

Honouring Our NCN Citizens and Elders

NCN has been making efforts to collect photos of NCN elders and the people of Nisichawayasihk Cree Nation so we may honour and celebrate their memories. We ask that you send your photos to share their moments and memories.



You're Invited to the 3rd Annual Vigil and Feast

To Honour Missing and
 Murdered Loved Ones



Losing a loved one to homicide can be a difficult and horrific experience. Grieving and mourning can be hard and the holiday season can magnify the sense of loss. Family gatherings and seasonal events can be painful reminders of the absence of a loved one. At the same time, they can also be comforting rituals where you spend it with family and friends. For this reason, we are hosting a vigil and feast to take that time to honour and remember our loved ones with others who have had a common loss.

Should you have any questions, please contact Jackie Walker by phone:
 204-679-5277 cell: 204-484-2341.

NCN Family and Community Wellness Centre is hosting it's 3rd Annual Vigil and Feast to honour and remember our loved ones who died by homicide, manslaughter or have been reported missing. This event will be on:



Saturday, December 3, 2016

at the St. Joseph Hall on Cree Road, Thompson, Manitoba at 3:00 p.m. to 7:00 p.m.

DEALING WITH GRIEF OR LOSS?



JOIN US AT OUR SUPPORT GROUP

Aurora Family Therapy Centre, University of Winnipeg and NCN Family and Community Wellness Centre are offering a support group for adults suffering from traumatic grief as a result of a loved one's death due to homicide, manslaughter and those loved ones reported missing. Your loss may have been months ago or years ago, but the pain can feel never ending.

- Group Format:** 12 Week Closed Therapy Group
- Date/Time:** Monday Evenings from 6:00 p.m. to 8:00 p.m.
January 9, 2017
- Location:** Wechitowin Office
203-79 Selkirk Avenue. Thompson MB
- Facilitators:** Jacqueline Walker, BFNAC, MMFT
- Elder and Spiritual Leader:** Shelley Cook

For a one-on-one Intake session or if you need more information on the support group please call:

**Jacqueline Walker at 204-679-5277
 or 204-484-2341**

This service is funded by the Victim Services Unit of the Manitoba Department of Justice.



Footprint Lake Water Levels

Footprint Lake 60-Day Water Level Forecast

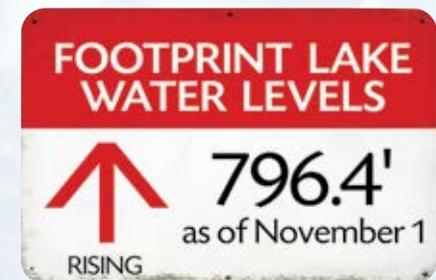
Revised Forecast

November 1 – December 31, 2016

On November 1, 2016 the level of Footprint Lake is forecasted to be 796.4 feet. The level of the lake is expected to rise 1 foot 10 inches to an elevation of 798.2 feet by the end of November.

During the month of December the level of the lake is expected to rise 10 inches to an elevation of 799.2 feet by the end of the month.

Citizens are asked to use extreme caution around water and to stay off any ice.



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