This could give us more control of our own lives, I think about others who may lose control there is people still grieving others left behind not believing we need to control how we feel there is people who take their own life away from being stuck in the same place trying to get away we need more opportunities in order for people to get busy for people to stay

People trying to hold on to make through another day People doing their best to provide for their family

This is a responsibility for our people to vote

We don't need to be a part of the government no more we can be removed from the Indian Act we won't have to reach out our hand to ask for what we want what we need even to build new facilities For more job opportunities for people to get busy to keep it steady for our people to stay out of trouble We just have to be ready and make the right choice

If you dislike the idea don't be afraid to raise your voice your vote

Song Writing Contest

matters also your opinion there is a choice to speak We as Citizens all have a reason to speak for a bright future and

fight for our treaty rights Just keep calm we will see things clear we all have a voice for Chief

and Council to hear

Even just a word or a sentence

Speak your mind speak from the heart let yourself shine let yourself show

Say what you need to say tell what you know in my opinion there is still more work to be done places to be fixed

There should be more activities for the youth they are talented, smart, and gifted, our future leaders as well as other generations Actions speak louder than words

All voices in NCN should be heard

Each day when I think when I speak when I breathe I am just thankful for another day

I write in my books I just do my own thing I keep myself motivated I gain more inspiration I am thankful for support yes I smile Maybe this could be good who would know I am just going to vote my "yes or no"

This is our responsibility to get together as a community talk to others give advice talk in our own words speak for what is right Do you think this is a good idea?

Do you think this could work?

In my opinion there could be more effort instead of words There could be more actions instead of being encouraged We as Citizens need to attend general assemblies in order to know what is going on

What we need to hear, we need to wake up and realize

somethings may change for the better This is a choice to see a change A choice of change for our future that we choose Being a part of the constitution maybe we would face some change for the future generations we have to wait and see what would be arranged With more info more experience to gain To understand selfgovernment is government by the people making a group or community Being governed by its own members or Citizens So we should gather up together and see what is missing get others to speak take a stand show what's right we have until Nov.28 to get things straight we also still have a lot to face This is our choice as Citizens in order to make a change



The NCN Constitution

By: Charelle Bunn, NNOC Student

Approximately twelve years ago, Nisichawayasihk Cree Nation Chief and Council began working together toward self-government for the community in the creation of the NCN constitution. The constitution is basically a document that would allow Nisichawayasihk Cree Nation to have their own independence, and operate their own government.

On further analysis, the constitution is a structure of governance. The Othasowewin (Constitution) is a major step in Kwayaskonikiwin (Reconciliation) for the journey

to a better nation for Nisichawayasihk Cree Nation. It will allow us to develop new laws about our nation's education, economic development and so much more.

Without the constitution, our nation's elections will be dictated by Indian Affairs, as said in the Indian Act. Our goals for economic development and self-government will fall back. The rules of the Indian Act will still apply to our nation and we will be under Indian Affairs, asking for money.

With the constitution, NCN Citizens will have more control over their lives. Also, NCN Chief and Council will have clearly defined roles and responsibilities. Nisichawayasihk Cree Nation will also have its own court, called Nisichawayasi Court, with its own branch for youth court. The constitution will permit NCN to increase economic development which will allow our community to expand our businesses as well.

Furthermore, here is why we need a constitution: it is to replace the Indian Act with our own system and our own authority. It will allow us to strive toward our own government system. Instead of always being told what to do by the Minister of Indian

Affairs. We also won't have to wait to get approval to build on our own land or to conduct other similar activities. With the new land code (Aski Pumenikewin) being voted as a yes, we have regained control over our lands.

WINNER

What will we achieve with an approved vote for the constitution? It will help us protect our next generations, and our treaty rights. With your vote, you can make a change in our community. In the future, we will be able to protect our lands and resources. Most importantly, our people will be protected. With the constitution, we must take big actions to achieve our goals as a nation.

In conclusion, "the constitution of a nation is a set of rules regulating the powers of its government and the rights and duties of its Citizens." Many other nations have a written constitution as a step forward to independence. Our Cree nation is working toward that goal as well, and for that we need many votes to achieve our goals and strengthen our nation.

NCN Breaking New Ground on Major Projects

On November 8th, 2017, the Chief and Council invited community members to join in the Sod-turning Ceremony for each of the development sites in the NCN. Elder Terry Linklater and Grandmother Diane Linklater along with Grandmother Angie Spence made offerings and blessings at each site. The Chief and Council along with staff and community members offered prayers for the people who would be using the infrastructure being built at each site. The sites included the Pow Wow Arbor, Women's Shelter and Multiplex.



15 1000 aanders

Christmas Hamper Deliveries will take place the week of December 18-22 in Thompson, Winnipeg, Leaf Rapids, and NCN. All NCN Citizens are encouraged to register their families. Up-to-date addresses are important to ensure they receive hampers.

Registration will be available at the Constitution Voting Polls, as follows: November 20th – LEAF RAPIDS, Council Chambers NCN November 21st - THOMPSON, Mystery Lake Hotel November 23rd - WINNIPEG, Fairfield Inn and Suites November 27th & 28th - NCN Gilbert McDonald Arena on-site.

