



OKIMAHKAN OTY'AMIWIN
FROM THE CHIEF
Update on Community
News and Events **2**

KITITAHWINAOW ACHIMOWIN
COMMUNITY
NCN Man Saved
From House Fire **3**

OSICHIWINAH AKWAH
KAWIATI AETUKUMIKUK
ARTS & EVENTS
NCN Summer Festival
August 17-23 **11**

AUGUST 2015

Nisichawayasi Achimowina

NCN's Kevin Hart Elected as AFN Manitoba Regional Chief!

On July 23, 2015, Kevin Hart of the Nisichawayasihk Cree Nation was elected Assembly of First Nations Manitoba Regional Chief after being nominated by NCN Chief Marcel Moody at the recent AMC Assembly in The Pas. The election took place at the Assembly of Manitoba Chiefs 27th Annual General Assembly in Opaskwayak Cree Nation, Manitoba.

Hart won out over five other candidates and will be serving his first term as Regional Chief of Manitoba. He was currently working at Assembly of Manitoba Chiefs.

The newly elected Regional Chief will be a voice for our First Nations women, children and Citizens in Manitoba and advocate for rights and Treaties in Manitoba and at the national level. He will work to advance First Nation priorities in his region and across the country. He also hopes to get more First Nations voters out in the next federal and provincial elections to let governments know that First Nations matter and he will work to help the

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Kevin Hart of the Nisichawayasihk Cree Nation was elected Assembly of First Nations Manitoba Regional Chief.

families of missing and murdered Indigenous women. Kevin Hart replaces former Regional Chief Bill Traverse and respectfully acknowledges his family, other leaders,

NCN Citizens and Elders for their support.

Attention NCN Citizens, you are invited:

NCN GENERAL ASSEMBLY

Tuesday, September 15, 2015 in Nelson House (dates subject to change)



KITITAHWINAOW ACHIMOWIN

Community News

NCN Men Save Individual From House Fire

Clifford Hart Jr. and Lambert Anderson are being hailed as heroes for rescuing an NCN individual from a burning home on Poplar Drive in mid August 2015. Four people were in the home at the time of the fire. Two were taken to the nursing station to be treated for non-life threatening injuries and one individual was taken to Health Sciences with serious injuries and is now in stable condition. The house was destroyed in the fire. The two brave men risked their own lives by entering the smoke-filled home to ensure the safety of their fellow NCN Citizens.

The cause of the fire was not suspicious and the estimated costs of the damages were not available. Officials are reminding Citizens to ensure fire safety, check smoke detectors regularly and plan emergency escape routes in your home or workplace.



Clifford Hart Jr. and Lambert Anderson are being hailed as heroes for rescuing an NCN individual from a burning home.

NCN Bids Farewell to RCMP Corporal New NCN Officer Sheldon Moore Welcomed



Kenneth H. Pinsent
Corporal

Those who know him or have seen him in the community know Corporal Kenneth H. Pinsent is a well-respected and highly regarded officer. After two years with the NCN detachment, the Corporal will be moving on as of August 14 and leaving the community on August 23. We wish him well in his future endeavours and would like to thank and acknowledge Pinsent for his years of service to NCN Citizens and commitment to going above and beyond the call of duty.

Citizens appreciated his dedication and

personable approach and are grateful that Kenneth often took the extra time to be part of community events. He gave the time to educate and demonstrate the importance of law enforcement and safety to youth and truly "gave back" to our community. Good luck and best wishes Corporal Pinsent!

NCN welcomes Corporal Sheldon Moore to the NCN RCMP. Moore is an NCN member and formerly worked in Thompson.

REGISTER YOUR CHILD WITH NCN REGISTRY

It's important and easy for NCN parents to register their child with the NCN registry. When children are not registered, it affects their non-insured health benefits coverage like prescribed medication, dental work, glasses, ambulance service and coverage for medical appointments to Thompson or Winnipeg.



Register Your Child Today with
Melissa Moore, Membership Clerk
at the NCN Government Office

204-484-2332

Stop Cyberbullying – Protect and Respect Yourself and Others

We have all heard of it and we all know it is a growing concern. Each year, suicides and trauma can be attributed to the effects of cyberbullying. But it's not only a concern for teens; it is everyone's problem and responsibility to fight it. In fact, adults often have cyberbullying behaviour just as easily as young people.

Cyberbullying is abusive or harassing behaviour online, which includes sending or posting text or images that are intended to hurt or embarrass another person. The problem is not limited to any age group and it comes from a lack of respect for another person. Knowing and understanding ways to prevent and stop bullying will help protect yourself and others from harm.

How to Address Cyberbullying

- Don't pass along cyberbullying messages
- Block all communication with cyberbullies
- Set an example and discourage your friends from bullying others
- Report cyberbullying to a trusted adult or official
- Raise awareness of cyberbullying in your community by holding an assembly and sharing these tips.

Talk openly about cyberbullying and why we shouldn't participate in it.

Suggestions for Parents

- Set guidelines for your kids' internet activities and talk

about how they are spending their time online

- Talk openly about cyberbullying and why they shouldn't participate in it
- Discourage your kids from retaliating if they are being bullied online
- Keep your computer in a high-traffic area of your house so Internet activity is visible
- Encourage your child's friends and school to adopt rules of conduct online.



Knowing and understanding ways to prevent and stop bullying will help protect yourself and others from harm.

Help to Stop Cyberbullies

- Report cyberbullying problems to the local authorities and give them copies of bullying messages you've received
- If you are in school, speak with other students, teachers, and school administrators about rules against cyberbullying
- Get in touch with your Internet Service Provider (ISP) for assistance in blocking cyberbullies.

In addition to understanding how to protect yourself from cyberbullies, make sure your own behaviour won't hurt anyone

else. Just because you can't always see the people you interact with online doesn't mean your words or actions won't hurt them. If you wouldn't say or do something in person, don't say or do it online either. By respecting yourself and others, we all can work to keep the web a fun and healthy place to engage and interact.



Faith McDonald competes in Ottawa Ball Hockey Tourney.

Team Manitoba's Faith McDonald Competes in Ottawa Ball Hockey Tourney

NCN's athletic star Faith McDonald was a proud representative for NCN after having competed in this year's 2015 Canadian Ball Hockey Associations National Championships in Ottawa, Ontario from August 10-15, 2015. Being selected to the women's Provincial

Team Manitoba was a huge honour and demonstrated Faith's excellence in the sport.

The official version of street or ball hockey is a relatively young sport, with a very short modern history, but its roots can be traced back to similar games played with a ball and stick. The first documented history of such a game, called hurling, dates back to the second millennium BC when it was played in Ireland. The word "hockey" derives from a similar game played by the First Nations in North America, firstly observed in 1572.

The CBHA tournament consisted of men's and women's competition and 72 games, 144 player awards and was a fantastic event for athletes and spectators. Top Men's, Women's and Master's players from eight Canadian provinces played in

Ottawa in record numbers. Congratulations Faith and keep up the great work!



