



SEPTEMBER 2016

Nisichawayasi Achimowina

Library in Thompson Named in Honour of Two NCN Elders

The Wellington and Madeleine Spence Memorial Library naming ceremony took place at the University College of the North campus in Thompson on August 25, 2016. The newly named facility honours two NCN elders for their dedication and commitment to Indigenous Culture and community involvement.

Councillor Bonnie Linklater spoke at the event on behalf of NCN Government to honour the two NCN Elders. MLA Kelly Bindle was also in attendance along with many UCN council of elders, delegates, UCN council and staff, friends and family of the Spences.

The newly named facility honours two NCN elders for their dedication and commitment to Indigenous Culture and community involvement.

The event was well-attended and it was a meaningful and fitting dedication to Wellington and Madeleine Spence, both respected members of the UCN council of elders who travelled through Western Canada and the United States while promoting aboriginal cultural awareness. They worked hard throughout their lives and raised a large family in the north.

The library, located in the UCN campus, now features a large wall with rock and mortar and sign lettering with the Wellington and Madeline Spence name proudly displayed at the entrance.



The library features a large wall with the Wellington and Madeline Spence name proudly displayed at the entrance. Several NCN Citizens participated in the naming event.



Memorial Library located inside University College of the North campus.

Bouncing Bubble Fun

NCN youth and organizers take part in a fun match of bubble soccer.





KITITAHWINAOW ACHIMOWIN

Community News

NCN and City of Thompson Set to Celebrate Mystery Lake Urban Reserve

Nisichawayasihk Cree Nation Chief Marcel Moody and City of Thompson Mayor Dennis Fenske announced today that there will be a celebration of the establishment of the new urban reserve in Thompson. After almost fifteen years, the process for conversion was finally completed earlier this summer when the Minister of Indigenous Affairs and Northern Development (Canada) set aside the Mystery Lake lands as an urban reserve within the geographical boundaries of the City of Thompson.

Chief Moody noted that the Nisichawayasi Nehetho have lived, worked and played for thousands of years on the lands which form part of the Mystery Lake Hotel and have long been involved in the economic life of Thompson and the surrounding community. He went on to say, "the celebration on September 28

provides an opportunity for us to acknowledge the significance of this historic milestone for our Nation and the citizens of Thompson. Our dream is to develop state of the art facilities that will add to our Nation's revenue base, showcase our culture and the spirit and endurance of people living in the north."

Mayor Fenske reinforced the importance of this celebration by stating: "This celebration will provide an opportunity to clearly demonstrate how co-operation and mutual respect can benefit all Citizens – Indigenous and non-Indigenous. This is reconciliation in action and we look forward to collaborating further with NCN as this development opportunity takes shape."

NCN resolved many outstanding hydro development issues in 1996 when NCN Citizens voted in support of signing the NFA Implementation Agreement. Proceeds were invested in Nisichawayasihk Trust and were used to purchase the Mystery Lake Hotel in 1998. NCN has used that agreement as a springboard for further economic development

initiatives such as NCN's ownership interests in the Thompson Family Foods and the Wuskwatim Project Limited Partnership and partnership arrangements between the Atoskiwin Education and Training Centre of Excellence (ATEC), VALE and University College of the North (UCN).

NCN Citizens Invited to Historic Celebration

On behalf of the Nisichawayasihk Cree Nation Chief and Council, NCN Citizens are invited to attend the Mystery Lake Property Official Urban Reserve Community Celebration.

The event will be held on Wednesday, September 28, 2016 at 1:00 p.m. at the Mystery Lake Motor Hotel, 58 Cree Road in Thompson. The celebration will include a presentation ceremony followed by entertainment and a feast.

NCN asks that members join together in marking this historic occasion and to celebrate this moment.

On May 20, 2016 it was officially announced that the Addition to Reserve of 4.21 acres of land at Mystery Lake Hotel Complex was complete. This provided NCN the ability to administer and manage the lands where the hotel is located in Thompson. The Minister of Indigenous and Northern Affairs set apart the Mystery Lake lands as NCN reserve lands in accordance with the federal government's Additions to Reserve policies. The land is located within NCN's traditional territory. It currently consists of the NCN-owned Hotel, Trappers Tavern, and two vacant lots.

For more information or



Mystery Lake Urban Reserve land in Thompson.

to R.S.V.P. with your response by September 23, 2016, please contact Councillor Willie Moore (204) 679-3417, williemore@ncncree.com or Councillor Bonnie Linklater at (204) 679-569, bmlinklater@ncncree.com.



NCN's New Urban Reserve, Mystery Lake Hotel in Thompson.

Moose Population Huge Concern

Conservation officers, government officials, legislative bodies, Elders and hunters across the province and locally in NCN are sounding the alarm over moose populations.

In fact, moose experts from 12 countries gathered in Brandon last month for the 50th Annual Moose Conference and Workshop (also the 8th Annual International Moose Symposium) to assess the situation and discuss solutions to slow the problem before it becomes a tragedy.

The provincial government has responded to the crisis by cancelling moose hunting entirely in Game Hunting Areas 12, 13, 13A, 14, 14A, 18, 18A, 18B, 18C, 19A, 26, 29 and 29A. This cancellation includes First Nations and Metis hunters.

Many Factors Effect Moose

Experts say there are many factors involved. Disease, such as bovine tuberculosis and chronic wasting disease, are becoming a larger problem for moose. They are particularly affected by winter tick and brain worm, which all Manitoba deer carry, but is fatal for moose. Warmer and shorter winters mean the deer tick especially has more time to affect more of the moose population.