Membership Clerk will be



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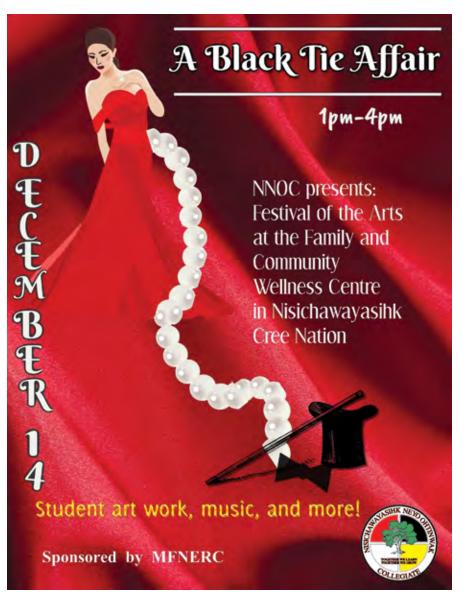
NCN Celebrates the Historic Aski Pumenikewin (Land Code) Milestone

In July and August 2017, NCN Citizens voted to approve the Aski Pumenikewin (Land Code). Chief and Council invited community members on November 8th to join in a special Pipe Ceremony, Feast, and Give Away to honour the Land Code passed by NCN Citizens through culture and ceremony. Over 150 community members were in attendance. The festivities concluded with a celebratory jig by the Chief and Council and Cree Bingo. Lots of fun was had by all!

The Land Code allows NCN to shift away from the *Indian Act* and AANDC paternalism of our NCN Reserve Lands. It will also Strengthen Land Governance

by establishing legal and administrative frameworks to allow us to start managing our Lands ourselves. This will also speed up economic development processes and other development on NCN Lands.







NCN Chief and Council gathered with Citizens to celebrate the Aski Pumenikewin milestone achievement.

Citizens to Cast Vote on NCN Constitution

Over the past three years NCN leadership has taken action to continue moving our Nation forward. Over the past year many new houses have been built and repaired. Construction has started on a number of major infrastructure projects including the new women's shelter, multiplex, and lagoon. The new water treatment plant is about to be designed and plans are in the works for our community health centre and schools.

Our governance projects are all coming to fruition also. The Aski Pumenikewin (land code) was overwhelmingly approved in August. Now as we move forward, the final rounds of consultation on our

We may become the first Manitoba **First Nation** to have our own Othasowewin (constitution).

Constitution will wrap up and voting is underway. We may become the first Manitoba First Nation to have our own Constitution. Leadership continues to believe that

by working

together we can accomplish our goals together.

NCN's Constitution and selfgovernment negotiations are intended to decrease dependence on the federal government and increase our revenues further, while making sure our TREATY and ABORIGINAL RIGHTS are protected and restored.

Changes to the draft Constitution from Round 2 have been included in the draft constitution, available for review online at ncncree.com.

NCN Chief and Council are encouraging your ongoing support as NCN takes this next step together toward approval of our own Othasowewin (constitution). Your vote gives NCN a strong voice!

Replacing the Indian Act with

Nisichawayasihk Cree Nation OTHASOWEWIN CONSTITUTION

To summarize, what happens to the Indian Act, the Constitution alone is intended to replace up to 22 sections immediately with a further 15 being replaced through the Constitution and subsequent selfgovernment negotiations and there are 5 provisions which NCN will want to retain (marked with an *). These will be discussed during self-government negotiations. The remainder will not apply due to the Aski-Pumenikewin land code.

the

	Indian Act Section	Description	Comment
	2(3)	Powers band and council	Constitution & self-government negotiations
	4(2) & (3)	Authority of federal government to decide if Indian Act applicable including ss. 114 to 122 off-reserve	Self-government negotiations
	5	Membership	Constitution
	6	Entitlement to registration	Constitution & self-government negotiations
	7	Restrictions on registration	Constitution & self-government negotiations
	8&9	Band Lists	Constitution & self-government negotiations
	10	Band control of membership	Constitution
	11	Membership rules for departmental band list	Constitution & self-government negotiations
	12	Bill C-31 registrations	Constitution
	13.1	Band List Control by INAC	Constitution & self-government negotiations
	14	Notice provisions regarding band list	Constitution & self-government negotiations
	14.1 – 14.3	Inquiries and protests about band lists and appeals	Constitution
	15	Certain payments for those who are no longer band members	Constitution & self-government negotiations
	16	Transferred member's interests	Constitution & self-government negotiations
	17	Creation of new bands by Minister	Canada's ongoing responsibility
	18	Reserves held by the Crown for use and benefit of band	Aski-Pumenikewin applies
	19	Surveys	Aski-Pumenikewin applies
	20	Possession Lands in reserves	Aski-Pumenikewin applies
	21	Reserve Lands register	Canada maintains responsiblity
	22	Improvements to reserve lands	Aski-Pumenikewin applies
	23	Compensation for improvements	Aski-Pumenikewin applies
	24	Transfer of possession of reserve lands	Aski-Pumenikewin applies
	25	Indian ceasing to live on reserve lands	Aski-Pumenikewin applies
	26	Correction of Certification of Possession, etc.	Aski-Pumenikewin applies
	27	Cancellation of Certificates of Possession, etc.	Aski-Pumenikewin applies
	28	Grants of reserve land void	Aski-Pumenikewin applies
	29	Exemption from seizure	Constitution and self-government negotiations*
	30	Penalty for trespass on reserve lands	Aski-Pumenikewin applies
	31	Process related to trespass	Aski-Pumenikewin applies
	32	Trade transactions require INAC approval	Aski-Pumenikewin applies
	33	Offence for illegal trade transactions	Aski-Pumenikewin applies
	34	INAC decides standards for roads & bridges	Aski-Pumenikewin applies
	35	Municipalities taking lands for public purposes	Aski-Pumenikewin applies
	36	Special reserves	Ongoing responsibility of Canada
	37	Surrenders and designations of reserve lands	Aski-Pumenikewin applies
	38	Band surrenders to Crown	Aski-Pumenikewin applies
	39	Conditions that must be met for surrender	Aski-Pumenikewin applies
	39.1	Valid designations	Aski-Pumenikewin applies
	40	Certification of designations	Aski-Pumenikewin applies
	40	Effect of surrenders and designations	Aski-Pumenikewin applies
	42	Powers of Minister related to deceased Indians	Constitution and to the extent subsequently necessary, self-government negotiations
	43	Further powers of Minister over deceased property	Constitution and to the extent subsequently necessary, self-government negotiations
	44	Courts exercise of jurisdiction with consent of Minister	Constitution and to the extent subsequently necessary, self-government negotiations
	45	Wills	Constitution and to the extent subsequently necessary, self-government negotiations
	46	Minister may declare will void	Constitution and to the extent subsequently necessary, self-government negotiations
	47	Appeal of Minister's decision to Federal Court	Constitution and to the extent subsequently necessary,
	48	Distribution of property on intestacy	self-government negotiations Constitution and to the extent subsequently necessary, self-government negotiations
-			

Continued from page 10

NOVEMBER 2017 AChine Ac

Indian Act Section	Description	Comment
49	Deceased claim to reserve property	Aski-Pumenikewin applies
50 (1)	Non-residents do not have rights to land	Constitution
50 (2) – (3)	INAC sale of lands and reversion to band	Constitution and self-government negotiations
50 (4)	Ministerial approval of occupation of lands	Aski-Pumenikewin applies
51	Mentally incompetent Indians	Constitution and self-government negotiations
52	Property of infant children	Constitution and self-government negotiations
52.1 – 52.5	Money of infant children	Constitution and self-government negotiations
53 – 60	Management of Reserves and Surrendered and Designated Lands	Aski-Pumenikewin applies
61 - 68	Management of Indian Moneys	Constitution and to the extent subsequently necessary,
		self-government negotiations
69	Management of revenue moneys	Aski-Pumenikewin applies
70	Loans to Indians	Self-government negotiations
71	Operation of Farms	Aski-Pumenikewin applies
72	Payment of Treaty Money	Ongoing responsibility of Canada*
73	Regulation making authority Canada	Constitution and Aski-Pumenikewin
74 - 79	Elections of Chiefs and Band Councils	Constitution and Election Law
80	Regulations respecting band and council meetings	Constitution
81	Powers of the Council	Constitution
82.1	Ministerial approval of bylaws	Constitution
83 - 84	Money bylaws with Ministerial approval and recovery	Constitution
85	Bylaws relating to intoxicants	Constitution
86	Certification of bylaws by INAC officials	Constitution
87	Property Exempt from Taxation	Constitution and self-government negotiations*
88	Applicability of provincial laws to Indians	Constitution and self-government negotiations
89	Restrictions on mortgage, seizure of property	Constitution and self-government negotiations*
90	Property deemed to be situate on reserve	Constitution and self-government negotiations*
91	Certain property on a reserve may not be acquired (heritage objects)	Constitution
92	Prohibition on INAC employees trading with Indians without a licence	Ongoing responsibility of Canada (to manage its own employee conduct)
93	Removal of materials from a reserve	Aski-Pumenikewin applies
94 - 100	These sections were previously repealed	N/A
101 - 108	Offences, Punishment and Enforcement	Constitution and self-government negotiations
109 - 113	These sections were previously repealed	N/A
114 – 119; 122	Schools, regulation making authority related to schools, attendance	Constitution and self-government negotiations
120 - 121	Teachers and religious denomination of band members	Constitution
50 (1)	Non-residents do not have rights to land	Constitution
50 (2) – (3)	INAC sale of lands and reversion to band	Constitution and self-government negotiations
50 (4)	Ministerial approval of occupation of lands	Aski-Pumenikewin applies

Disclaimer: This document has been prepared as information only, and has no legal force and effect. It aims to provide information about the OTHASOWEWIN's (Constitution) often complex and technical issues. If there are any discrepancies between this document and the Constitution or Indian Act, the Constitution and Indian Act prevails.



Moving off-reserve to Winnipeg?

OR ARE YOU CURRENTLY LIVING IN THE CITY AND NEED HELPFUL ADVICE?

Together we can help you find solutions and answers to accessing services, finding resources and ensuring your needs are being met while protecting your rights.

We support Indigenous people experiencing transitional issues and challenges adjusting to life in Winnipeg or new surroundings. We believe everyone should have access to resources that support a healthy balanced life.