Moose habitat is constantly under threat as well, not only losing land base to development, but also due to increased roads, more



Improving moose harvesting management is an option being explored as a solutions to the declining population.

traffic, and more recreational vehicles able to off-road.

But many Elders, locals and officials say the real problem is poor harvesting practices and non-traditional hunting methods.

Better Moose Harvest Management Required

"Efficient processing is important. If you are new to moose hunting, take the Hunter Education Course. Ask an Elder to teach you how to properly butcher without waste," says NCN Councillor Ron Spence. "And remember that moose meat is for personal consumption, and for sharing with First Nations friends and family. Under no circumstances is it to be sold."

Spotlighting, in which hunters flood an area with light during the night to startle moose and flush them out, is a dangerous technique that has caused rapid decline in moose populations around the province. It's also extremely dangerous for fellow hunters and the public. So is shooting from within a vehicle, which is illegal and a disastrous practice for a healthy population.

Provincial wildlife management budgets have been slashed over the years, which means big game data is not current or reliable. Experts have called upon conservation offices to conduct surveys around the province so that there is a true understanding of how healthy (or dire) the moose population is. While

this disclosure is not required of status Indian hunters, Elders say First Nations should offer up their knowledge too.

NCN Chief and Council Call for Immediate Action

NCN Chief and Council remind Citizens that everyone must respond to the declining moose population, and act accordingly before it is too late.

"It's really important to encourage each other to be good respectful hunters. If your friends want to go out at night, or get more than they can use, we have to speak up about that. Using dishonest practices without respect for these creatures isn't fun. We need to get back to our traditions and appreciate the cultural aspect of hunting," says Spence.

While status Indian hunters do not require licenses, and are not restricted to specific seasons, equipment or bag limits, they still have a moral obligation to harvest moose responsibly and should use the government's crackdown as a guideline. For example, moose hunting in GHAs 6a, 9a, 10, 11, 15, 15a and 21a is only available to hunters who purchase a special Conservation

Moose License package. This suggests the moose population in these GHAs is under threat and status Indian hunters should consider also not hunting in these areas.

First Nations to Respect Harvest for Future Generations

In fact, some say that having no restrictions means First Nations people are entirely responsible for the health of the moose population.

“Hopefully our hunters can make the right decision so Council doesn’t have to make official rules to govern everyone. It’s up to every one of us to ensure there will always be a moose population to enjoy,” Spence says.

"The moose hunt was an essential part of survival for generations past, and it's an important tradition for us now. We have to make sure it is available for our future generations, too."

"Efficient processing is important. If you are new to moose hunting, take the Hunter Education Course. Ask an Elder to teach you how to properly butcher without waste."



Dolly Parton Literacy Program Delivers Books to NCN Kids

A Country music legend and superstar is making her mark in Nisichawayasihk Cree Nation. A literacy program led by Dolly Parton the iconic star and one of the world's most well-known singers has come to homes in Nelson House.

Natalie Tays, Principal at OK school is excited about the program. "Our community received its first book from the Dolly Parton Foundation. New books will provide better literacy tools for our young children."

In addition to Nelson House, Parton's Imagination Library program expansion was announced in Peguis First Nation. The

program mails age-appropriate books directly to kid's homes each month. Children can signed up as newborns and receive books up to the age of five.

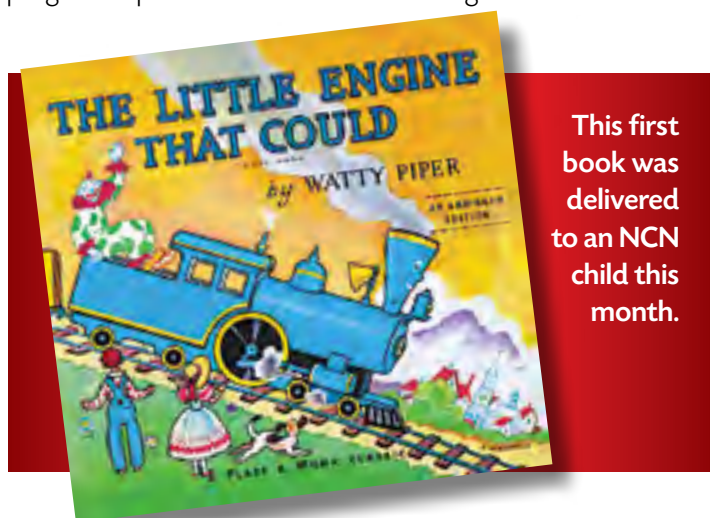
"I'm just delighted that the good people in Manitoba have launched the program in First Nations," Parton said in a prepared statement. Thanks to sponsors, champions and volunteers close to 10,000 children in Manitoba will be able to build a library of books. The hope is to immerse children and communities in the magic of reading. Dolly added, "I'm incredibly proud that the Imagination Library program will be helping on-reserve children to learn more and dream more."

The country music superstar performed in Winnipeg at the MTS Centre on September 12, 2016.