Eagle Urban Transition Centre Second Floor – 275 Portage Avenue Phone: (204) 954-3050 Toll Free: 1-866-345-1883 www.eagleutc.com





NNOC Gets Involved and Active in Community Spirit

By: Mr. N Campbell, NNOC Principal

NNOC was very busy during the month October with staff fundraisers, presentations from Chief and Council, and much more. NNOC held their "Pie the Teacher" day, which gave students an opportunity to put a pie in a staff members face. All proceeds from this event are used to buy student incentives for good attendance. NNOC travelled to Split Lake for volleyball, and competed in a tournament at RD Parker in Thompson. MFNERC brought their Science Planetarium to

NNOC so students could see an interactive view of what goes on in our world. NNOC had a PD day for Learning Bird, which is an online resource for teachers that provide material based on what we are doing in class. Students from NNOC travelled to The Pas for a 2 day Cultural Camp, thanks to Mr. Badiuk and Anna May Linklater for taking the students. During our Flex Day break 18 students went on our potential graduate trip to The Pas UCN, Brandon University, Red River College, MITT, University of Manitoba, and University of Winnipeg. Students were given a

tour of each school and had an opportunity to ask questions about admissions, living, and Post Secondary Education. A handful of NNOC students helped out at the Personal Care Home during October, shoveling snow, cleaning dishes, and attending to other needs.

NNOC students helped out at the Personal Care Home during October, shoveling snow and cleaning dishes...

On Halloween the potential graduates also had a Haunted House at NNOC for all youth in NCN, all proceeds go towards Grade 12 graduation. A reminder to students that an education opens the doors to many different careers and opportunities. It is essential to be in school on a daily basis and to be on time. As the winter months are upon us, ensure you have a clean pair of shoes or slippers for school. NNOC starts at 9:00 a.m. and finishes at 4:00 p.m. with 5 periods during the day.

During the month of November NNOC will have 2 Professional Development Days on November 13 and 14, 2017. As well, NNOC report card writing day will be November 20, 2017. NNOC will be giving out midterm reports to all students on November 22, 2017. Please pick up your

reports.



OK School Saddles up for Fun

Staff and teachers at the OK school have had a busy month planning great student activities including pony rides, girls floor hockey practices and halloween festivities.







- (1) William Spence Vice principal of OK School rides tall in the saddle.
- (2) Students enjoy Pony Rides
- (3) Kindergarten Class Party Time
- (4,5) Halloween Family Fun
- (6) OK School Teacher Candy Giveaway

NOVEMBER 2017 AChine Ac

NNCEA Conducting School and Education Review Process

By: Ms. L. Gail Gossfeld-McDonald, Nisichawayasi Nehetho Culture and Education Authority Inc. Director of Education

Third Place

Prize:

00.00

On behalf of the Nisichawayasi Nehetho Culture and Education Authority (NNCEA), I would like to take this

Nelson House Medicine Lodge

LOGO CONTEST

The NHML is looking for a new logo that will reflect our Vision Statement: **Mithwayawin Mitho Tehewinihk Ochi.** (Holistic healing through the path of the good heart) This includes healing all aspects of self as per the Medicine Wheel - Mentally, emotionally, physically and spiritually.

First Place
Prize:Second
Place Prize:\$1,000.00\$800.00

Only original artwork will be accepted

ABOUT THE LODGE:

The Nelson House Medicine Lodge offers non-medical, alcohol and drug treatment, prevention and aftercare services that involve Indigenous traditional and contemporary teachings. These combined methods and practices serve to assist people who have been spiritually and psychologically impacted by life's circumstances. Our unique approach delivers proven results for individuals dealing with addictions.

www.medicinelodge.ca

DEADLINE FOR ENTRIES: NOVEMBER 30TH. Open to NCN members

The First Place Winner's painting or drawing will be used in the creation of the final logo. All usage rights and permissions for the submitted artwork will become the property of the NHML. Artwork will not be returned to the original artist unless requested.

For more information and to submit your entries, please contact: Laurel Wood, NHML

Box 458, Nelson House R0B 1A0 Email: laurelnhm@gmail.com Phone: (204) 484-2256 ext: 2240 opportunity to inform Parents/Caregivers and Community Members that we are conducting a comprehensive review

> of our school and education programs, which began on November 1, 2017 and will be completed by March 31, 2018. As well I would also like to advise you that our NNCEA Steering Committee has selected the firm of Clarke Educational Services, led by Mr. Don Clarke and Paul Magnan, and that they have started the review process as of November 1, 2017 and that they have or will be in our community on the following dates:

- Visit # 1 Monday and Tuesday, November 6 and 7, 2017
- Visit # 2 Monday to Friday, November 27 to December 1, 2017

I would also like to advise that the purpose and objective of the school and education review initiative will be to evaluate the effectiveness, level and quality of the NNCEA education programs and services and to determine whether they meet the needs of our present and future students.