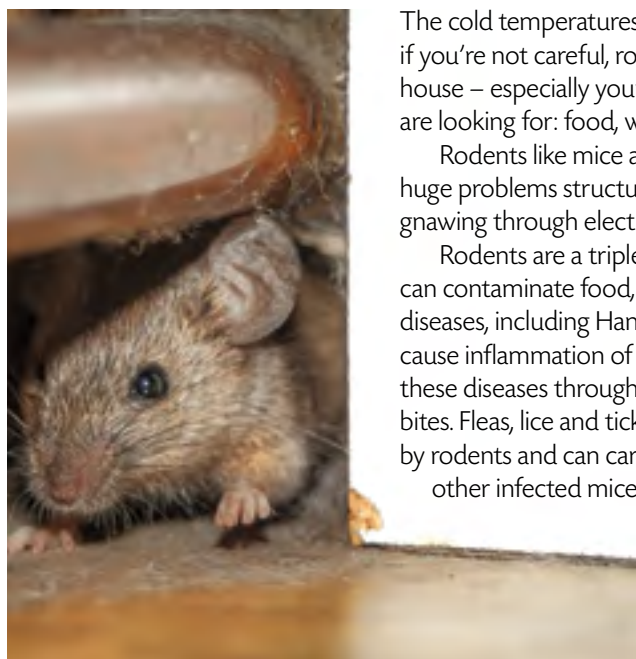
This donation of books in Manitoba is supported by Manitoba First Nations Education Resource Centre (MFNERC), Frontier School Division, Winnipeg Foundation, Manitoba Community Services, Aseneskak Casino, Healthy Child Manitoba and the RBC Foundation.



"I'm incredibly proud that the Imagination Library program will be helping on-reserve children to learn more and dream more," stated country music legend Dolly Parton.



Help Protect Your Home from Rodents this Winter



The cold temperatures are settling in for the winter months, and if you're not careful, rodents can also settle into your home. Your house – especially your kitchen – offers everything rats and mice are looking for: food, water and warmth.

Rodents like mice and rats are disease-transmitters and cause huge problems structurally. They've been known to cause fires by gnawing through electrical wires.

Rodents are a triple threat to homeowners because they can contaminate food, destroy property and spread serious diseases, including Hantavirus and LCMV, a viral disease that can cause inflammation of the brain (encephalitis). They can spread these diseases through their urine and feces or directly through bites. Fleas, lice and ticks can also be brought into your home by rodents and can carry infection to humans after feeding on other infected mice or rats.

It's easier than you think for a rodent to get into your home. A rat can fit through an opening as small as a quarter, while a mouse can squeeze through a hole smaller than a dime.

It's important to get your home ready before pests colonize in attics, burrows, under concrete and porches, in walls and other hard to reach places.

The following tips can help prevent rodents from getting into your home this winter:

- Seal all cracks and install weather strips at the bottom of exterior doors.
- Trim branches, plants and bushes that hang over the home.
- Remove trees and shrubs near the house.
- Keep the interior of the home clean and free of food sources.
- Store all food, including pet food, and garbage properly in sealed containers.
- Do not leave dishes in the sink or pet food out overnight.
- Fill small holes with steel wool or materials rodents can not chew through.
- Keep doors closed to prevent rodents from walking right in.
- Clean up clutter.
- Keep garbage and garbage barrels far from the house.
- Consider a pet. Cats and dogs are often great at keeping mice out.

Free NCN Gym Membership Program Renewed

McDole's Gym in Winnipeg is committed to your health and wellness! The co-owners, Chris McDole and Dave Beakley, are happy to announce they've renewed their offer of free gym memberships to all NCN Citizens.

"It's a no-brainer for us," says Beakley, who's also head strength coach. "Over the last eight years, Chris and I

have built a number of great relationships, professionally and personally, and it's a priority for us to continue."

Beakley says every week about 15 to 20 NCN Citizens are in the gym at 181 Stradbrook Avenue. He says it's great to see people of all ages understanding the benefits of regular exercise, including heart health, a healthy weight, improved levels of confidence and self-worth, and an overall sense of well-being. He says it's especially important for First Nations people to prioritize their fitness.

"Because of the high incidence of diabetes, regular exercise and better knowledge of nutrition can help regulate blood sugars and fight off unnecessary health issues."

Dave Beakley and Chris McDole have been friends



McDole's Gym, in partnership with NCN Chief and Council, is once again offering free memberships in Winnipeg.

and supporters of NCN for about eight years. From free memberships, jointly offered in partnership with NCN Chief and Council at their Winnipeg gym, to providing new equipment at the NCN fitness facilities, to programs for women and youth, they are excited to witness the evolution of health and wellness.

Their latest initiative was a two-day strongman competition at the Family and Community Wellness Centre.

“We had a great turnout and kids aged 8 to 17 participated,” says Beakley. “I always love watching the competitive spirit they’ve got, and win or lose, the proud look and sense of achievement they get from just competing.”

McDole's is an independent gym with a small staff and regular clientele, which creates a great sense of community. Whether you're a competitive lifter with an established workout or a newbie who's never been in a gym, there's a coach and a program for you. While many people may feel unsure or intimidated, Beakley says you'll soon feel right at home.

"We are always teaching and coaching, so anyone who comes down is never lost. There will always be a friendly face and helpful hand there for you."

To enjoy your free membership, Beakley says you should call before your first visit to ensure someone will be available for paperwork. Just call 204-453-3935 and bring your treaty card to register.

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Be Smart. Be Safe.

Their latest initiative was a two-day strongman competition at the Family and Community Wellness Centre.