As part of this review process the following areas will also be reviewed:

- Student completion and success rates
- Student performance and attendance rates
- School curriculum
- Student assessment
- Academic and vocational programs and materials
- Cree language, Culture and Outdoor programs
- Special education services and programs
- Student wellness, guidance, counselling
- Career planning programs and initiatives
- School climate, structures, student behaviour, protocols and procedures
- Communications (internal and external)
- School rules, regulations and attendance findings
- Teaching methods
- Professional development, workloads, credentials and areas of experience
- Leadership and management
- School infrastructure (school buildings, custodial/ maintenance programs, IT and technology)
- Parental/Caregiver involvement in the school

- Extra-curricular activities (work experience, summer programs, sports, etc.)
- **Transportation** (bussing)
- Post Secondary Programs and Initiatives
- External Funding and Partnership Development. As part of the review process the CES team will be meeting with parent/ caregivers, students, Elders, community members, Inter-Agency entities, leadership and other stakeholders in order to get their input concerning the review process.

Please also note that if you are interested in meeting with the CES education review team on the November 27th to December 1st visits to our community, please feel free to contact them by email at: info@kokopelli.ca at your earliest convenience.

As well should you require any additional information concerning our 2017-2018 school and education authority review process please feel free to contact me at our education office at: 204-484-2095.

In closing your time and attention is appreciated and on behalf of the NNCEA we look forward to your involvement in this very important review process.

OK School Receives RCMP Training on Internet Dangers For Kids

By: Natalie Tays

The month October was filled with numerous activities and interesting presenters to our school. The RCMP was in our school to do a presentation to staff on October 24th. A Unit with Winnipeg Division of the RCMP were in the North to create awareness of the dangers that lurk when children are unsupervised on the internet. There are a number of predators that are preying on unsuspecting people.

Here are some facts and helpful hints for parents:

- Develop rules with your children regarding being on the computer and scheduled/supervised times;
- If you go on social media such as Facebook, Twitter, Instagram, Snapchat, Linked, only accept friends you hang out with not people you may not know;
- Remind your child to think before they post or send pictures or write hurtful comments about others or themselves;
- Any child in grade 6 and under should not have devices a very important rule to make.

Please check out:

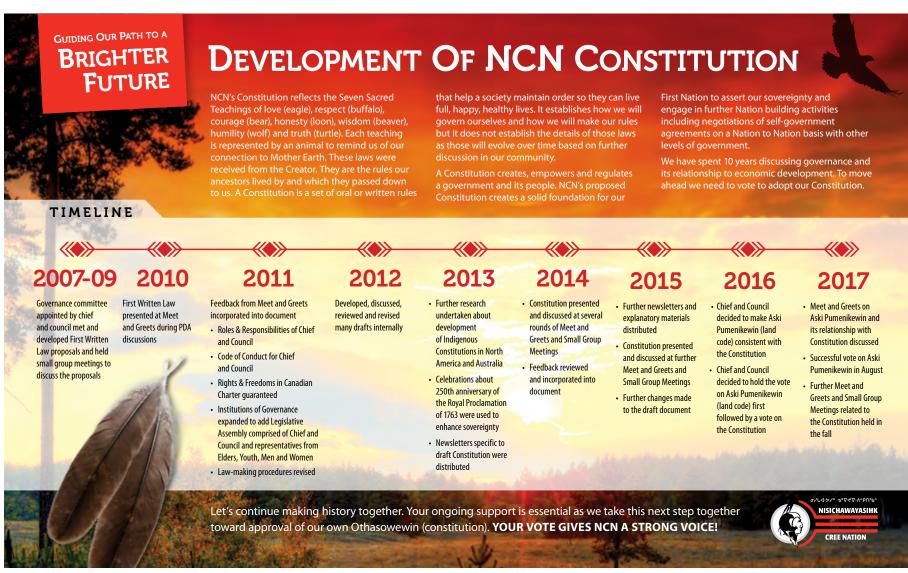
NeedHelpNow.ca has been designed to provide information to youth who have been impacted by a sexual picture/video being shared by peers. The goal of the website is to provide



Create awareness of the dangers that lurk on the internet.

teens with practical steps they can take to regain control over the situation. This includes:

- Information about contacting websites and online services to request an image/video be removed;
- Guidance on involving a safe adult;
- The importance of self-care;
- Recognizing when things have gone too far.



Three NCN Students Make the Honour Roll

On Wednesday, November 1st in the Letkemann Theatre, R.D. Parker Collegiate held its annual honour roll evening, at which high school students were celebrated by staff for their academic achievements.

The hard work of three NCN students was recognized when they achieved placement on the honour roll.

Ryannan Tait (parents Ryan Tait and Lisa McDonald) received Grade 9 Honours for achieving an average in all subjects of between 80 and 85%.

Acelyn Doran-Campbell (parents Tyler Doran and Angus Campbell) and Reanne Moore (parents Sheldon and Florette Moore) both received Grade 10 Honours with Distinction.

Reanne Moore

They achieved an average of at least 85%.

Aiming for high grades and making the honour roll is much more than academic achievement. It's an impressive feat that requires persistence, hard work and diligence.

Their ability to set goals and priorities, and multi-task to achieve them, means these young people will be excellent employees and community leaders.

It is important for young people to understand the importance of education. Children who are encouraged by their family to excel in school are usually successful in all areas of life. They are generally more physically healthy, have a strong network of friends, see a positive future for themselves, and

are less vulnerable to gangs, drugs and alcohol, and promiscuous sex.