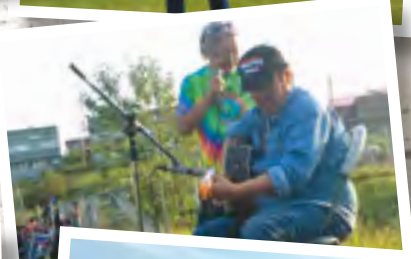
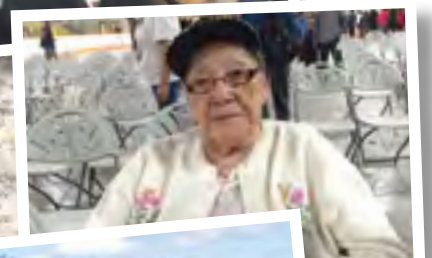
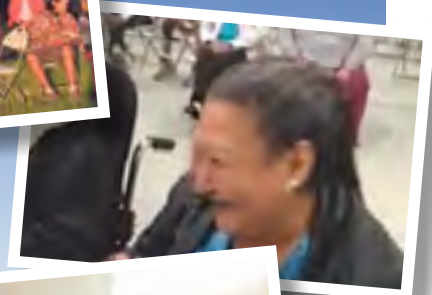
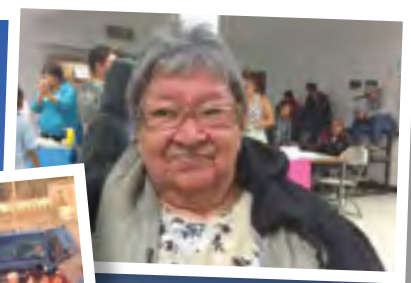
Nisichawayasi Nethowi Piskituskan

NISICHAWAYASIHK CREE NATION

SUMMER FESTIVAL

2016 snapshots

Thank you to all volunteers and participants for making the NCN Summer Festival a success.



NNCEA Announces New Education Director and Plans for 2016-17

In the past year, there have been extensive changes in the Nisichawayasihk educational system. Since the fall of 2015, the educational organization has a new educational bylaw, a new name, a new School Board and now a new educational leader. It is anticipated that all these changes will have a positive, far-lasting effect.

New Education Director Starts School Year

As of September 6th, 2016, the new Director of Education for the Nisichawayasi Nehetho Culture and Education Authority Inc. (NNECA) is a local band member, L. Gail Gossfeld-McDonald, who possesses a bachelor and masters degree in education. She is no stranger to the north, Nisichawayasihk, "local

control” or the First Nations Control of First Nations Education (FNCFNE) system at Nisichawayasihk and is well versed in the First Nation educational circles in the province.

"It's a brand new school year with new direction and we are optimistic it will be the best ever with even more successful graduates," says Gossfeld-McDonald.

Ms. Gossfeld-McDonald has had an array of experiences, which have prepared her for this time. Since graduating in 1982 from the University of Manitoba at the Winnipeg Education Centre, she's been a teacher/administrator at all levels in various school divisions, a School Board Trustee, a Band Councillor and served on several other community Boards.

She's learned to balance family, home and work. The new "down to earth" iskwé (woman) Director is the seventh educational leader for the education Authority in NCN.

Gail has been affiliated with the NNCEA education system since 1982 and the various educational issues surrounding the Cree Nation. Gail also recognizes the immediate challenges facing NCN schools. "There have been many obstacles we must overcome and immediate concerns that must be addressed."

"It's a brand new school year with new direction and we are optimistic it will be the best ever with even more successful graduates," says Gossfeld-McDonald.

replacement of the fire alarm panel. Funding, installation times and testing of the unit has delayed the opening of the school until Monday, September 26, 2016.

Another challenge facing the Board includes bridging the gap between funding supports for NCN students and those for other schools in Manitoba. Inadequate funding restricts what can be done in First Nations Schools. As it is, federal First Nation schools get approximately \$5,400 per student while Manitoba provincial school rates, per student, are much higher. Nominal roll is taken on a yearly basis and the tally is taken on September 30th. Students not registered or attending school regularly by this date risk the educational funding dollars being lost for the entire year.

Important Message for Students to Attend Classes

Gail wishes to inform parents and guardians, "it is important for our members to know, if your child is not registered and in school on Sept. 30th, and attending regularly, educational funding dollars for your child are lost. When school is open, it is vital to send your child(ren). Student attendance is too low. Parents need to get their children to school on time daily."



The new Director of Education for the NNCEA is a local band member, L. Gail Gossfeld-McDonald.

Funding for Schools is a Top Priority

Lack of funding for all needed programs and space required for the ever-increasing number of attending students is critical. The design of the school has funding and functionality concerns and must be fixed. We must seek funding from INAC and other sources to provide a new high school while making the existing school safe and operational for students and staff. We must also ensure NNCEA policies and procedures are up to date.

The existing facility, which is 30 years old, has aged quickly. Major repairs are needed to ensure workplace health and safety standards. The school had to be closed on September 7th, 2016 due to a



When school is open, it is vital to send your child(ren). It is crucial for students to attend school daily and be on time. The prevention/reduction of school closures in our system has to happen.

Events

NCN to Host High School Zones and Provincial Cross Country Meet

Nisichawayasihk Noyo Ohtinwak Collegiate is preparing for some of Manitoba's most disciplined and elite high school athletes. The high school will host the zone cross country meet on October 3, 2016 at which about 200 runners will compete, including 20 grade 9 to 12 NNOC athletes.

Three different running events will take place: junior varsity (JV) girls run a 3,000 metre route, JV boys and senior girls run a 4,000 metre race and the senior boys compete in the 5,000 metres.

"Students will leave Moore's Bay and head toward Industries. From there, they will head toward the lagoon to a turn around point," says NNOC vice-principal David MacDonald. "Runners will return on the same route but on the way back they run through the path from Moore's Bay to ATEC and finish at the school."

All athletes who complete the event are eligible to run in the provincial high school cross country meet, which NNOC will host on October 12. Between 1,000 and 1,600 high school students are expected to compete.

"Last year there were 40 school buses and another 40 tour buses

"We're the only school hosting a provincials in the North for the next six years. Our students and staff are very excited."

at the meet," says MacDonald, who is also chairman of this year's meet. "Nelson House has never hosted this event, and as far as I know we've never hosted a provincial competition in any school sport. We're the only school hosting a provincials in the North for the next six years. Our students and staff are very excited."

The vice-principal says he hopes the entire community will get involved in the provincial meet. In fact, the success of the event depends upon everyone's participation.

"Nelson House is a fantastic place and it is time for the rest of the province to get a glimpse of true Nelson House hospitality. We are excited to show off the Nation."

For the event to run smoothly, the high school is hoping for 250 volunteers, and encourages local businesses to donate their employees' time to pitch in on October 12.

"The support thus far has been overwhelming. Community members are getting involved as they become aware of the opportunity here," he says. "I truly believe that this is a once in a very long time type of event. We want to make our community shine and I know we will."

All types of volunteer shifts are up for grabs. Greeters, canteen workers, marshalls, scorers, first aid attendants and security workers are just some of the jobs that Citizens can sign up for.

If you'd like to help host Manitoba's finest athletes, look for sign-up sheets around town. You can also call 204-679-3711 or email davidm@nhea.info.



Nisichawayasihk Noyo Ohtinwak Collegiate will host the zone cross country meet on October 3, 2016, and the provincial high school cross country championships on October 12, 2016.

Portraits of Our NCN Elders

Edna Moose South Indian Lake

Edna was born in the community of Nelson House in 1915. The youngest of 6 sisters, she was well liked because of her ability to defuse a situation with a touch of humour. In Nelson House she learned survival skills such as how to trap animals, prepare hides and sew clothing. This ability would serve her well when raising her own family.

While still in her teens, Edna married a non-Aboriginal fellow named, Mourdo, and they moved north approximately 100 kilometres, to the newly developing community of South Indian Lake. During this period, native women marrying non-Aboriginal men lost their treaty status and could not remain on the reserve. It was prevalent then for these couples to move from Nelson House to South Indian Lake. As such the two communities have retained a common thread over the years as some relatives moved and others remained behind.

Edna's family grew steadily as three children were born. They were taught that hard work was needed to succeed in life but also that a sense of humour can ease life's burdens. After her husband died at an early age, she lived with her sister, Anna Mcleod, for several years.



NCN Land Code Update – Workshops Gather Positive Input

On August 11-12, 2016 (Winnipeg) and August 17-18, 2016 (NCN), the NCN Land Code Development Committee gathered with NCN Citizens in Winnipeg and Nelson House to discuss development of NCN's Land Code, create general Lands governance awareness and identify environmental issues (ex. contaminated sites on reserve) left by Canada prior to ratifying the land code and Individual agreement. The workshops was an update on the progress of the Land Code that will replace the land management provisions of the *Indian Act*. The Committee encouraged members to raise their concerns and answered questions from NCN Citizens that attended the meetings. The goals of the workshop were to create:

- Environmental awareness for participants from Nisichawayasihk Cree Nation
- General Awareness of Land Management and Nisichawayasihk Cree Nation participation in FNLM FA/Land Code
- Awareness of environmental aspects of FNLM FA/Land Code
- A better understanding of what Environmental issues are of concern to the community.

As a result of work to date and the workshops, Committee Chair Bill Yetman said he was pleased, “We are making great progress. The Land Code Development Committee has had ten meetings to date. It has developed a draft Land Code, as well as Terms of Reference for the committee and a communications strategy.” Committee meetings are held the last Thursday of every month.

The Development Committee is composed of 7 members. They are: Chair Bill Yetman, Councillor(s) Ron Spence and Willie Moore, D'Arcy Linklater Sr, Roslyn Moore, Cheyenne Spence, and Colleen Hunter.



Land Code Development Committee.



D'Arcy Linklater speaks at workshop.

various locations throughout the Resource Area, including the newest addition to our reserve, the Mystery Lake Hotel Property in Thompson. “We intend on selecting more land, and creating new reserve lands around Thompson to take advantage of the Thompson market opportunities such as cottaging or campgrounds,” said Yetman. The Lands Department will conduct community engagement in the near future to review existing land selections and get feedback on areas the members think we should select as TLE lands.

Ensuring Land Under Land Code has Environmental Site Assessments (ESA)

A major purpose of the meetings was to explain the Environmental Site Assessment (ESA) process, which is an essential component of the First Nation Land Management Framework Agreement and Land Code process, particularly under the Individual Agreement. This included a presentation by senior environment officer Tebesi Mosala from Indigenous



Environmental Site Assessment is an essential component of the Land Code process.

and Northern Affairs Canada (INAC) who explained the ESA process and indicated that ESAs are important to identify land that may be contaminated. Members were encouraged to identify issues or areas of environmental contamination (APECs) at the workshops, and a mapping exercise was used

Highlights of the Workshop Meetings

During the meetings, TLE Coordinator Terry Linklater discussed the outstanding Treaty Land Entitlement (TLE) claim. He indicated that TLE is a land claim that allows NCN to select land (new reserve land) anywhere in our Treaty or Traditional Territory for different purposes such as economic development, cultural significance or special management. NCN currently has 18 reserves in



Chief Moody, Councillor Moose and Moore with Land Advisory Board Chair – Chief Robert Louie (Westbank First Nation, BC) and Land Advisory Board Director Paul Chief

to create a list of issues that were identified by people who attended the workshops.