Congratulations to these students, and to those who are working hard to get on the list this school year! Your NCN community is proud of you.

If you know a student our community should celebrate, let us know at achimowina@gmail.com



Acelyn Doran-Campbell

Honours with



Know a Special Child Under 12 Years Old? Tell the **NCN** Cheer **Board Now!**

Christmas Wi

The NCN Christmas Cheer Board wants to make sure every NCN Child in Nelson House gets a gift this Holiday Season. The board also wants to continue the Festive spirit by getting every NCN household in need a food hamper. NCN residents/ Citizens only.

Be sure to give your Child's name, their gender and age (under 12) and your current address to the NCN Trust Office by calling:

204-679-6827 Chevenne 202-484-2604 Trust office OR email: cheyennespence@msn.com

The gift of giving! We also ask for volunteers from the community to call us to volunteer your time and help out.

NCN Personal Care Home First of its Kind to Receive National Accreditation

The Nisichawayasihk Personal Care Home has achieved a landmark accomplishment that proves its commitment to our community's Elders, and the quality of care it provides to them.

It is the only independent care home on a reserve in Canada to achieve national certification from Accreditation Canada.

"We are proud of management and staff who have all worked diligently to achieve this milestone," says Chief Moody. "Our community is fortunate to have professionals who provide great care for our Elders."

The voluntary accreditation process was very demanding. It involved a three-day site visit from the survey team, which evaluated the Care Home against 508 national standards. The Care Home met 469 standards, which qualified it to receive accreditation.

"We had some work to do on our policies and procedures, to demonstrate clearly we offer client- and family-centred care," says Regitha Rajesh, who has served as the care home's chief executive officer for eight months.

The national accreditation is in effect for three years. In the meantime, Rajesh says there are always new goals to implement at the 24-bed centre. Next on her list include hiring more qualified and skilled staff, and reducing hospitalizations by implementing a good fall management program.

And then it will be time for Rajesh and her team to apply for a renewal of their certification.

"We participate in accreditation because we believe that

quality and safety matter to our Elders, their families and our community," says Rajesh. "We believe that improving the quality of our care is a continuous journey – a journey to which we are fully committed."



The NCN Personal Care Home met 469 standards to receive accreditation. Photo from PCH archive.



Loblaws commissioned Daniel MacIntyre Collegiate Institute to create indoor paintings at its renovated office on Weston Street and Shi-Ann was one of four to work on the project.

NCN Artist Wins Grand Prize – Creates Mural in City

Shi-Ann McDonald has recently completed an impressive artistic undertaking for supermarket giant Loblaws.

McDonald graduated from Daniel MacIntyre Collegiate Institute in Winnipeg with high honours last year. When Loblaws commissioned the high school to create indoor paintings at its renovated office on Weston Street, McDonald was one of four students who got the job.

Her piece is a colourful painting of the area, with cheerful characters picnicking, playing, painting and shopping. It is a huge piece, covering an entire 20 x 14 foot wall.

"I'm absolutely ecstatic that it's done and with how it turned out," McDonald told the Winnipeg Free Press. "You can go above and beyond yourself. You can do something bigger than yourself."

McDonald is a talented artist, and this is not the first time she has

received recognition. In 2016, she won the Grand Prize for her animation in an eHealth video competition. It was for an assignment in 2D Animation and 3D Modeling, and based on her experiences in the healthcare system.

McDonald has battled a brain tumour for a few years. She has faced brain surgery and radiation treatments and continues to keep a positive attitude.

"Shi-Ann is an amazing young NCN lady," says Fonda Berard, adding that Shi-Ann's father is Gilbert McDonald. "She is facing challenges but they haven't deterred her from moving on and following her dreams."

Coincidentally, Hart has also dealt with a brain tumour, for

about 20 years. The two NCN women connected immediately through their shared experience.

"She saw me standing in front of her and doing fine, so she knows she will be just fine, too," says Hart. "Keep it up girl! Don't ever give up!"



How about Soup for Supper?

Winter is an important time for nourishment for the body and spirit. One of the best ways to get important nutrients, feel good and save money over this long season is soup. It's easy, efficient and inexpensive, and soups have always been a way for our Nehetho people to use traditional and country foods to get the most out of the harvest in the cold winter months.

One great benefit of soup is that it's very flexible. You can switch out ingredients for what you have on hand, what you've hunted or harvested, what's on sale at the store and what you're in the mood for. Using the same technique but different veggies and spices will give you a variety of meals all winter long.

Dried spices or natural herbs are a great way to introduce your family to new flavours and keep things interesting. With a simple base of onions, garlic and canned tomatoes, you can create great traditional and new tastes. Or even travel the world! Try basil and oregano (Italian), garam masala (Indian), or cinnamon and cumin (Morroccan). To keep expenses low, do a spice swap with a friend.

Soup is also a great way to use meats and bones. Prepare dried beans on the side to add, or throw in a can of rinsed beans, or a few cups of lentils. The added bonus to this benefit is saving money. Canned beans and dried lentils can be cheaper and easier to get than many cuts of meat. You may be surprised by their hearty taste and nutrition.