ESA's are an important step, under the Individual Agreement, to determine what INAC is liable for prior to taking over the Governance of our Lands. After issues have been identified under an ESA Phase 1, INAC has an obligation to conduct further investigations on contaminated Land to the point of remediation (clean up) where ever required. NCN also has the option of excluding a specific portion of the reserve land from its Land Code until the concern is sufficiently solved by Canada.

There are a number of phases under an ESA. Phase One includes a review of historical records, interviews, site visits and a report with recommendations for areas that may be contaminated, including recommendation for further investigation such as ESA Phase 2 and 3. ESA Phase two and three include further investigations such as sampling, and determining if remediation work is required.

Ed Vystřil from the NCN Lands Department provided several examples of NCN lands that may need to be assessed including the Forest Industries yard, the Medicine Lodge, the lagoon, and the garbage dump to name a few obvious sites. An independent consultant will be chosen by NCN to conduct the ESA Phase 1 and we expect them to be in the community before snow fall to do site visits.

Committee and Citizens Voice their Concerns and Questions

During discussions, committee members, including D'Arcy Linklater and Bill Yetman, voiced concern about waterways and shorelines around lands impacted by water fluctuations and continual erosion. Elder Rodney Spence suggested regulations must be stricter when dealing with third-party businesses to ensure land and water won't be contaminated.

Many were in agreement that NCN is in a better position to manage our own Lands now than in the past, having learned as we move forward. The Land Code will ensure stricter land and environmental laws will be in place to properly steward NCN lands for future generations, where the *Indian Act* is silent on this. For example: NCN can establish an environmental

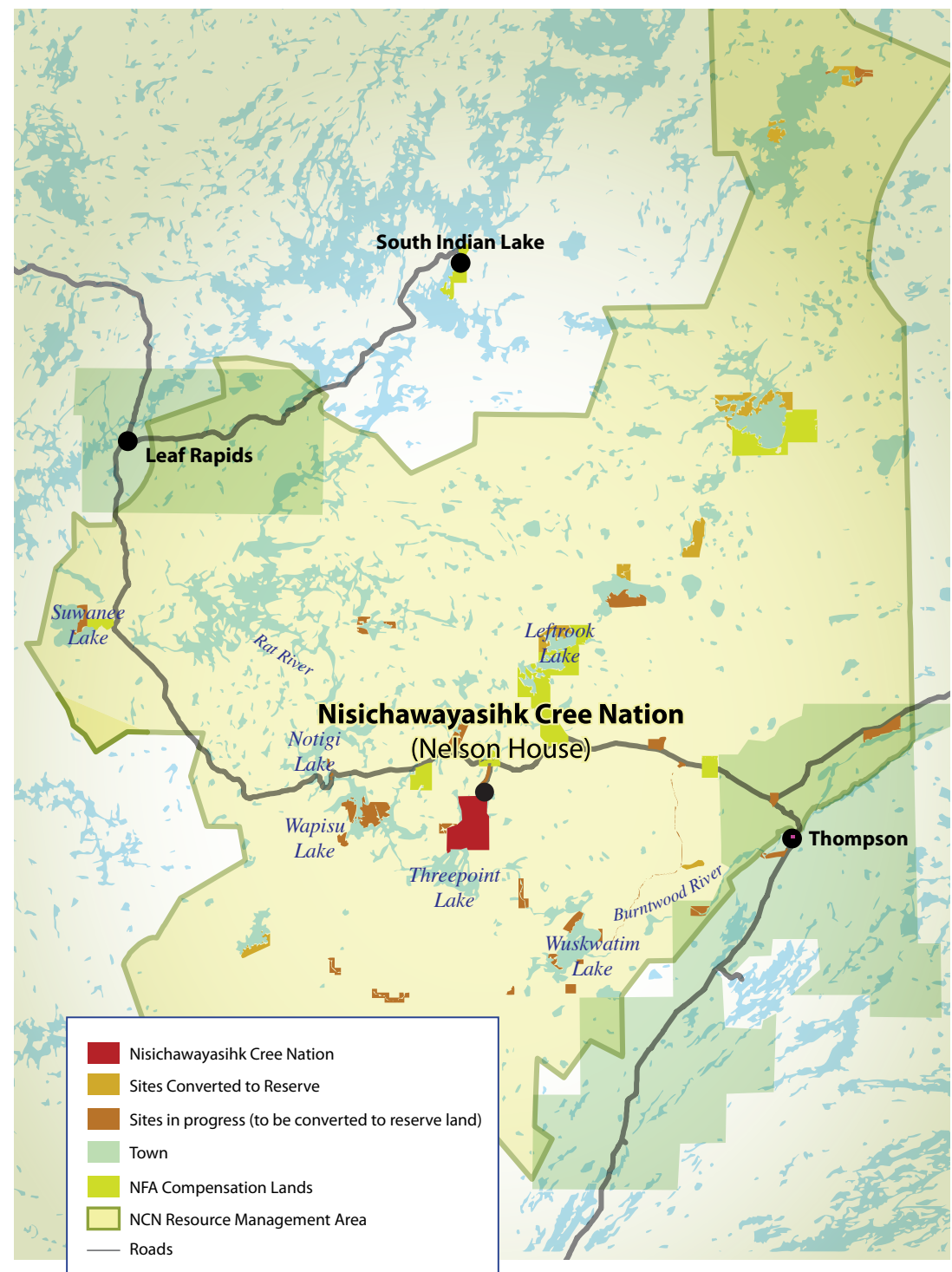
protection or assessment law to guide a proposed development taking place on reserve lands.

Working Toward a Land Code Ratification Vote

Land Code development is generally a two-year process and includes the drafting of a land code by a development committee; negotiating an individual transfer agreement with Canada; and successfully passing a community ratification vote on these two documents. The NCN Land Code Development Committee expects this vote to occur in May 2017. After the Land Code is ratified, NCN will have up to 140,000 acres of land to manage, including IR 170 (main reserve), and will have to develop our land and environmental laws to govern our reserve

lands. The Land Code Development Committee will explore the use of electronic voting (E-Vote) as a tool to encourage more members to vote – traditional polling stations and mail outs will continue to be a method of voting.

Once NCN has ratified its Land Code, 34 sections of the *Indian Act* will no longer apply to our reserve land and Indigenous and Northern Affairs Canada



We encourage members to provide your emails addresses to the Lands Coordinator Jeremiah Spence at jeremiahspence@hotmail.com so we can provide ongoing information and also for the purpose of the E-vote tool for those that wish to cast your vote using this method.

Leah Bitternose from the Land Advisory Board Resource Center (LABRC) shared some success stories from other First Nations who have ratified their own Land Codes. She outlined there are several success stories from other First Nations that have created their own Land Codes. They are most satisfied by economic benefits that include an increase in not only the quantity of jobs, but also the quality. They have also seen better lease terms and better relationships with non-First Nation organizations, including financial institutions.

Making Sure NCN Citizens are Well Informed

We encourage Citizens to provide your email to the Land Code Coordinator for ongoing information about the land code. We also ask citizens to contact the Lands office to share any environmental contaminated sites you may remember or be aware of. For further information about the NCN Land Code, please contact:

Phone: (204) 484-2970 Fax: (204) 484-2588



On October 4, 2016 gatherings in many communities are taking place across Canada to honour our Sisters who voices have been silenced. In Nisichiwayasihk Cree Nation (NCN) we have been impacted by this National tragedy – along with the surrounding areas – several women have gone missing or have lost their lives to violence. On this day we ask that you stand to honour the many women who have lost their lives to violence and those whom remain missing. Ending violence against Indigenous women and girls and transgender women is

a priority for the Women of Heart and NCN. Advocates encourage all communities and Indigenous Citizens to tell their stories and seek support, and make the pledge to end violence.

In respect, Hilda Anderson-Pyrz,
Founder, Women of Heart

*In support of Families First Foundation for
Missing and Murdered Indigenous Women and Girls*

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(Retail Value \$2,900.00) Restrictions apply.

GET YOUR RAFFLE TICKETS TODAY FOR THIS INCREDIBLE GETAWAY

Ticket prices: 1 ticket for \$5.00 5 tickets for \$20.00 25 tickets (a booklet) for \$100.00

The winning ticket will be drawn on Thursday, December 1, 2016 at 11:00 a.m. at the Assembly of Manitoba Chiefs Annual Pancake Breakfast for the Families First Foundation located at the Indian and Metis Friendship Centre, 45 Robinson Street, Winnipeg, Manitoba, R2W 5H5.

PRESENTED BY:



**FAMILIES FIRST
FOUNDATION**

Every ticket holder has the right to witness the draw. Winners must: (1) be 18 years or older; (2) resident of Manitoba; (3) not a Board member of the Families First Foundation Inc.

For tickets or for more informations contact:
Phone: 204-987-4116
email: board@familiesfirstfoundation.ca
Facebook: [@familiesfirstfoundation2016](https://www.facebook.com/familiesfirstfoundation2016)
web: familiesfirstfoundation.ca

Lottery #: LGA-6682-RF

Number of tickets available: 10,000



**On behalf of all or NCN
Citizens, School Staff and
Chief and Council, we are
proud of your success!**

NISICHAWAYASIHK
CREE NATION

NCN CITIZENS

You're Invited

**Mystery Lake Property
Official Urban Reserve
Community Celebration**

Wednesday, September 28, 2016 at 1:00 p.m.

Mystery Lake Motor Hotel, 58 Cree Road, Thompson, MB

*Please R.S.V.P. to Councillor
Willie Moore (204) 679-3417,
williemoore@ncncree.com or
Councillor Bonnie Linklater at
(204) 679-569, bmlinklater@
ncncree.com*

*The celebration will include
a presentation ceremony
followed by entertainment
(including country legend
Charlie Major) and a feast.*

Welcome one and all to:

An Evening of Storytelling!