There are benefits to soup beyond nutrition. To get in touch with our culture, talk with an Elder about the best way to prepare deer, goose or moose meat to add to your soup. Ask for their favourite traditional recipes. Maybe it's time to get rabbit or fish stew on the menu. It's good for the stomach and the soul.

Imagine your kids coming home from school to a pot of soup that's

simmering on the stove. The house is warm and smells delicious.

Challenge yourself to cook one big pot of soup every week. Make it on Monday afternoon, and serve it for supper that night. Serve it again Wednesday night, send it to school in a thermos, or use up the rest a bowl at a time for lunch when the kids are at school.

A huge, hearty pot of soup fills the belly and is good for the mind. It's full of nutrients and can often be yours for the cost of \$5. That's a good deal!

Experiment with these ingredients (listed in order from longest cooking time to shortest):

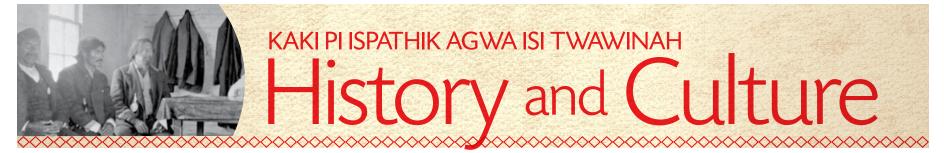
Veggies:

Onions	Squash
Shallots	Parsnips
Garlic	Potatoes
Ginger	Beans
Celery	Corn
Carrots	Green peas
Turnips	Kale
Sweet	Spinach
potatoes	

Grains and beans:

Rice	Red lentils
Barley	Chick peas
Millet Quinoa	Kidney beans Navy beans
Green lentils	





The Timeless Craft of Drum Making – A Meaningful Gift for the Creator

For anyone that has heard the beat of a Nehetho made drum or been blessed to receive one as a gift or a token of appreciation, you know it is something that is special. Drum making is a craft that has been passed down from generation to generation and each drum maker has his or her own unique technique and style for creating the drum.

Elder Agnes Spence has perfected the craft and shares the meaning behind each of her drums, "The drum is the heartbeat of mother earth. It has been used by the First Nation People as a means of communicating with the Creator for thousands of years. Prayers and songs are transmitted to the creator with a drumbeat, song or dance. There is no particular right or wrong way of drumming... each and every human being has their own

The drum has been used by the First Nation People as a means of communicating with the Creator for thousands of years. heart beat and thus their own drum beat."

It is believed that some people are gifted with a blessing to make drums. Each drum maker has their own designs and ways of making their drums. "My drum is made to represent the seven directions and the seven sacred teachings. The seven strings on the reverse of the drum represent the Seven Directions Teachings: East, South, West, North, Heaven, Earth and the Person."

Agnes explains that the realm between each string represents Courage, Humility, Wisdom, Respect, Generosity, Truth and Love according to the Seven Sacred Teachings also known as the Grandfather Teachings or Sacred Laws. Her wish for those that receive her drums is that the drum brings them closer to the gifts these teachings bring us.

Drums are used in many spiritual and sacred

ceremonial practices. Some say the beat of the drum has the power to change natural elements, including the weather. It is believed to have the power to heal sickness, and some believe it has the power to send messages both to the animal world and to the spirit world.

The drum is broadly considered to be the first musical instrument used by humans. Historians and music ethnologists alike point out that the drum has been utilized by virtually every culture known to mankind for a multitude of purposes. In ancient times, the earliest drums were used for religious rituals, social dances, sporting events, feasts, special ceremonies, in preparation for hunting, and as a prelude to war. However, it is virtually a universally held belief that the original purpose of the drum was to communicate, many times over long distances as a warning or signal.

So the next time you here the drums beat, or see the beauty of its design embrace its power and consider the meaning behind its creation.



Careful attention to the craft is given at each step of the drum-making process.

Family and Wellness Centre Holds its AGM

With great attendance from Citizens and staff enjoying a ma feast and fellowship, the NCN Family and Community Wellness Centre hosted its annual general meeting on Wednesday, November 15.

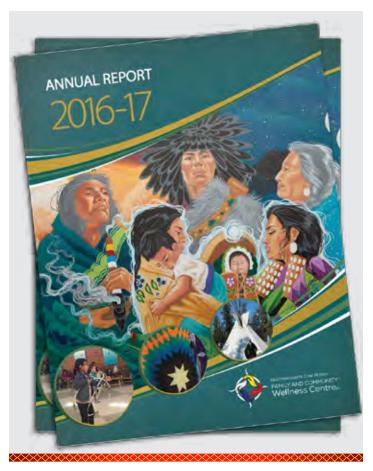
The crowd heard about the Centre's continuing successes and challenges.

"We've been working holistically towards community wellness for more than a decade and a half," said the Centre's CEO Felix Walker. "By working together and acknowledging the strength of our people, we continue to find ways to better serve our community."

Walker said the Centre's year was on par with previous years, with highlights such as new CFS programs (Little Sister's Keeper,

Eski-sha-cik Parent Coaching, Jordan's Principle Initiative and Wechitotan Kita Mithwayachik Kichawasismina Nak) that are fully developed and ready for implementation.

"As always, funding causes difficulties for our programs and services. Our Circle of Care program is appreciated by participants, but the client-worker ratio is about 35 to 1, which



The NNC Family and Community Wellness centre presented Citizens with program highlights from their annual report at the General Assembly on November 15.

makes it difficult," Walker said. "We had about 25 participants

in our Social Work co-hort program again this year, which is good news. As our social services continue to expand, we'll always need more people with this training."

Children in care cases have increased from 346 last year to 393 this year, but that number is still lower than when the centre first transitioned to the new funding model.

All-day kindergarten at OK School began this year, which brought down attendance numbers at the daycare. Presenters at the AGM said CFS therapy services reported 15 suicide assessments, which is down from 23 last year. He says this means there have been less incidents requiring crisis

interventions.

working

holistically

towards

community

wellness for

more than a

decade and a

half

"As we move forward, we will continue to work collectively with our Elders, professionals, community members and political leaders to improve the lives of our Citizens," said Walker.

The Board of Directors message was complimentary for the achievements throughout the reporting year.

"We wish to thank staff and management at all of our offices. They provide great value in their front-line work, and their commitment helps to achieve the greater goals of our organization. Their accomplishments and their ability to overcome challenges gives us, as the board, a great sense of pride."

Mention was made to the audience that the Centre's lawyer, The Honourable Madam Justice Lore Mirwaldt, was appointed to the Court of Queen's Bench, Family Division.

Among the noteworthy highlights: the Board has completed a three-year process of completing and passing the Centre's Financial and Administration Policies and Procedures. The guideline manuals for communicable disease and the day care are currently under development, and the next manual to be updated is the Human Resources Policies, to meet legislative changes. "We are always updating and standardizing our regulations to increase accountability to our children, families and the community. We will continue to instil the belief that it takes a village to raise a child."

The AGM also has prize draws and giveaways for those in attendance. We thank those who participated and attended this important meeting.



CEO, Felix Walker presents the NCN Family and Community Wellness Centre's 2016-17 highlights at the Annual General Meeting.



Achimeter ortudity of the second seco Support in the City for NCN Citizens

Many NCN Citizens move to urban centres, hoping for education and job opportunities that simply do not exist in our community.

But making the move and finding success is not an easy task. Solving basic problems such as securing a place to live can feel overwhelming, especially when you are on your own.

Fortunately, the Eagle Urban Transition Centre (EUTC) is ready to help.

Located at 275 Portage Avenue (on the corner of Portage and Smith), the Eagle Urban Transition Centre (EUTC) has helped people make the transition from rural to urban since 2005. The organization was

created by the Assembly of Manitoba Chiefs, many of whom understood first-hand the struggle of moving into the city.

Staff at the EUTC, which includes Elders and social workers, offer help with logistical problems such as housing, employment and identification paperwork. It serves as a networking

hub, with listings of events and opportunities. There are computers available with Internet access, faxing and printing capabilities. Beyond the basics, the EUTC also provides legal help, disability resources, advocacy support

and more.

In particular, are on your own. the EUTC provides great opportunities for young people, through its Eagles Nest Program. Focused on young people who are not in school and not employed, the 12-week program provides many skills for ages 15 to 25 that will improve the chance of

creating success in the city.

"I highly recommend it to youth living in Winnipeg," says Councillor Bonnie Linklater, who is a former program coordinator of the Eagles Nest Program. "It offers training such as First Aid, food handling, driver's education, cooking classes and career exploration."

The EUTC provides holistic support. They are concerned with your physical, mental and spiritual health, too. They have a healing room, which provides especially when you space for traditional and contemporary spirituality, and an Elder is available by appointment.

> "We want to ensure our Citizens know that it's a great place full of resources and helpful people who understand what you're going through," says Linklater. "If you or someone you know is planning to move into the city, a visit to the EUTC should be at the top of your list. They have helped many people in your situation, and can help you create a plan forward."

For more information visit them on facebook @EAGLEUTC or call (204) 954-3050.



Solving basic

problems such as

securing a place

to live can feel

overwhelming,

Many people moving off-reserve feel lost and find adjusting to city life difficult. EUTC can help.



Nisichawayasihk Cree Nation General Delivery Nelson House, Manitoba ROB 1A0 Phone: (204) 484-2332 Fax: (204) 484-2392 www.ncncree.com

Do you have a suggestion or an Achimowina story idea?

We would like your comments, feedback or news stories. Please contact achimowina@gmail.com

NCN on Facebook!

Stay current with NCN's latest news, events and updates on your computer, smartphone or device from our official NCN Facebook page @nisichawayasihk.



Footprint Lake Water Levels

Footprint Lake 60-Day Water Level Forecast

Revised Forecast November 1 – December 31, 2017

On November 1, 2017 the level of Footprint Lake is forecasted to be 798.5 feet. The level of the lake is expected to fall 3 inches to an elevation of 798.3 feet by the end of November.



During the month of December the level of the lake is expected to rise 4 inches to an elevation of 798.6 feet by the end of the month.

Arrangements have been made to broadcast the above forecast on November 1-4, 2017 both inclusive on NCN Achimowin TV/Radio Communications; and at 7:00 p.m. and 8:30 p.m. on Arctic Radio C.H.T.M. Thompson.