**Kahkithaw Awina Nitomaw:
Ewi Acmowaniwahk**

**This event will be the first of a four part series.
Ewako ona nistam ka-isi-aamawipinaniwahk Nitomaw
Kawi-Otapananiwahk Ta-Acmowaniwahk**

The first evening will be held on Wednesday,
October 19, 2016 from 5pm to 8:30pm
*Ewako Ona Nistam ka-isi-aamawipinaniwahk
Kita-acimowaniwahk. Taniipihki: Apihtawewikisikaw
kika-Mitahotsap Akinihci Pinamowipisim*

WHERE: Room 101 of O'tetiskiwini
Kiskinwamahtowekamik Elementary (OK) School
*Tanibe: 1 School Drive in Nebo House (Nisichawayasihk
Gree Nation)*

HOSTED BY TEACHERS: Angela Busch and Jordan
Wright and the ELA students of Nisichawayasihk
Neyo Ohtinwah Collegiate (NNOC)
*Ohtiskawiphamakiwak Oka Ka Nihomitiwahk;
Angela Busch ekwa Jordan Wright ekwa mina
Ohtiskawahamakanak ELA ka-icitarik ahiki
Nisichawayasihk Neyo Ohtinwah Collegiate (NNOC)*

WHO: Elders, Storytellers, NNOC staff and
students, special guests and the community
members of NCN. All are welcome!
*Awina Ka Nitamit: Kibi-Ayak, Oka Ka Nishta Acmowik,
NNOC Ohtoskikwak, Ohtjokwak Kabi-nistamick ekwa mina
Nisichawayasihk Akinihci. Kahkithaw Akinihci Nitomaw*

We will begin with a potluck feast at 5pm, followed
by storytelling from 6pm until 8:30pm or later
*Ilisk: Kika misonaniw. Niyaniw Tipahkikan Ipatihki.
Kahkithaw Awina Nitomawew Opmawawosawin
kitapitah, Kihamawawamahk pimawawosawin ekwa
Ki-tawici-misowenitipahk. Ipi Kiskinwamawaniwahk
ekwa ki-acimowaniwahk. Nisichawayasihk Tipahkikan
iska ayinaniw mina apitaw tipahkikan Ipatihki
Kihomawaniw.*

FEATURING:
Donald Hart, Phillip Hart, William
Dumas, George Ross, Alvin Spence,
and Rev. Agnes M. Spence.

Please bring a dish and some stories to share!
Kipakosonitak kita pitayin kipimawawosawin ekwa mina kitacimawina

10 Quick Steps to Winterize Your Home

To prepare your property for snow, cold, and bitter weather, start now and begin these home safety chores:

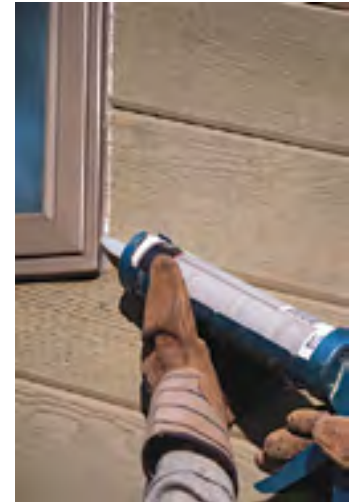
■ Check your plumbing

– Make sure that your plumbing isn't vulnerable to the cycles of freezing and thawing that can cause pipes to burst. Shut off the supply of water to outdoor taps and sprinklers and drain them. Also cover the outdoor components



of your air conditioner. Insulate any pipes that may be close to exterior or outdoor walls and may be prone to freezing.

■ **Seal leaks and save on heating** – Check your roof for loose or missing shingles and gaps around your chimney, flues, and other openings and do the same for your home's exterior. Be especially watchful of the areas around windows, doors, and your foundation for cracks. Once you identify areas where water might intrude or ice could form, address these problems. Caulk cracks or install weather stripping where appropriate.



■ **Check out your chimney** – If you plan to use your fireplace or wood stove this winter, make sure your chimney is clean and no critters have made themselves at home there. Inspect your chimney and clean out soot and other hazardous debris.

■ **Watch for mould** – Mould can trigger asthma attacks, and cause problems for people with compromised immune systems. Mould needs water in order to grow so find where there are damp areas. When showering, use your bathroom fan, if vented to the outside.

■ **Check and change furnace filter** – Replace or clean furnace filters monthly during the heating season. Dirty filters restrict airflow and increase energy demand.

■ **Turn down water heater temperatures** – Lowering the temperature to 120 degrees Fahrenheit (or lower) from 140 would reduce your water heating.

■ **Set the thermostat** – Setting a programmable thermostat to keep a steady heat in the winter and cooler sleeping temperature can be very helpful. Turning down the heat slightly if no one is home in the day can save on heating.

■ Put some plastic on windows

– Consider stopping those drafts by installing window insulation kits around windows.

■ **Smoke detectors** – Be sure to check the batteries and make sure all smoke and carbon monoxide detectors are working properly. It is also a good time to check fire extinguishers or get one if you don't have already.



■ **Check your heating and furnace** – Make sure the heating, furnace, vents and ducts are all working and ensure clean airflow.

Footprint Lake Water Levels

Footprint Lake 60-Day Water Level Forecast

Revised Forecast

September 1 – October 31, 2016

On September 1, 2016 the level of Footprint Lake is forecasted to be 798.6 feet. The level of the lake is expected to fall 10 inches to an elevation of 797.8 feet by the end of September.

During the month of October the level of the lake is expected to fall 1 inch to an elevation of 797.7 feet by the third week of the month and remain fairly constant near elevation 797.7 feet until the end of October.



Nisichawayasihk Cree Nation
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Nelson House, Manitoba R0B 1A0
Phone: (204) 484-2332
Fax: (204) 484-2392
www.ncncree.com

Do you have a suggestion or an Achimowina story idea?

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